



MONTHLY MEANDERS

APRIL 2006

PREZ SEZ

By Rich Drapeau

By this time each year we have the bulk of our membership signed up and this year looks to be up from previous years. Based on year to date totals we should exceed 300 members for the first time in several years. We have been hovering around the 270-280 mark for the past few years, adding and losing about 100 members each year with the remaining 180 or so renewals from the previous year. What really gets me juiced is all of the members who have volunteered to help out with one or more club activities. That really reflects all the hard work by the board and committee chairs.

On behalf of the Wheeling Wheelmen I want to extend my gratitude

To Betsy Burtelow and Jim Boyer for keeping the membership roster, printing mailing labels, sending out renewal notices and new membership packets, welcome new members at meetings and rides, participating in just about every club activity, running a rest stop on the Harmon Hundred, and are integral parts of the board.

To Jim Boyer for the countless hours he puts in keeping our web site fresh and up to date, in addition to all the above.

To Art Cunningham for updating the rideline every week and running a rest stop at the Harmon Hundred.

To Len Geis for creating ride schedule, verifying every turn, calculating the mileage, generating maps and coordinating ride hosts for every ride.

To Joe Irons for keeping a database of every club mile rode by every club member.

To Pat Illy for providing refreshments at all the club meetings, homemade and loaded with....well I pretend its carbs.

To Frank Illy for heading up the road crew that marks the Harmon Hundred route each year.

To Kurt Schoenhoff and Velda Knorr for running a rest stop at the Harmon Hundred.

To Sheri Rosenbaum for generating outstanding publicity for the club, including several mentions in Bicycling Magazine, coordination the annual Buffalo Grove Bike Rodeo, and serving on the board.

To Jennifer Pfeifer for putting out the newsletter each month.

To Ella Shields for co-

chairing the banquet, serving on the board, and being the go to person for about a hundred other items through the year.

To Al and Cindy Schneider for putting on the picnic every year.

To Tom and Deb Wilson for all their help on the board, running the St Pats Invitational and tons of other club stuff.

To Pat Gill for serving on the board and keeping great minutes.

To Kris Woodcock for chairing the annual banquet.

To Meg Ewen and Pam Burke for helping with the banquet.

To Al Berman for keeping the club finances and serving on the board.

To Mary Kay Drapeau for chairing the Harmon Hundred, serving on the board, and making homemade pizza every Friday.

One final note. Last month's newsletter had a column on bike noises etc. Jim Langley is the source of that information and he has given us permission to use other tips from his website as well. Thank you Jim.

See you on the road

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Welcome New Members

John Cosentino
Arlington Hts, IL

Derek Lowkewicz
Sandra Costello
Hoffman Estates, IL

Eugene Pruc
Des Plaines, IL

Carol Ehrman
Lake Barrington, IL

Aushim Sarkar
Des Plaines, IL

Club Officials

Elected Officers

President
Rich Drapeau (847)808-1476
V.P./Ride Chair
Len Geis (847)679-0279
Treasurer
Al Berman (847)541-9248
Secretary
Pat Gill (773)774-4132
Membership
Betsy Burtelow & Jim Boyer (847)541-1325
Publicity Chair
Sheri Rosenbaum (847)821-7622
luv2bike80@hotmail.com

Appointed Officers

Harmon
Mary Kay Drapeau (847)808-1476
Newsletter & Mailing
Jennie Pfeifer (847)342-8823
St. Pat's Ride
Tom & Deb Wilson (847)632-1412

Chairmen

Banquet
Kris Woodcock (847)520-6932

Harmon Data Base
Jennie Pfeifer (847)342-8823

LAB
Phyllis Harmon

Mileage Statistician
Joe Irons (847)359-0551

Picnic
Al & Cindy Schneider (847)696-2356

Refreshments
Frank & Pat Illy (847)923-5910

Ride Line
Art Cunningham (847)963-8746

Web Page
Jim Boyer (847)541-1325

Ride Line
Art Cunningham (847)520-5010

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Jennie Pfeifer
 1417 E Fleming Dr N
 Arlington Hts IL 60004
 jenniepfe@aol.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Betsy or Jim with all name, address and phone number changes at (847)541-1325.

CLUB MEETING



Join us on Thursday, April 6th at 7:00 PM for our annual PIZZA Meeting. This will be our last meeting until August so don't miss it!

FOR SALE

2002 Trek 2300—low miles.

\$1000.00 or best offer

Call Dennis (847)296-4971

WHEELING WHEELMEN

YAHOO GROUP



The Wheeling Wheelmen Bicycle Club now has an active Yahoo group available on the Internet. The group works like a bulletin board and allows us to exchange e-mail with other club members without having to know everyone's individual e-mail address. You can subscribe to the group and post messages to other group members by sending an e-mail to the address below. You must subscribe to the group before you can send a message. Follow the instructions provided by Yahoo to complete your registration.

The group name is **wheelingwheelmen** and is available at: <http://groups.yahoo.com/group/wheelingwheelmen>

To Subscribe send an e-mail message to:
 wheelingwheelmen-
 subscribe@yahoogroups.com

To post a message send your message in an e-mail to:
 wheelingwheelmen@yahoogroups.com

To Unsubscribe send an e-mail message to:
 wheelingwheelmen-
 unsubscribe@yahoogroups.com

WEEKDAY RIDES

TUESDAY / THURSDAY

DEERFIELD BAKERY RIDES

Rides with 25 / 45 mile routes leave the Willow Stream Park, promptly at 9:00 A.M. These rides are normally show and go with cue sheets provided if requested. Willow Creek Park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right. Phone Art Cunningham at 963-8746 or Earle Horwitz 374-1129 for more information.

Join us at

I AM SIAM

Thai Cuisine



1 Huntington Lane, Wheeling

Sunday, March 26th
 6:00 P.M.

Great atmosphere
 Great food
 Great Service

Order off the menu
 They're in the Entertainment
 Book

Please RSVP to:

Alan Berman/Fran Green-Kelner
 aberman@sbcglobal.net
 (847)541-9248

Ride Schedule	All Riders Should	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone
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Date	Time	Ride Name	Starting Location	Directions	Miles	Ride Host
Every Saturday	8:00	Honey-Do Ride	Grassy Meadow, Douglas F.P.	On Central Rd. 1 1/2 miles west of Roselle Rd., just north of I-90	30/40/50	Brian Hale 426-3290 Frank & Pat Illy 923-5910
Sat 4/1	9:00	Loops of McHenry	McHenry Co. College	Rt. 14 one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot.	36/49	Lou Lambros 815-455-9428
Sun 4/2	9:00	Tuesday Barrington Loop	Willow Stream Park Buffalo Grove	First light north of Lake/Cook Rd & Buffalo Grove Rd., left onto Checker Rd. for 1/2 mile.	32/40	Virginia Savio 438-8066
Sun 4/2	7:00-11:30 am	Spring Forward Invitational: cost is \$12 by 3/25, \$14 later	American Legion Hall, Union, IL	I-90 west to US 20 to Coral. Turn right on Coral, left on Northrop/Main. Legion Hall is at Washington	18/31/62	Schaumburg Bike Club ridecoordinator@schaumburgbicycclub.org Or call 630-668-5204
Sat 4/8	9:00	Who Let the Dogs Out	Evergreen School, Union, IL	I-90 west to US 20 to Coral. Turn right to Northrup. Turn left to Washington. Turn right to school.	48	Jim Boyer 541-1325
Sun 4/8	9:00	Lake County Ride	Kildeer School	Old McHenry Rd, just north of Long Grove shopping district.	36	Pam Burke 630-872-9238
Sat 4/15	9:00	Lou's Commute	Lakewood Forest Preserve	West on IL 176 to Fairfield, left on Ivanhoe, right to parking on the right	42	Art Cunningham 963-8746
Sun 4/16	9:00	Back Roads of Barrington	Rose School	I-90 to IL 59 north, turn right onto Penny Rd to the school just past Bartlett Rd	39	Meg Ewen 630-540-1371
Sat 4/22	9:00	Vern's PITA	Cuba Marsh	Turn west from US-12 onto Cuba Rd; parking on the left just past Ela Rd	39/61	Kevin Moore 577-8490
Sun 4/23	9:00	Nifty Fifty	Target Store Elgin	Randall Rd. Just south of US-20. Park on SE corner of lot.	51	Al & Cindy Schneider 696-2356
Sun 4/23	9:00	Honey Lake Loop	Kildeer School	Old McHenry Rd, just north of Long Grove shopping district	35	Sheri Rosenbaum 821-7622
Sat 4/26	9:00	Ice Cream Social	McHenry Co. College	Rt 14 one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot.	51	Vince Steidl 530-7905
Sun 4/30	9:00	Island Lake Loop	Kildeer School	See above	47	Frank Illy 923-5910

Always call the ride line for any last minute changes 847/520-5010

RIDES OF A DIFFERENT FLAVOR

The sixth annual tour of local bike paths and touring trails kicks off on the first Wednesday of April. A unique ride features a different trail or combination of trails every week. All roadies are welcome to join in a Ride of a Different Flavor featuring scenery unmatched in our usual highway and byway rides. All April rides are on paved paths.

Art Cunningham

Wednesday Chicago Area Bike Path/Trail Rides

Date	Time	Miles	Path/Trail	Start	Directions	Comments
4/5	10:00	32	North Branch/Botanic Garden	Lake Street parking, Harms Woods Forest Preserve	East on Lake St., past I-294 and Waukegan Rd. to the Chicago River. Parking on the right just past the bike path overpass.	Paved Path
4/12	9:00	46	Fox River/McHenry Prairie Trail to Ringwood	East Dundee Depot	West on Dundee (Rt. 68) bear right at Barrington Ave. just past Rt. 25 to River Stl, depot on left	Paved Path
4/19	10:30	42	Chicago Lake Front Path	Foster Ave. Beach	East on Peterson off Edens, right on Ridge, bear right on Broadway to Foster, left under Lake Shore to 1st park-	Paved path. Lunch at Navy Pier.
4/26	10:00	42	Tinley Creek Forest Preserve District Paths	Lake Katherine Park, Palos Hts.	South I-294 to 95th, go east to Harlem, go right at College (IL 83) to 75th, go right to Katherine Dr. and park near the nature center	Paved path and connecting roads.

Dear Wheeling Wheelmen:

The League of Illinois Bicyclists will be holding two bike safety/education seminars this spring in Wheaton, Illinois. Please share the following information with your members.

On Sunday, April 9, we will offer Road I – a curriculum developed by the League of American Bicyclists. This all-day course teaches safe and effective cycling methods for commuters, recreational riders or anyone that is interested in becoming a better cyclist. Even those who have been cycling for years will learn something! This class is also ideal for those who attend large group rides and would like to share best practices with their group. The cost is \$40.

For those who would like to take their bike education further, on May 5 -

May 7, we will offer a League Certified Instructor (LCI) Workshop. Again, this is a curriculum developed by the League of American Bicyclists and is intended to teach the skills necessary to become an instructor. After attaining this certification, you may then go on to teach the LAB's Road I, Road II, Kids I and Kids II curricula. Becoming an LCI is a great way to help cyclists in your bike club or community. These certification seminars are only taught in a few places each year, so we are very excited to be hosting one in the Chicago area. Please note: to attend the LCI seminar, you must first have successfully completed Road I and you must be an LAB member. Cost is \$175.

Both courses include classroom instruction as well as on-the-bike instruction. Please read more about these valuable classes and certifications at

the League of American Bicyclists website at:

<http://www.bikeleague.org/programs/education/index.php>

If you would like to register or have additional questions about the courses, please contact Nicole Kemerer at Nicole@bikelib.org or at 312-342-6338. More details will also be posted shortly at www.bikelib.org.

Sincerely,

Nicole Kemerer
Education Program Manager
League of Illinois Bicyclists

phone: 312.342.6338
fax: 312.842.7458
email: nicole@bikelib.org

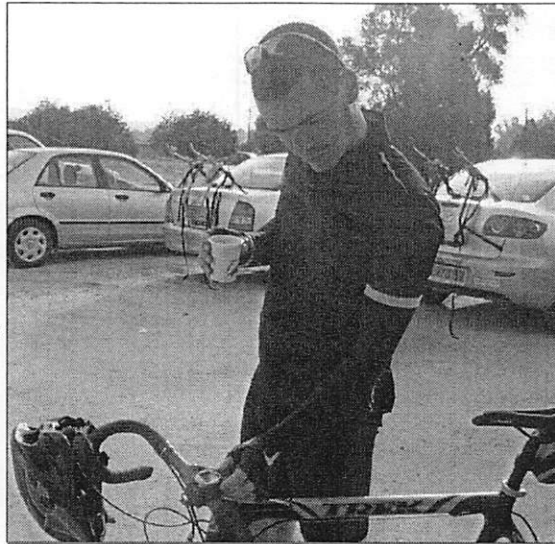
Club Guests

by Jim Boyer

The club often receives email inquiries from out of town cyclists who are traveling to Chicago for business. They review our on-line ride schedule and then ask specific questions about the rides and how to participate as guests. Last year a triathlete named Audrey from Colorado joined us on several week-night and weekend rides while her company sent her here for a few weeks for work. At one point her fiancé also rode with us while he visited. Of course, being from Colorado they were strong riders. Later in the year, a cyclist from Florida joined us for 2 weekend rides while he was here for business. His specialty was long distance brevets. On March 11th, Oren Gozlan, an Israeli engineer from Mobixell, joined us for the first Wheelmen ride of the season. Oren didn't think he'd get to ride during his trip but found out about the Wheelmen and looked into coming along for some rides. He was already planning to stock up on clothing and gear since prices are lower than at home but

finding a road bike to rent was difficult. He managed to find a Trek 1000 from a rental shop at Millennium Park in downtown Chicago. Oren is used to riding steep hills in the Golan Heights but was unprepared for our Midwestern Spring-time winds. Because Sunday is a work

day in Israel, his co-workers had him up late Saturday night so he didn't get to ride with the club on Sunday but got some miles in later in the day before returning the bike.



Oren Gozlan, back at home, checks his average speed for the day's ride.

It takes some guts to hook up with an out of town bike club. There's no way of knowing what kind of group you're getting into and if you'll be ripped up, dropped and lost or a stuck on a slow cruise. The out-of-towners who've joined our rides have been really glad they took the risk. They've all enjoyed the camaraderie of fellow cyclists while away from home and all have emailed messages of appreciation.

So, the next time your boss wants to send you out of town on business, while you're counting up the club rides you'll miss, don't forget to go online and search out some local clubs, pack your bike and gear, and its *bike voyage!*

Wheeling Wheelmen Membership Application

Name: _____ Spouse's Name: _____
 Address: _____ Children's Names: _____ Age: _____
 City, State, Zip: _____ Age: _____
 Phone #: _____ E-mail: _____

New Member? _____ Renewal? _____ L.A.B. Member? _____ Family dues: \$20 Individual dues: \$15

Membership Pledge: I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

 Applicant's Signature (parent's signature if a minor) Spouse's Signature

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



**Wheeling
Wheelmen**

P. O. Box 7304
Buffalo Grove, Il. 60089-7304

Phone: 847-520-5010
Email: wheeling@wheelmen.com

We are on the web
wheelmen.com

Club Meeting
Thursday, April 6th
7:00 PM
Wheeling High School
PIZZA MEETING!



Ella Shields
7516 W. Devon
Chicago, IL 60631

CLUB DISCOUNTS

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

ALBERTO'S CYCLES

1770 First St. Highland Park
847/446-2042

AMLINGS CYCLE & FITNESS

8140 N Milwaukee Ave., Niles
847/692-4240

BICYCLE CONNECTION OF

SCHAUMBURG 1226 N Roselle Rd.
Schaumburg, 847/882-7728

GEORGE GARNER CYCLERY

111 Waukegan Rd., Northbrook
847/272-2100

LIBERTYVILLE CYCLERY

800 N. Milwaukee Ave, Libertyville
847/362-6030

MIKES BIKES

155 N Northwest Hwy, Palatine,
847/358-0948

RUNNER'S HIGH

7 S. Dunton, Arlington Hts. 847/670-9255

SHAMROCK CYCLERY

344 Old McHenry Rd, Long Grove
847/913-9767

SPOKES, 223 Rice Square at Danada

Wheaton 630/690-2050
1807 S. Washington, Naperville
630/961-8222

THE CYCLERY

575 Ela Road, Lake Zurich,
847/438-9600

TURIN BICYCLE

1027 Davis Street, Evanston
847/864-7660

VILLAGE CYCLESPORT

63 Park & Shop, Elk Grove Village
847/439-3340
1313 N. Rand Rd, Arlington Hts.
847/398-1650

We support:

- *The League of American Bicyclists
- *The League of Illinois Bicyclists
- *The Chicagoland Bicycle Federation
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin
- * Adventure Cycling

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: (202)822-1333 Fax: (202)822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800) 288-BIKE