



MONTHLY MEANDERS

BOARD BANTER

May 2015

Our own Tour of California

In early March it was time to take a break from Chicago's relentless winter and head someplace warm and sunny. So we shipped our bikes out to Davis, CA and followed them a week later. This would be Mitch's 4th year riding with the Sacramento Wheelmen and my first. To my delight, the club was like a carbon copy of our Wheeling Wheelmen clan, including geezers.

We arrived around lunch Saturday, rented a car and headed to Davis to collect our bikes from FedEx, assemble them, and did a quick test ride.

Day 2 – Sunday

Having only 160 outdoor miles for the year (I don't count Computrainer miles) before heading out to CA, we decided a nice flat ride was in order before heading to the "hills." So today was a beautiful sunny day and we joined a few Sacramento Wheelmen for a ride along the river delta. Nice to be riding in shorts!

Total for the day: 43 miles and 194 ft of climb - FLAT

Day 3 – Monday

Today we headed 3 hours south to Santa Cruz. The Wheelmen have monthly excursion rides called Zodiacs. We timed our trip to join them for 4 days of riding in and around this ocean side community. After lunch the group of 30 met for a ride into the "hills." I got my first real taste of climbing with some Cat 3 and 4s. What I had forgotten is the



Coastal Hwy 1

terrifying downhills. Those of you that know me would be shocked to hear me say, give me a climb over a decent any day.

For those of you who don't ride with a GPS device, to give you some perspective, a typical Bakery ride has 1600 ft of climb which is spread out over 40 miles. In contrast, the 80/20 rule applied to our rides in California. 80% of the climbing was

done over 20% of the miles. This made for some wicked long climbs.

Today and each day we were in Santa Cruz, the Wheelmen had a post ride happy hour by the pool where we swap stories of the day's ride. It's always interesting to talk about what people saw, like wild turkeys or didn't get to see. After libations and munchies, the group headed to the wharf or other areas for dinner. This made for a very nice end to the day.

Total for the day: 24 miles and 1,700 ft of climb

Day 4 – Tuesday

When people say "ignorance is bliss" it is true today. I heard people talking about how tough today's ride would be and about modifications to the route, but it never really registered with me. I think if I knew how tough it would be, mentally I'd have been defeated before even getting on my bike. We drove about 40 minutes north to Pescadero. We drove Hwy 1 so had a view of the ocean as

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Club Officials

Elected Officers

President

Joe Beemster 847-215-2314

V.P.-Ride Chair

Sheri Rosenbaum 847-971-4573
luv2bike80@hotmail.com

Treasurer

Johannes Smits 630-893-2835

Secretary

Dave Waycie 847-577-6307

Membership

Mitch Rosset rrkite99@aol.com

Publicity Chair

Pam Kaloustian 847-707-0203
bubbath1@comcast.net

Appointed Officers

Harmon Chairman

Roland Cooper 847-732-0432
rscooper3@gmail.com

Newsletter

Ella Shields 773-407-4712

St. Pat's Ride

Anna & George Swietczak
annaswiet@yahoo.com

Chairmen

Banquet

Terri Brei 630-606-4341

Harmon Data Base

Emily Qualich 847- 821-1009

Mileage Statistician

Emily Qualich 847- 821-1009
e.qualich@comcast.net

Newsletter Mailings

Joe Beemster 847-215-2314

Picnic

Al & Cindy Schneider 847-696-2356

Web Page

Johannes Smits 630-893-2835

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. E-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month
Ella Shields
eshieldsbike@yahoo.com
(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Contact Mitch Rosset with your new address or e-mail address at rrkite99@aol.com

TOP 20 MILES

Through April 12
17 rides by 167 members
789 max miles

Women:

1	Sheri	Rosenbaum	289
2	Emily	Qualich	168
3	Betsy	Burtelow	150
4	Deb	Wilson	106
5	Eva	Waycie	104
6	Kae	Takeshita	69
7	Pam	Burke	63
8	Virginia	Savio	63
9	Ella	Shields	53
10	Terri	Brei	47
11	Pat	Calabrese	46
12	Anna	Swietczak	39
13	Cindy	Kessler	38
14	Marianne	Kron	33
15	Nancy	Beck	33
16	Jackie	Kelley	31

Men:

1	Dennis	Ellertson	608
2	Kilian	Emanuel	515
3	Brian	Hale	417
4	Paul	LeFevre	407
5	David	Waycie	340
6	Mitch	Rosset	327
7	Jeff	Magnani	321
8	Dan	Romanoff	257
9	Kevin	Moore	233
10	Jim	Boyer	228
11	Jim	Flehsig	189
12	Alex	Halamaj	187
13	Joe	Beemster	185
14	Bob	Dominski	182
15	Luis	Magana	149
16	JV	Villadolid	149
17	Tom	Wilson	147
18	Jorn	Lim	146
19	Dan	Vanderkelen	139
20	Rick	Burg	130

BOARD MEETING

TBA

Total Rides Led	Through 4/12
Anna & George Swietczak	1
Bob Dominski	2
Dennis Ellerston	2
Kilian Emmanuel	8
Larry Frank	3
Nancy Beck	1
Pam Burke	1

WELCOME NEW MEMBERS

Tara Riley, Arlington Hts
Leo, Kimmie, Allen & Jonathon Khomutov, Buffalo Grove
Don Sortor, Arlington Hts
Ben & Zoe Harvey-Ellis, Mundelein
Terry & Renee Leight, Northbrook
Mike Ford, Riverwoods
Carl Droege, Lake Villa
Richard Burg, Libertyville
Dale Kyser, Vernon Hills
Larry Lindahl, Arlington Hts
Gerado Ortiz, Wheeling
Cary Mergele, Hoffman Estates
Jim Shoemaker, Arlington Hts
Joe McGovern, Hoffman Estates
Amy, Jason & Alex Vicari, Long Grove
Denise Hinkle, Buffalo Grove
Robert Laughlin, Inverness
Christopher Miller, Gurnee
Joseph Bonus, Vernon Hills

Date	Time	Ride Name	Start Location/Directions	Miles	Ride Host	
May Ride Schedule	All Riders Should:	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone *bring money for lunch/snacks		
Sat. 5-2	8:00	Honey Do/Extended Do	Grassy Meadow Forest Preserve The F.P. is on Central Rd. 1 1/2 miles west of Roselle Rd, just north of I-90	30-72	Pam Burke 312-615-3407	
Sun. 5-3	9:00	Sunday Short Ride	Long Grove Commons Long Grove Commons Shopping Center at Rt 22 and Old McHenry Rd. Park in lot north of the PNC Bank.	Approx 31-55	Pam Kaloustian 847-707-0203	
Sat. 5-9	9:00	Honey Do	Grassy Meadow Forest Preserve See above	30-55	Terri Brei 630-606-4341	
	9:00	Antioch Classic	Antioch Upper School I-94 to IL 173 west just past IL59. Turn right on Tiffany. Left at sign for school.	58/80	Dan Wiessner 847-736-3484	
Sun. 5-10	9:00	(Mother's Day) Sunday Short Ride	Long Grove Commons See above	Approx 31-55	Ella Shields 773-407-4712	
Sat. 5-16	8:00	Honey Do/Extended Do	Grassy Meadow Forest Preserve See above	30-72	Brian Hale 847-804-1561	
Sun. 5-17	9:00	Sunday Short Ride	Long Grove Commons See above	Approx 31-55	Todd Berlin 847-910-5336	
	~	Arlington 500 (Arlington Bicycle Club)	Barrington H.S. 616 W. Main St.	31/44/55/69	Invitational Look for sign up sheet at registration	
Sat. 5-23	8:00	Honey Do	Grassy Meadow Forest Preserve See above	30-58	Johannes Smits 630-935-4074	
	9:00	Twice Baked Bakery Ride	Willow Stream Park On Old Checker Rd just west of Buffalo Grove Rd (North of Lake-Cook Rd)	40/80	Dave Waycie 847-845-9663	
	~	Horsey Hundred	Georgetown, KY	26/37/60/78/ 104	Invitational	

Be sure to be on the Yahoo group and-or Facebook for last minute changes

MAY RIDE SHCHEDULE CONTINUED

Date	Time	Ride Name	Start Location/Directions	Miles	Ride Host
Sun. 5-24	9:00	Sunday Short Ride	Long Grove Commons See above	Approx 31-55	Joe Beemster 847-215-2314
	~	Horsey Hundred	Georgetown, KY	34/51/75	Invitational
Mon. 5/25	9:00	(Memorial Day) Mitch's Muse (More info on page 6)	Jerseys Pizza & Grill 2360 Lakewood Blvd Hoffman Estates From I-90 take Barrington Rd north, turn right on Lakewood Blvd. Jerseys will be the first left you can take off of Lakewood Blvd. Pull around to the back parking lot.	36/47	Mich Rosset 847-814-3107
Sat. 5-30	8:00	Honey Do	Grassy Meadow Forest Preserve See above	30-58	Jim Fleschsig 847-584-4517
	8:00	Binnie Woods Ride (Long)	Binnie Woods F.P. I-90 west. Exit Randall Rd North to Binnie Rd. Turn west (left) to Forest Preserve (on right)	108	NEED RIDE HOST OR WILL CANCEL
	9:00	Binnie Woods Ride (Short)	Binnie Woods F.P. I-90 west. Exit Randall Rd North to Binnie Rd. Turn west (left) to Forest Preserve (on right)	67	NEED RIDE HOST OR WILL CANCEL
Sun. 5-31	9:00	Sunday Short Ride	Long Grove Commons See above	Approx 31-55	Eva Larsen 847-602-3025

**PROCEDURE PROCESS: IN
QUESTIONABLE WEATHER
SITUATIONS**

If the ride host considers the weather forecast to be severe enough to cancel the ride, he-she should post a message on the Wheeling Wheelmen Yahoo Group (wheelingwheelmen@yahoo.com). These conditions can include very high chance of rain or snow, severe winds, or other unsafe conditions.

- If the ride host decides to cancel the ride, he-she should post a

message to the Yahoo group no later than 2 hours before the scheduled ride start time.

- Of course, the host may post the message earlier, like the night before, if there is really no question that the ride will be cancelled. Or, if the host wants to decide in the morning, he or she can post a notice to watch for an update in the morning. Generally, more communication is better than less.

- Riders are encouraged to use the

Yahoo group, but if a rider cannot access the Yahoo group, the host can be contacted at the phone number listed on the ride schedule.

Every member should consider subscribing to the Yahoo group especially if they are planning on doing rides starting in the outlying areas. Instructions for subscribing to our Yahoo Group are listed on page 7. We also encourage people to join the Wheeling Wheelmen Facebook page and ride information is posted there, too.

WEEKLY RIDES					
Day	Time	Ride	Miles	Start/Directions	Ride Host
Tuesday & Thursday	9:00 am	Deerfield Bakery Ride	25-45	Willow Stream Park - On Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	Kilian Emanuel 847-296-7874
Tuesday	6:00 pm	Working Stiff's Ride	18-27	Stempel Parking Lot On the west side of Old McHenry Road, behind the Read Oaks Store. West of IL 53, Long Grove, IL	Tom Wilson 847-632-1412
Trail/Road rides Wednesday	10:00 am	Blue Star Memorial Woods	16/32	East Lake Ave., Glenview. East of Waukegan Rd, between Wagner and Harms near overhead trail bridge. Parking lot on the south side of E. Lake Ave.	Dennis Ellertson 847-255-9323
Wednesday	5:30 pm	Hill and Dale Ride	25-35	Grassy Meadow Forest Preserve The F.P. is on Central Rd. 1½ mi. west of Roselle Rd, just north of I-90	Rotation
Thursday	6:00 pm	Thursday Night Ride	30	Heron Creek Forest Preserve. Located on the SW Corner of RT 22 and Old McHenry Road, park at shelter B.	Paul Lefevre 847-670-3501

HELP NEEDED FOR BIKE RODEO SATURDAY, MAY 9

Every year the Wheelmen help the Buffalo Grove Police Department with their Bike Rodeo. This event is geared towards teaching kids bike safety, as well as promoting cycling. Once the kids sign up at the registration desk, they come to our station where we make sure their helmets are fitted properly.

Pam Kaloustian needs volunteers to help out with the Rodeo. She needs two shifts of two people each. First shift is 11 am-1pm and 2nd shift is 1pm-3 pm. A pizza lunch is provided.

Please contact Pam Kaloustian at 847-707-0203 or bubbath1@comcast.net to volunteer and to get more details.

LADIES NIGHT VILLAGE CYCLESPORT 45 S. Arlington Heights Rd.

Wednesday May 20 from 7-9:30pm.

They will be focusing on nutrition, tire changing and basic bicycle maintenance, and new vendor products.

The night will include wine, chocolates, cheese and more! Raffle prizes, goodie bags and LOTS of great information on the latest and greatest new cycling products!!!! The Wheelmen will have a table at the event.

Join the fun- Get Your Ride On and RSVP to laura@villagecyclesport.com by May 13th to reserve your spot. This event will be capped at 100 ladies!!

ST PAT'S RECAP

Thank you all for your wonderful support and contribution to a very successful St Patrick's Day ride.

The club has always enjoyed great fame for hosting an exceptional early season event and this year was no exception. 52 volunteers conspired to make it another great ride!

The feedback has been tremendous with complimentary comments about safety, cookies (thanks all you bakers), support, entertainment and much more.

Here are some fascinating tidbits:

Our first rider arrived at 6:50 am, anxious and ready to ride. We told him he had wait till the coffee finished brewing! Our youngest riders were @8 and 9 years old (I think) who came along with their mom, Mary. The girls bragged they could ride faster than Mom and I'm sure they will (in the future).

I think this is the first year we had dancing in the cafeteria (with cleats) not only

by our own members (to remain incognito unless you look at the photo album) but also by some regular riders who come out every year. There was a heated competition going on for a while. Dancing With the Stars- eat your heart out!

A large group from Elmhurst Bike Club and other clubs came out to support us, some riding fat tire bikes-what fun. One member of the Fox River Valley Club rode to Wauconda from home and had to ride back after the temperature dropped significantly. Since it was not a very warm day to start, his return ride was coold-brrr...

The most remarkable rider was a girl that is severely handicapped. She can hardly walk even with a cane, can hardly speak, but rides. She has a customized bike for her needs and rides alongside a couple of fellow riders who watch out for her. It took her 3.5 hours to ride the route and she was very happy with that. They lingered in the parking lot reminiscing about the day's experience. Can we count our blessings? Food for thought.

ALL the cookies were eaten, no leftovers, thanks to our fabulous and famous baking girls. Sag support used their personal cars to keep all riders safe and without incident. The parking crew kept order in a filled parking lot. I think I saw them grooving to the outside music blasting from the Red Bull truck. Registration crews and kitchen crews operated like clockwork. Don't forget about how well the routes were marked by the crew the day before. You didn't even need a map or cue sheet to find your way, now that's talent.

All in all, this club operates smoothly because you love the experience, the club and the adventure.

My hat's off to you all! Please know that all the other bike clubs admire what you do.

May the sun shine kindly upon you as we ride together for many seasons.

Warm Regards,
Anna & George & Dennis



WEDNESDAY, MAY 20

In remembrance of cyclists who have been killed or injured while bicycling on public roadways, to encourage bicycle safety, and to raise awareness of cyclists' right to share the road.

Arlington Heights Bicycle Club, 6:45 pm. Recreation Park, 500 E Miner St., Arlington Heights, www.cyclearlington.com, rideofsilence@cyclearlington.com

Chicago: Gather at Daley Plaza's Eternal Flame beginning at 6 pm; ride departs at 6:30 pm. Ride in silent procession past several area Ghost Bikes.

For more info: www.rideofsilence.org/chicago



MEMORIAL DAY RIDE MONDAY, MAY 25

It's become a tradition on Memorial Day to ride from a restaurant and then enjoy a post ride get together with

food and a beer. We had such a great time last year we will be going back to Jerseys Pizza and Grill, they have a beautiful patio overlooking a pond and indoor sports bar.

2360 Lakewood Blvd
Hoffman Estates
JerseysPizzaandGrill.com

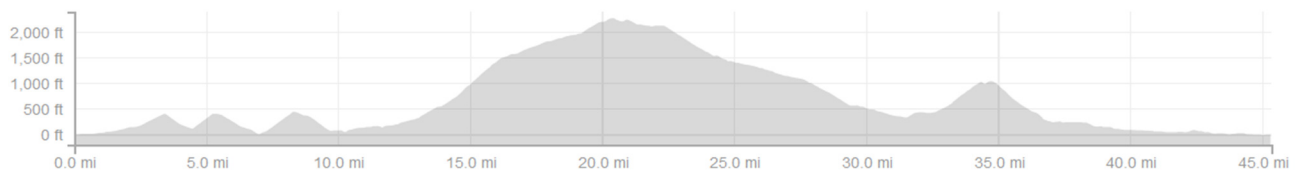
(Continued from page 1)

we moved in and out of the fog.

It was a very chilly morning and we were all honestly looking forward to our first climb just to warm up. Well, the climbing started immediately out of the parking lot...first a 3.6 mile climb to be exact. Then about a mile downhill and then two more 1.5 mile climbs. And that was just the “warm up”. We got to a road called Tunitas Creek. The buzz among the riders got louder about how tough this is. But it still wasn’t registering with me. Actually it didn’t register until that evening when I uploaded my Garmin to Strava. Then I realized what I had accomplished...what we all had accomplished.

Tunitas Creek had been one of the roads on the Tour of California. It’s a Cat 1 climb and was 10.6 miles long!!! It makes Blackhawk look like a speed bump. At least when I was gasping for air it was filled with the smells of redwoods and eucalyptus. (Glass half full) The scenery was beautiful and you could kinda enjoy it on the slow chug up, but a total blur on the way down. Mitch hit 47.6 mph on the decent. I’m a lot more conservative (okay terrified).

By lunch we had 24 miles and 3600 ft of climb. We stopped at Alice’s Restaurant a well-known biker bar...leather, not spandex. Ate outside and then enjoyed an awesome downhill only to have more climbing, including another Cat 3.



Elevation map of Tunitas Creek Ride

Total for the day: 44 miles, 4,500 ft of climb – NOT FLAT

Day 5 – Wednesday

Today we had planned to sleep in, go out for a leisurely breakfast and do an “easy” ride up Hwy 1. Well it had rained during the night and was still drizzling in the morning. The radar looked promising so we gathered some Wheelmen and went for breakfast to a diner that was featured on Diners, Drive-ins and Dives. By the time we were done with breakfast the sun was coming out and the roads were looking dry.

We rode from the hotel and picked up the bike path along the ocean. Stopped at Natural Bridges State Park for some pictures and continued up to Davenport (CA not Iowa). We had mapped out a way to veer off Hwy 1 on Swanton Rd and enjoy a quiet road that was a horseshoe and came back out on Hwy 1 farther north. It had some small climbs and then one long big climb and a scary downhill of switchbacks that dumped us out on Hwy 1.



Natural Bridges State Park

We stopped in Davenport for lunch on the patio overlooking the ocean. Doesn’t get better than that!

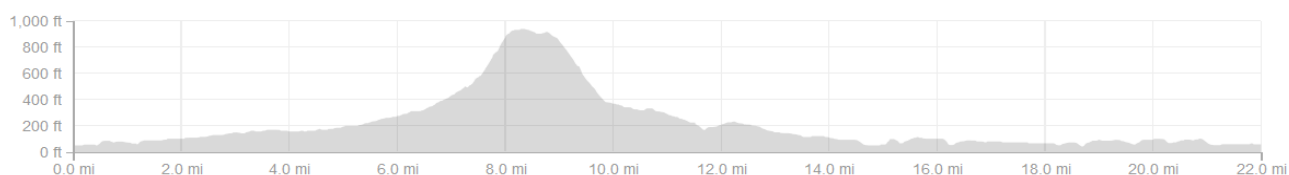
Total for the day: 42 miles, 2,142 ft of climb (most of that was on Swanton Rd)

Day 6 – Thursday

This was our last day in Santa Cruz so they had a short morning ride scheduled before we had to check out of the hotel and head back north to Davis. This ride took us up Rodeo Gulch a 4.2 mile climb (Cat3). There was a little store at the top where we played with Missy the sweetest pit bull and consumed some baked goods.

(Continued on page 8)

(Continued from page 7)



Total for the day: 22 miles, 1,407 ft of climb

Day 7 – Friday

This was to be our rest day after 6 straight days of riding. But Mitch suggested a flat ride from Davis to Winters. We rode first through the campus of UC-Davis to head out of town. Then rode through miles of almond groves to get to Winters. A quick stop at Mike's Velo City Bike Shop and then back to Davis. We had a time constraint because our evening would be in San Francisco.

Total for the day: 34 miles, 308 ft of climb - FLAT

Day 8 – Saturday

Our final ride would be in the foothills with a few Wheelmen members. There were a few good climbs and rollers on this route as we headed up from Folsom to Newcastle. At the highest point was a general store where we had a quick bite to eat outside before heading back down. Then it was time to say goodbye to our Wheelmen friends, ship our bikes back home, and pack suitcases filled with smelly cycling clothes.

Total for the day: 40 miles, 2,018 ft of climb

We flew back on Sunday morning arriving home to no snow. Mitch asked me which ride was my favorite and I didn't have one. Each day offered its own unique experience. Be it the redwood forest, eucalyptus trees, ocean view, almond groves or a Cat 1 climb. I enjoyed them all, as well as the camaraderie and hospitality of the Sacramento Wheelmen who made the trip that much better.

Final Stats

Total miles ridden – 257

Total feet of climb – 12,318

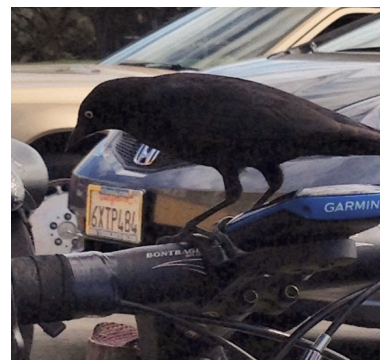
Longest climb – 10.6 miles (Cat 1) Tunitas Creek Rd

Steepest grade – 19.4%

Memories – countless

We definitely enjoyed the ride. Looking forward to hooking up with the Sacramento Wheelmen for one of their other Zodiac rides in the near future.

Sheri Rosenbaum and Mitch Rosset



**Endangered Garmin bird
checking my stats**

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 <p>VILLAGE CYCLESPORT Since 1976</p> <p>Arlington Heights • Elk Grove Village • Barrington</p>	
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<p>www.villagecyclesport.com 45 Arlington Hts. Rd. • Elk Grove Village, IL 60007 • 847-439-3340 1326 N. Rand Road • Arlington Heights, IL 60004 • 847-398-1650 234 West Northwest Hwy. • Barrington, IL 60010 • 847-382-9200</p>	<p>Get the right fit with the Slow Twitch Certified Fit Specialists</p> <p>Ask for your <i>Wheeling Wheelmen Discount</i></p>

INVITATIONALS

May 2, Tour de Stooges, Lebanon, IL.
10 to 67 miles, George Fero 618-537-8873
info@ridgeprairietrailhead.org tourdestooges.com

May 2, Ride the Ups and Downs, Elizabeth, IL
26/32/52/63 www.goatscycling.com/events.html

May 17, Arlington 500, Barrington, 26/45/55/67
500@cyclearlington.com www.cyclearlington.com

May 23-24, Blackhawk Country Roads,
Rockton, IL 10/30/45/65 rplantz@aol.com or
dickandmelo@aol.com
www.blackhawkbicycleclub.org

May 24, Bike the Drive, Chicago, 15/30 miles
312-427-3325 x 251, btd10info@activetrans.org

June 7 Udder Century, Union, IL
31/50/62/ 75/100 udder@charter.net
mchenrybicycleclub.org

June 7, Ride 2 Recovery, Skokie, IL 8:00 a.m.
17/38/50 ride2recovery.com/honorRide.php

FAILURES SPARK RECALL OF ZIPP 88 BICYCLE WHEEL HUBS

From www.bikingbis.com

Bicycle component maker SRAM is recalling 12,000 Zipp 88 bicycle wheel hubs after two reports that the aluminum front hubs had failed, causing injuries to the rider when the front wheel collapsed.



Recalled front hub; 1st generation Zipp 88

SRAM learned that the retaining ring on its first generation Zipp 88 front hubs could fail, resulting “in the ejection of all the wheel’s spokes.”

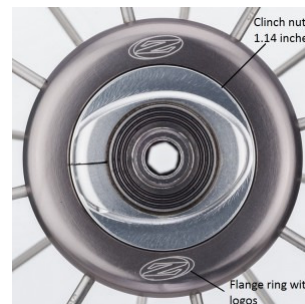
SRAM and the Consumer Product Safety Commission

urges anyone with Zipp 88 hubs on their bike to stop riding them and contact SRAM for a free replacement.

The hubs were sold separately and mounted on several models of bicycles made by Specialized, Giant, Felt, Orbea and Cannondale. They were sold or installed on bicycles between October 2008 and December 2010.

The faulty hubs have a “Z” logo on the flange ring; Zipp hubs without the “Z” logo are not included in the recall.

Owners with the faulty hub, or who think they have a faulty hub, can contact SRAM at (800) 346-2928 between 9 a.m. and 8 p.m. (ET) Monday through Thursday and 9 a.m. to 6 p.m. (ET) on Friday, or visit www.sram.com or www.zipp.com and click on Recall Notice for more information.





P. O. Box 7304
Buffalo Grove, Il.
60089-7304
wheeling@wheelmen.com

We are on the web
wheelmen.com



SAVE THE DATES

Club Picnic - Sunday, July 12
Harmon 100 - Sunday, Sept. 13
Banquet - Sunday, Nov. 8

CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

ALBERTO'S CYCLES
661 Central, Highland Park
847-432-0015

AMLINGS CYCLE & FITNESS
8140 N Milwaukee Ave.
Niles 847-692-4240

B&G CYCLERY
131 E. Rollins Rd,
Round Lake Beach,
847-740-0007

BICYCLE CONNECTION OF SCHAUMBURG
1226 N Roselle Rd.
Schaumburg
847-882-7728

GEORGE GARNER CYCLERY
1111 Waukegan Rd. Northbrook 847-272-2100

LIBERTYVILLE CYCLERY
740 N. Milwaukee Ave,
Libertyville, 847-362-6030

MIKES BIKES
155 N Northwest Hwy,
Palatine, 847-358-0948

RUNNER'S HIGH & TRI
121 W. Campbell,
Arlington Hts.,
847-670-9255

SPOKES
69 Danada Square E,
Wheaton 630-690-2050
1807 S. Washington, #112
Naperville, 630-961-8222

TREK BICYCLE STORE – HIGHLAND PARK
1925 Skokie Hwy
Highland Park trekhp.com
847-433-8735

THE CYCLERY
575 Ela Road, Lake Zurich
847-438-9600

VILLAGE CYCLESPORT
45 Arlington Hts Rd
Elk Grove Village
847-439-3340
1326 N. Rand Rd.
Arlington Hts.
847-398-1650
234 W. Northwest Hwy
Barrington
847-382-9200

WHEEL & SPROCKET
1027 Davis Street
Evanston
847-864-7660
wheelandsprocket.com

We support:

- *The League of American Bicyclists
- *The League of Illinois Bicyclists
- *Active Transportation Alliance
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: 202-822-1333 Fax: 202/822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE