

## PREZ SEZ RIDE CHAIR

Greetings fellow club members. Just a quick reminder that the next club meeting is Thursday February 21 at 7:00 pm. The location is Wheeling High School. Len Geis will present a slide show on his bike trip to New Zealand. We will also finalize plans for the St Pat's ride. We can use more baked goods and a few more volunteers. Contact Marykay Drapeau at 847/541-1020 or Ella Shields at 773/594-1755 for more information.

Jim Boyer and yours truly will be hosting a Tuesday night ride starting after daylight savings time. We are planning a 6:00 pm start and 20-35 mile routes. I'll let you know the locations after we get the routes laid out.

This month's get to know you column features long time club members from Libertyville. Judy and Ron Hattendorf have been club members since 1990. Judy used her Schwinn for running errands for their 4 children and going on excursions with family members. Ron caught the bug shortly after. His first bike was a Schwinn Le-Tour. Judy treated herself to a Trek 2300 on one of her birthdays and has her eye on a new Trek. Ron upgraded to a Cannondale that he purchased at the Hilly Hundred several years ago. If you have not done this ride I highly recommend it. It's two days late in October in Bloomington, In.

Judy and Ron have traveled to all areas of the country for bike trips. One of the most memorable was a trip through Maine up into Canada. They served as co-chair for the Harmon Hundred in 92' and 93' and are a great help on all our invitationals. Ron has been a painter for over 40 years working with many of the top designers in the area. Judy is an RN at a local hospital. They have 4 children and 4 grandchildren.

Peace and be safe. Adios for now.  
*Rich*

It seems like I always have the same snowy view from my window as I write copy for the March Meander. However, a thaw makes me wonder if the roads will be suitable for tomorrows Thursday Bakery ride. There have been a lot of days in December and January with agreeable riding conditions. This has brought out those cold-resistant cyclists to enjoy a good winter ride. On many days there are ten or twelve riders. Several have logged 300 to 400 miles each of these months. There was one Saturday in January that the temperature pushed 60 deg. 21 riders showed up including surprise appearances from such warm weather types as Jim Boyer, Betsey Burtelow, Ella Shields and Al Schneider. Of course there is the other side of the coin. Tom Wilson and I challenged a Saturday with a forecasted cold front arriving in the afternoon. It arrived early. Tom and I had the rare experience of biking in a snow shower.

Now is the time to think conditioning. Those who have taken advantage of the unusual number of days we have had for winter rides are a leg up. All of us can keep in shape by signing up for spinning or power biking classes. Many others put their bikes on rollers and work out at home. Paul Koenig, Greg Iverson and Bob Savio work out regularly at home on their bikes with more elaborate electronic training systems. Regular sessions on an upright exercise bike will also condition those cycling muscles. Doing intervals of standing and seated high resistance with lower resistance recovery periods is the best routine. The best way to get

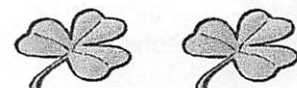
in condition is to never get out of condition. This will get you ready for the biking season and pay dividends to your cardio-vascular system.

The official club season starts with the St. Pat's ride on the 17<sup>th</sup> of the month. As you can see, the March Ride Schedule starts the season with rides of modest difficulty. During April and May the rides gradually get longer and more challenging. These rides will be easy for the members who have stayed in shape. But you people who have had an inactive winter and allowed your condition to plunge to zero level may find these rides challenging. We are trying to be kind to you. Persevere and you will be ready for the more challenging May rides. Still persevere and you will be ready for the Memorial Day weekend rides from Glacial Hills Park that Paul Koenig will be hosting this year. Those hills in the North Kettle Moraine area will be a piece of cake for you. I hope many of you will be able to fit this into your schedule.

Another evening ride will be added to the schedule on Tuesdays starting from the Buffalo Creek Forest Preserve. Jim Boyer and Rich Drapeau will be hosting the Creek Rides. All of the Wauconda Orchard rides are being re-cued to start at the Lakewood Forest Preserve.

We have a very ambitious riding season planned in the tradition of the Wheeling Wheelmen. I hope to see most of you joining us on the open road.

Art Cunningham



## Club Officials

### Elected Officers

<b>President</b>	
Rich Drapeau	(847)808-1476
<b>V.P./Ride Chair</b>	
Art Cunningham	(847)963-8746
<b>Treasurer</b>	
Al Berman	(847)4541-9248
<b>Secretary</b>	
Kris Woodcock	(847)520-6932
<b>Membership</b>	
Betsy Burtelow & Jim Boyer	(847)541-1325
<b>Safety</b>	
Barry Cohen	(847)459-7640

### Appointed Officers

<b>Newsletter</b>	
Ella Shields	(773)594-1755
E-mail:	Shieldsbike@aol.com
<b>Harmon</b>	
Mary Kay Drapeau	(847)808-1476
<b>Chairmen</b>	
<b>Banquet</b>	
Ella Shields	(773)594-1755
<b>Harmon Data Base</b>	
Jennie Pfeifer	(847)342-8823
<b>LAB</b>	
Phyllis Harmon	(847)537-1268
<b>Mileage Statistician</b>	
Art Cunningham	(847)963-8746
<b>Newsletter Mailings</b>	
Ella Shields	(773)594-1755
<b>Picnic</b>	
Al & Cindy Schneider	(847)696-2356
<b>Refreshments</b>	
Frank & Pat Illy	(847)923-5910
<b>St. Pat's Ride</b>	
Mary Kay Drapeau	(847)808-1476
<b>Web Page</b>	
Bill Bergeron	(847)658-5159

### Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields  
7516 W. Devon Ave.  
Chicago, IL. 60631  
Shieldsbike@aol.com

(Please include your name and phone number in case I have a question)

### Moving?



Don't miss an issue of Monthly Meanders!! Call Betsy or Jim with all name, address and phone number changes at (847)541-1325.

## Board Meeting

The next board meeting will be held on March 14 , 7:00 pm at the home of Rich & Mary Kay Drapeau.

All board members are requested to attend. Please give Rich or Mary Kay a call at 847/808-1476 and let them know if you will be attending.

### May 2002 National Bicycle Month

Attention all bicycle enthusiast. Help celebrate National Bicycle Month with a limited edition license plate for your car. The plates are approved by the Secretary of State's office and may be displayed instead of your regular plate during the months of April and May. The plates are numbered from 1 to 200 and issued on a first-come-first-served basis with priority given to those who ordered plates last year. The cost is \$25 and can be ordered through LIB. An order form can be obtained at the LIB web site [www.bikelib.org/](http://www.bikelib.org/) or by e-mail from Laura Sanborn: [lmsanborn@attbi.com](mailto:lmsanborn@attbi.com). For additional information you can contact Laura at the same e-mail address or 630-462-5427.

### WELCOME NEW MEMBERS



Elisa Spain Chicago  
Carl Jester, Wheeling  
Diane Creed, Oak Forest  
Debbie Wilson, Mt. Prospect  
Patricia McDaniel, Glendale Heights  
Eva Hyndman Prospect Heights

### WINTER RIDES

**TUESDAY / THURSDAY & SATURDAY** March 2, 9, 16  
**DEERFIELD BAKERY RIDES**

Rides with 30 / 40 mile routes leave the Deerfield Bakery promptly at **10:00 AM** weather permitting. These rides are normally show and go with cue sheets provided if requested. The Deerfield Bakery is on Buffalo Grove Road & Old Checker Rd. just north of Lake Cook Rd. parking at the rear of the Chicago Jewish Funerals Chapel. Phone Bob Savio at 438-8066 or Art Cunningham at 963-8746 for more information.

### CLUB MEETING

There will not be a meeting in March. The next meeting will be Thursday, April 4, 2002 at Wheeling H.S.



Don't forget to take your membership card out of the envelope before you throw it away.



Larry and Valerie Stern celebrated the birth of their first child, Jason Samuel, on Sunday, January 20, 2002.

Jason weighed 6 lbs, 11 oz and measured 20 inches long.





**LET'S GET OUT THERE!**

It's time to pump up the tires, lube the chain and derailleurs, dust off the saddle and wait for a day above freezing. Hasn't been much of a wait this winter. I'm sure there are a few hearty souls who haven't missed a week through January without a ride.

Of course, this /S Chicago, where we could see a foot of snow in April. Safe biking this time of year requires a healthy dose of respect for the potentially dangerous cycling conditions that can suddenly present themselves.

**Icy, Slippery Roads (and Paths)** can jump out at you suddenly as temperatures drop in the shade. An innocent puddle or loose road salt can put you down really fast. Few of us have the skills to handle riding on ice. There's really no alternative to a constant awareness of the conditions in your path. Be prepared to stop and walk across a hazardous area.

**Poor Visibility and Shorter Days** make it harder for drivers to see you. Salt encrusted, streaky windshields can make you invisible. So be as conspicuous as possible with a strobe light, bright colors, reflectors, etc. Be especially careful when you're riding into the sun; the glare can blind drivers to your presence.

**Don't Forget the Basics.**

- Always wear a Helmet.
- Signal Your Intentions.
- Obey Traffic Signs and Signals.
- Act like a Motor Vehicle.
- Ride Predictably.

**Barry**

**ST PAT'S RIDE**

Sunday, March 17, is the day of Chicago's first invitational ride of the season, our own St. Pat's ride. It is scheduled at our new location, Wauconda High School, 555 N. Main St., Wauconda, Il., with registration between 8:00 and 10:30 am. The cafeteria will be open to us for serving our usual homemade cookies along with hot coffee and cider.

We need your help! The success of the ride depends on you! Jobs to be filled are:

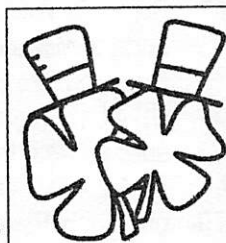
**Road Marking:** The roads need to be marked a week before the ride.

**Registration:** Registrar's should plan on setting up the desk by 7:30.

**Parking:** Attendants should be on duty at 7:30

**Food:** Service will be open from 8:00 to 1:00. We will have an early shift from 8:00-11:00 and a late shift from 11:00 to 1:00. The refreshment area was very popular as the social and warming area last year and quite crowded from 10:00-12:00.

**Cookies:** Donations of cookies—about 8 dozen each are appreciated and go over really great. We need at least 8 donations.



*Don't miss the St. Patrick's Day Ride - join the fun and volunteer your help!*

Please plan to offer your help and join the fun. Choose a job or better yet ask how you can help.

Contact Mary Kay Drapeau at (847) 808-1476, e-mail [mkdrapea@hewitt.com](mailto:mkdrapea@hewitt.com) or Ella Shields at 773/594-1755, e-mail [Shieldsbike@aol.com](mailto:Shieldsbike@aol.com)

**ASK DEE RAILLEUR OR DR. S.P. OKES**



**Dear Dee Railleur:**  
I hear your club has a great St. Patrick's Day ride, what's so great about it?

**Ernie Keebler**

You mean beside the well-marked routes, sag support, really nice volunteers and new location? Without a doubt it's the homemade cookies and apple cider they serve. You should not miss it.

**Dear Dr. S.P. Okes:**  
This is my first time riding with a club, anything special I need to know before that first big ride?

**A Newbie**

Yes there are a few important things to keep in mind:

1. Have your bike tuned up before the season starts.
2. Don't bite off more than you can

chew. Don't plan on doing a 50-mile ride the first time out if you've never done it before. You need to work up to the higher miles.

3. Show up to the ride at least 20-30 minutes before departure time. This gives you time to get your gear and bike ready. The club leaves promptly at the designated time.
4. Bring filled water bottles; some of our starting points may not have facilities. Have some money for the rest stops. We usually have at least one stop on the shorter rides and several on our longer rides.
5. Bring a spare tube, pump and the tools to repair a flat.
6. Carry personal identification, including information which might be needed in case of emergency.
7. SHOW UP AND HAVE FUN!!!

If you have a bicycling related question for Dee Railleur or Dr. S. P. Okes, e-mail it to the editor and it will be answered in a future column.

**MEMORIAL DAY WEEKEND  
(May 25-27)  
GERMANTOWN-WEST  
BEND**

The Wheeling Wheelmen are planning a three-day holiday weekend to the Germantown/West Bend area of Wisconsin. This area of lakes and hills can provide excellent preparation for those who are planning to ride multi-day events such as TOMRV, GRABAAWR, and RAGBRAI. Saturday will be Ella's Escapade, which will have 73 and 105-mile options; Sunday will be Bill & Mike's Excellent Adventure, a 79-mile ride; and Monday will be the Road America Rumble (West Bend-Elkhart Lake) with 52 and 102 mile options.

Saturday and Sunday rides will start at 9:00 AM and leave from Glacier Hills County Park. Directions: I-94 north to

Milwaukee; West (from left lanes) on 894 Bypass; 894 becomes US 41/45; West on Wisconsin 167; Left on Fries Lake Road at the sign for Glacier Hills County Park; Left on Glacier Hills Park Road for 0.4 mile to the parking lot adjacent to the warming house.

Monday's ride will start at 9:00 AM and leave from Barton Elementary School in West Bend. Directions: I-94 north to Milwaukee; West (from left lanes) on 894 Bypass; 894 becomes US 41/45; Right on US 45 at 41/45 split; at West Bend, Exit County N right for 1.2 miles; left on Roosevelt; straight on School Place; Barton School is on the left.

If you can't make it for the whole weekend come on up for a day. We will be staying at the Super 8 in Germantown, WI (262)-255-0880. We will have group dinners on Saturday and Sunday

nights if people are interested. Please let me know if you will be joining us for the weekend so I can plan for cue sheets and dinner reservations. A list of area accommodations is provided below for your convenience. If you have questions or need more information you may contact me at:

Paul Koenig  
(630)-690-9546, kestrelkid@aol.com

**ACCOMMODATIONS:**  
**GERMANTOWN:**  
Super 8 (262)-255-0880,  
Holiday Inn Express (262)-255-1100,  
AmericInn (262)-505-9750

**WEST BEND:**  
Super 8 (262)-335-6788,  
AmericInn (262)-334-0307

**GALENA-NEW GLARUS-GALENA  
JUNE 22-23**

Club members are invited to participate in a very challenging two-day ride through the scenic hills of southwestern Wisconsin. This weekend is ideal preparation for club members planning to ride GRABAAWR or RAGBRAI. We will leave from Galena High School on Saturday at 6:00 AM and ride 113 miles to New Glarus where we will stay overnight. On Sunday we will return to Galena by a different 93-mile route.

**PREPARATION:** These are very hilly courses. The longest climb is about a mile (up Franklin Street back to the high school at the end of the second day), but there are a lot of hills in the 0.2-0.5 range and some of them are steep. Riders should be comfortable with frequent changes of pace. It's recommended that participants should have completed a number of the early season centuries on the ride schedule that have some rollers; a weekend with back to back long rides (such as Germantown or Middleton) and a ride with more substantial hills (Monroe

or Middleton).

**ACCOMMODATIONS:** Most Galena hotels require a two-night stay during the peak season, so I generally stay in Dubuque. I've listed hotels and contacts for both Galena and Dubuque. Since the number of rooms available in New Glarus is limited, particularly those riders who wish to stay at the Chalet Landhaus (which has added a new wing with an indoor pool) should make reservations immediately.

**DINNERS:** If riders arrive early enough on Friday evening a Galena pre-ride dinner can be arranged. Dinner in New Glarus will be at either the Chalet Landhaus or the Glarner Stube.

**POST RIDE SHOWERS:** Before leaving for home after returning to Galena, riders may wish to get a shower at the Alice T. Virtue Swimming Pool & Water Park. The cost for adult admission is \$3.75. The pool is located just outside the downtown area on Stagecoach Trail.

**HELP:** As with other club events, some help is required to bring this off specifically, transporting rider luggage. If there are members who would like to do

the ride as a team, splitting the riding each day and driving a support vehicle, please contact me. Similarly, any rider whose spouse would be willing to drive a support vehicle should contact me.

Members interested in participating may contact me for more information at:  
Paul Koenig  
(630)-690-9546, kestrelkid@aol.com

**ACCOMMODATIONS:**  
**GALENA:** Stoney Creek Inn (800)-659-2220 www.stoneycreekinn.com  
Accommodations & Reservations: A Free Service for the Galena Area (815)-777-8400  
www.galenalodging.com  
**DUBUQUE:** Best Western Midway (319)-557-8000, Best Western Dubuque Inn (319)-556-7760  
Super 8 (563)-582-8898  
Fairfield Inn (319)-588-2349  
Comfort Inn (563)-556-3006  
**NEW GLARUS:** Chalet Landhaus (800)-944-1716,  
Swissaire (800)-798-4391



## 2001 WHEELING WHEELMEN RIDE SCHEDULE

DAY / TIME	RIDE	MILES	START	LEADER
<b>MARCH</b>				
Sun. 3-18	St. Pat's Day – member's ride	17/35	Wauconda Orchards	Art Cunningham
Sat. 3-24	Loops Through McHenry	35	McHenry County College	
Sun. 3-25	Lou's Commute	32	Wauconda Orchards	
Sat. 3-31	Apple Cider	37	Kildeer School	
<b>APRIL</b>				
Sun. 4-1 9:00	Hills & Horses	36	Penny Road Forest Preserve	Frank Illy
Sat. 4-7 9:00	B.D.S.R.	40	Kildeer School	Verne Aebli
Sun. 4-8	Show & Go	35/49	McHenry County College	
Sat. 4-14 9:00	Broken Oar	34	Kildeer School	Brian Hale
Sun. 4-15 9:00	Honey Lake Loop	35	Kildeer School	Art Cunningham
Sat. 4-21 9:00	Hills & Horses	36	Penny Road Forest Preserve	Brian Hale
Sun. 4-22	Lake County Ride	35	Kildeer School	
Sat. 4-28 9:00	Back Roads of Barrington	36	Penny Road Forest Preserve	Betsy Burtelow
Sun. 4-29 9:00	Barrington Loop	37	Kildeer School	Art Cunningham
<b>MAY</b>				
Sat. 5-5	Ice Cream Social	53	McHenry County College	
Sat. 5/12/19/26	Honey-Do Ride 8 am starts	28/40	Douglas Forest Preserve	Frank & Pat Illy
Sun. 5-6 9:00	Nifty 50	50	Target Store, Elgin	Al & Cindy
9:00	Apple Cider	35	Kildeer School	Bob & Virginia
Sat. 5-12 9:00	Run from the Dogs	35/48	McHenry County College	Pam Burke
Sun. 5-13	Tour of Kettle Moraine	30/60	La Grange, WI	
	Lou's Commute	40	Wauconda Orchard	
Sat. 5-19	Paris School Ride	37/54	Paris, WI	
Sun. 5-20 9:00	Wall to Wall	80/110	Fellows Park, Genoa City	Al & Cindy
	Some Hills of Barrington	38	Kildeer School	
Sat. 5-26 9:00	Bill & Mike's Adventure	70	Glacial Hills Park, WI.	Mike & Ella
Sun. 5-27 9:00	Ella's Escapade	70	Glacial Hills Park, WI.	Mike & Ella
	St. Pat's Loops	33	Wauconda Orchards	
Mon. 5-28 9:00	Menomonee Falls Meander	n. a.	Glacial Hills Area	Mike & Ella
9:00	Hills & Horses	36	Penny Road Forest Preserve	Kris Woodcock
<b>JUNE</b>				
Sat. 6-2 9:00	Another Day Another Way	75/100	Evergreen School, Union	Al & Cindy
Sat. 2/9/16/23/30	Honey-Do Ride 8 am starts	28/50	Douglas Forest Preserve	Frank & Pat Illy
Sun. 6-3 9:00	Verne's PITA	60	Cuba Marsh	Verne Aebli
9:00	Hills & Horses	36	Penny Road Forest Preserve	Ron Teeple
Sat. 6-9 9:00	Antioch-Twin Lakes	60/100	Antioch Middle School	Al & Cindy
Sun. 6-10	Wauconda-Twin Lakes	55/72	Wauconda Orchards	
	Wauconda-Bull Valley	32/40	Wauconda Orchards	
Sat. 6-16	Rock Cut State Park	90	Evergreen School, Union	
Sun. 6-17 9:00	Tour of McHenry	64	Evergreen School, Union	Bill Bergeron
	Some Hills of Barrington	38	Kildeer School	
Sat. 6-23 9:00	Columbia Co. Meander	100/65	Lakeview Park, Middleton	Art Cunningham
Sun. 6-24 8:00	Devils Lake Dive	90/70	Lakeview Park, Middleton	Art Cunningham
9:00	Apple Cider	37	Kildeer School	Kris Woodcock
Sat. 6-30 8:00	Sycamore Scamper	82	McHenry County College	Art Cunningham
<b>JULY</b>				
Sun. 7-1 9:00	Twisted 60/80	60/80	Antioch Middle School	Pam Burke
	Back Roads of Barrington	36	Penny Road Forest Preserve	
Wed. 7-4 9:00	LaGrange/Sullivan	75/100	General Store, LaGrange	Brian Hale
	Some Hills of Barrington	38	Kildeer School	
Sat. 7-7	Palmyra/Rome Pond	70/100	LaGrange Gen. Store, WI.	
Sat. 7/14/21/28	Honey-Do Ride 8 am starts	28/50	Douglas Forest Preserve	Frank & Pat Illy
Sun. 7/8	Picnic	25/30	Old School Forest Preserve	

Note: Highlighted excursion rides



## 2001 WHEELING WHEELMEN RIDE SCHEDULE

DAY / TIME	RIDE	MILES	START	LEADER
Sat. 7-14 9:00	Bastille Day	100	Paris School, WI.	Al & Cindy
Sun. 7-15	Beloit/New Glarus	90/125	Super 8, Beloit, WI.	
	B.D.S.R.	40	Kildeer School	Betsy Burtelow
Sat. 7-21 9:00	Cedarburg/Jackson	76	Covered Bridge Park, WI.	Bob & Virginia Savio
Sun. 7-22 9:00	Cedarburg/Campbellsport	66/100	Covered Bridge Park, WI.	Al & Cindy
	Barrington Loop	37	Kildeer School	
Sat. 7-28	Tour of Cow Country	63/77	Sharon, WI.	
Sun. 7-29	Ride to Big Rock	65/90	Rutland Forest Preserve	
	Island Lake Loop	47	Kildeer School	
<b>AUG.</b>				
Sat. 8-4	Rock Cut State Park	90	Evergreen School, Union	
Sat. 4/11/18/25	Honey-Do Ride 8 am starts	28/50	Douglas Forest Preserve	Frank & Pat Illy
Sun. 8-5 9:00	Another Day Another Way	68/106	Evergreen School, Union	Pam Burke
	Covered Bridges	43	Kildeer School	
Sat. 8-11	Rural Wisconsin	60/95	Lyons, WI	
Sun. 8-12 8:00	Beloit Express	75/120	McHenry County College	Bill Bergeron
	9:00 Wauconda/Bull Valley	35/48	Wauconda Orchards	Kris Woodcock
Sat. 8-18 9:00	Wheeled Wanderlust	80	McNair Jr. High, Winnibago, IL	Art Cunningham
Sun. 8-19	Ogle Odyssey	85/98	Meridian Jr. High, Stillman Valley, IL	
	Back Roads of Barrington	36	Penny Road Forest Preserve	
Sat. 8-25	Ride to Big Rock	65/90	Rutland Forest Preserve	
Sun. 8-26 9:00	Root Beer Ride	50/75/100	McHenry County College	Al & Cindy
	Honey Lake Loop	37	Kildeer School	
<b>SEPT.</b>				
Sat. 9-1	Antioch-Lyons	83	Antioch Middle School	
Sat. 1/8/15/22/29	Honey-Do Ride 8 am starts	28/50	Douglas Forest Preserve	Frank & Pat Illy
Sun. 9-2 9:00	Loops of Burlington	64/100	Eagle Lake Park, WI.	Al & Cindy
	Lou's Commute	40	Wauconda Orchard	
Mon. 9-3	Harmon Members Pre-Ride	35/65/100	Wilmot Mt. Bike & Skate Park	
Sat. 9-8	Binnie Woods	65	Binnie Woods	
Sun. 9-9	HARMON 100		Everyone works	
Sat. 9-15 9:00	La Grange/Sullivan	75/100	La Grange Gen. Store	Al & Cindy
Sun. 9-16 9:00	Rural Wisconsin		LaGrange, WI.	Al & Cindy
	Back Roads of Barrington	36	Penny Road Forest Preserve	
Sat. 9-22	Spring into WI.	48/62	David Park, Zion	
Sun. 9-23	Antioch-Lyons-Delevan	65/100	Antioch Middle School	
	Honey Lake Loop	37	Kildeer School	
Sat. 9-29	Twisted Miles	60/100	Antioch Middle School	
Sun. 9-30	Sycamore Scamper	85	McHenry Co. College	
	Honey Lake Loop	37	Kildeer School	
<b>OCT.</b>				
Sat. 10-6	Bull Valley	35/48	Wauconda Orchards	
Sat. 6/13/20/27	Honey-Do Ride 8 am starts	28/50	Douglas Forest Preserve	Frank & Pat Illy
Sun. 10-7 9:00	Triple L	75	Lyons, WI	Al & Cindy
	Mystery Miles	35	Kildeer School	
Sat. 10/13	Montello Ride #1	n. a.	Montello, WI.	Mike & Ella
Sun. 10-14	Montello Ride #2	n. a.	Montello, WI.	Mike & Ella
Sat. 10-20	Ride to Fontana	75	McHenry College	
Sun. 10-21	B.D.S.R.	40	Kildeer School	
Sat. 10-27	Bull Valley	35/48	Wauconda Orchards	
Sun. 10-28	47 West of 47	47	Marengo High School	

Note: Highlighted excursion rides



Sun. 7-14		Club Picnic	25/40	Old School Forest Preserve	Cindy & Al Schneider
Sat. 7-20	9:00	Bastille Day	60/80	Paris School, WI	Cindy & Al Schneider
Sun. 7-21	8:00	Tour of Cow Country	63/77	Sharon, WI.	Al Berman
	9:00	BDSR	40	Kildeer School	
Sat. 7-27	9:00	Cedarburg/Jackson	76	Covered Bridge Park	Bob & Virginia Savio
Sun. 7-28	9:00	Cedarburg/Campbellsport	66/100	Covered Bridge Park	Al & Cindy Schneider
	9:00	Barrington Loop	37	Kildeer School	
<b>AUG.</b>					
Fri. 8-2	9:00	Dodgeville-Yellowstone	101/83/65	DNR Military Ridge Resource Cntr	Paul Koenig
Sat. 8-3	8:00	Rock Cut State Park	90	Evergreen School, Union	
	9:00	Dodgeville-Highland	105/72/64/50	DNR Military Ridge Resource Cntr.	Paul Koenig
Sun. 8-4	9:00	Another Day Another Way	68/106	Evergreen School	
	9:00	Dodgeville-Mazomanie	103/78/63	DNR Military Ridge Resource Cntr	Paul Koenig
	9:00	Covered Bridges	43	Kildeer School	
Sat. 8-10		Rural Wisconsin	60/95	Eagle, WI	
Sun. 8-11	8:00	Beloit Express	75/120	McHenry County College	
	9:00	Wauconda/Bull Valley	35/48	Lakewood F. P.	Kilian Emanuel
Sat. 8-17	9:00	Ella's Escapade	70	Glacial Hills Park, WI.	Ella & Mike
Sun. 8-18	9:00	Bill & Mikes Adventure	70	Glacial Hills Park	Ella & Mike
	9:00	Back Roads of Barrington	36	Rose School	
Sat. 8-24		Ride to Big Rock	65/90	Rutland Forest Preserve	
Sun. 8-25	9:00	Harmon Members Pre-Ride	50/75/100	Wilmot Mt. Bike & Skate Park	
	9:00	Honey Lake Loop	37	Kildeer School	
Sat. 8-31	9:00	Root Beer Social	60/80	McHenry County College	
<b>SEPT</b>					
Sun. 9-1	9:00	Loops of Burlington	64/100	Eagle Lake Park, WI.	
		Lou's Commute	40	Lakewood Forest Preserve	
Mon. 9-2		Root Beer Ride	50/75/100	McHenry County College	
		Ogle Odyssey	85/98	Meridian Jr. High, Stillman Valley, IL	
Sat. 9-7		Antioch-Lyons-Delevan	65/100	Antioch Middle School	
Sun. 9-8		HARMON 100		Everyone works	
Sat. 9-14	9:00	La Grange/Sullivan	75/100	La Grange Gen. Store	Al & Cindy Schneider
Sun. 9-15	9:00	Rural Wisconsin		Eagle, WI.	Al & Cindy Schneider
		Back Roads of Barrington	36	Rose School	
Sat. 9-21		Wheeled Wanderlust	80	McNair Jr. High, Winnebago, IL	
Sun. 9-22		Fontana Ride	75	McHenry County College	
		Honey Lake Loop	37	Kildeer School	
Fri. 9-27		Boulder Junction- Lac Vieux Desert	107 / shorter	Whitetail Lodge/St. Germain, WI	Paul Koenig
Sat. 9-28		Twisted Miles	60/100	Antioch Middle School	
		Woodruff-Hazlehurst	105/69	Whitetail Lodge/St. Germain, WI	Paul Koenig
Sun. 9-29	9:00	Sycamore Scamper	85	McHenry Co. College	
	9:00	Eagle River-Three Lakes	104/82/62	Whitetail Lodge/St. Germain, WI	Paul Koenig
	9:00	Honey Lake Loop	37	Kildeer School	
Mon. 9-30	9:00	Woodruff-Eagle River	102/82/72	Whitetail Lodge/St. Germain, WI	Paul Koenig
<b>OCT.</b>					
Sat. 10-5	9:00	Bull Valley	35/48	Lakewood Forest Preserve	
	9:00	New Glarus- Monroe	104/70/50/44	Chalet Landhaus, New Glarus, WI	Paul Koenig
Sun. 10-6	9:00	New Glarus-Mount Horeb	104/70/ 65/57	Chalet Landhaus, New Glarus, WI	Paul Koenig
	9:00	Triple/Double L	54/78	Lyons, WI	Al & Cindy Schneider
		Covered Bridges	43	Kildeer School	
Sat. 10-12		Spring into WI.	48/62	David Park, Zion	
Sun. 10-13		Binnie Woods	65	Binnie Woods	
		Honey Lake Loop	37	Kildeer School	
Sat. 10-19		Ride to Fontana	75	McHenry College	
Sun. 10-20		B.D.S.R.	40	Kildeer School	
Sat. 10-26		Bull Valley	35/48	Lakewood Forest Preserve	
Sun. 10-27		Apple Cider Ride	37	Kildeer School	Kurt Schoenhoff

Note: Highlighted excursion rides

## 2002 WHEELING WHEELMEN RIDE SCHEDULE

DAY/DATE/ TIME	RIDE	MILES	START	LEADER
<b>APRIL</b>				
Sat. 4-6 9:00	B.D.S.R.	40	Kildeer School	
Every Sat. 4-6 to 10-26 8:00	Honey-Do Ride	28/40	Douglas Forest Preserve	Frank & Pat Illy
Sun. 4-7 9:00	Show & Go	35/49	McHenry County College	Lou Lambros
Sat. 4-13 9:00	Broken Oar	34	Kildeer School	Bob Pletch
Sun. 4-14 9:00	Honey Lake Loop	35	Kildeer School	Al Berman
Sat. 4-20 9:00	Hills & Horses	36	Rose School	Earl Horwitz
Sun. 4-21 9:00	Lake County Ride	35	Kildeer School	Brian Hale
Sat. 4-27 9:00	Vern's PITA	60	Cuba Marsh	
Sun. 4-28 9:00	Great Western Trailhead	100/77/52	Great Western Trailhead, St. Charles	Paul Koenig
9:00	47 West of 47	47	Marengo High School	Ella Shields
<b>MAY</b>				
Sat. 5-4 9:00	Ice Cream Social	53	McHenry County College	
Sun. 5-5 9:00	Nifty 50	50	Target Store, Elgin	Brian Hale
9:00	Harvard-Fontana	103/68	Harvard High School	Paul Koenig
9:00	Apple Cider	35	Kildeer School	
Sat. 5-11 9:00	Palmyra-Holy Hill	111/64	Eagle High School, Palmyra	Paul Koenig
Sun. 5-12 9:00	Ride Through the Kettle Moraine	103/72/48	Palmyra Eagle High School	Paul Koenig
9:00	Lou's Commute	40	Lakewood Forest Preserve	Betsy Burtelow
Sat. 5-18 9:00	Paris School Ride	37/54	Paris, WI	
Sun. 5-19 9:00	Antioch-Fontana	103/68	Antioch Upper School	Paul Koenig
9:00	Some Hills of Barrington	38	Kildeer School	Louis Greene
Sat. 5-25 9:00	Ella's Escapade	73/105	Glacier Hills Park, WI	Paul Koenig
Sun. 5-26 9:00	Bill & Mikes Adventure	80	Glacier Hills Park	Paul Koenig
9:00	St. Pat's Loops	36	Wauconda High School	
Mon. 5-27 9:00	West Bend-Elkhart Lake	102/52	Barton Elementary School, West Bend, WI	Paul Koenig
9:00	Hills & Horses	36	Rose School	
<b>JUNE</b>				
Sat. 6-1 9:00	Another Day Another Way	75/100	Evergreen School, Union	Al & Cindy Schneider
Sun. 6-2 9:00	Harvard-Twin Lakes	103/62	Harvard High School	Paul Koenig
9:00	Hills & Horses	36	Rose School	
Sat. 6-8 9:00	Rock Cut State Park	90	Evergreen School, Union	
Sun. 6-9 8:00	Antioch - Twin Lakes	60/100	Middle School, Antioch	
	Monroe-New Glarus	102/68/58	Honey Creek Park, Monroe, WI	Paul Koenig
	Wauconda-Bull Valley	32/40	Lakewood Forest Preserve	Kilian Emanuel
Thurs. 6-13 9:00	Monroe-Darlington	102/69/58	Honey Creek Park, Monroe, WI	Paul Koenig
Sat. 6-15 9:00	Columbia Co. Meander	100/65	Lakeview Park, Middleton	Art Cunningham
Sun. 6-16 8:00	Devils Lake Dive	90/70	Lakeview Park, Middleton	Art Cunningham
	Some Hills of Barrington	38	Kildeer School	Brian Hale
Sat. 6-22 9:00	Tour of McHenry Co.	64	Evergreen Park, Union	
6:00	Galena-New Glarus	113	Galena High School	Paul Koenig
Sun. 6-23 9:00	Wauconda-Twin Lakes	55/72	Lakewood Forest Preserve	
7:30	New Glarus- Galena	93	n. a.	Paul Koenig
9:00	Apple Cider	37	Kildeer School	
Sat. 6-29 8:00	Sycamore Scamper	82	McHenry County College	
Sun. 6-30 9:00	Twisted 60/80	60/80	Antioch Middle School	
9:00	Dodgeville-Spring Green	105/75/ 61	DNR Military Ridge Resource Cntr	Paul Koenig
9:00	Back Roads of Barrington	36	Rose School	
<b>JULY</b>				
Mon. 7-1	Dodgeville-Mazomanie	103/78/ 63	DNR Military Ridge Resource Cntr	Paul Koenig
Thurs. 7-4 9:00	Root Beer Social	60/80	McHenry County College	Brian Hale
Sat. 7-6 9:00	Wall to Wall	80/110	Fellows Park, Genoa City	Al & Cindy Schneider
Sun. 7-7 9:00	Binnie Woods	66	Binnie Marsh F. P. Carpentersville	Kurt Schoenhoff
9:00	Some Hills of Barrington	38	Kildeer School	
Sat. 7-13 9:00	Palmyra/Rome Pond	70/100	LaGrange Gen. Store, WI	

Note: Highlighted excursion rides



**The Subaru Chicago Bike Show and Fitness Expo Comes to Navy Pier March 22-24**

The Subaru Chicago Bike Show and Fitness Expo is the largest show of its kind in the Midwest. From the POWERade Extreme Stunt Shows to the latest products and information from the bicycling industry, this show has something for every member of the family. Major manufacturers, tour operators, local stores, clubs and other bike-related organizations will exhibit at this year's expanded show. Chicago has become a national leader in bicycle advocacy and was named the nation's best big city for cycling in November by Bicycling Magazine. In that spirit, The Subaru Chicago Bike Show and Fitness Expo is expected to draw 25,000 attendees as it brings cycling's showcase event downtown to historic Navy Pier for the first time.

Friday, March 22, 3 to 8 p.m.  
 Saturday, March 23, 10 a.m. to 7 p.m.  
 Sunday, March 24, 10 a.m. to 5 p.m.  
 Festival Hall A at Navy Pier  
 \$8 for adults; \$4 for children under 12;  
 Free for children under 6  
[www.chicagobikeshow.com](http://www.chicagobikeshow.com)  
 (discount coupons also available online)  
 847-675-0200



**21 FOR 40 IN JANUARY**

By: C. Brian Hale #1007

Wow! What a winter blahs, busting, weekend in January, spring like weather, came upon us like a springtime friend. 57°F plus temperatures, bright blue skies and gentle southwest winds, 12 to 22 MPH. Twenty-one die hard cyclists, gathered to participate in our popular Saturday morning ride of 40 miles. We all met at "Deerfield's Bakery" in Buffalo Grove.

Everyone came filled with euphoric excitement, big smiles, and pent-up energy, to crank some miles. We pulled out our trusty steeds, most all cleaned up and pristine, shiny and bright. Some still grimy from last years miles, and prepared to have fun and enjoyment.

Our "en-mass" start, was an awesome sight, considering the January, winter setting. During our ride, many pedestrians and drivers cheered us on with honking horns and friendly waves. Our ride took us through the hills and valleys, west almost to Algonquin with the oddly barren trees and small occasional snow piles. It became quickly apparent we are all out of shape and in need of some serious, pre-season training.

When completed, we all retired to the warm, friendly confines of the bakery and caught up on all new and old news. Our legs sore and numb, we found ourselves laughing and enjoying this wonderful gift of nice weather from Mother Nature.

Until next time – May your journey be always downhill with the wind at your back!

**Bike Fest 2002 Amherst, MA**

The League of American Bicyclists National Rally, Bike Fest 2002, will be held on the University of Massachusetts-Amherst campus August 2-4 in scenic, rural western Massachusetts. The UMass-Amherst campus was the site of the League's Great Eastern Area Rally in 1995. The League also announced that Salisbury University in Salisbury, MD will host Bike Fest 2003.

Bike Fest 2002 will offer fantastic cycling for all levels of ability, featuring low-traffic roads and mountain bike trails. There will be plenty of flat road rides along the Connecticut River valley, as well as both rolling and challenging hilly rides in the foothills of the Berkshire Mountains. Mountain biking will be offered at Mt. Toby and Amethyst Brook, just ten miles from the campus, featuring extensive trail networks, with both family-oriented and technical mountain biking.

Amherst, named one of Bicycling Magazine's most bicycle-friendly towns, is a charming college community in the heart of historic New England. First settled in the 1630s, Amherst has a population of 20,000, and features an abundance of restaurants, art galleries and other cultural attractions, and a wide range of boutiques. UMass Amherst is located in the Pioneer Valley, also home to Amherst, Hampshire, Mount Holyoke, and Smith colleges. Bike Fest 2002 will offer rides to a number of area attractions including the Emily Dickinson Homestead, Old Deerfield National Historic Landmark, the Atkins Farms fruit market, and the Hadley Farm Museum.

The UMass Amherst campus is about one and a half hours by car from Boston, and three hours from New York City. To learn more about Amherst, visit [www.amherstcommon.com](http://www.amherstcommon.com). Write [bikeleague@bikeleague.org](mailto:bikeleague@bikeleague.org) or call (202) 822-1333 to add your name to the mailing list.  
 Patrick J. McCormick, 202-822-1333  
 Email: [Patrick@bikeleague.org](mailto:Patrick@bikeleague.org)

**Bicycles in Driver's Education Guide**

(from LIB)

The new Illinois High School Driver's Education Resource Guide has a two-page "Tips for Motorists: *Sharing the Road with Bicyclists.*"

Tips include avoiding turning in front of bicyclists, how to pass bicyclists, and looking for bicyclists before pulling into or out of a parking space and before opening the driver's side door. "Tips for Motorists" is at the very back of the 100-plus page guide.

Anyone interested in seeing that this is used in a local class might advise the Driver's Education Instructor about it. The League of Illinois Bicyclists and the Chicagoland Bicycle Federation are working with the Illinois Board of Education to bring more information to Driver's Education classes.

Dave Glowacz of the Chicagoland Bicycle Federation, under contract with the City of Chicago, developed "Tips for Motorists." The project was funded by Federal Safety funds through the Illinois Department of Transportation's Traffic Safety Division.

**WE GET MAIL**

**VOLVO Hyannis Port Challenge  
May 18, 2002**



Benefiting Best Buddies International  
~Imagine yourself riding shoulder-to-shoulder with Hollywood celebrities and world-class athletes, then celebrating your new friendships with a rock & roll clambake at the Kennedy Compound! The stories you'll tell your friends...

It all happens at the 3rd annual HYANNIS PORT CHALLENGE!  
-- Ride 85 miles from the JFK Library in Boston to the Kennedy Compound on Cape Cod  
-- Join Tour de France champion Greg LeMond, Olympic Gold Medallist Carl Lewis, Kennedy Family members and a stellar lineup of celebrities to be announced.

-- Enjoy post-ride amenities including hot showers, massages, a lobster clambake, and private *Kool & The Gang* concert on the Kennedy lawn  
-- Help Best Buddies raise funds to provide friendships and jobs for people with mental retardation  
**MIKE MARCUS @ 1-800-718-3536 or via email: mikem@bestbuddies.org**

**INVITATIONALS**

**April 28, Silver Springs 60**, Yorkville, Il., 25/45/62 miles, (630) 584-7353

**May 5, Sudden Century**  
30/60/80/100M, Joliet Bicycle Club  
Roger Stoub, 815/436-7701  
www.jolietbicycleclub.org

**May 19, - American Cancer Society's "Tour of the North Shore"**  
Skokie, Il. Alex Blatt : 847/328-5147  
Alex.Blatt@cancer.org; www.bikenorthshore.com

**May 19, Chocolate City Ride**  
19/33/60M, 6:00 a.m. Burlington WI.  
Call Bob Koldeway, 262/763-7794

**May 25 - 26 Stateline 60**  
Blackhawk Bike & Ski Club  
Roscoe, Il., 15/35/65 miles,  
Call Bill & Shelley Hines, 815-389-3226  
www.aeroinc.net/users/BBSC

**June 2 Udder Century**  
Union IL., Donley's Wild West Town  
12/-31/50/6/-100 miles, McHenry County Bicycle Club (815)477-6858  
mcbc.udder@iname.com  
www.mchenrybicycleclub.org

**June 8 & 9 TOMRV**  
Scott Community College Bettendorf, Iowa  
Quad Cities Bicycle Club 106 & 86 miles or 65 & 40 miles. Susie LaForce, 319-355-5530. susielaforce@hotmail.com  
www.qcbc.org/tomrv

**NO, I am NOT all right!**

(Club Connection from Adventure Cycling Association)

When a motor vehicle hits you, the driver may stop and ask if you are all right. The appropriate answer is: "No, I am not all right!" Why? Because you have just been hit by an object weighing more than one ton.

When most riders are hit and they discover they are still breathing and mobile, they are inclined to brush off the incident too casually. Later, alas, they discover they do need costly medical care and expensive bike repair or replacement.

So, get as much information as you can after a collision. Here's how:

1. Get a good look at the driver and memorize the license plate

number. This can be difficult when you are shaken up, but do your best. Carry paper and pencil at all times.

2. Get the driver's name, address, phone number's, driver's license number and name of insurance company. If possible, also get the names, addresses and phone numbers of any witnesses.

3. Call 911 and ask for the police & ambulance if you are hurt.

4. Ask the motorist to stay at the scene until the police arrive.

5. Ask the officer to take an accident report which is required when the crash involves serious bodily injury, death, or if more than \$1000 of property damage occurs.

6. Get the reporting officer's name, badge # and department.

Protect yourself by taking all of these precautions even in the turmoil of a crash.



**Monthly Meanders of the Wheeling Wheelmen**

**March  
Ride Schedule**

All  
Riders  
Should:

\*wear a helmet  
\*bring water  
\*bring snacks

\*have a bike in good condition  
\*bring a spare tube and patch kit  
\*bring a bike pump

\*bring an ID card  
\*bring \$\$ for food and phone  
\*arrive early...15-30 minutes

Date	Time	Ride Name	Starting	Directions	Miles	Leader
Sun. 3-17	8:00- 11:00	St. Patrick's Day Ride	Wauconda High School	North on US 12 to Bonner, right to Old Rand Road/Main, right to the High School on the right	16 & 20 mile loops	Art Cunningham 847/963-8746
Sat. 3-23	10:00	Loops through McHenry	McHenry County College	Rt. 14 one mile past Rt. 176 in Crys- tal Lake. Meet in the north parking lot	35	Bob Walkowicz 847/658-6905
Sun. 3-24	10:00	Lou's Commute	Lakewood Forest Preserve	West on IL. 176 to Fairfield, left to Ivanhoe, right to parking on the right	32	Joe Irons 847/359-0551
Sat. 3-30	10:00	Apple Cider	Kildeer School	Old McHenry Road, just north or Long Grove Shopping District	37	Ella Shields 773/594-1755
Sun. 3-31	10:00	Hills & Horses	Rose School	I-90 to RT. 59 north, turn right (east) on Penney Rd. to the school just past Bartlett Rd.	36	Frank Illy 847/923-5910

*In order to plan ahead for other weekend trips we have listed some hotels in the areas so you can book now. Details on the trips will be in future newsletters.*

*May 11/12 Palmyra/Kettle Moraine Ride - Whitewater or Fort Atkinson Super 8 (1-800-800-8000).*

*June 15/16 Middleton rides will be at the West Madison/Middleton Fairfield Inn (1-800-228-2800).*

*Aug. 17/18 Holy Hill - Super 8 (262)-255-0880, Holiday Inn Express (262)-255-1100*

**Please call the Ride Hotline (847)520-5010 for any last minute changes!**

**Wheeling Wheelmen Membership Application**

Name: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Age: \_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail: \_\_\_\_\_

New Member?  Renewal?  L.A.B. Member?  Family dues: \$20 Individual dues: \$15

**Membership Pledge:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

\_\_\_\_\_  
Applicant's Signature (parent's signature if a minor)

\_\_\_\_\_  
Spouse's Signature

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



Wheeling Wheelmen  
P.O. Box 7304  
Buffalo Grove, IL  
60089-7304



Next Club Meeting will  
be April 4, 2002  
7:00 pm at  
Wheeling High School  
Rt 83 and Hintz Rd

We support:  
\*The League of American  
Bicyclists  
\*The Chicagoland Bicycle  
Federation



**In This Issue...**

Prez Sez...Ride Chair...St. Pat's...Ride Schedule...Safety...Weekend trips...Dr S.P. Okes...

**Club Discounts!**

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

- AMLINGS CYCLE & FITNESS**  
8140 N Milwaukee Ave., Niles (847)692-4240
- ARLINGTON BICYCLE COMPANY**  
45 S Dunton, Arlington Hts. (847)253-7700
- BICYCLE CONNECTION OF SCHAUMBURG**  
1226 N Roselle Rd., Schaumburg, (847)882-7728
- BIKE PROS**  
1313 N. Rand Rd, Arlington Hts. , (847)398-1650
- BUFFALO GROVE CYCLING AND FITNESS**  
960 S Buffalo Grove Rd., Buffalo Grove  
(847)541-4661
- FS CYCLES**  
20556 N. Milwaukee Ave., Deerfield (847)537-2453
- GEORGE GARNER CYCLERY**  
111 Waukegan Rd., Northbrook, (847)272-2100
- LIBERTYVILLE CYCLERY**  
800 N. Milwaukee Ave, Libertyville, (847)362-6030
- MIKES BIKES**  
155 N Northwest Hwy, Palatine, (847)358-0948
- SPOKES**  
223 Rice Square at Danada, Wheaton (630)690-2050  
1807 S. Washington, Naperville (630)961-8222
- THE CYCLERY**  
575 Ela Road, Lake Zurich, (847)438-9600
- VILLAGE CYCLESPOORT**  
63 Park & Shop, Elk Grove Village (847)439-3340  
215 W Golf Rd., Schaumburg (847)781-9960

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333  
Fax: (202)822-1334

E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page:  
<http://www.wheelmen.com>

E-mail:  
[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information