



**Wheeling  
Wheelmen**

# Monthly Meanders

Newsletter of the Wheeling Wheelmen Bicycle Club

July 2000

## THE RIDE CHAIR

**June**  
THE RIDE CHAIR

As I write this for the July Monthly Meander, we are experiencing the first real summer heat wave going into the second week of June. Yes, the summer riding season is already upon us. By the time you read this, we will be well into it. That means that the more activities will be competing for your time – vacations, bike tours, invitational rides, yard work (I had to add that), visiting relatives .... and much more. Yet, the ride schedule is fairly bursting with club rides thanks to all you activist members. In fact, every day except non-holiday Mondays and Fridays have one or more rides scheduled. And no call for hosting core rides goes unanswered. It is really great to have this kind of member support and makes the job of Ride Chair a lot of fun. In fact, I hate to monopolize all this fun and would entertain anyone's application to take over the Chair so they could have all this fun (just kidding.) There is one thing I am still looking for and that is a folks to host alternate short rides from convenient venues for the time or physical condition constrained who want an alternate to the weekend ride on the schedule. Frank's training rides on Saturdays are filling this need. Although it is still too early to say

how many folks will respond - there has only been one ride with acceptable weather to date – at least several new riders attended this one ride. If you are willing to host Sunday alternate rides give me a call and I will work with you to select rides, get cue sheets & signup forms and arrange to get your rides announced on a timely manner.

Another thing I will remind you of is to always check the ride line before going out on a ride. The monthly ride schedule in your Monthly Meander was assembled a month before you receive it. Changes do occur, so don't take anything for granted. If you have the club hot line on speed dial as I do, you are really in the groove. In case the weather is questionable, it would be a good idea to check directly with the ride host to make sure there are no cancellations.

To close I exhort you to ride safely, ride often, and experience the joys of biking the opened road.

Art Cunningham

## WEDNESDAY TOUR OF CHICAGO GOLAND BICYCLE TRAILS AND PATHS

### JULY SCHEDULE

July 5: M&I Path / Waterfall Glen – 30 miles. Aprox. Driving time – 45 min\*

Start: 9:00 AM from Waterfall Glen Forest Preserve. To get to the parking lot, go south of I-55 on Rte. 83 about 2 miles to a right on Bluff Rd. into the forest preserve. Park at the first available parking area.

Description: We bike the loop trail around Argonne National Laboratory in Forest Glen Forest Preserve, then access the twin loops of the M&I Forest Preserve Path via Bluff Rd. and a short ride on the shoulder of Rte. 83. The M&I Path is paved: the Waterfall Glen trail requires wide tires.

July 12: M&I Path – east section – 56 miles.

Aprox. Driving time – 1 hr.

Start: 9:00 AM from the Channahon Access

To get to the parking lot go west on US 6 from 55 for about 2 miles then left on S. Canal St. about ½ mile to the parking lot on the right.

Description: This ride covers the eastern half both ways of the M&I Path from the Brandon Locks in Rockdale to Gebhart Woods State Park in Morris. The path goes along the tow path of the historic canal with it's many locks. The trail is packed crushed limestone – wide tires preferred.

## Club Officials

### Elected Officers

<b>President</b> <i>Al Berman</i>	(847)541-9248
<b>V.P./Ride Chair</b> <i>Art Cunningham</i>	(847)963-8746
<b>Treasurer</b> <i>Bob Savio</i>	(847)438-8066
<b>Secretary</b> <i>Verne Aebli</i>	(847)934-3809
<b>Membership</b> <i>Pam Burke</i>	(630)872-9238
<b>Safety</b> <i>John VonLackum</i>	(847)670-9796

### Appointed Officers

<b>Newsletter</b> <i>Bill Bergeron</i>	(847)382-4704
E-mail: <i>Bergeron000@hotmail.com</i>	

### Chairmen

<b>Mileage Statistician</b> <i>Art Cunningham</i>	(847)963-8746
<b>P.O. Box</b> <i>Phyllis Harmon</i>	(847)537-1268
<b>Web Page</b> <i>Bill Bergeron</i>	(847)382-4704
<b>Social</b> <i>Pam Burke</i>	(630)872-9238
<b>LAB</b> <i>Phyllis Harmon</i>	(847)537-1268
<b>Banquet</b> <i>Pam Zaverdas</i>	(847)359-5970
<b>Government Relations</b> <i>Al Berman</i>	(847)541-9248
<b>Club Meeting Refreshments</b> <i>Betsy Burtelow &amp; Kris Woodcock</i>	

### Newsletter Contributions

Hey, out there, I'd love to hear from you! E-mail your ride notes, stories or articles for the newsletter to me by the 10<sup>th</sup> of each month to and be immortalized in the next issue of Monthly Meanders!

Bill Bergeron

E-mail your submissions to:  
[Bergeron000@hotmail.com](mailto:Bergeron000@hotmail.com)

(Please include your name and phone number in case I have a question)

### Moving?



Don't miss an issue of Monthly Meanders!! Call Pam Burke with all name, address and phone number changes at (630)872-9238.

### July 19: Fox River Trail / Great Western Trail – west segment -

57 mi. Approx. Driving time 45 min  
**Start:** 9:00 AM from trail parking in South Elgin. To reach the parking go east one block on W State Street from Rte. 31, turn right just before the bridge to the parking area along the trail. It can also be reached from Rte. 59 by going west on West Bartlett which is Middle St. past Rte. 25. There is a 1 block jog right in South Elgin on Gilbert St. to E State. Go across the bridge turn and left at the first street to the parking area. **Description:** This ride takes us along a spur of the Fox River Trail which heads west to Randell Rd. at Silver Glen Rd. We proceed along Silver Glen to Burr & Dean to the eastern trail head of the Great Western Trail which we take to Syca more and return. Most of the trail is packed, crushed limestone, wide tires preferred.

### July 26: Green Bay / Robert McClory Trail

to Illinois Beach – 52 mi. Approx. driving time 45 min. **Start:** 9:00 AM at Turnbull Woods Forest Preserve in Glencoe. To reach the parking lot go 1 1/2 mile east of Rte 41 on Lake-Cook Rd. to Green Bay Rd., then right about 0.2 mi. to the parking lot on the left. **Description:** We head north on the Green Bay Trail through Highland Park, Highwood, Lake Forest and Lake Bluff and take the Robert McClory Trail to Zion. We then take a Zion Township trail to Illinois Beach State Park and tour the park trails before returning by the same route. Most of the trails are paved to Lake Bluff: packed crushed limestone beyond. The State Park Trails require wide tires.

\*Departure times are approximate from the Arlington Heights/Palatine area with traffic  
Conditions during the 8:00 to 10:00 AM period. Plan on arriving 30 min before the starting time.

## Welcome New Members!



Scott & Sarah Anderson  
Des Plaines

Mervin & Beth Tuzor  
Hoffman Estates

Gary & Lori Knauland  
Carpentersville

Dennis Sandquist  
Waukegan

Interested purchasing one of those cool Wheeling Wheelmen Jerseys?

Send an E-mail indicating your interest to:  
[Wheeling@wheelmen.com](mailto:Wheeling@wheelmen.com)

IF we accumulate 25 pre-orders, a new "batch" can be ordered. New Jerseys will be approximately \$65 each.

### CORRECTION:

The current jersey is on display at:  
[www.wheelmen.com/jersey.html](http://www.wheelmen.com/jersey.html)



# Wheeling Wheelmen

**Monthly Meanders of the Wheeling Wheelmen**

**JULY Ride Schedule**

All Riders Should:

\*wear a helmet  
\*bring water  
\*bring snacks

\*have a bike in good condition  
\*bring a spare tube and patch kit  
\*bring a bike pump

\*bring an ID card  
\*bring \$\$ for food and phone  
\*arrive early...15-30 minutes

Date	Time	Ride Name	Starting Point	Directions	Miles	Leader/ Phone
Sat. 7-1	8:00	Twisted 60/80/100	Antioch Middle School	I-94 to IL. 173 west just past IL. 59, turn right on Tiffany left at sign for school	60/80/100	Pam Burke 630-872-9238
Sat. 7-1	8:00	Training Ride	Douglas Forest Preserve	On Central Rd. 1 1/2 mi. west of Roselle Rd. just north of I-90	28/32	Frank & Pat Illy 923-5910
Sun. 7-2	8:00	B.D.S.R.	Kildeer School	Old McHenry Road, just north of Long Grove Shopping District	40	Louise Greene 925-0629
Mon. 7-3	9:00	Beloit / New Glarus	Super 8 Beloit	West off I-90 exit 185A (I-43 / Milwaukee Rd..)	90/125	Al & Cindy Schneider 696-2356
Tues. 7.4	8:00	Ice Cream Social	McHenry Co. College	Rt. 14 one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot.	54/76	Brian Hale
Sat. 7-8	8:00	McHenry / Fontana	McHenry Co. College	Rt. 14 one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot.	75	Mike Ortmanns
Sat. 7-8	10:00	Picnic	Old School Forest Preserve	I-94 N, exit IL. 60 W to St. Mary's road turn right to forest preserve. See newsletter for detail	25-30	Al & Cindy Schneider 696-0629
Sat. 7-15	9:00	Cedarburg/Campbellsport	Covered Bridge Park, Cedarsburg	I-94 N through Milwaukee turns into 43. Go north on 43 to 60 (Grafton). Go west on 60 to Covered Bridge Road (4 miles) turn right and go to park, on right	66/100	Al & Cindy Schneider 696-2356
Sat. 7-15	8:00	Training Ride	Douglas Forest Preserve	On Central Rd. 1 1/2 mi. west of Roselle Rd. just north of I-90	28/32	Frank & Pat Illy 923-5910
Sun 7-16	8:00	Cedarburg/Jackson	Covered Bridge Park, Cedarburg	Same as above	85	Virginia & Bob Savio 438-8066
Sat. 7-22	8:00	To be announced	To be announced	Check the ride line		Pam Burke 630-872-9238
Sun. 7-23	8:00	Ride to Big Rock	Rutland Forest Preserve	I-90 W, exit Rt. 47 South, to Big Timber Rd. turn left to Forest Preserve	65/90	Jim Edmiston 815-899-1503
Sat. 7-29	8:00	Sycamore Scamper	McHenry Co. College	Rt. 14 one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot.	82	Art Cunningham 963-8746
Sun 7-30	9:00	Loops of Burlington	Eagle Lake Park	294 North, exit Hwy 11 West, to Hwy 75 right to Church street, left to park	60/80 100	Al Cindy Schneider 696-2356

**Please call the Ride Hotline (847)520-5010 for any last minute changes!**



Wheeling Wheelmen  
P.O. Box 581-D  
Wheeling, IL 60090

**Next Club Meeting:**

**August 3rd , 7:00pm**  
Wheeling High School  
Rt 83 and Hintz Road

We support:

- \*The League of American Bicyclists
- \*The Chicagoland Bicycle Federation

**In This Issue...**

**Mailing  
Address  
Goes  
Here**

**Club Discounts!**

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card show at time of purchase.

**AMLINGS CYCLE & FITNESS**

8140 N Milwaukee Ave., Niles  
(847)692-4240

**ARLINGTON BICYCLE COMPANY**

45 S Dunton, Arlington Hts.  
(847)253-7700

**BICYCLE CONNECTION OF  
SCHAUMBURG**

1226 N Roselle Rd., Schaumburg  
(847)882-7728

**BIKES PLUS**

1313 N Rand Rd, Arlington Hts  
(847)398-1650

**BUFFALO GROVE CYCLING  
AND FITNESS**

960 S Buffalo Grove Rd., Buffalo Grv  
(847)541-4661

**FS CYCLES**

20556 N. Milwaukee Ave., Deerfield  
(847)537-2453

**MIKES BIKES**

155 N Northwest Hwy, Palatine  
(847)358-0948

**SPOKES**

223 Rice Square at Danada, Wheaton  
(630)690-2050

1807 S. Washington, Naperville  
(630)961-8222

**VILLAGE CYCLES/SPORT**

63 Park & Shop, Elk Grove Village  
(847)439-3340

215 W Golf Rd., Schaumburg  
(847)781-9960

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333  
Fax: (202)822-1334

E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In Addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page:  
<http://www.wheelmen.com>

E-mail:  
[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information