



# MONTHLY MEANDERS

## BOARD BANTER

We ran this article last year and now with the riding season in full swing we just want to remind everyone to be safe.

### Riding in a Pack

One of the fun things about being part of the Wheeling Wheelmen group is to be with others that share the same passion, cycling. It is a forum to enjoy the sport at any level & meet other cyclists developing friendships that will last thru the years. Pack riding also provides other benefits such as: improving average speed & fitness, being more visible to cars, help if a mechanical occurs, always having someone to ride with, etc.

However, when riding in a pack, there is personal accountability for your fellow riders. Your actions and decisions can impact the safety of the group leading to injury. Overall, the WW ride fairly safe, but lately we have experienced some accidents. This is intended as a gentle reminder that riding in a pack is a commitment to your fellow

riders that you will do your best to be part of their team and keep the group safe. Here are some guidelines to remember:

-When riding in a peloton, ride single file staying to the right allowing cars to pass. Stay tight to the wheel in front of you, but avoid overlapping. There are times your front wheel and the rider's back wheel may overlap, but you should adjust with subtle movements to avoid this. You do not need to ride so aggressively that there is constant overlap or no room for adjustment between wheels. This is dangerous for you and the riders in back of you.

-Pay attention to what is going on around you and who is around you.

-Take your turn upfront, a short pull is OK.

-When you are pulling the group, there is personal accountability when going thru an intersection. The group is entrusting their safety to you and assuming you will use appropriate judgment to keep them safe. If there is a large

group, think about crossing the intersection with a long tail. Even if YOU can make it thru the intersection, 20 people may not be able to safely; SO STOP. Tell people you are stopping. When you yell 'clear', people will follow you, so ensure it is clear. Other cyclists approaching the intersections also have the right of way just like a car, so do not cut in front of approaching cyclists.

-If the group does get split while crossing the intersection, soft pedal until we are together. It is unsportsmanlike to attack the group if some people from the group are waiting for cars to pass.

-If you are the puller/leader, and want to pull off, signal the rider behind you. When the group is moving at high speed, do not stop peddling or slow down suddenly. Signal and pull off left. There is an unsafe domino impact when you suddenly slow down without warning as the riders behind you are close to one another's wheels.

*(Continued on page 6)*

May, 2013

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### WELCOME NEW MEMBERS

Chris Zuschlag

Leon Ungier

Nancy Skinner

Nancy Voras

## Club Officials

### Elected Officers

#### President

Joe Beemster 847-215-2314

#### V.P./Ride Chair\*

Pat Calabrese 847-358-4807

#### Treasurer

Johannes Smits 630-893-2835

#### Secretary

Dave Waycie 847-577-6307

#### Membership

Mitch Rosset 847-376-8152

#### Publicity Chair

Barb Barr 224-578-0624

Powerbarb53@gmail.com

### Appointed Officers

#### Harmon Chairman

Roland Cooper 847-732-0432

rscooper3@gmail.com

#### Newsletter

Ella Shields 773-407-4712

#### St. Pat's Ride

Anna & George Swietczak 312-969-1010

### Chairmen

#### Banquet

Meg Ewen 630-540-1704

#### Harmon Data Base

Emily Qualich 847-821-1009

#### Mileage Statistician

Emily Qualich 847- 821-1009

#### Newsletter Mailings

Joe Beemster 847-215-2314

#### Picnic

Al & Cindy Schneider 847-696-2356

#### Refreshments

**Open**

#### \*Ride Coordinator

Sheri Rosenbaum 847-971-4573

luv2bike80@hotmail.com

#### Web Page

Jim Boyer 847-541-1325

### Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. E-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields

eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Mitch Rosset with your new address or e mail address at 847-376-8152 or e-mail him at wheelmen@wheelmen.com.

## TOP 20 MILES

Through April 17  
15 rides by 64 members

### Men:

1	Dennis	Ellertson	526
2	Mitch	Rosset	461
3	Kevin	Moore	334
4	David	Naigles	255
5	Kilian	Emanuel	223
6	Brian	Hale	213
7	Dave	Waycie	201
8	Paul	LeFevre	182
9	Alex	Halamaj	178
10	John	Korb	177
11	Larry	Frank	170
12	Bob	Dominski	130
13	Leo	Rhee	114
14	Louis	Greene	112
15	Luis	Magana	104
16	Jim	Flehsig	104
17	Peter	Guzik	103
18	Leonard	Geis	102
19	Tom	Wilson	98
20	JV	Villadolid	93

### Women

1	Sheri	Rosenbaum	275
2	Lynne	Lutman	173
3	Eva	Larson	130
4	Reinhilde	Geis	102
5	Virginia	Savio	96
6	Marianne	Kron	96
7	Betsy	Burtelow	89
8	Emily	Qualich	82
9	Pam	Kaloustian	68
10	Cindy	Trent	66
11	Pam	Burke	64
12	Nancy	Beck	60
13	Deb	Wilson	58
14	Peggy	Reins	54
15	Pat	Calabrese	50
16	Laura	Randazzo	50
17	Paula	Matzek	30
18	Mary Kay	Drapeau	28
19	Ella	Shields	28

## BOARD MEETING

The next board meeting is Monday, May 20, 7:00 p.m. at the home of Johannes Smits.

All Board members are requested to attend.



## BANQUET PICTURES

We will once again be doing a slide show at the annual club banquet (November 10) and are asking for contributions this season. So be sure and take your camera out to rides and events this year and share your pictures with the club.

Send your pics by October 31 to Dave Waycie at [dwaycie@wowway.com](mailto:dwaycie@wowway.com).

## THE ARLINGTON BIKE SWAP

**Saturday, May 11**

The Arlington Heights Bike Swap is an annual community event featuring hundreds of bicycles.

The swap is held at Centennial Park, 1209 Burr Oak Drive, Arlington Heights. Centennial Park is located adjacent to Riley School.

The Arlington Heights Bike swap allows everyone to sell or purchase bicycles and bicycle related items. The Arlington Heights Bicycle Club runs the event like a garage sale. Sellers set their own prices. The swap is ideal for anyone who has out grown their bicycle; has bicycles they no longer use; or want to upgrade their bicycle.

For info see [cyclearlington.com](http://cyclearlington.com) or email [swap@cyclearlington.com](mailto:swap@cyclearlington.com)

May Ride Schedule	All Riders Should:	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early... 15-30 minutes	*bring an ID card *carry a cell phone *bring money for lunch/snacks	
Date	Time	Ride Name	Starting Location/Directions	Miles	Ride Host
Sat. 5/4	8:00 new start time	Honey-Do Ride	<b>Grassy Meadow Forest Preserve</b> The F.P. is on Central Rd., 1 1/2 miles west of Roselle Rd, just north of I-90.	30-58	Len & Reinhilde Geis 312-209-0279
	9:00	Antioch Classic	<b>Antioch Upper School</b> I-94 to IL 173 west just past IL 59, turn right on Tiffany, left at sign for school	58/80	Dan Wiessner 847-736-3484
Sun. 5/5	9:00	Sunday Short Ride	<b>Long Grove Commons</b> RT. 22 & Old McHenry Roads Park north of the PNC Bank	~31-55	Frank Bing 847-814-9925
Sat. 5/11	8:00	Honey-Do & Super Do Ride	<b>Grassy Meadow Forest Preserve</b> See above	30-58	Betsy Burtelow 847-204-8274
	9:00	Ride to Big Rock	<b>Rutland Forest Preserve</b> I-90 west, exit Rt 47 south, to Big Timber Rd., Left to Rutland FP	55/70/96	<b>RIDE HOST NEEDED OR WILL BE CANCELLED</b>
Sun. 5/12	9:00	Sunday Short Ride	<b>Long Grove Commons</b> See above	~31-55	Larry Frank 847-832-0630
Sat. 5/18	8:00	Honey-Do Ride	<b>Grassy Meadow Forest Preserve</b> See above	30-58	Deb Wilson 847-452-6159
	8:00 9:00	Binnie Woods	<b>Binnie Woods Forest Preserve</b> I-90 west, Exit Randall Rd North to Binnie Rd, turn west (left) to Forest Preserve (on right side)	67/109	8:00 - Paul LeFevre 847-670-3501 9:00 - Dave Waycie 847-845-9663
Sun. 5/19	9:00	Sunday Short Ride	<b>Long Grove Commons</b> See above	~31-55	Joe Beemster 847-867-6724
	~~	Arlington 500 Invitational	<b>Barrington High School</b> Lake Cook Rd/Main St west, right on Hart Rd, School is on your right	31/44/ 55/ 69	Invitational
Sat. 5/25	8:00	Honey-Do	<b>Grassy Meadow Forest Preserve</b> see above	30-70	Len & Reinhilde Geis 312-209-0279
	9:00	Twice Baked Bakery Ride	<b>Willow Stream Park</b> On Old Checker Rd just west of Buffalo Grove Rd north of Lake Cook Rd	40/80	Cindy Kessler 847-412-4084
Sun. 5/26	9:00	Sunday Short Ride	<b>Long Grove Commons</b> See above	~31-55	Bob Dominski 847-708-3441
Mon. 5/27	9:00	Mitch's Muse	<b>Penny Road Pub</b> Penny Rd and Old Sutton Rd 28w705 Penny Rd South Barrington, IL	40/45	Mitch Rosset 847-814-3107

Be sure to be on the Yahoo group and/or Facebook for last minute changes

WEEKLY RIDES					
Day	Time	Ride	Miles	Start/Directions	Ride Host
Tuesday & Thursday	9:00 am	Deerfield Bakery Ride	25-45	Willow Stream Park - On Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	Kilian Emanuel 847-296-7874
Tuesday	6:00 pm	Working Stiff's Ride	18-27	Stempel Parking Lot On the west side of Old McHenry Road, behind the Read Oaks Store. West of IL 53, Long Grove, IL	Jim Boyer 847-541-1325 Tom Wilson 847-632-1412
Wednesday	10:00 a.m.	Trail Rides North Branch/ Botanic Gardens	16-32	Blue Star Memorial Woods East Lake Ave., Glenview. East of Waukegan Rd, between Wagner and Harms near overhead trail bridge. Parking lot on the south side of E. Lake Ave.	Dennis Ellertson 847-255-9323
Wednesday	5:30 pm	Hill and Dale Ride	25-35	Grassy Meadow Forest Preserve The F.P. is on Central Rd. 1½ mi. west of Roselle Rd, just north of I-90	Anna Swietczak 312-969-1010 Joe Beemster 847-215-2314
Thursday	6:00 pm	Thursday Night Ride	30	Heron Creek Forest Preserve. Located on the SW Corner of RT 22 and Old McHenry Road, park at shelter B.	Paul Lefevre 847-670-3501

**PROCEDURE PROCESS: IN QUESTIONABLE WEATHER SITUATIONS**

If the ride host considers the weather forecast to be severe enough to cancel the ride, he/she should post a message on the Wheeling Wheelmen Yahoo Group ([wheelingwheelmen@yahoo.com](mailto:wheelingwheelmen@yahoo.com)) These conditions can include very high chance of rain or snow, severe winds, or other unsafe conditions.

- If the ride host decides to cancel the ride, he/she should post a mes-

sage to the Yahoo group no later than 2 hours before the scheduled ride start time.

- Of course, the host may post the message earlier, like the night before, if there is really no question that the ride will be cancelled. Or, if the host wants to decide in the morning, he or she can post a notice to watch for an update in the morning. Generally, more communication is better than less.
- Riders are encouraged to use the Yahoo group, but if a rider cannot

access the Yahoo group, the host can be contacted at the phone number listed on the ride schedule.

Every member should consider subscribing to the Yahoo group especially if they are planning on doing rides starting in the outlying areas. Instructions for subscribing to our Yahoo Group are listed on page 7. We also encourage people to join the Wheeling Wheelmen Facebook page and ride information is posted there, too.



**HELP NEEDED FOR BIKE RODEO**

Every year the Wheelmen help the Buffalo Grove Police Department with their Bike Rodeo. This event is geared towards teaching kids bike safety, as well as promoting cycling. Once the kids sign up at the registration desk, they come to our station where we make sure their helmets are fitted properly.

The event is Saturday, May 18, (rain date is Saturday, June 1).

Barb Barr needs volunteers to help out with the Rodeo. She needs two shifts of two people each. First shift is 11 am-1pm and 2nd shift is 1pm-3 pm. A pizza lunch is provided.

Please contact Barb at 224-578-0624 to volunteer and to get more details.



**WEDNESDAY, MAY 15**

In remembrance of cyclists who have been killed or injured while bicycling on public roadways, to encourage bicycle safety, and to raise awareness of cyclists' right to share the road.

**Arlington Heights Bicycle Club, 7:00-9:00 pm, Recreation Park, 500 E Miner St.,**

Arlington Heights, [www.cyclearlington.com](http://www.cyclearlington.com), E-mail: [rideofsilence@cyclearlington.com](mailto:rideofsilence@cyclearlington.com)

**Chicago:** Gather at Daley Plaza's Eternal Flame beginning at 6pm; ride departs at 7pm. Ride in silent procession past several area Ghost Bikes.

For more info: [www.rideofsilence.org/chicago](http://www.rideofsilence.org/chicago)

**Wheeling Wheelmen Board Meeting March 24, 2013**

**Present:** Barb Barr, Joe Beemster, Roland Cooper, Ella Shields, Johannes Smits, Anna Swietczak, Dave Waycie

The meeting was called to order at 5:25 pm.

**Treasurer's Report:** Reviewed St. Pat's ride financials. Some costs are up but no decisions were made regarding potential price changes.

**Member Meetings:** The following are scheduled:  
April 4 Active Transportation Alliance

**St. Patrick's Day Ride:** A great turnout, given the chilly weather. 50% of the riders were new to the St Pat's ride. The village of Wauconda promoted the ride in their weekly email, and the connection with the Village event certainly accounted for some of the good response and new ridership. It was suggested that we may want to publicize contributing a portion of the ride fee to a charity, perhaps tied in with the Village event. Also, suggested that we put a "How did you hear about it" question on the registration form.

**Harmon:** Harmon flyers were included in the LIB mailing. Emily has suggested mailing "Save the Date" cards to previous riders. We'll suggest that we do it via email instead to save mailing and printing costs.

**Chicago Bike Swap:** Joe reports that there was lots of interest in the club from attendees. Recommends we participate again next year.

**Other business:** Thanks to Ella for forwarding the LAB Tribute to Phyllis Harmon. Suggested that we ask Wheeling to consider naming a bike trail for Phyllis Harmon, given that they are currently working on a bike plan.

**Next Board Meeting:** Monday, April 15, 7:00 pm. Johannes will host.

The meeting was adjourned at 6:25.  
Dave Waycie, Secretary

**BUFFALO GROVE BICYCLE PLAN PUBLIC BRAINSTORMING WORKSHOP**

Thursday, May 2, 7:00-8:30 p.m.  
Buffalo Grove Village Hall – Council Chambers, 50 Raupp Blvd

The Village of Buffalo Grove is working on a plan to enhance and improve its bicycle and pedestrian network.

Please join the planning process by attending the workshop on Thursday, May 2. The

input provided at the workshop will help focus the planning effort and prioritize improvements to the bike path and sidewalk system.

The 90 minute workshop will include:

1. Introduction about the planning effort
2. Description of the types of improvements that may be considered
3. Mark up of maps by participants concerning their ideas

4. Small groups to discuss specific areas of the Village and prioritize suggested improvements

5. Next steps in the planning process and how to stay involved

Please RSVP to Bob Pfeil, Village Planner - email: [rpfeil@vbg.org](mailto:rpfeil@vbg.org) | phone: 847-459-5539

If you can't attend the workshop, please send your ideas by email to: [rpfeil@vbg.org](mailto:rpfeil@vbg.org)

*(Continued from page 1)*

-Try not to make sudden moves or adjustments to speed while in a group. Do not slam on your brakes, others cannot react that fast. Be predictable. Yell ‘Stopping’ or ‘Slowing’ when approaching an intersection or something unanticipated occurs.

Communicate to the riders in back of you what is going on.

-Point out obstacles or potholes on the road to those in back of you.

-If you are in the group and the riders in front of you accelerate and you cannot keep the pace, signal you are moving off to the left and wave the remaining riders in back of you thru. Be cognoscente of your own energy level. There may be riders in back of you that feel strong and would like a faster ride, so allow them that opportunity. Ride at the back of the pack if you are having trouble keeping pace so that you can drop off without interfering with other riders. Chances are if you are tired, you will have someone to ride with.

Group riding is all about being safe and predicable around others, while allowing everyone to enjoy their ride no matter their speed. None of us want to be injured or cause injury to others, so riding safely and consistently will improve everyone’s odds of avoiding accidents. The WW group wants to improve the reputation of cyclists, so being aware of cars, vehicles, traffic lights/signs, and our fellow cyclists improves bike advocacy. All of us need to be accountable, and by following a few simple guidelines we can improve both personally and as a group. Thanks...see you on the road.

Remember that this is in print b/c we luv our fellow club members and this sport; we want it to last forever.

*Pat Calabrese*

**MEMBER MEETING RECAP—APRIL 4**



The Wheelmen enjoyed an interesting presentation on establishing Community Pedestrian and Cycling paths and safely marked roadways. Andrew Jennings, the Wheeling Village Planner and Marissa Dolin of Active Transportation walked us through the initial idea to the development of a comprehensive plan.



After several meetings of a Task force, the Village applied for a grant from a State agency to develop a transportation plan. Because of their experience, Active Transportation was brought in to guide the group through the entire process. Numerous community meetings were held, the planning commission was actively

involved, all stakeholders (Schools, Park District, Employers, local agencies, etc) were solicited for input. The Task force members and Active Trans representatives biked through all areas of the Village and took photos, made notes and discussed various safe approaches.

Ultimately a comprehensive plan was developed which the Village Board approved in January. Basically as road projects and repairs are conducted, this plan will be consulted so the recommendations will be implemented. The complete plan is available on the Wheeling Village web site.

Wheelmen and Task force members, Bob Dominski and Joe Beemster were actively involved throughout the entire process.

**“FOLKS ON SPOKES” 2013**

Pedal your way through this new interactive exhibit to discover the history of bicycling in Elk Grove. This exhibit will include several historical artifacts and hands-on components. Exhibit will remain on display until Saturday, August 31st.

Admission is free!

Exhibit drop-in hours (no phone calls necessary)

March - May: Wed & Fri 2:30 - 6:30 pm

Sat 11:00 am - 2:00 pm

June - August: Tues - Fri 12:00 - 5:00 pm  
Sat 11:00 am - 2:00 pm

Elk Grove Historical Museum, Elk Grove Park District  
[www.elkgrovecparks.org/Facilities/Elk\\_Grove\\_Historical\\_Museum/Exhibit/](http://www.elkgrovecparks.org/Facilities/Elk_Grove_Historical_Museum/Exhibit/)

The Friends of Cycling in Elk Grove have sent this invitation to a number of clubs and will try and coordinate a get together on a week night in July.

More news on this later



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 1326 N. Rand Road • Arlington Heights, IL 60004 • 847-398-1650  
 203 West Northwest Hwy. • Barrington, IL 60010 • 847-382-9200

 Ask for your  
*Wheeling  
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The **Wheeling Wheelmen Bicycle Club** has an active Yahoo Group available on the Internet. The group works like a bulletin board and allows us to exchange email with other club members without having to know everyone's individual email address. You must subscribe to the group before you can send a message. Follow the instructions required by Yahoo to complete your registration.

**NOTE:** Due to spam and email address hijacking concerns, subscription to the Yahoo Group is limited to current members of the Wheeling Wheelmen Bicycle Club only. If you have questions about club membership, rides or events, please send an email to: [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

To Subscribe send an email message to:  
**[wheelingwheelmen-subscribe@yahoogroups.com](mailto:wheelingwheelmen-subscribe@yahoogroups.com)**

To Unsubscribe send an email message to:  
**[wheelingwheelmen-unsubscribe@yahoogroups.com](mailto:wheelingwheelmen-unsubscribe@yahoogroups.com)**

To post a message send your message in an email to:  
**[wheelingwheelmen@yahoogroups.com](mailto:wheelingwheelmen@yahoogroups.com)**

The group name is: **wheelingwheelmen** and is available at: [pgroups.yahoo.com/group/wheelingwheelmen](http://pgroups.yahoo.com/group/wheelingwheelmen)

## INVITATIONAL'S

**May 4, Tour de Stooges**, Highland, IL,  
 17/22/31/46/64 miles 618-236-2793  
[tourdestooges@rogerkramercycling.org](mailto:tourdestooges@rogerkramercycling.org)

**May 5, QuadruPedal Century**, Dodgeville, WI.  
 30/50/75/100 miles, 608-935-6424,  
[ichs.net/quadrupedal.html](http://ichs.net/quadrupedal.html)

**May 18, KR Bike Club Annual Ride**, Waterford  
 High School, Waterford, WI 5/44/63/100 miles  
[krbikeclub@hotmail.co](mailto:krbikeclub@hotmail.co)

**May 19, Arlington 500**, Barrington High School,  
 31/44/55/69 miles, [500@cyclearlington.com](mailto:500@cyclearlington.com)  
[www.cyclearlington.com](http://www.cyclearlington.com)

**May 25 & 26, Blackhawk Country Roads**, Rockton,  
 IL., 10/30/45/60 miles, 815-871-6379 or 815-979-3892  
[Invitational@BlackhawkBicycleClub.Org](mailto:Invitational@BlackhawkBicycleClub.Org)  
[www.blackhawkbicycleclub.org](http://www.blackhawkbicycleclub.org)

**May 25-26 Horsey 100**, Georgetown KY.  
 Saturday; 26/35/53/75/100, Sunday; 30/50/75,  
[www.bgcycling.org](http://www.bgcycling.org)

**May 26, Bike the Drive**, Chicago, 15/30 miles.,  
 312-427-3325 x 251, [btd10info@activetrans.org](mailto:btd10info@activetrans.org)

**May 26, Leinenkugel's Chippewa Valley Century Ride**, Chippewa Falls, WI., 35/50/75/100 miles  
[www.chippewavalleyride.us](http://www.chippewavalleyride.us)

**June 1, Birky Challenge**, Fond du Lac, WI  
 The 3rd year, honoring fallen Fond du Lac Police Officer  
 Craig Birkholz. 2 routes to choose from: 67 miles and 40  
 miles from Fond du Lac cycle through the scenic Kettle  
 Moraine Forest on a paved road  
[www.birkychallenge.com/The\\_Birky\\_Challenge/  
 Welcome.html](http://www.birkychallenge.com/The_Birky_Challenge/Welcome.html)

**June 2 Udder Century**, Donley's Wild West Town,  
 Union, IL 31/50/62/ 75/100 miles, [udder@charter.net](mailto:udder@charter.net)  
[mchenrybicycleclub.org](http://mchenrybicycleclub.org)



P. O. Box 7304  
 Buffalo Grove, Il.  
 60089-7304  
 wheeling@wheelmen.com



**We are on the web**  
**wheelmen.com**



**SAVE THE DATES**

Picnic - Sunday, July 7  
 Harmon Hundred - Sunday, Sept. 8  
 Banquet - Sunday, Nov 10



**CLUB DISCOUNTS**

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

**ALBERTO'S CYCLES**  
 661 Central,  
 Highland Park  
 847- 432-0015

**AMLINGS CYCLE & FITNESS**  
 8140 N Milwaukee Ave.  
 Niles 847-692-4240

**B&G CYCLERY**  
 131 E. Rollins Rd, Round Lake Beach,  
 847-740-0007

**BICYCLE CONNECTION OF SCHAUMBURG**  
 1226 N Roselle Rd.  
 Schaumburg  
 847-882-7728

**GEORGE GARNER CYCLERY**  
 1111 Waukegan Rd.  
 Northbrook  
 847-272-2100

**LIBERTYVILLE CYCLERY**  
 740 N. Milwaukee Ave,  
 Libertyville 847-362-6030

**MIKES BIKES**  
 155 N Northwest Hwy,  
 Palatine, 847-358-0948

**OAK PARK CYCLERY**  
 1113 Chicago Ave.  
 Oak Park 708-524-2453

**RUNNER'S HIGH & TRI**  
 121 W. Campbell,  
 Arlington Hts.,  
 847-670-9255

**SPOKES**  
 69 Danada Square E,  
 Wheaton 630/690-2050  
 1807 S. Washington, #112  
 Naperville, 630-961-8222

**TREK BICYCLE STORE – HIGHLAND PARK**  
 1925 Skokie Hwy  
 Highland Park [trekhp.com](http://trekhp.com)  
 847-433-8735

**THE CYCLERY**  
 575 Ela Road, Lake Zurich  
 847-438-9600

**VILLAGE CYCLESPORT**  
 45 Arlington Hts Rd  
 Elk Grove Village  
 847-439-3340  
 1326 N. Rand Rd.  
 Arlington Hts.  
 847-398-1650  
 203 W. Northwest Hwy  
 Barrington  
 847-382-9200

**We support:**

- \*The League of American Bicyclists
- \*The League of Illinois Bicyclists
- \*Active Transportation Alliance
- \*Buffalo Grove Bike Rodeo
- \*Bicycle Federation of Wisconsin

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,  
 1612 K Street, NW, Suite #401  
 Washington, DC 20006  
 Tel: 202-822-1333 Fax: 202-822-1334  
 E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
 Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call 800-288-BIKE