



THE RIDE CHAIR

Most of you bikers of the open road have fond memories or perhaps not so fond memories of the fauna encountered on your rides. There are foremost those docile, friendly dogs that turn into savage beasts as soon as they see a biker pedaling down the road. Ask Pam Burke about them. I have been bitten twice and brought down twice by this species. One of the times I hit the pavement I ran right over the doggie. From the way it was yelping as it ran into its yard, I think the dog got the worst of that encounter. How many times have dogs charged out and followed me in attack mode? More times than I can count. Three of these encounters are burned into my memory as life threatening events. One occurred as I was riding along the lake near Kewaunee, WI in a fog so thick I couldn't even see Lake Michigan a mere 20 yard away. Out of the mist came The Hound of the Baskerville seemingly intent on tearing me asunder. I pedaled like hell hoping that the road free of obstacles was before me in the misty void. Another time a couple of farm Dogs gave chase to me and my companion on County H south of La Grange, WI. I swerved into the oncoming lane to miss the snarling attackers only to look up to see a car coming around a curve in the road in front of me. You will be glad to hear that I managed to regain my lane and survived to ride another day. Finally, another farm dog charged me from a farm right on a blind intersection. I chose the intersection to the dog sailing through it at full throttle.

Of the many squirrels and chipmunks that have darted across my path, quite a few have had tire tracks left across their middle. Then there was the time a deer came bounding out of the brush across my path. It was a thing of beauty as it

gracefully bounded across the road in front of me. But then I noticed that two more deer lurking in the brush were about to follow in what could well be a collision trajectory. Running over a squirrel is one thing, but hitting a bounding deer is quite another. So naturally I applied my brakes and held my breath. Fortunately the critters just watched me pass by. Then there was the time I came across goose, gander and goslings crossing the trail in front of me. Instead of stopping to allow the goose family to clear the trail I swerved to avoid them. But Mr. Goose took umbrage at my disrespect and took wing flying directly onto my upper body. The heroic Mr. Goose probably got the worst of that meeting.

But I had a "can you top this" encounter when a skunk came scampering across the road in collision trajectory. I swerved to miss Pepe' la Peugh by a good six feet. Pepe' didn't miss me! Skunks don't try to outrun predators. Mother Nature equipped them with another means to ward them off. So Pepe' didn't just scamper across the road. He stopped, raised his tail and did his thing. For some reason my riding companions avoided me for the remainder of the ride.

I am sure most of you have a comparable list of animal encounters. There is lots of opened road scheduled for July to add to them. I hope they will be memories that you can tell your companions, "then there was the time....". Can you top this?

Art Cunningham



**DOG EATS BICYCLIST!
Then Sues for Indigestion**

Not really. However, my personal very unscientific local survey indicates that some 40-50% of all Wheelmen injuries requiring a hospital visit can be directly attributed to Man's Best Friend. Somehow, a 40 lb dog can surprise you and upset your balance sufficiently to send you to the pavement (and then the ER and even to surgery). I've seen these supposedly intelligent animals snapping at whirling, spoked wheels and running so close to a moving bicycle that they were run over and injured.

Conventional dog wisdom is that if you can out-run the animal, do so. If not, stop and put the bike between you and the dog. Some dogs will go away if you yell at them authoritatively to "STOP!" I've heard that a well-aimed squirt from a water bottle (or other, more noxious spray) will deter an attack. Certainly, you must always be on the look-out for dogs as you ride if you're to avoid giving them the "Pearl Harbor" advantage.

I'll bet you have a better idea. Here's your chance to share a successful strategy for dealing with these territorial creatures. Make the roads a safer place for your fellow Club Members by sending me your dog management techniques. All reasonable (and legal) ideas will be printed and attributed. Deadline for all entries is July 30th.

Send your ideas to me at:

Barry Cohen
891 Indian Spring Lane
Buffalo Grove, IL 60089

Or
bccohen@aol.com Or 847/842-5202
(just leave a message on my voicemail)

Club Officials

Elected Officers

President	
<i>Baby New Year</i>	(800)-Prezent
V.P./Ride Chair	
<i>Art Cunningham</i>	(847)963-8746
Treasurer	
<i>Al Berman</i>	(847)4541-9248
Secretary	
<i>Kris Woodcock</i>	(847)520-6932
Membership	
<i>Betsy Burtelow & Jim Boyer</i>	(847)541-1325
Safety	
<i>Barry Cohen</i>	(847)459-7640
Appointed Officers	
Newsletter	
Emily Qualich	(847)821-1009
E-mail:	E_fuentes@msn.com
Harmon	
Rich & Mary Kay Drapeau	(847)808-1476
Chairmen	
Banquet	
<i>Pam Zaverdas</i>	(847)359-5970
Harmon Data Base	
<i>Jennie Pfeifer</i>	(847)342-8823
LAB	
<i>Phyllis Harmon</i>	(847)537-1268
Mileage Statistician	
<i>Art Cunningham</i>	(847)963-8746
Newsletter Mailings	
<i>Jennie Pfeifer</i>	(847)342-8823
Picnic	
<i>Al & Cindy Schneider</i>	(847)696-2356
Refreshments	
<i>Frank & Pat Illy</i>	(847)923-5910
St. Pat's Ride	
<i>Jim Edmiston</i>	(815)899-1503
Web Page	
<i>Bill Bergeron</i>	(847)382-4704

Newsletter Policy

The deadline for articles is the 10th of the preceding month. You can mail or e-mail articles to:

Emily Qualich,
2260 Apple Hill Ct. So
Buffalo Grove, IL. 60089
or
Email: e_fuentes@msn.com

(Please include your name and phone Number in case I have a question)

NEXT Club Meeting August 2, 2001

Moving?



Don't miss an issue of Monthly Meanders!! Call Betsy or Jim with all name, address and phone number changes at (847)541-1325.

Board Meeting

The next board meeting will be held on 7:00 PM ,July 12 at the home of Bob Savio

. All board members are requested to attend.

MEANDER STATS—2001

Men:

1. Art Cunningham	1688
2. Bob Walkowicz	1108
3. Joe Irons	1086
4. Verne Aebli	929
5. Kurt Schoenhoff	900
6. Bob Savio	871
7. Killian Emanuel	761
8. Bob Dominski	736
9. Louis Greene	712
10. Bob Pletch	709

Women:

1. Velda Knorr	774
2. Cindy Schneider	540
3. Virginia Savio	470
4. Ella Shields	466
5. Mary Kay Drapeau	374
6. Cindy Trent	325
7. Kris Woodcock	283
8. Betsie Burtelow	262
9. Marianne Kron	252
10. -Pat Illy	248

Welcome New Members



'Bob Moore, Rolling Meadows
Neal Barg, Lincolnshire
Anne Johnson:North Barrington, IL
Alan Davis:Vernon Hills, IL
Anne Johnson:North Barrington, IL
Dennis Creaney:Palatine, IL
Kathy Graham:Prospect Heights, IL
John R. Hendricksen:Prospect Heights, IL
F. Vincent Steidl:Grayslake, IL
Tom Wilson:Mt. Prospect, IL
Bob Anderson:Schaumburg, IL
Steven Flack;Buffalo Grove
Rebecca Nudelman; Mt. Prospect, IL
Aaron Schindler ;Barrington, IL

WEEKDAY RIDES

TUESDAY / THURSDAY DEER-FIELD BAKERY RIDES

Rides with 25 / 45 mile routes leave the Deerfield Bakery promptly at **9:00 AM** These rides are normally show and go with cue sheets provided if requested. The Deerfield Bakery is on Buffalo Grove Road & Old Checker Rd. just north of Lake Cook Rd.; parking at the rear of the Grove Memorial Chapel. Phone Bob Savio at 438-8066 or Art Cunningham at 963-8746 for more information.

THE HILL AND DALE WEDNESDAY EVENING RIDES

Rides of 25 to 35 miles are scheduled to leave the Paul Douglas Forest Preserve at **5:30 P M.** Wednesday evenings. Cue sheets are provided. To reach the Paul Douglas Forest Preserve, go west on Central Rd. off Roselle Rd. just north of I-90. Go approximately 1 1/2 mile and turn right into the parking lot. Phone Frank or Pat Illy at 923-5910 for further details. A blinker taillight is highly recommended.

ELGIN WEDNESDAY TWILIGHT RIDES

Rides of 20 to 40 miles as light conditions allow are scheduled to leave the Target Store parking lot near Elgin promptly at **5:30 PM** starting June 1. Parking is at the SE corner of the lot. These rides are normally show and go with a goal of maintaining 14 – 15 mph with cue sheet options. Every attempt is made to return before darkness but blinking taillights are highly recommended. The Target store is on Randel Road just south of US 20. Phone Al & Cindy Schneider at 696-2356 for further information.

**Fall Frolic
Oct. 13 & 14
Montello, WI**

We will spend two days riding through Green Lake County in Wisconsin. Montello is about 30 miles north of Portage or about a 3-1/2 hour drive from Chicago. Saturday will be 75 miles and Sunday will be 60 miles of scenic country roads, quaint towns and hopefully some wildlife sightings.

We will be staying Friday and Saturday night at the Hill Top Motel*, 131 Church Street, in Montello. We are holding a block of rooms under the "Wheeling Wheelmen" give them a call at 1/800/760-9960 to make your reservation. Double rooms are about \$40.00 a night. The rooms will be released by September 10.

The rides will leave promptly at 9:00 a.m. from the hotel parking lot. They have a restaurant adjacent to the hotel for breakfast and we will have dinner Saturday night at a local supper club.

Please give us a call or e-mail to RSVP and also so we can make dinner reservations.

Ella Shields & Mike Ortmanns
773/594-1755
Shieldsbike@aol.com

*Directions: Take NW TOLLWAY/I-90 W to WI-78 SOUTH/I-39 NORTH exit, exit number 108A-B, towards MARRIMAC/PORTAGE (US-51)/WAUSAU. Merge onto I-39 N. Take the WI-82 WEST/WI-23 EAST exit; exit number 106, towards OXFORD/MONTELLO. Turn RIGHT onto WI-23. WI-23 becomes WI-23/WI-22. Turn LEFT onto WI-22.

The next club meeting is **Thursday, August 2 at 7:00 P.M.** at Wheeling High School.

Plans for this years Harmon Hundred will be discussed. The program will be "Biking in New Zealand with Phyllis Harmon. Len and Reinhilde Geis who took Phyllis's tour not once but twice will show pictures and describe this fabulous trip.



**Uncle Harmon
wants You!**

Volunteer for the Harmon and receive a **Free T-Shirt.**

Volunteer by:

email: mkdrapea@hewitt.com

Daytime phone: (847) 442-3895

Home Phone: (847) 808-1476

Wheeling Wheelmen Club Picnic

The Club Picnic is on Sunday, July 8 at the Old School Forest Preserve. There will be lot's of good food provided by Cindy Schnieder, bike rides and fun and games for all. Join us at at shelter D between 9:00 and 12:00 for the fun.

See this month's ride schedule.

EXCURSION RIDES FOR 2001

- ◆ **Cedarburg Rides.** Saturday & Sunday July 21 & 22. Accommodations at the Super 8 Motel in Saukville/Port Washington, WI (north of Milwaukee). Phone 800-800-8000 or 414-284-9399.
- ◆ **Rockford Area Rides.** Saturday & Sunday August 18 & 19. Accommodations at the Super 8 Motel, Rockford, IL. Phone 800-800-8000 or 815-229-5547.
- ◆ **Kettle Moraine Rides.** Saturday & Sunday September 15 & 16. Motel accomodations at either Whitewater or Fort Atkinson. Phone Al or Cindy Schneider at 696-2356 for suggestions.
- ◆ **Montello Rides.** Saturday & Sunday October 13&14. Accommodations at the Hilltop Motel, Montello, WI (Green Lake County north of Portage, WI). Phone 800-560-9960.

Upcoming Bike Rides

July 4th—Plainfield 4th of July Metric Century Plainfield High School; 30/45/60 mi 7am;\$10; Joliet Bicycle club; Calvin Jordan, 815-478-5747 or jeanneL151@aol.com; jolietbicycleclub.org

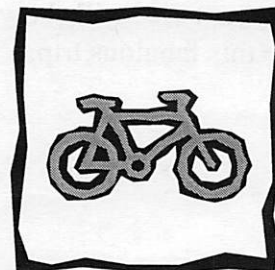
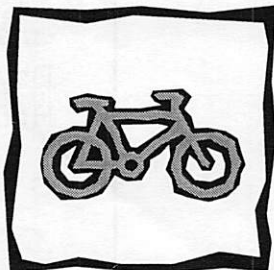
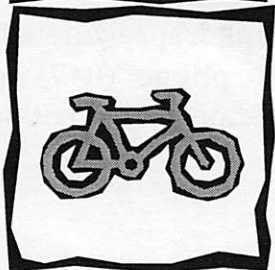
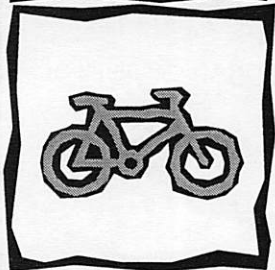
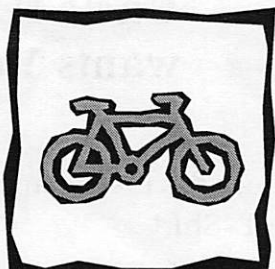
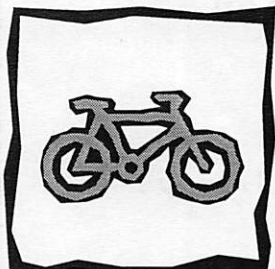
July 8th—Chicago;Ultimate Neighborhood Ride; North Park Village; 20/30 mi 7am;\$17 includes T-shirt until June 9 (add a buck for the guided tour option) 500; Chicago Cycling Club; Kathy Schubert, 773/248-5499 or kangaroo@suba.com; chiacagocyclingclub.orb

July 15th—Plano; 2001 :A Melon Odyssey; Plano High School; 32/65/100 mi;\$12 until 6/15 then \$16; Naperville Bicycle Club; Jeanne Maher, 630//848-3535; users.aol.com/clubnbc.

July 15th—Chicago; L.A.T.E. Ride 2001; Buckingham Fountian 25 mi; 1:30 am; \$30 until 5*31 then \$35 until 7/11 then \$40; Friends of the Parks 773-918-RIDE or lateride@home.com; lateride.org.

July 22-28—Sioux City , IA;RAGBRAI XXIX

July 29th—Yorkville; Metro Metric: Wizard of Ozwego; Beecher Center;22/50/62/100 mi; 6am; \$15 until 7/9 then \$20; Elmhurst Bicycle Club;Sharon Ganske, 630/415-bike or wizaride@hotmail.com; elmhurstbicycling.org



Monthly Meanders of the Wheeling Wheelmen

Ride Schedule

All Riders Should:

*wear a helmet
*bring water
*bring snacks

*have a bike in good condition
*bring a spare tube and patch kit
*bring a bike pump

*bring an ID card
*bring \$\$ for food and phone
*arrive early...15-30 minutes

Date	Time	Ride Name	Starting Point	Directions	Miles	Leader Phone #
Every Sat.	8:00 AM	Honey-Do Ride	Grassy Meadow, Douglas F. P.	On Central Rd. 1 1/2 mi west of Roselle Rd just north of I-90	28/40	Frank Illy 923-5910
Sun. 7-1	9:00 AM	Twisted 60/80	Antioch Middle School	I-94 to IL. 173 west just past IL. 59, turn right on Tiffany left at sign for school	60/80	Pam Burke 630-872-9238
	9:00 AM	Back Roads of Barrington	Rose School	I-90 to Rte. 59 north, turn rt. (east) on Penney Rd. to the school just past Bartlett Rd.	40	Ralph Salle 438-7083
Wed. 7-4.	9:00 AM	La Grange/Sullivan	General Store La Grange, WI	US 12 West past Elkhorn to County H	75/100	Brian Hale 426-32-90
	9:00 AM	Some Hills of Barrington	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	38	Ben Caputo 577-6816
Sat. 7-7	9:00 AM	Palmyra/Rome Pond	General Store La Grange, WI	US 12 West past Elkhorn to County H	70/100	Barney Barber 262-835-7759
Sun. 7-8	9:00 AM	Picnic	Old School Forest Preserve – Shelter D	I-94 N, exit IL. 60 W to St. Mary’s road turn right to forest preserve.	25/30	Kurt Schoenhoff/ Art Cunningham
Sat. 7-14	9:00 AM	Bastille Day	Paris School	I-94 W, exit WI 142 W to County D, turn left to school	100	Al & Cindy Schneider 696-2356
Sun. 7-15	9:00	Beloit/New Glarus	Horace White Park Beloit, WI	I-90 past Rockford, Exit RT. 51 at the border follow 51 north and west into Beloit. Turn Right on Park Street to Park.	90/125	Bob Walkowicz 658-8905
	9:00	BDSR	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	40	Betsy Bartalow 541-1325
Sat. 7-21	9:00	Cederburg/Jackson	Covered Bridge Park, Cederburg	Same as above	85	Virginia & Bob Savio 438-8066
Sun. 7-22	9:00	Cederburg/Campbellsport	Covered Bridge Park, Cedersburg	I-94 N through Milwaukee turns into 43. Go north on 43 to 60 (Grafton). Go west on 60 to Covered Bridge Road (4 miles) turn right and go to park, on right	66/100	Al & Cindy Schneider 696-2356
	9:00	Barrington Loop	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	40	RichDrapeau 808-1476
Sat. 7-28	9:00	Tour of Cow Country	Sharon, WI	Rt. 67 & County C at grade school, 5 miles west of Rt. 14	63/77	Barney Barber 262-835-7759
Sun. 7-29	9:00	Ride to Big Rock	Rutland Forest Preserve	I-90 W, exit Rt. 47 South, to Big Timber Rd. turn left to Forest Preserve	65/90	Art Cunningham 963-8746
	9:00	Island Lake Loop	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	47	Barry Cohen 459-7640

RIDES OF A DIFFERENT FLAVOR

There are five north-south bike trails in the Chicago Area. The first is the Chicago Lake Front Path on the east. The second is a series of connected paths to the west, the North Channel – Green Bay –North Shore - Robert McClory Trail. This trail continues north into Wisconsin to Kenosha and beyond. Further to the west is the third, the North Branch – Skokie Lagoon path. Yet further west is the fourth, the Des Plaines River Trail in Cook and Lake Counties. Finally most westerly is the fifth, Fox River – McHenry Prairie Path which was covered in last month’s description of the Fox River-Prairie Path network. This week the first and second paths are covered.

We rode the Lake Front Bike Path in April before the summer beach crowds made riding impossible.

Starting at Foster Beach Avenue we went south on the lake side to the Jackson Park Pavilion south of the Museum of Science and Industry with side trips to the Filtration Plant, Navy Pier and the Planetarium and Miags Field. On the return we went up the spur on the south side of the Chicago River to Michigan Avenue. One of our party, Tom Drabant guided us to an elevator which took us to Columbus Street which we took to Illinois Street back to the trail for an unusual diversion. We then returned via trails around the South Lagoon, Lincoln Park Zoo and the North Lagoon. This bike path has no connection with any of the other north-south trails. The trip to bike this 40 mile route is well worth the tedious drive to the starting point. There is no other way to view the Chicago skyline from so many varied points. Warm summer days and weekends in particular are to be avoided as this path is extremely crowded.

In May we rode 35 miles of the second north-south bike path to the west, the Green Bay Path from the Lake-Cook Road access south to Lawrence Avenue in Chicago. There are short gaps in the path at Glencoe and Kennelworth and longer ones south of Wilmette where a lightly traveled street on the east side of the track is followed to Lincoln St. One then turns right under the tracks and follows the sidewalk south along Green Bay Road a short distance to the Evanston and Skokie North

Channel trails which feature the Ladd Arboretum and the Skokie statue park. Another gap occurs at Devon where one crosses the North Channel turning immediately right at Kedzie to Lincoln Ave. There is a bad intersection with Peterson. A right on Peterson for a short distance leads to a path in Veterans Park and connected parks the remainder of the way. The scheduled ride continued north of Lake-Cook Road 20 miles to Lake Bluff and return after returning to the starting point. This segment was cancelled because of rain. The omission of this path segment will be eliminated with the Illinois Beach ride in the July schedule. A short ride between the Green Bay Path and the Entrance to the Botanical Garden along Lake Cook Rd. gives access the North Branch-Skokie Lagoon Path which we rode in April.

Art Cunningham

Ride Schedule July Chicago Area Bike Path / Trail Rides

DATE	TIME	MILES	PATH/TRAIL	START	DIRECTIONS	COMMENTS
7/11	9:00	57	Fox River Trail/ Great Western – west section	South Elgin trail access	South on Rte 31 to W State St., turn lft. (east) then rt just before the bridge to parking.	Paved, packed crushed stone ***
7/18	9:00	40/62 partial loops	Fox River / McHenry Prairie Path	East Dundee Depot	West on Dundee (Rte. 68) bear rt. at Barrington Ave just past Rte. 25 to River St., Depot to left.	Paved, packed crush stone *** Joe Irons, Host – 359-0551
7/25	9:00	52	Green Bay/ North Shore/ Robert McClory to Illinios Beach	Trumbull Woods F. P., Glencoe.	East on Lake Cook to Green Bay Rd., lft to parking on the lft.	Paved, packed crushed limestone *** Illinios Beach Loop **

WE GET MAIL

Ride to RAGBRAI

From Kathy Schubert kangaroo@suba.com:

> I have a ride to RAGBRAI to offer to anybody who needs it. I have all the rear seats out, so I can fit even a long wheelbase (recumbent). I will be leaving on Friday afternoon, the 20th to meet my charter service at the Muscatine, IA. Write to me at kangaroo@suba.com or (773)248-5499.

Northbrook Park District Ed Rudolph Velodrome

VELODROME AVAILABILITY

The Park Districts policy regarding the facility is that the velodrome is open for riding anytime during the day on weekdays and weekends unless a soccer game is going on. If there is a soccer game going on, please do not use the track.

7/5 Thursday night racing sponsored by Cliff Bar www.clifbar.com

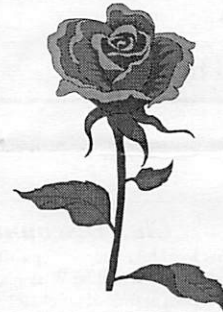
7/19 Thursday night racing sponsored by Midwest Masters

8/2 5th annual Roger DeLanghe Trophy race (\$1500 prize list) sponsored by 2CC www.2ccracing.com

JOIN THE HEALTH CLUB OF YOUR DREAMS

- No initiation fees.
- Cheap yearly rates.
- No crazy diets.
- Friendly, free, personal trainers (ride hosts), who present routines with an 'exercise at your own pace' format.
- No sweat-drenched workouts (thanks to lycra, coolmax and wind).

So, get the beautiful body you want... strong legs and biker buns. Join the **Wheeling Wheelmen** and join the health club without walls, where the scenery is always changing. Why exercise with sweaty strangers when you can workout with fellow club members sharing cue sheets, directions and tales of the road.



Wheeling Wheelmen Membership Application

Name: _____

Spouse's Name: _____

Address: _____

Children's Names: _____ Age: _____

City, State, Zip: _____

Age: _____

Phone #: _____

E-mail: _____

New Member? Renewal? L.A.B. Member? Family dues: \$20 Individual dues: \$15

Membership Pledge: I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor)

Spouse's Signature

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



Wheeling Wheelmen
P.O. Box 7304
Buffalo Grove, IL
60089-7304



Next Club Meeting will
be August 2, 2001
at
Wheeling High School
Rt 83 and Hintz Rd

Pam Burke
265 Green Knoll Lane
Streamwood, IL 60107

We support:
*The League of American
Bicyclists
*The Chicagoland Bicycle
Federation

In This Issue...

Ride Chair... July Ride Schedule... Fall Frolic... Club Picnic

Club Discounts!

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

AMLINGS CYCLE & FITNESS

8140 N Milwaukee Ave., Niles

(847)692-4240

ARLINGTON BICYCLE COMPANY

45 S Dunton, Arlington Hts. (847)253-7700

BICYCLE CONNECTION OF SCHAUMBURG

1226 N Roselle Rd., Schaumburg, (847)882-7728

BIKE PROS

1313 N. Rand Rd, Arlington Hts. , (847)398-1650

BUFFALO GROVE CYCLING AND FITNESS

960 S Buffalo Grove Rd., Buffalo Grove

(847)541-4661

FS CYCLES

20556 N. Milwaukee Ave., Deerfield

(847)537-2453

GEORGE GARNER CYCLERY

111 Waukegan Rd., Northbrook, IL 60047

LIBERTYVILLE CYCLERY

800 N. Milwaukee Ave, Libertyville, IL

MIKES BIKES

155 N Northwest Hwy, Palatine, (847)358-0948

SPOKES

223 Rice Square at Danada, Wheaton

(630)690-2050

1807 S. Washington, Naperville

(630)961-8222

The Cyclery

575 Ela Road, Lake Zurich

VILLAGE CYCLES/SPORT

63 Park & Shop, Elk Grove Village

(847)439-3340

215 W Golf Rd., Schaumburg

(847)781-9960

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists
1612 K Street, NW, Suite #401
Washington, DC 20006

Tel: (202)822-1333
Fax: (202)822-1334

E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In Addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page:

<http://www.wheelmen.com>

E-mail:

wheeling@wheelmen.com

Club Hotline
(847)520-5010



Ride and Club Information