

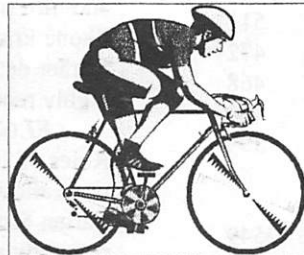
# PREZ SEZ

The summer seems to have gone by so fast. I'm sure many of us will reflect back and think I really should have gotten out on my bike more often. I meant to do it, but so many things came up, I just didn't have time. Well, any form of exercise requires a certain amount of discipline. I always have a mental list of things that should be done, but if the weekend weather looks nice, getting on my bike even for a short ride moves up to priority status.

Our attempt to be all things to all people with the Welcome rides was not a huge success. Since our second attempt to appeal to newer riders who wanted to ride shorter distances at a slower pace was not well received, we probably won't attempt this type of program again for the foreseeable future. However, a shorter ride option does exist every Saturday morning with Frank & Pat Illy's training ride. I did this ride for the first time on August 5, and I regret not having done it sooner. The route was beautiful, and I was done at 11:30 a.m., leaving plenty of time for other must get done projects. Many thanks to Frank & Pat for keeping these rides on the schedule every Saturday. I hope many more people take advantage of this.

It's almost banquet time, and that means we will need a new slate of

officers. Yours truly (President), Bob (Treasurer & de facto Harmon Chairman), Pam (Membership), and Verne (Secretary) have all indicated that after their term of office expires they are retiring from the Board. Many thanks to Art for agreeing to be Ride Chair again next year. He did a great job. And I want to express my appreciation for the fine job done by Bob, Pam and Verne. Also thanks for all the help from Ella & Mike. Even though Ella retired???



*Don't miss the Harmon 100—join the fun and volunteer your help!*

from the Board some time ago, she still managed to attend many of the Board Meetings. We do have volunteers for membership chairman and newsletter next year, but we still have a lot of positions to fill.

We're all keeping our fingers crossed that moving the Harmon to Wilmot will work

out. (I understand the sun always shines there and it never rains). A lot of work has already gone into planning out the new routes, as well as advertising in the Wisconsin area. If you haven't already volunteered for something, call Bob Savio and add your name to his list.

Until Next Month -

Al Berman  
President

## THE RIDE CHAIR SEPTEMBER

Have we ever had a better summer to get on our bikes and enjoy the open road? The mild summer days with only occasional rains to wet our spirit have been the best ever to get out and have a ride. Many ride hosts have stepped forward to lead weekend rides to provide options for every schedule and ability. I want to thank these folks for filling out our schedule so well.

On July 22<sup>nd</sup> our Saturday club ride was the new Harmon Ride leaving from Wilmot Mt. Bike and Skate Park with brand new routes. Every comment I've heard expressed enthusiasm for the new routes. The roads are scenic, lightly traveled, in good condition and cover topography that is not too challenging. The Wilmot Mt. Bike and Skate Park is also a great venue for this ride with its spacious paved parking lot and modern facilities. If you didn't get out for the July club ride, there is another chance on Labor Day to check it out. You can see for yourself what a great job Al Schneider and all his crew did in lining up the new routes. This year's Harmon should be even better than the old one that has been so highly rated by area bikers.

On a personal note, most of you know I crashed in late June breaking my pelvis. I wish to thank many of you for cards and messages for a speedy recovery. Now, about seven weeks after the accident, the bones have healed and I expect to be riding again by September. I owe much to wearing a helmet, which took most of the shock as my head hit the pavement. Wheeling Wheelmen don't have to be lectured about the importance of a bicycle helmet, but this crash is a reminder that it can happen to any of us and the helmet can make all the difference.

Art Cunningham

### Club Officials

**Elected Officers**

- President**  
*Al Berman* (847)541-9248  
**V.P./Ride Chair**  
*Art Cunningham* (847)963-8746  
**Treasurer**  
*Bob Savio* (847)438-8066  
**Secretary**  
*Verne Aebli* (847)934-3809  
**Membership**  
*Pam Burke* (630)872-9238  
**Safety**  
 Open

**Appointed Officers**

- Newsletter**  
*Ella Shields* (773)594-1755  
 E-mail: [Shieldsbike@aol.com](mailto:Shieldsbike@aol.com)

**Chairmen**

- Banquet**  
*Pam Zaverdas* (847)359-5970  
**CABDA Show**  
 Open  
**LAB**  
*Phyllis Harmon* (847)537-1268  
**Mileage Statistician**  
*Art Cunningham* (847)963-8746  
**Picnic**  
*Al & Cindy Schneider* (847)696-2356  
**Refreshments**  
*Betsy Burtelow & Kris Woodcock*  
**St. Pat's Ride**  
*Jim Edmiston* (815)899-1503  
**Web Page**  
*Bill Bergeron* (847)382-4704

### Newsletter Contributions

We need information for the newsletter, I'd love to hear from you! Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of each month and be immortalized in the next issue of Monthly Meanders

Ella Shields  
 7516 W. Devon Avenue  
 Chicago, IL. 60631  
 E-mail your submissions to:  
[Shieldsbike@aol.com](mailto:Shieldsbike@aol.com)

(Please include your name and phone number in case I have a question)

### Moving?



Don't miss an issue of Monthly Meanders!! Call Pam Burke with all name, address and phone number changes at (630)872-9238.

## Board Meeting

The next board meeting will be held on Tuesday, Sept. 5th at the home of Bob Savio.

All board members are requested to attend. Please give Bob a call at 847/438-8066 and let him know if you will be coming.

### MEANDER STATS

The maximum miles from club rides to date is 4042 assuming the most miles for any time slot. 121 members have participated in club rides, 75 have logged 100+, 46 have logged 300+, 27 have logged 500+ and 15 have logged 1000+.

#### TOP 10

Women

- |    |                 |      |
|----|-----------------|------|
| 1  | Cindy Schneider | 1764 |
| 2  | Virginia Savio  | 1315 |
| 3  | Ella Shields    | 1147 |
| 4  | Pam Burke       | 1106 |
| 5  | Velda Knorr     | 664  |
| 6  | Betsy Burtelow  | 511  |
| 7  | Reinhilde Geis  | 472  |
| 8  | Linda Heeter    | 468  |
| 9  | Gerri McPheron  | 460  |
| 10 | Pat Illy        | 399  |

Men

- |    |                 |      |
|----|-----------------|------|
| 1  | Bob Savio       | 2549 |
| 2  | Bob Walkowicz   | 2210 |
| 3  | Al Schneider    | 1962 |
| 4  | Art Cunningham  | 1893 |
| 5  | Dennis Berg     | 1709 |
| 6  | Joe Irons       | 1455 |
| 7  | Kurt Schoenhoff | 1432 |
| 8  | Bob Pletch      | 1371 |
| 9  | David Lachman   | 1333 |
| 10 | Louis Greene    | 1152 |



### SAFETY TIP

Always carry ID with you. Whether in your jersey pocket or bike bag it is important to have in case of an emergency. You can keep a laminated business size card in your bike bag with your pertinent information; emergency numbers, medications, list of allergies, doctor, blood type and insurance company.

### REGULARLY SCHEDULED WEEKDAY RIDES

#### TUESDAY / THURSDAY DEERFIELD BAKERY RIDES

Rides with 25 / 45 mile routes leave the Deerfield Bakery promptly at 9:00 PM beginning May 1. These rides are normally show and go with cue sheets provided if requested. The Deerfield Bakery is on Buffalo Grove Road & Old Checker Rd. just north of Lake Cook Rd. parking at the rear of the Grove Memorial Chapel. Phone Bob Savio at 438-8066 or Art Cunningham at 963-8746 for more information.

#### WEDNESDAY EVENING THE HILL AND DALE

Rides of 25 to 35 miles are scheduled to leave the Paul Douglas Forest Preserve at 5:30 P. M. Wednesday evenings through September 27. Cue sheets are provided. To reach the Paul Douglas Forest Preserve, go west on Central Rd. off Roselle Rd. just north of I-90. Go approximately 1 1/2 mile and turn right into the parking lot. Phone Frank or Pat Illy at 923-5910 for further details. A blinker taillight is highly recommended.

#### ELGIN TWILIGHT RIDES

Rides of 20 to 40 miles as light conditions allow are scheduled to leave the Target Store parking lot near Elgin promptly at 5:30 PM through September 13. Parking is at the SE corner of the lot. These rides are normally show and go with a goal of maintaining 14.5 - 15 mph with cue sheet options. Every attempt is made to return before darkness but blinking taillights are highly recommended. The Target store is on Randall Road just south of US 20. Phone Al & Cindy Schneider at 696-2356 for further information.

### Welcome New Members



- |                 |               |
|-----------------|---------------|
| Clayton Bowler  | Mt Prospect   |
| Howard Friedman | Buffalo Grove |
| Craig Lidbury   | Palatine      |
| Mike Lynch      | Cary          |
| Dennis Stodola  | Spring Grove  |
| Jeffery Tongue  | Manhattan     |

**Monthly Meanders of the Wheeling Wheelmen**

**Ride Schedule  
September**

All  
Riders  
Should:

\*wear a helmet  
\*bring water  
\*bring snacks

\*have a bike in good condition  
\*bring a spare tube and patch kit  
\*bring a bike pump

\*bring an ID card  
\*bring \$\$ for food and phone  
\*arrive early...15-30 minutes

Date	Time	Ride Name	Starting Point	Directions	Miles	Leader Phone #
Sat 9/2	9:00	Antioch- Lyons	Antioch Middle School	I-94 to IL. 173 west just past IL 59 turn right on Tiffany Left at sign for school	90	
Sun 9/2	8:00	Training Ride	Douglas Forest Preserve	Off Central Ave. 1 1/2 miles west of Roselle Rd. just north of I-90	28-50	Frank & Pat Illy 923-5910
Sun 9/3	9:00	WWW	Fellows Park, Genoa City	Rt. 12 N to County H, follow County H east (veer left) into Genoa City, left on Fellows Rd and to the park	80/115	Al & Cindy Schneider 696-2356
Mon 9/4	9:00	Harmon Members Ride	Wilmot Mt. Bike & Skate park	Take I-94 West across the WI. State- line to Exit 345 (Hwy C). Go West on Hwy C until you reach the town of Wilmot. Turn left on Hwy W. Go 1/2 mile to Park, entrance on left side	35/65/ 100	
Sat 9/9	9:00	Binnie Woods	Binnie Woods Marsh	I-90 West to Randall Rd, North to Binnie Rd, West to Forest Preserve	65	Al Berman 541-9248
Sat 9/9	8:00	Training Ride	Douglas Forest Preserve	Off Central Ave. 1 1/2 miles west of Roselle Rd. just north of I-90	28-50	Frank & Pat Illy 923-5910
Sun 9/10	6-10:00	Harmon 100 Invitational		Everyone works		
Sat 9/16	9:00	Tour of McHenry	Evergreen School, Union	I-90 West to US 20 to Coral. Turn right to Northrop. Turn left to Washington. Turn right to school	64	Ella Shields 773/594-1755
Sat 9/16	8:00	Training Ride	Douglas Forest Preserve	Off Central Ave. 1 1/2 miles west of Roselle Rd. just north of I-90	28-50	Frank & Pat Illy 923-5910
Sun 9/17	9:00	Tour of Kettle Moraine	General Store, LaGrange, WI.	US 12 West past Elkhorn to County H	30/60	Al Berman 541-9248
Sat 9/23	9:00	Spring into Wisconsin	David Park, Zion	I-94 north to Rt. 173 (Rosencrantz Rd) go east to Kenosha Rd, turn right to 21st street, turn left to park, past school	48/62	Ron & Judy Hattendorf 362-5997
Sat 9/23	8:00	Training Ride	Douglas Forest Preserve	Off Central Ave. 1 1/2 miles west of Roselle Rd. just north of I-90	28-50	Frank & Pat Illy 923-5910
Sun 9/24	9:00	Antioch Lyons Delevan	Antioch Middle School	I-94 to IL. 173 west just past IL 59 turn right on Tiffany Left at sign for school	65/100	Al & Cindy Schneider 696-2356
Sat 9/30	9:00	Sycamore Scamper	McHenry County College	Rt. 14 one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot	82	Art Cunningham 963-8746

**Please call the Ride Hotline (847)520-5010 for any last minute changes!**

**RAGBRAI 2000 (XXVIII)**

July 23, 2000 was the start of an annual seven-day bicycle ride across the spacious state of Iowa. From the Missouri or Big Sioux Rivers all the way to the great Mississippi River. Nearly 10,000 bicyclists traveled along the smooth, hilly roads enjoying the weather, beautiful scenery and the companionship of fellow bicyclists from all over the country. Every town we rode into welcomed us with open arms and huge celebrations. It is quite extraordinary to engulf all of these small towns in our exciting bicycling adventure.

The myriad of clubs and teams is also interesting. Below I have listed a few of the more colorful examples:

- a. Team Trouser Mouse
- b. Team Bad Boys (carried a kitchen sink, stove, etc.)
- c. Team T.P. (We give a sheet!)
- d. Team Tutu (They actually wore tutus! Cute!)
- e. Team Farfrompuken
- f. Team Killer Bees (fabulous outfits with antennas)
- g. Team Road Kill
- h. Team Sisters (complete with nun habits)
- i. Team Diego (you should see the bus)
- j. Team Flash (Wheeling Wheelmen)

The bicycles are a mix of just about anything you can imagine. Listed below are a few examples:

- a. Antique high wheel bikes
- b. Tandems
- c. Triples
- d. Quint (5 people with one baby carrier)

- e. Crappy old bikes
- f. Mountain bikes
- g. Road bikes
- h. Quad road bikes
- i. Tricycles
- j. Recumbents
- k. Bicycle hauling a canoe!
- l. Row type recumbent (for a paraplegic fellow)

In an overview, the weather held up nicely and we all enjoyed ourselves. The destination towns did very well, feeding us and putting us up for the night. Some of the showers were pretty interesting; we liked the "bus barn" and the "car wash"! Statistics

Total Mileage: 490 miles (517 for Frank) Wrench!

Total Protein Shakes: 22 Flat Tires: 3

KAYBO Stops: Too Many! Bedtime Stories: 1 (Thanks to Louis!) Professor!

Fun: Too Much!

People: Fabulous

Ultra Light Aircraft: 2 followed us the whole way

Top Speed: 69.1 MPH (Emily)

Snow: 4" in Ankeny, Iowa




Wheelmen on Ride: 9 that we know of

"May your trail be downhill with a tailwind!!!"

C. Brian Hale "ICE" #1007 Telephone: 847-956-1600

PS. If anyone is interested, I have a formal journal of our entire journey that I would be delighted to share with you.

**TOP 10 REASONS TO RIDE THE HARMON 100**  
By Ella Shields

10. I had nothing else to do on Sunday, September 10, 2000.
9. Make new friends. ☺☺☺
8. The Wheeling Wheelmen moved it to Wilmot Mountain in Wisconsin.
7. All the Sparkling Spring Water I can drink.
6. To burn off the pizza I ate last night.
5.  at the rest stops.
4. Route choices of 35 scenic, 65 rolling or 100 challenging miles.
3. I survived Y2K. 
2. After 30 years I figured they must have been doing something right.
1. It's so much fun! 

**Wheeling Wheelmen Membership Application**

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_  
 Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

New Member?  Renewal?  L.A.B. Member?  Family dues: \$15 Individual dues: \$12

**Membership Pledge:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor) \_\_\_\_\_ Spouse's Signature \_\_\_\_\_

Mail this application with payment to Wheeling Wheelmen, P.O. Box 581-D, Wheeling, IL 60090-0581

**Board Meeting Minutes**

**Date:** August 10, 2000  
**Location:** Verne Aebli's home  
**Attendees:** Verne Aebli, Al Berman, Pam Burke, Art Cunningham, Bob Savio, and Ella Shields

**Reports:**

**President:** (Al) Nothing to report. The board spent the majority of the meeting discussing status of Harmon plans.

**Secretary:** (Verne) The next club meeting will be at WHS on September 7<sup>th</sup>. The next board meeting will be at Bob Savio's home on Tuesday, September 5<sup>th</sup>.

**Treasurer:** (Bob) Bob proposed moving the club's post office box from the Wheeling post office to the Buffalo Grove post office to make mail pickup more convenient. The board agreed to the move and Bob will coordinate. Bob also proposed obtaining a club membership to Adventure Cycling. The board concurred and Bob agreed to obtain a club membership.

**Ride Chair** (Art) Art is recovering nicely from his accident. Art has confirmed that he intends to continue on for

another year in his position as V.P. and Ride Chair.

**Membership** (Pam) Pam reported there are currently 286 members and provided a status on recruitment of nominees for next year's open positions.

**Safety** - The Safety position is currently open.

**Business:**

**Harmon Update** The board reviewed status of Harmon plans:

Bob distributed a summary of food requirements for past Harmon's and discussed plans for ordering this year's food. He also provided samples of route marking stencils and reviewed plans for road markings.

The board also discussed the feasibility of linking rider numbers with registration information as an aid to rider identification.

Sample t-shirts with the new Harmon 2000 design were reviewed.

**Banquet Date:** The Fall banquet will be held on November 11<sup>th</sup> at Hackney's.

Verne

**September Invitational's**

1-4, *Midwest Tandem Rally*, Pheasant Run Resort, St. Charles, IL. 847/392-1547, www.mtr2000.org

3, *Wright Stuff Century*, Bombay Bicycle Club, Madison. 30/60/100 miles, Mt. Horeb, WI., 920/648-8024, SE.Grimes@hosp.wisc.edu

17, *North Shore Century*, Evanston Bicycle Club, 25/50/75/100 Miles, \$13/\$18, Dawes Park, Evanston, IL, 6:00 a.m. 847/866-7743, www.evanstonbicycleclub.org

17, *TOSOC*, Blackhawk Bicycle & Ski Club (Rockford), 25/50/75/100 miles, \$14/\$17, Stillman Valley, IL., 7:00 a.m., 815/282-0244, www.aeronic.net/users/bbcs

24, *Apple Cider Century*, Three Oaks Bicycle Club, 25/50/75/100 miles, 7:00 a.m., \$25/\$35, Three Oaks, MI. 616/756-3361

**THE OLYMPICS**

The Olympic track cycling events take place Sept. 16-21; mountain bike races are Sept. 23 & 24 and the road racing will be September 26-30. For more about Olympic cycling, visit www.usacycling.com, www.nbcolympics.com.

**Club Meeting**

The meeting will be Thursday, Sept. 7, 7:00 p.m. at Wheeling H.S. The school is located at RT. 83 and Hintz Road. The meetings are usually held in the cafeteria but periodically we get relocated if so, just look for our signs pointing the way to the new room.

At the meeting we will finalize the Harmon plans and, yes there is still time to volunteer. We will also announce candidates for the board and take nomination from the floor. There are several positions open so if you want to become more involved with the club this is your chance to help out.

**WHEELING WHEELMEN ANNUAL BANQUET**

Be sure to mark your calendar for fun, food, awards and mingling with your friends.

Saturday, November 11, 2000

6:00 p.m.

Hackney's

241 S. Milwaukee Ave., Wheeling, IL

\$15.00 per person-reserve your spot now

Name(s): \_\_\_\_\_

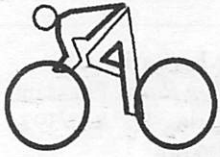
# attending: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

Please make checks payable to: Wheeling Wheelmen

Mail responses to:

Pam Zaverdas, 1445 Gloria Drive, Palatine, IL 60067



Wheeling Wheelmen  
P.O. Box 581-D  
Wheeling, IL 60090

Next Club Meeting:  
Sept. 7  
7:00 p.m.  
Wheeling High School  
Rt 83 and Hintz Rd

We support:  
\*The League of American  
Bicyclists  
\*The Chicagoland Bicycle  
Federation

**In This Issue...**

Weekday rides... Meander Stats...Ride Schedule...RAGBRAI...Annual Banquet

Mailing  
Address  
Goes  
Here

**Club Discounts!**

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

**AMLINGS CYCLE & FITNESS**  
8140 N Milwaukee Ave., Niles  
(847)692-4240

**ARLINGTON BICYCLE COMPANY**  
45 S Dunton, Arlington Hts.  
(847)253-7700

**BICYCLE CONNECTION OF SCHAUMBURG**  
1226 N Roselle Rd., Schaumburg  
(847)882-7728

**BUFFALO GROVE CYCLING AND FITNESS**  
960 S Buffalo Grove Rd., Buffalo Grove  
(847)541-4661

**FS CYCLES**  
20556 N. Milwaukee Ave., Deerfield  
(847)537-2453

**GEORGE GARNER CYCLERY**  
111 Waukegan Rd., Northbrook, IL 60047

**LIBERTYVILLE CYCLERY**  
800 N. Milwaukee Ave, Libertyville, IL

**MIKES BIKES**  
155 N Northwest Hwy, Palatine  
(847)358-0948

**SPOKES**  
223 Rice Square at Danada, Wheaton  
(630)690-2050

**The Cyclery**  
1807 S. Washington, Naperville  
(630)961-8222

**VILLAGE CYCLESPORT**  
63 Park & Shop, Elk Grove Village  
(847)439-3340  
215 W Golf Rd., Schaumburg  
(847)781-9960

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333  
Fax: (202)822-1334

E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In Addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page:  
<http://www.wheelmen.com>

E-mail:  
[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information