



MONTHLY MEANDERS

PHYLLIS W. HARMON

Oct 2016

Obituary

Phyllis W. Harmon, one of the most influential people in the history of American bicycling, passed away peacefully on August 26, 2016, surrounded by her loving family. She was 99.

Phyllis was inducted into the U.S. Bicycling Hall of Fame in 2009 and honored at the dedication of the Phyllis Harmon Trail in Wheeling, IL in 2014. She is preceded in death by her son, Thomas Hursthouse and husband, Wilfred Hursthouse.

Left to cherish her memory are her children, Nancy Smith, Bette Winquist and her husband, Allan, Phil Hursthouse, Carol Terrazas and her husband Michael, and Jan Gillilan. She will also be missed by eleven grandchildren, forty-eight great grand children, and many nieces and nephews. Her family will be hosting a Celebration of Life in Tampa, Florida on her 100th birthday.

The Grande Dame of Bicycling

Phyllis was born on October 14, 1916, in Chicago, Illinois. Her dedication to bicycling began in 1928, when she purchased a red, single-



speed "Ernie McKay Special" with 28-inch wheels for \$28.00, money she had saved from babysitting. At twelve years old, she was one of two girls in her neighborhood with a bicycle and the only one who was allowed to ride her bicycle out of the neighborhood. She soon realized that her bicycle could take her everywhere, and cycling became her life.

At age fifteen, she ven-

tured out on her own to ride eighty miles from Chicago to Tichigan, Wisconsin, and by age eighteen, she was commuting and touring two hundred miles a week.

Phyllis blazed the trail and encouraged others to follow. Female cyclists were rare, and she was frequently the only woman riding with a group of men. They would spend the night at a youth hostel or tourist home for \$1.00 a night, with the understanding that she would prepare meals for the group while the men maintained the bicycles.

Phyllis had a long history of tireless dedication to bicycling and promoting bicycle-friendly communities. In the 1930s, she helped create a number of bicycle clubs and nurtured advocacy organizations, including the League of American Wheelmen (L.A.W.),

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Happy Halloween

Club Officials

Elected Officers

President

Joe Beemster 847-215-2314

V.P.-Ride Chair

Dave Waycie 847-845-9663
dave.waycie@gmail.com

Treasurer

Johannes Smits 630-935-4074

Secretary

Patty Blome 847-358-4807

Membership

Mitch Rosset rrkite99@aol.com

Publicity Chair

Pam Kaloustian 847-707-0203
bubbath1@comcast.net

Appointed Officers

Harmon Chairman

Erich Massat 847-253-5815

Newsletter

Ella Shields 773-407-4712

St. Pat's Ride

Al Gibbs

Chairmen

Banquet/Holiday Party

Pam Burke
pamelaburke2000@yahoo.com

Harmon Data Base

Emily Qualich 847- 821-1009

Mileage Statistician

Emily Qualich 847- 821-1009
e.qualich@comcast.net

Newsletter Mailings

Joe Beemster 847-215-2314

Picnic

Al & Cindy Schneider 847-696-2356

Web Page

Johannes Smits 630-935-4074

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. E-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month
Ella Shields
eshieldsbike@yahoo.com
(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Contact Mitch Rosset with your new address or e-mail address at rrkite99@aol.com

TOP 20 MILES

Through Sept 18
213 rides by 146 members
8697 max miles

Men:

1	Dennis	Ellertson	5752
2	Paul	LeFevre	4609
3	Kilian	Emanuel	3675
4	Larry	Frank	3159
5	Johannes	Smits	3113
6	Dave	Waycie	2889
7	Erich	Massat	2755
8	Joe	Beemster	2678
9	Luca	Zaramella	2463
10	Jorn	Lim	2409
11	Don	Miller	2205
12	Jim	Boyer	2166
13	JV	Villadolid	2122
14	Jeff	Rossi	2107
15	Kevin	Moore	1975
16	Brian	Hale	1899
17	Jim	Flechsig	1873
18	Leslie	Scott	1848
19	Guy	Ockerlund	1840
20	Jeff	Magnani	1800

Women:

1	Emily	Qualich	3383
2	Betsy	Burtelow	1994
3	Reinhilde	Geis	1837
4	Pat	Calabrese	1612
5	Eva	Waycie	1587
6	Marianne	Kron	1582
7	Pam	Kaloustian	1569
8	Sheri	Rosenbaum	1434
9	Deb	Wilson	1258
10	Paula	Matzek	1107
11	Ella	Shields	861
12	Ellen	Heineman	851
13	Cindy	Kessler	777
14	Kris	Woodcock	753
15	Nancy	Beck	725
16	Pam	Burke	590
17	Lorrie	Stork	542
		Hil-	
18	Anna	Andzejewska	510
19	Jackie	Kelley	502
20	Malina	Chereji	358

Total Rides Led

Through Sept 18

Al Gibbs	1
Barb Barr	1
Betsy Burtelow	2
Bob Dominski	1
Brian Hale	5
Carl Droege	1
Cindy Kessler	2
Dave Waycie	5
Deb Wilson	1
Dennis Ellertson	23
Don Sorter	2
Earle Horwitz	1
Ella Shields	1
Ellen Heineman	1
Emily Qualich	9
Erich Massat	3
Eva Waycie	2
Frank Bing	9
Jeff Magnani	1
Jeff Rossi	12
Jim Flechsig	2
Jim, Boyer	9
Joe Beemster	4
Johannes Smits	3
JV Villadolid	1
Kevin Moore	2
Kilian Emanuel	48
Kris Woodcock	1
Larry Frank	5
Laura Randazzo	2
Luis Magana	1
Mitch Rosset	1
Pam Burke	1
Patty Bloome	2
Paul LeFevre	24
Reinhilde Geis	4
Sheri Rosenbaum	1
Tara Riley	2
Toan Tran	9
Todd Berlin	1
Tom Wilson	11
Tony Vercillo	4
Vince Kelley	2
Total Hosts	43

Oct Ride Schedule	All Riders Should:	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone *bring money for lunch/snacks	
Day	Time	Ride Name	Start	Miles	Ride Host
Sat. 10/1	9:00	Honey Do/ Extended Do	Paul Douglas Forest Preserve On Central Rd. 1 1/2 miles west of Roselle Rd, just north of I-90.	30-72	Joe Beemster 847-867-6724
	8:00/ 8:30	Waterford Factory Ride (Tour 8:00, Ride 8:30)	Waterford Precision Cycles I-94 to Hwy 20 west. Take Hwy 20 for 14 miles. Turn left on Hwy D for 1/5 miles to Hwy W. Turn right (north) on Hwy W for 1 mile, then turn left (west) onto Bakke Avenue. 4th building on right.	(Est) 30/45/70	No Host Send your miles to e.qualich@comcast.net
Sun 10/2	9:00	Sunday Short Ride	Long Grove Commons Route 22 and Old McHenry Road. Park in lot north of the PNC Bank.	31-55	Reinhilde Geis 847-679-0279
Sat 10/8	9:00	Honey Do/ Extended Do	Paul Douglas Forest Preserve See Above.	30-72	Joe Beemster 847-867-6724
Sun 10/9	9:00	Sunday Short Ride	Long Grove Commons See Above.	31-55	Jorn Lim 847-345-0704
Sat 10/15	9:00	Honey Do/ Extended Do	Paul Douglas Forest Preserve See Above.	30-72	Ride Host Needed
Sun 10/16	9:00	Sunday Short Ride	Long Grove Commons See Above.	31-55	Jorn Lim 847-345-0704
Sat 1 0/22	9:00	Honey Do/ Extended Do	Paul Douglas Forest Preserve See Above.	30-72	Jorn Lim 847-345-0704
Sun 10/23	9:00	Sunday Short Ride	Long Grove Commons See Above.	31-55	Don Miller 847-708-4304
Sun 10/23	9:00	Fox River Trail Ride (Road Bike OK if weather is dry)	1101 Raymond St (Approx. address), South Elgin. Meet in the small parking lot near the confluence of the Fox River and Prairie Path trails. The major intersection is Rt 25 and Rt 20. Bring money for lunch after the ride.	Approx 35 miles.	Mitch Rosset 847-814-3107
Sat 10/29	9:00	Honey Do/ Extended Do	Paul Douglas Forest Preserve See Above.	30-72	Ride Host Needed
Sun 10/30	10:00	Chili Ride	David Newman's House 797 Penny Lane Buffalo Grove Everyone is asked to bring something to eat. Contact Dave at dave.waycie@gmail.com to RSVP ad find out what to bring.	30/39	David Newman 224-650-9000

Be sure to be on the Yahoo group and/or Facebook for last minute changes

WEEKLY RIDES					
Day	Time	Ride	Miles	Start/Directions	Ride Host
Tuesday & Thursday	9:00 am	Deerfield Bakery Ride	25-45	Willow Stream Park On Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on	Kilian Emanuel 847-296-7874
Wednesday	9:30 am	No-Drop Road Ride	30-40	Woodland Trail Park 1-1/4 miles East of Route 83 on Euclid Avenue, Mt. Prospect	Dennis Ellertson 847-255-9323



HARMON RECAP

- 1-Rider from St. Thomas/U.S. Virgin Islands
- 2-Pre-Harmon trips to scope out routes and check for road conditions
- 3-Dogs/"mascots"
- 4-Cases of bananas and oranges consumed
- 5-Revisions of final route
- 6-Packs of Grape Jelly for Eagle
- 7-Cups of coffee consumed by Ride Chairman
- 8-Vehicles to bring route signs, coolers and supplies back to storage locker
- 9-Packs of Peanut Butter for Eagle
- 10-Months of preparation
- 86-Wheelmen Volunteers
- 196-1st Time Riders
- 656-Total Riders
- Countless-Smiles
- Infinite-Appreciation for all our Volunteers
- Deep-Pride to be a Wheelmen
- Already-Planning and thinking for next year
- Willingness-To listen to suggestions and ideas for next year
- Hopeful-For same level of support, participation and enthusiasm
- Praying-For good weather again next year.
- A HEARTY THANK YOU to one and all; without you, it truly could not be done.
- A ROBUST HURRAH for a job well done!!

Now, as Brian Hale would say, time to ride on and enjoy the rest of the cycling season. Look forward to seeing you all out on the road

Erich Massat, Harmon Chair



CHILI RIDE

Join us for chili after the ride on Sunday, October 30 at David Newman's house (see ride details on page 3). We will have chili rain or shine, if it rains chili will be @ 11:30 a.m.

Everyone is asked to bring a dish to pass. **Please RSVP** to Dave Waycie at dave.waycie@gmail.com if you plan to stay for chili and find out what to bring.

Everyone is asked to bring something



BANQUET PICTURES

We will once again be doing a slide show at the banquet (November 20) and are asking for contributions this season. So be sure and take pictures at rides and events and share them with our club members.

Send your pics by October 31 to Johannes Smits @ johannes.smits@comcast.net

INVITATIONALS

Oct 2, Pumpkin Pie Ride, Ottawa,
25/45/63/100 www.starvedrockcycling.com
starvedrockcycling@yahoo.com

Oct 2, Pumpkin Pedal, Sycamore,
10/20/26 trail 40/62 road
soill.org/event/pumpkin-pedal/?instance_id=5607
akaylor@soill.org

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now called the League of American Bicyclists. She served as editor of the League's monthly bulletin for more than thirty years, singlehandedly producing and editing the magazine on an IBM Selectric typewriter that she depended upon until her death. During World War II, she kept the League going by making sure every member fighting for us in Europe or the Pacific received a copy of the L.A.W. Bulletin. She, in turn, received a great deal of feedback from our GIs letting her know how much they appreciated bicycling news from home.

Again in 1964, Phyllis was instrumental in reviving the League after a dormant period. She served the organization in every role: volunteer, office staff, historian, treasurer, executive vice president, and interim executive director (a position she held for four years).

For much of the League's history, Phyllis was "the heart and soul of the League" as well as "the League's Most Valuable Player, a combination of Lance Armstrong, the Energizer Bunny, Encyclopedia Britannica, and Winston Churchill, all rolled up into one indomitable spirit."

In 1970, after raising six children, Phyllis moved to Wheeling, Illinois, where she married Willard Harmon and extended her family to include his three grown children. That same year, she founded the Wheeling Wheelmen Bicycle Club where she organized, promoted, and participated in the Harmon Hundred, a yearly bicycling event that continues to this day.

In 1979, Phyllis was honored to re-

ceive the coveted Dr. Paul Dudley White Award, the L.A.W.'s top national award recognizing an individual who is an "inspiration to others for his or her commitment to the future of bicycling and to significant progress in education, safety, rights, or benefits of bicycling".

At sixty-four, Phyllis led a three-week bicycle tour across New Zealand, and her enthusiasm was so contagious that



over the next nineteen years she was able to recruit cyclists from all over the country to join her on a total of seven New Zealand tours. At sixty-seven, she rode her bicycle across Luxembourg and France. At seventy-three, she rode 3363 miles in a seven-week cross-country bicycle tour from Los Angeles to Boston.

In 1985, the L.A.W. established the Phyllis Harmon Volunteer of the Year Award to recognize those making extraordinary contributions to cycling.

Bicycle racing always had a special place in Phyllis' heart, but she never considered participating in a race until her seventy-third year when, on a whim, she decided to compete in the Senior Olympics in both Illinois and

Arizona. She surprised no one more than herself when she brought home three gold medals and one bronze in the five and ten mile bicycle races. "I wasn't in it [bicycling] for the racing," Phyllis said. "I was in it for the touring, the camaraderie."

At seventy-four, she arrived at the Yoplait Challenge on her fully loaded touring bike to discover that all the other racers were riding stripped-down racing bikes. She competed anyway in the thirty-two mile race, won the event, and brought home the yellow jersey.

Phyllis never settled for complacency. She continually challenged herself and others to go the extra mile and seized all opportunities to hit the open road. In bicycling circles, a "century" is a one-day, one-hundred-mile bicycle ride. She began riding centuries in the 1930s and rode her last in 1999, at age eighty-three.

Phyllis retired to Seminole, Florida, in 2003, and in 2009 was inducted into the U.S. Bicycling Hall of Fame for her tremendous contribution to the sport of cycling. Her last bike ride was on Mother's Day, 2011, at age 95 – riding ten miles on a recumbent bicycle and surmounting three Pinellas Trail overpasses.

In 2014, Phyllis was honored at the dedication of the Phyllis Harmon Trail in Wheeling, Illinois. A plaque at the entry point reads, "PHYLLIS HARMON BICYCLE & PEDESTRIAN PATH – DEDICATED IN RECOGNITION OF HER TIRELESS WORK TO PROMOTE ACCESS TO CYCLING FOR ALL".

On August 26, 2016, after nearly a

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WHEELING WHEELMEN

2017 BALLOT

PRESIDENT: Joe Beemster or _____

VP/RIDE CHAIR: Dave Waycie or _____

TREASURER: Johannes Smits or _____

SECRETARY: Patty Blome or _____

MEMBERSHIP: Mitch Rosset or _____

PUBLICITY: Pam Kaloustian or _____

Please mark accordingly: Individual Family

Please return ballot by October 31, 2016

Balloting Committee: Pam Burke, Reinhilde Geis & Jorn Lim

Please mail ballot to:

Pam Burke

265 Green Knoll Lane,

Streamwood, IL 60107

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<p>www.villagecyclesport.com</p> <p>45 Arlington Hts. Rd. • Elk Grove Village, IL 60007 • 847-439-3340 1326 N. Rand Road • Arlington Heights, IL 60004 • 847-398-1650 234 West Northwest Hwy. • Barrington, IL 60010 • 847-382-9200</p>		<p>Ask for your Wheeling Wheelmen Discount</p>

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century of glorious adventures and achievements, Phyllis applied her brakes, taking her last breath, only 49 days short of her *life century*.

Phyllis is preceded in death by her son, Thomas Hursthouse, and husband, Wilfred Hursthouse. Left to cherish her memory are her children, Nancy Smith, Bette Winquist and her husband, Allan, Phil Hursthouse, Carol Terrazas and her husband Michael, and Jan Gillilan. She will also be missed by her grandchildren, Dean Frazier, Erik Winquist, Chris Terrazas, Matt Hursthouse, Karin Kelso, Joy Hopping, Joanna Terrazas, Steve Gillilan, Paul Gillilan, Alex Terrazas, and Elizabeth Gillilan. Her heritage includes Willard Harmon's children, Carol Harrison, Roger and Jim Harmon, forty-eight great grand children, and many nieces and nephews.

Phyllis' family will be hosting a Celebration of Life memorial service in Tampa, Florida on her 100th birthday.

By: Carol Terrazas



BANQUIDAY

We are combining the banquet and holiday party this year

Sunday, November 20

Join us for a great time;
and celebrate a fantastic cycling season

2:00 pm –7:00 pm

Arlington Club Condominium Clubhouse*
1610 Newburn Court, Wheeling, IL

Please RSVP to Pam Burke by November 6

You can see Pam at the chili ride (Oct 30) otherwise e mail her at pamelaburke2000@yahoo.com to find out what you can bring to the party. We are asking for appetizers, desserts or drinks. The club will be providing dinner.

Adults Only

*Directions: Closest Intersection: Buffalo Grove Road and Dundee. Go north on Buffalo Grove Rd and turn into the Arlington Club entrance on Cobbler Ln. At the T turn left onto Arlington Dr. The clubhouse is on the right. Guests must park on the WEST side of Arlington Dr.





P. O. Box 7304
Buffalo Grove, Il.
60089-7304
wheeling@wheelmen.com

We are on the web
wheelmen.com



SAVE THE DATE:
Chili Ride - Oct. 30
Banquet/Holiday party - Nov 20



CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

AMLINGS CYCLE
8140 N Milwaukee Ave.
Niles 847-692-4240
amlingscycle.com

B&G CYCLERY
131 E. Rollins Rd,
Round Lake Beach,
847-740-0007
bgcyclery.com

BICYCLE CONNECTION OF SCHAUMBURG
1226 N Roselle Rd.
Schaumburg
847-882-7728
bikeconnection.com

GEORGE GARNER CYCLERY
1111 Waukegan Rd.
Northbrook 847-272-2100
740 N. Milwaukee Ave,
Libertyville, 847-362-6030
575 Ela Road, Lake Zurich
847-438-9600
georgegarnercyclery.com

MIKES BIKES
155 N Northwest Hwy,
Palatine, 847-358-0948
mikesbikeshoppalatine.com

RUNNER'S HIGH & TRI
121 W. Campbell,
Arlington Hts., 847-670-
9255 runnershigh-n-tri.com

SPOKES
69 Danada Square E,
Wheaton 630-690-2050
1807 S. Washington, #112
Naperville, 630-961-8222
spokesbikes.com

TREK BICYCLE STORE – HIGHLAND PARK
1925 Skokie Hwy
Highland Park
847-433-8735
trekhp.com

VILLAGE CYCLESPORT
45 Arlington Hts Rd
Elk Grove Village
847-439-3340
vcsegy.com

VILLAGE CYCLESPORT
1326 N. Rand Rd.
Arlington Hts.
847-398-1650
234 W. Northwest Hwy
Barrington 847-382-9200
villagecyclesport.com

WHEEL & SPROCKET
1027 Davis Street
Evanston
847-864-7660
wheelandsprocket.com

We support:

- *The League of American Bicyclists
- * Ride Illinois
- *Active Transportation Alliance
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: 202-822-1333 Fax: 202/822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE