



# MONTHLY MEANDERS

## CYCLING HISTORY

### In honor of National Bike Month – some cycling history

**Cycling** quickly became an activity after bicycles were introduced in the 19th century and remains popular with more than a billion people worldwide used for recreation, transportation and sport.

**Racing** -The first documented cycling race was a 1,200 meter race held on May 31, 1868 at the Park of Saint-Cloud, Paris. It was won by expatriate Englishman James Moore who rode a bicycle with solid rubber tires. The first cycle race covering a distance between two cities was Paris–Rouen, also won by James Moore, who rode the 123 kilometers dividing both cities in 10 hours and 40 minutes. The oldest established bicycle racing club in the United States is the St. Louis Cycling Club. Operating continuously since 1887, the club has sponsored races and timed distance events since its inception. Its members have included numerous national champions and Olympic team members.

**Recreation** -Cycling as recreation became organized shortly after racing did. In its early days, cycling brought the sexes together in an unchaperoned way, particularly after the 1880s when cycling became more accessible owing to the invention of the Rover Safety bicycle. Public cries of alarm at the prospect of moral chaos arose from this and from the evolution of women’s cycling attire, which grew progressively less enveloping and restrictive.

On 4 March 1915 the society for the construction of cycle paths in the Gooi and Eemland region in the Netherlands was founded. It is the last private “Cycle Path Society” that still exists today. Some people thought the increasing amount of motor traffic in the early 20th century was so dangerous for people cycling, especially those who rode as a leisure activity, that they wanted separate cycling infrastructure to be built. The routes would also not be connected to a route for motor traffic and mainly for recreation - so not the shortest routes, but the nicest routes.

Today we see a resurgence of recreational cycling. We can see this with many companies meeting the demand for this trend and specializing in retro/vintage style bikes that originated in the Netherlands.

**Commuting** - People have been riding bicycles to work since the initial bicycle heyday of the 1890s. According to the website Bike to Work, this practice continued in the United States until the 1920s, when biking experienced a sharp drop, in part due to the growth of suburbs and the popularity of the car. In Europe, cycling to work continued to be common until the end of the 1950s.

Today many people ride bikes to work for a variety of reasons including fitness, environmental concerns, convenience, frugality, and enjoyment. According to the US Census Bureau’s 2008 American Community Survey (ACS), on September 22, 2009, 0.55 percent of Americans use a bicycle as the primary means of getting to work. Some places of employment offer amenities to bike commut-

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May 2018

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### Club Officials

**Elected Officers**

**President**  
 Joe Beemster 847-215-2314  
**V.P.-Ride Chair**  
 Dave Waycie 847-845-9663  
 dave.waycie@gmail.com

**Treasurer**  
 Johannes Smits 630-935-4074

**Secretary**  
 Patty Blome 847-358-4807

**Membership**  
 Mitch Rosset rrkite99@aol.com

**Publicity Chair**  
 Pam Kaloustian 847-707-0203  
 bubbath1@comcast.net

**Appointed Officers**

**Harmon Chairman**  
 Erich Massat 847-253-5815

**Newsletter**  
 Ella Shields 773-407-4712

**St. Pat's Ride**  
 Al Gibbs alang.bikes@gmail.com

**Chairmen**  
**Banquiday**  
 Pam Burke pamelaburke2000@yahoo.com

**Harmon Data Base**  
 Emily Qualich 847- 821-1009

**Mileage Statistician**  
 Emily Qualich 847- 821-1009  
 e.qualich@comcast.net

**Newsletter Mailings**

Joe Beemster 847-215-2314

**Picnic**  
 Al & Cindy Schneider 847-696-2356

**Web Page**  
 Johannes Smits 630-935-4074

**Newsletter Policy**

We can always use information for the newsletter. I'd love to hear from you. E-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month  
 Ella Shields  
 eshieldsbike@yahoo.com  
 (Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Contact Mitch Rosset with your new address or e-mail address at rrkite99@aol.com

**TOP 20 MILES**

Through April 14  
 17 rides by 49 members  
 663 max miles

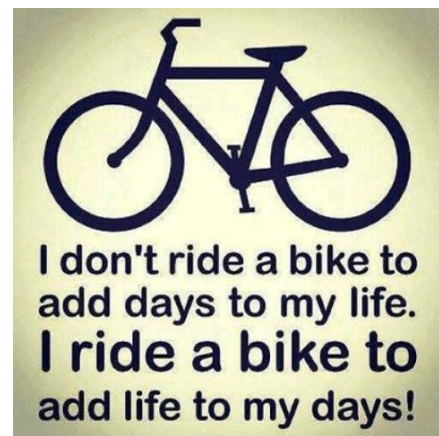
Men:

- 1 Dennis Ellertson 538
- 2 David Waycie 428
- 3 Scot Assmann 290
- 4 Christian Munoz 261
- 5 Alex Halamaj 216
- 6 Erich Massat 216
- 7 Johannes Smits 214
- 8 JV Villadolid 208
- 9 Jorn Lim 186
- 10 Jim Boyer 185
- 11 Kilian Emanuel 183
- 12 Nhat Tran 160
- 13 Rich Vichotka 144
- 14 Greg Konieczny 140
- 15 Tom Wilson 132
- 16 Paul LeFevre 128
- 17 Daniel Szokarski 120
- 18 Cletis Parks III 120
- 19 Larry Frank 116
- 20 Toan Tran 114

Women:

- 1 Emily Qualich 153
- 2 Betsy Burtelow 151
- 3 Debbie Wilson 111
- 4 Sheri Rosenbaum 64
- 5 Kimberly Heuer 40
- 6 Paula Matzek 30
- 7 Anne Kragh 25
- 8 Reinhilde Geis 20

Total Rides Led	Through April 14
Bob Dominski	1
Dave Waycie	3
Dennis Ellertson	3
Jeff Rossi	1
Joe Beemster	1
Johannes Smits	1
Jorn Lim	1
Kilian Emanuel	5
Larry Frank	2
Mitch Rosset	1
Paul LeFevre	1
<b>Total hosts</b>	<b>12</b>



**ED RUDOLPH VELODROME**

1479 Maple Ave, Northbrook  
 The 2018 season is right around the corner. Thursday night racing starts May 10 and goes through Sept. 6.  
 For more info visit northbrookcyclecommittee.org

Day	Time	Ride Name	Miles	Start	Ride Host
May Ride Schedule	All Riders Should:	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early... 15-30 minutes	*bring an ID card *carry a cell phone *bring money for lunch/snacks	
Sat 5/5	<b>New start time 8:00</b>	Honey Do Extended Do	30-72	<b>Paul Douglas Forest Preserve</b> On Central Rd. 1 1/2 miles west of Roselle Rd, just north of I-90.	Brian Hale 847-804-1561
Sun 5/6	9:00	A Touch of Inverness	39/45	<b>Long Grove Commons</b> Route 22 and Old McHenry Road. Park in lot north of Dunkin Donuts.	Larry Frank 224-221-9786
Sat 5/12	8:00	Honey Do Extended Do	30-72	<b>Paul Douglas Forest Preserve</b> See Above	<b>Ride Host Needed</b>
	9:00	Twice Baked Bakery Ride	40/80	<b>Willow Stream Park</b> On Old Checker Rd, a mile west of the bakery. Turn west on Old Check- er Rd. to parking on the right.	Emily Qualich 847-821-1009
Sun 5/13	9:00	Let's Go Lindy (Mother's Day)	38/44	<b>Long Grove Commons</b> See Above	Tom Wilson 847-632-1412
Sat 5/19	8:00	Honey Do Extended Do	30-72	<b>Paul Douglas Forest Preserve</b> See Above	Joan Wilmeth 847-331-5913
Sun 5/20	9:00	Sunday Saunter	36/44	<b>Long Grove Commons</b> See Above	Louis Greene 847-925-0629
		<b>Arlington 500 (Arlington Bicycle Club)</b>	31/44/ 55/69	<b>Barrington H.S.</b> 616 W. Main St. (Lake Cook and Hart Roads)	Vince Kelley 847-259-6899
Sat 5/26	8:00	Honey Do Extended Do	30-72	<b>Paul Douglas Forest Preserve</b> On Central Rd. 1 1/2 miles west of Roselle Rd, just north of I-90.	<b>Ride Host Needed</b>
Sun 5/27	9:00	Covered Bridges	38/45	<b>Long Grove Commons</b> See Above	David Newman 224-650-9000
	8:30	Darwin Ride	70	<b>Long Grove Commons</b> See Above	<b>Ride Host Needed</b>
Mon 5/28	9:00	Memorial Day Ride	36/47	<b>Paul Douglas Forest Preserve</b> See Above	<b>Ride Host Needed</b>

**Be sure to be on the Yahoo group and/or Facebook for last minute changes**

## Weekly Rides

Day	Time	Ride Name	Miles	Location and Directions	Ride Host
Tuesday and Thursday	9:00 AM	Deerfield's Bakery Ride	25-40	<b>Willow Stream Park</b> On Old Checker Rd, a mile west of the bakery. Turn west on Old Checker Rd. to parking on the right.	Kilian Emanuel 847-296-7874
Tuesday	6:00 PM	Working Stiffs Ride	18-30	<b>Long Grove Commons</b> Route 22 and Old McHenry Road. Park in lot north of Dunkin Donuts.	Jorn Lim 847-345-0704
Wednesday	9:00 AM	No-Drop Road Ride	40	<b>Woodland Trails Park</b> 1-1/4 miles east of Rt-83 on Euclid Avenue, Mt Prospect.	Dennis Ellertson 847-255-9323
Wednesday	6:00 PM	Hill and Dale Ride	25-35	<b>Paul Douglas Forest Preserve</b> On Central Rd. 1 1/2 miles west of Roselle Rd, just north of I-90.	Jeff Rossi 708-648-9170
Thursday	6:00 PM	Thursday Night Ride	30	<b>Long Grove Commons</b> Route 22 and Old McHenry Road. Park in lot north of Dunkin Donuts.	Paul LeFevre 224 234 0615

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■ **INVITATIONALS**

■ **May 5, Ride the Ups & Downs**, Elizabeth, IL

■ 26/32/52/63 miles

■ [www.goatscycling.com/events.html](http://www.goatscycling.com/events.html)

■ **May 5 Tour de Stooges**, Lebanon, IL

■ 10-100 miles [tourdestooges.org](http://tourdestooges.org)

■ **May 20, Arlington 500**, Barrington, 26/45/55/67

■ [500@cyclearlington.com](mailto:500@cyclearlington.com)

■ [www.cyclearlington.com](http://www.cyclearlington.com)

■ **May 26-27 Blackhawk County Roads**, Rockton,

■ IL 10/30/45/65 miles, 815-621-2913

■ [www.blackhawkbicycleclub.org](http://www.blackhawkbicycleclub.org)

■ **May 26-27 Horsey 100**, Georgetown KY

■ Saturday; 26/35/53/75/100, Sunday; 30/50/75,

■ [www.bgcycling.org](http://www.bgcycling.org)

■ **May 27, Bike the Drive**, Chicago, 15/30 miles

■ [bikethedrive.org](http://bikethedrive.org)

■ **May 27, Leinenkugel's Chippewa Valley Century Ride**, Chippewa Falls, WI., 35/50/75/100 miles

■ [www.chippewavalleyride.us](http://www.chippewavalleyride.us)

■ **June 9-10 TOMRV**, Bettendorf, IA

■ Sat 69/106 miles, Sun 46/90 miles

■ [qcbc.org/tomrv](http://qcbc.org/tomrv)

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(Continued from page 1)

ers, such as showers, changing rooms, indoor bike racks and other secure bike parking.

**Touring** -Many cyclists wanted to use their machines to travel; some of them went around the world. Annie Londonderry did so in the 1880s, taking 15 months. Six Indian men cycled 71000 km around the world in the 1920s.

**The cycling craze** - With four key aspects (steering, safety, comfort and speed) improved over the penny-farthing, bicycles became very popular among elites and the middle classes in Europe and North America in the middle and late 1890s. It was the first bicycle that was suitable for women, and as such became the "freedom machine" (as American feminist Susan B. Anthony called it), giving women "a feeling of freedom and self-reliance".

The Svea Velocipede with vertical pedal arrangement and locking hubs was introduced in 1892 by the Swedish engineers Fredrik Ljungström and Birger Ljungström. It attracted attention at the World Fair and was produced in a few thousand units.

Bicycle historians often call this period the "golden age" or "bicycle craze." By the start of the 20th century, cycling had become an important means of transportation, and in the United States an increasingly popular form of recreation. Cycling clubs for men and women spread across the U.S. and across European countries. Chicago immigrant Adolph Schoeninger with his Western Wheel Works became the "Ford of the Bicycle" (ten years before Henry Ford) by copying Pope's mass production methods and by introducing stamping to the production process in place of machining, significantly reducing production costs, and thus prices. His "Crescent" bicycles thus became affordable for working people, and massive exports from the United States lowered prices in Europe. The Panic of 1893 wiped out many American manufacturers who had not followed the lead of Pope and Schoeninger, in the same way as the Great Depression would ruin car makers who did not follow Ford.

The impact of the bicycle on female emancipation should not be underestimated. The safety bicycle gave women unprecedented mobility, contributing to their larger participation in

the lives of Western nations. As bicycles became safer and cheaper, more women had access to the personal freedom they embodied, and so the bicycle came to symbolize the New Woman of the late nineteenth century, especially in Britain and the United States. Feminists and suffragists recognized its transformative power. Susan B. Anthony said, "Let me tell you what I think of bicycling. I think it has done more to emancipate women than anything else in the world. It gives women a feeling of freedom and self-reliance. I stand and rejoice every time I see a woman ride by on a wheel...the picture of free, untrammelled womanhood." In 1895 Frances

Willard, the tightly laced president of the Women's Christian Temperance Union, wrote a book called *How I Learned to Ride the Bicycle* (described in *Bicycling* magazine as "the greatest book ever written on learning to ride"), in which she praised the bicycle she learned to ride late in life, and which she named "Gladys", for its "gladdening effect" on her health and political optimism. Willard used a cycling metaphor to urge other suffragists to action, proclaiming, "I would not waste my life in friction when it could be turned into momentum." Elizabeth Robins Pennell started cycling in the 1870s in Philadelphia, and from the 1880s onwards brought out a series of travelogues about her cycling journeys around Europe, from *A Canterbury Pilgrimage* to *Over the Alps on a Bicycle*. In 1895 Annie Londonderry became the first woman to bicycle around the world.



1897 ad, showing unskirted garment for women's bicycle riding

The backlash against the New (bicycling) Woman was demonstrated when the male undergraduates of Cambridge University chose to show their opposition to the admission of women as full members of the university by hanging a woman in effigy in the main town square—tellingly, a woman on a bicycle—as late as 1897.

Since women could not cycle in the then-current fashions for voluminous and restrictive dress, the bicycle craze fed into a movement for so-called rational dress, which helped liberate women from corsets and ankle-length skirts and other encumbering garments, substituting the then-shocking bloomers.

From: [en.wikipedia.org/wiki/History\\_of\\_cycling](https://en.wikipedia.org/wiki/History_of_cycling)

For bike month activities visit:

<https://bikeleague.org/content/bike-month-dates-events-0>



### WEDNESDAY MAY 16

In remembrance of cyclists who have been killed or injured while bicycling on public roads, to encourage bicycle safety, and to raise awareness of cyclists' right to share the road.

**Arlington Heights Bicycle Club**, 6:30 pm.  
Recreation Park, 500 E Miner St., Arlington Heights,  
[www.cyclearlington.com](http://www.cyclearlington.com)  
[rideofsilence@cyclearlington.com](mailto:rideofsilence@cyclearlington.com)

**Chicago:** Gather at Daley Plaza's Eternal Flame beginning at 6 pm; ride departs at 6:30 pm.

For more info: [rideofsilencechicago.weebly.com](http://rideofsilencechicago.weebly.com)

### HELP NEEDED FOR BIKE RODEO SATURDAY, MAY 19 (Rain date May 26)

Every year the Wheelmen help the Buffalo Grove Police Department with their Bike Rodeo. This event is geared towards teaching kids bike safety, as well as promoting cycling. Once the kids sign up at the registration desk, they come to our station where we make sure their helmets are fitted properly.



Pam Kaloustian needs volunteers to help out with the Rodeo. She needs volunteers from 12-2 p m The rodeo will be held at a new location this year St. Mary's Church, south lot, 10 N Buffalo Grove Rd.

Please contact Pam Kaloustian at 847-707-0203 to volunteer and to get more details.

### PROCEDURE PROCESS: IN QUESTIONABLE WEATHER SITUATIONS

If the ride host considers the weather forecast to be severe enough to cancel the ride, he-she should post a message on the Wheeling Wheelmen Yahoo Group [wheelingwheelmen@yahoogroups.com](mailto:wheelingwheelmen@yahoogroups.com). These conditions can include very high chance of rain or snow, severe winds, or other unsafe conditions.

- If the ride host decides to cancel the ride, he-she should post a message to the Yahoo group no later than 2 hours before the scheduled ride start time.
- Of course, the host may post the message earlier, like the night before, if there is really no question

that the ride will be cancelled. Or, if the host wants to decide in the morning, he or she can post a notice to watch for an update in the morning. Generally, more communication is better than less.

- Riders are encouraged to use the Yahoo group, but if a rider cannot access the Yahoo group, the host can be contacted at the phone number listed on the ride schedule.

Every member should consider subscribing to the Yahoo group especially if they are planning on doing rides starting in the outlying areas. Instructions for subscribing to our Yahoo Group are listed on page 7. We also encourage people to join the Wheeling Wheelmen Facebook page and ride information is posted there, too.



CYCLING IS OUR PASSION

45 Arlington Heights Road

Elk Grove Village

[www.7milecycles.com](http://www.7milecycles.com)

847-439-3340

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Since 1976*



**Arlington Heights**

1326 N Rand Rd  
Arlington Heights, Illinois 60004  
(847) 398-1650

**Barrington**

234 W Northwest Hwy  
Barrington, Illinois 60010

(847) 382-9200

[villagecyclesport.com](http://villagecyclesport.com)

The **Wheeling Wheelmen Bicycle Club** has an active Yahoo Group available on the Internet. The group works like a bulletin board and allows us to exchange email with other club members without having to know everyone's individual email address. You must subscribe to the group before you can send a message. Follow the instructions required by Yahoo to complete your registration.

**NOTE:** Due to spam and email address hijacking concerns, subscription to the Yahoo Group is limited to current members of the Wheeling Wheelmen Bicycle Club only. If you have questions about club membership, rides or events, please send an email to: [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

To Subscribe send an email message to:  
[wheelingwheelmen-subscribe@yahoogroups.com](mailto:wheelingwheelmen-subscribe@yahoogroups.com)

To Unsubscribe send an email message to:  
[wheelingwheelmen-unsubscribe@yahoogroups.com](mailto:wheelingwheelmen-unsubscribe@yahoogroups.com)

To post a message send your message in an email to:  
[wheelingwheelmen@yahoogroups.com](mailto:wheelingwheelmen@yahoogroups.com)

The group name is: **wheelingwheelmen** and is available at: [groups.yahoo.com/group/wheelingwheelmen](http://groups.yahoo.com/group/wheelingwheelmen)



P. O. Box 7304  
Buffalo Grove, Il.  
60089-7304  
wheeling@wheelmen.com



May 28

**We are on the web**  
**wheelmen.com**

Join us on



**SAVE THE DATE**

Annual Picnic—July 8  
Harmon 100—Sept 9

**CLUB DISCOUNTS**

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

**AMLINGS CYCLE**  
8140 N Milwaukee Ave.  
Niles 847-692-4240  
[amlingscycle.com](http://amlingscycle.com)

**B&G CYCLERY**  
131 E. Rollins Rd,  
Round Lake Beach,  
847-740-0007  
[bgcyclery.com](http://bgcyclery.com)

**BICYCLE CONNECTION OF SCHAUMBURG**  
1226 N Roselle Rd.  
Schaumburg  
847-882-7728  
[bikeconnection.com](http://bikeconnection.com)

**GEORGE GARNER CYCLERY**  
1111 Waukegan Rd.  
Northbrook 847-272-2100  
740 N. Milwaukee Ave,  
Libertyville, 847-362-6030  
575 Ela Road, Lake Zurich  
847-438-9600  
[georgegarnercyclery.com](http://georgegarnercyclery.com)

**MIKES BIKES**  
155 N Northwest Hwy,  
Palatine, 847-358-0948  
[mikesbikeshoppalatine.com](http://mikesbikeshoppalatine.com)

**RUNNER'S HIGH & TRI**  
121 W. Campbell,  
Arlington Hts., 847-670-  
9255 [runnershigh-n-tri.com](http://runnershigh-n-tri.com)

**7 MIILE CYCLES**  
45 Arlington Hts Rd  
Elk Grove Village  
847-439-3340  
[7milecycles.com](http://7milecycles.com)

**SPOKES**  
69 Danada Square E,  
Wheaton 630-690-2050  
1807 S. Washington, #112  
Naperville, 630-961-8222  
[spokesbikes.com](http://spokesbikes.com)

**TREK BICYCLE STORE – HIGHLAND PARK**  
1925 Skokie Hwy  
Highland Park  
847-433-8735  
[trekhp.com](http://trekhp.com)

**VILLAGE CYCLESPORT**  
1326 N. Rand Rd.  
Arlington Hts.  
847-398-1650  
234 W. Northwest Hwy  
Barrington 847-382-9200  
[villagecyclesport.com](http://villagecyclesport.com)

**WHEEL & SPROCKET**  
1027 Davis Street  
Evanston 847-864-7660  
[wheelandsprocket.com](http://wheelandsprocket.com)

**We support:**

- \*The League of American Bicyclists
- \* Ride Illinois
- \*Active Transportation Alliance
- \*Buffalo Grove Bike Rodeo
- \*Bicycle Federation of Wisconsin

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,  
1612 K Street, NW, Suite #401  
Washington, DC 20006  
Tel: 202-822-1333 Fax: 202/822-1334  
E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE