



MONTHLY MEANDERS

OCTOBER 2005

PREZ SEZ

Greetings fellow club members.

The 35th annual Harmon Hundred was held on September 11th. We had just under 800 participants and 60+ club members working everything from parking to collecting the signs marking the routes after everyone was off the course. I have to believe we set a heat record this year. My car thermometer registered 94 degrees by mid afternoon. We had at least two people require medical attention due to dehydration. I know we did a brisk business at the water stop this year.

With only a few exceptions every comment I heard from the riders was positive. One person was heard to say that it seemed like there was 200 Wheeling Wheelmen working, with everyone so friendly and helpful.

Special thanks to Shamrock Cycle, Village Cycle and Amlings Cycle for their support at the rest stops. Also thanks to the sag drivers. Great job by all under difficult conditions.

You wouldn't believe all the logistics involved putting this event together. Our chairperson Marykay

Drapeau did an amazing job coordinating everything. Thank you to all the members who headed up and/or worked parking, registration, route marking, rest stops, food, sag and clean up.

Speaking of food. This is what was consumed. 400 bagels, 42 loaves of bread, 46 cases of cookies, 12 packs of cream cheese, 450 gallons of Gatorade, 180 gallons of lemonade, 18 jars of jelly, 200 oranges, 40 lbs of pasta, 22 jars of peanut butter, 54 ft of sub sandwiches, 1,440 sushi, 80 lbs trail mix, 10 cases of bananas, 640 bottles of water.

The best news is we made some money to give to charitable causes as well as bicycle related issues.

This was our 35th year. Back in 1970 things were a bit different.

The world population was 3.7 billion. The US was 205 billion.

Median household income was \$8,734, unemployment 3.5%, a stamp was \$.06.

The Beatles broke up, Midnight Cowboy won best picture, Bridge over Trou-

bled Water was the top album. Marcus Welby MD the top rated TV show. Monday Night Football debuted, Kansas City won the Super Bowl, Baltimore the World Series and New York the NBA Championship.

From a personal perspective, the Vietnam "conflict" was at its peak. We just invaded Cambodia and the first Draft Lottery was held. I was in college at the time. The Lottery was a random selection to determine who would be drafted based on your birthday. My number was 232. The government started with #1 and kept going until they had enough bodies to fill their quota. I think they got to the mid 180's that year so I was spared. I remember after I graduated I had to list my Lottery number on any application I filled out for employment. No one wanted to hire you if you had a low number.

Anyway enough on that. Lots of great rides coming up.

See you on the road.

Rich Drapeau

INSIDE THIS ISSUE:

TOP 20 MILEAGE	2
WEEKDAY RIDES	2
RIDE SCHEDULE	3
TRAIL RIDES	4
NEWS FROM LIB	5
IN THE NEWS	5
DISCOUNTS	6
BALLOT	
BANQUET INVITE	

Welcome New Members

Tony Tiagonce
Buffalo Grove

Pam Arnold
Palatine

Kyle Joustra
Elgin

Chuck Friedrich
Skokie

Club Officials

Elected Officers

President

Rich Drapeau (847)808-1476

V.P./Ride Chair

Len Geis (847)679-0279

Treasurer

Al Berman (847)541-9248

Secretary

Kris Woodcock (847)520-6932

Membership

Betsy Burtelow & Jim Boyer (847)541-1325

Publicity Chair

Sheri Rosenbaum (847)821-7622

luv2bike80@hotmail.com

Appointed Officers

Harmon

Mary Kay Drapeau (847)808-1476

Newsletter & Mailing

Jennie Pfeifer (847)342-8823

St. Pat's Ride

Tom & Deb Wilson (847)632-1412

Chairmen

Banquet

Kris Woodcock (847)520-6932

Harmon Data Base

Jennie Pfeifer (847)342-8823

LAB

Phyllis Harmon

Mileage Statistician

Joe Irons (847)359-0551

Picnic

Al & Cindy Schneider (847)696-2356

Refreshments

Frank & Pat Illy (847)923-5910

Ride Line

Art Cunningham (847)963-8746

Web Page

Jim Boyer (847)541-1325

Ride Line

Art Cunningham (847)520-5010

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Jennie Pfeifer
1417 E Fleming Dr N
Arlington Hts IL 60004
jenniepfei@aol.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Betsy or Jim with all name, address and phone number changes at (847)541-1325.

Board Meeting

The next board meeting TBA

TOP 20 MILEAGE

Women

1. Reinhilde Geis 3726
2. Cindy Schneider 2698
3. Mary Kay Drapeau 2333
4. Cindy Trent 2249
5. Debbie Wilson 2053
6. Sheri Rosenbaum 1961
7. Meg Ewen 1926
8. Ella Shields 1866
9. Betsy Burtelow 1773
10. Pam Burke 1741
11. Virginia Savio 1600
12. Kris Woodcock 1556
13. Chriss Wager 1502
14. Pat Calabrese 1473
15. Mary Myslis 1320
16. Marianne Kron 1140
17. Cynthia Brown 1120
18. Pat Illy 1103
19. Barbara Barr 991
20. Meg Ryan 754

Men

1. Killian Emanuel 5496
2. Leonard Geis 4003
3. Art Cunningham 3993
4. Joe Irons 3392
5. Richard Drapeau 3197
6. Frank Illy 3130
7. Dennis Creaney 2864
8. Daniel Wiessner 2862
9. Jim Boyer 2722
10. Al Schneider 2684
11. Kevin A. Moore 2573
12. Tom Wilson 2245
13. Louis H. Greene 1911
14. C. Brian Hale 1751
15. Bob Dominski 1701
16. Brian Blome 1609
17. Dave Slocum 1594
18. Jim Flechsig 1554
19. Phil Castle 1542
20. Peter Guzik 1441

WEEKDAY RIDES

TUESDAY / THURSDAY

DEERFIELD BAKERY RIDES

Rides with 25 / 45 mile routes leave the Willow Stream Park, promptly at 9:00 A.M. These rides are normally show and go with cue sheets provided if requested. Willow Creek Park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right. Phone Art Cunningham at 963-8746 or Earle Horwitz 374-1129 for more information.

THE HILL AND DALE

WEDNESDAY EVENING RIDES

October 5th & 12th will be the last two Wednesday evening rides scheduled for this year.

Rides of 25 to 32 miles are scheduled to leave the Grassy Meadow parking lot in the Paul Douglas Forest Preserve at 5:30 pm. Cue sheets are provided. To reach the forest preserve go west on Central rd., off Roselle Rd, just north of I-90. Go approximately 1 1/2 miles and turn right into the parking lot. Call Frank or Pat Illy at 923-5910 for further details. A blinker taillight is highly recommended.

October Club Meeting



The meeting will be on Thursday, October 6th at 7:00 p.m. at Wheeling High School in room 102. The high school is located on the north side of Hintz Road just west of Elmhurst Road (83) in Wheeling.

Kevin Moore will share pictures and stories from a Colorado trip he took in June. We will also recap this years Harmon.

Everyone is invited to come!

Ride Schedule	All Riders Should	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone
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Date	Time	Ride Name	Starting Location	Directions	Miles	Ride Host
Every Saturday	8:00	Honey-Do Ride	Grassy Meadow, Douglas F.P.	On Central Rd 1 1/2 miles west of Roselle Rd, just north of I-90	30/38/54	Frank Illy 923-5910 (Brian Hale)
Saturday 10/01	9:00	Chicago Lakefront Path	Foster Ave. Beach	East on Peterson off Edens, right on Ridge, bear right on Broadway to Foster, left under Lake Shore to 1st parking lot on left.	48	Art Cunningham 963-8746
Sunday 10/02	9:00	Broken Oar	Kildeer School (AppleFest)	Old McHenry Road, north of Long Grove Shopping District	44	Kris Woodcock 253-9288
Saturday 10/08	9:00	Fall Foliage Weekend Excursion (invitational)	Military Ridge State Trail parking lot in Mt. Horeb, WI	About 150 miles from Buffalo Grove. Take I-90 west to exit 142A in Madison onto 18 west for 25 miles then 151 business into Mt Horeb. See below.	60 (hilly)	Rich Drapeau 808-1476
Sunday 10/09	9:00	Fall Foliage (see above)	Mt. Horeb, WI	See above. Hotel accommodations at Karakahl Inn (888)621-1884	60 (hilly)	Rich Drapeau
Sunday 10/09	9:00	Vern's PITA	Cuba Marsh	Turn west from US-12 onto Cuba Rd; parking on the left just past Ela Rd	39/61	Meg Ewen (630)540-1371
Saturday 10/15	9:00	Triple Deerpass	Evergreen School Union, IL	I-90 west to US 20 to Coral. Turn right to Northrup. Turn left to Washington. Turn right to school.	66	Killian Emanuel 296-7874
Sunday 10/16	9:00	EFHOB	Rose School	I-90 to Rt. 59 North, turn right on Penney Rd to the school just past Bartlett Rd.	44	Meg Ewen (630)540-1371
Saturday 10/22	9:00	Ride to Fontana	McHenry Co. College	Rt 14 one past Rt. 176 in Crystal Lake. Meet in the north parking lot	71	Mary Myslis 816-1640
Sunday 10/23	9:00	Mystery Miles	Kildeer School	See above	37	Brian Hale 426-3290
Saturday 10/29	9:00	Who Let the Dogs Out?	Evergreen School Union, IL	See above	48	Dan Wiessner 540-9118
Sunday 10/30	10:00	Apple Cider Ride	Kildeer School	See above	36	Joe Irons 359-0551

Always call the ride line for any last minute changes 847/520-5010

RIDES OF A DIFFERENT FLAVOR

***approved for narrow tires **wide tires recommended *wide tires required

Bring snacks and plenty of water to drink.

Wednesday Chicago Area Bike Path/Trail Rides—October 2005						
Date	Time	Miles	Path/Trail	Start	Directions	Comments
10/5	9:00	50	Prairie/Fox Triangle Ride	Kline Farm, Winfield	From North Ave., Left (south) at Country Farm Rd., 3/4 mile., lot on right.	Packed crushed stone, some paved NEW
10/12	9:00	40	Trails of Naperville	Roy C. Blackwell F.P. Warrenville (Mack Rd. entrance)	Go east on I-90 to IL-59; go south to Mack Rd; go left 1/5 mile to parking on left.	Crushed stone/paved paths & connecting streets.
10/19	9:00	55	White River Trail Ride to Wind Lake	Lyons, WI	Go north on I-94 to WI-50; go left to South/Lyons Rd to Lyons; park near Jenies Store	Crushed stone path and connecting roads
10-26	9:00	50	Des Plaines/McClory Lake County Loop	Parking Lot D, Old School Forest Preserve	IL 176 to St. Mary's Rd.; south to Forest Preserve on the left. Park in shelter D lot.	Packed crushed stone, paved ***

Club Awards \$50 Primes to Elite Cyclists

As part of the effort to promote the Harmon Hundred and the Wheeling Wheelmen Bicycle Club, the club again this year contributed a \$50 prime to both the Women's and Men's Elite Criterium Championship races in Downers Grove. Held this year on Saturday and Sunday, August 20th and 21st, the races are very popular with many Wheelmen members. The race announcers do a fine job of promoting the Harmon to the crowds and we as a club get to further our bicycle advocacy work in the areas of bike trails, share the road initiatives, and elite amateur racing.



Lara Kroepsch with Wheeling Wheelmen club members

T-Mobile ride, Lara Kroepsch, won the prime during the Elite Women's Championship race in which she finished in 19th place. Lara also finished first in the USCF International Women's Open on Saturday.

The prime for the Men's Elite Championship was won by Mark Heckman from Savage Hill Cycling club in Rural Hall, NC. Mark went on to finish in 10th place. We couldn't find Mark after the race to get a picture.

News from the League of Illinois Bicyclists (www.bikelib.org)

Federal Transportation Bill Passes

Bike funding, policies strengthened

On July 29, Congress passed the long-awaited SAFETEA-LU bill, outlining federal transportation spending for the next 5 years. Like the two previous multi-year bills, SAFETEA-LU benefits bicyclists through dedicated funding sources and favorable policies. This has acted as a top-down catalyst in getting more towns to plan and build for cycling.

LIB joined with other bike advocacy groups around the country to ensure that bike provisions fared well. Some highlights:

- Transportation Enhancements funding increases to \$3.25 Billion (or more) over five years. TE is the main funding source for bike projects – about half of its dollars have historically gone to bike/pedestrian improvements. For Illinois, this means \$15+ Million/year at an 80% federal, 20% local match.
- A new Safe Routes to School program is funded at \$612M over five years – about \$5M/year in Illinois. 70-90% of this would go to infrastructure improvements near primary and middle schools, the rest to education and promotion.
- Recreational Trails Program jumps to \$370M. This brings \$3M/year to Illinois for both non-motorized and motorized trails.
- The "CMAQ" category increases to \$8.6B. In Illinois, only the Chicago and St. Louis regions are eligible. Some CMAQ funds are used for bike projects and programs (Chicagoland averages \$4-

5M/year), with an 80/20 match.

- Unfortunately, a "Complete Streets" amendment was not included, to strengthen existing (but largely ineffective) language that bikes and pedestrians "shall be considered" in new and reconstruction road projects. However, a Senate vote helped raise the issue for the future, and LIB is working on a state Complete Streets bill.

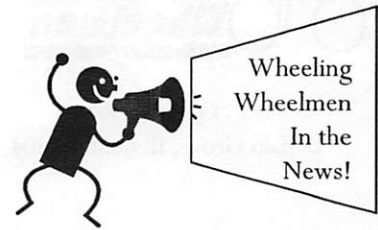
In addition, the bill included at least 25 specific bike/pedestrian projects for more than \$10M. LIB was directly involved with several and even organized the coalition requests for:

- A 15-mile trail closing the gap between the I&M (LaSalle) and Hennepin (Bureau) Canal Trails - \$800K for Stage 1
- (With CBF) Trail segments closing the gaps between the Old Plank Road Trail (Park Forest) and Burnham Greenway Trail (Chicago) - \$1.036M for Stage 1
- An 8-mile extension of the Willow Creek Trail from Loves Park/Rockford to the Long Prairie Trail (Caledonia) - \$160K for engineering

Three years of effort and lobbying trips to Washington paid off. Serious attempts to weaken or kill bike provisions failed – in fact, most of our policies were strengthened.

LIB would like to thank Illinois cyclists who helped. Contact LIB (630-978-0583) for help in advocating your town to use these funding sources and policies.

Support LIB's efforts to improve Illinois bicycling: www.bikelib.org/join



In October's issue of *Bicycling* magazine our very own Bakery Rides were featured!

The article titled "Bikes on the Loose—great club rides and how to join in" highlighted our weekly Bakery Rides!

Who knew how great those rides are? We did!



- No club meetings in November and December
- The Holiday Party will be at the Illy's on Sunday 12/11/05. More details in next month's newsletter.
- January meeting will have reps from LIB and CBF to accept the donation from our club and they will talk about what their organizations have done in 2005 and plans for 2006
- February will feature Matt Mason who completed the Race Across America as part of a two man team and will share his experiences with us.



P. O. Box 7304
Buffalo Grove, Il. 60089-7304

Phone: 847-520-5010
Email: wheeling@wheelmen.com

We are on the web
wheelmen.com

Club Meeting
October 6



Ella Shields #125

Michael Ortmanns #320
7516 W. Devon
Chicago, IL 60631

CLUB DISCOUNTS

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

ALBERTO'S CYCLES

1770 First St. Highland Park
847/446-2042

AMLINGS CYCLE & FITNESS

8140 N Milwaukee Ave., Niles
847/692-4240

BICYCLE CONNECTION OF

SCHAUMBURG 1226 N Roselle Rd.
Schaumburg, 847/882-7728

GEORGE GARNER CYCLERY

111 Waukegan Rd., Northbrook
847/272-2100

LIBERTYVILLE CYCLERY

800 N. Milwaukee Ave, Libertyville
847/362-6030

MIKES BIKES

155 N Northwest Hwy, Palatine,
847/358-0948

RUNNER'S HIGH

7 S. Dunton, Arlington Hts. 847/670-9255

SHAMROCK CYCLERY

344 Old McHenry Rd, Long Grove
847/913-9767

SPOKES, 223 Rice Square at Danada

Wheaton 630/690-2050
1807 S. Washington, Naperville
630/961-8222

THE CYCLERY

575 Ela Road, Lake Zurich,
847/438-9600

TURIN BICYCLE

1027 Davis Street, Evanston
847/864-7660

VILLAGE CYCLES/SPORT

63 Park & Shop, Elk Grove Village
847/439-3340
1313 N. Rand Rd, Arlington Hts.
847/398-1650

We support:

- *The League of American Bicyclists
- *The League of Illinois Bicyclists
- *The Chicagoland Bicycle Federation
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin
- * Adventure Cycling

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: (202)822-1333 Fax: (202)822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800) 288-BIKE