

## PREZ SEZ

As I start another term as president, I have reflected back over the many years I have been a member of this club and the changes I have seen over those years. I remember my very first club ride starting at Kildeer School and going down Cuba Road to Algonquin and back and being totally amazed at the beauty of Cuba Road. I

was new into serious cycling and didn't even know such nice biking roads existed. I had some jitters on that first ride, wondering whether I could keep up with everyone, worried that my bike wasn't new enough, worried that I might not know how to fix a flat, etc. But that first ride ended up being fabulous, the people amazingly friendly and many people riding at my pace.

Ever since that first ride I have been totally hooked on this great sport of cycling, and also have felt a strong loyalty to the Wheeling Wheelmen bicycle club and all that it has meant to me. But just going on club rides, as fun as they are, can't equal the satisfaction I get from my participation on the board and my active involvement in the Harmon Hundred.

Today, only parts of Cuba Road are still decent riding, subdivisions and shopping centers are springing up all over the place and increased traffic congestion has forced us to once again move the Harmon farther out. So changes are inevitable, but the Wheeling Wheelmen is still one of the finest clubs in the state and the

Harmon is still, and will continue to be, one of the premier invitationals.



Unless you were actively involved in the board, you wouldn't be able to fully appreciate the great job Wayne did as president. He came out of retirement to serve again as president when no one else wanted the job. His knowledge of people in the biking community and awareness of the important issues concerning biking generally were invaluable. And he devoted many hours to the Wheeling Wheelmen over and above attending all club meetings and all board meetings.

Mike and Ella - even when

*(Continued on page 5)*

## Banquet 1999

For those who were unable to attend the end of the year banquet, here are the list of winners!

### Top 10 Riders Awards

#### Men

1	Bob Savio	4597
2	Art Cunningham	4129
3	Bob Walkowitz	3777
4	Al Schneider	3518
5	Bob Pletch	2493
6	Dennis Berg	2359
7	Jim Edmiston	2315
8	Kurt Schoenhoff	1932
9	Bill Bergeron	1813
10	Louis Greene	1769

#### Women

1	Cindy Schneider	3407
2	Pam Burke	2103
3	Ella Shields	1997
4	Virginia Savio	1705
5	Emily Qualich	765
6	Geri McPheron	665
7	Reinhilde Geis	655
8	Carrie Torgerson	639
9	Betsy Burtelow	579
10	M.E. Ferraro	577

### Best Dressed

<i>Male</i>	<i>Female (a tie)</i>
Mike Ortman	Debbie Brown
	Ella Shields

### Most Improved Rider

<i>Male (a tie)</i>	<i>Female</i>
Bill Bergeron	Pam Burke
Bob Walkowicz	

### Best New Ride of 1999

Greg's Hilly 100's — Greg Iverson

## Club Officials

### Elected Officers

<b>President</b>	
<i>Al Berman</i>	(847)541-9248
<b>V.P./Ride Chair</b>	
<i>Art Cunningham</i>	(847)963-8746
<b>Treasurer</b>	
<i>Bob Savio</i>	(847)438-8066
<b>Secretary</b>	
<i>Verne Aebli</i>	(847)934-3809
<b>Membership</b>	
<i>Pam Burke</i>	(630)872-9238
<b>Safety</b>	
<i>John VonLackum</i>	(847)670-9796

### Appointed Officers

<b>Newsletter</b>	
<i>Jennie Pfeifer</i>	(847)342-8823
<b>e-mail:</b>	<i>Jenniepfei@aol.com</i>
<b>Harmon</b>	

### Chairmen

**St. Pat's Ride**

### Mileage Statistician

*Art Cunningham* (847)963-8746

### P.O. Box

*Phyllis Harmon* (847)537-1268

### Refreshments

*Low Lambros*

### Web Page

*Bill Bergeron* (847)382-4704

### Social

*Pam Burke* (630)872-9238

### CABDA Show

*Pam Burke* (630)872-9238

*Barry Cohen* (847)459-7640

### LAB

*Phyllis Harmon* (847)537-1268

### Banquet

*Pam Zaverdas* (847)359-5970

### Government Relations

*Al Berman* (847)541-9248

### Harmon Data Base

*Jennie Pfeifer* (847)342-8823

### Newsletter Contributions

Hey, out there, I'd love to hear from you!

Your ideas, thoughts, recipies, tips, suggestions, ride notes and stories are welcome.

Send your neatly written or typed words by the 15<sup>th</sup> of each month to:

Jennie Pfeifer  
1955 Silver Lake Rd  
Arlington Hts, IL 60004

(Please include your name and phone number in case I have a question)

## Board Meeting

The next board meeting will be held on January 13th at 7:00 at John von Lackum's house.

All board members are requested to attend. Please let us know if you will be there.

## The Cue Sheet

**Tuesday and Thursday Morning Rides**  
leave Deerfield's Bakery in Buffalo Grove at 9:00 AM.  
The bakery is located on Buffalo Grove Rd just north of Lake Cook Rd.  
Questions? Call Bob Savio (847)438-8066

## Welcome New Members!



Elaine & Jack Uellendahl  
Westchester, IL

## Moving?



Don't miss an issue of Monthly Meanders!! Call Pam Burke with all name, address and phone number changes at (630)872-9238.

**Start the New Millennium off right and join us at our first club meeting of the year:**

**Thursday, January 6  
Wheeling High School  
Hintz Rd. & Rt. 83**

## SHORT RIDES!

In another attempt to encourage more members to get out on rides and learn the techniques of group riding and leading rides, commencing in May there will be weekly short rides of around 20 miles, ridden at a slower pace comfortable to the group. Each board member has volunteered to lead at least one of these rides. All rides will have a sweep so no one gets left behind. It is hoped that there will be a good response to this program so that more members will be encouraged to volunteer to lead these shorter, slower paced rides as the season progresses. The future of this club is dependant on appealing to all levels of riders. In order to do this, we need more volunteers to lead these types of rides. The board members are taking the first step. How this ultimately works out depends on the response from the members of this club. For more information or to get involved call our ride chairman, Art at (847)963-8746.

## CLUB MEETINGS!

In order to encourage attendance at meetings, we would like to have more interesting programs.

For the March meeting we tentatively have a personal trainer lined up as a speaker. A personal trainer is an excellent addition to any exercise regime. Working on strength, flexibility and balance is an effective way to become a better cyclist and avoid injuries.

Anyone with other ideas for programs should contact any board member and we will see that it gets on the agenda.

If anyone has taken an interesting bicycling trip, why not volunteer to give a talk at a meeting so others can share your experience.

## Wheeling Wheelmen - 2000 Ride Schedule

DAY/DATE	RIDE	MILES	START	LEADER
<b>MARCH</b>				
Sun. 3-19	St. Patrick's Day – member's ride	17/35	Wauconda Orchards	Art Cunningham
Sat. 3-25	Loops Through McHenry	35	McHenry County College	
Sun. 3-26	Harmon Routes	15/32	Wauconda Orchards	Bob & Virginia Savio
<b>APRIL</b>				
Sat. 4-1	Bull Valley	35/48	Wauconda Orchards	
Sun. 4-2	B.D.S.R.	40	Kildeer School	Bob Pletch
Sat. 4-8	Show & Go	35/49	McHenry County College	Verne Abli
Sun. 4-9	Alcapones	30	St. Charles High School	John Loesch
Sat. 4-15	Ice Cream Social	53	McHenry County College	
Sun. 4-16	Hills & Horses	40	Penny Road Forest Preserve	Bob Walkowitz
Sat. 4-22	Apple Cider	37	Kildeer School	John von Lackum
Sun. 4-23	Back Roads of Barrington	40	Penny Road Forest Preserve	Pam Burke
Sat. 4-29	Island Lake Loop	50	Kildeer School	Art Cunningham
Sun. 4/30	Barrington Loop	40	Deerfield Bakery	Verne Abli
<b>MAY</b>				
Sat. 5-6	Honey Lake Loop	40	Deerfield Bakery	Frank Illy
Sun. 5-7	Tour of Kettle Moraine	30/60	LaGrange, WI.	
Sat. 5-13	Run from the Dogs	35/48	McHenry County College	Ron Teeple
Sun. 5-14	Antioch-Twin Lakes	60/80	Antioch Middle School	
Sat. 5-20	Wheeled Wonderlust	80	McNair Jr. High	
Sun. 5-21	Ogle Oddyssy	85/98	Meridian Jr. High, Winnibego, IL	
Sat. 5-27	South Barrington Covered Bridges	47	Kildeer School	Brian Hale
Sun. 5-28	47 West of 47	47	Marengo High School	Bob & Virginia Savio
Sun. 5-28	Another Day Another Dam	75/100	Evergreen School, Union	Al & Cindy Schneider
Mon. 5-29	Binnie Woods	65	Binnie Woods	
<b>JUNE</b>				
Sat. 6-3	Paris School	40/55	Paris, WI.	
Sun. 6-4	Ride to McHenry	65	Barrington H.S.	
Sat. 6-10	Spring into Wisconsin	48/62	David Park, Zion	
Sun. 6-11	Wauconda-Twin Lakes	55/72	Wauconda Orchards	Art Cunningham - Joint Ride with Arlington Hts Club
Sat. 6-17	Rock Cut State Park	90	Evergreen Sch., Union	
Sun. 6-18	Tour of McHenry	64	Evergreen School, Union	
Sat. 6-24	LaGrange/Sullivan	75/100	General Store, LaGrange	Al & Cindy Schneider
Sun. 6-25	Rural Wisconsin	60/94	Eagle, WI.	Al & Cindy Schneider
<b>JULY</b>				
Sat. 7-1	Twisted 60	60	Antioch Middle School	
Sun. 7-2	B.D.S.R.	40	Kildeer School	Louis Greene
Mon. 7/3	Beloit/new Garaus	90/125	Super 8, Beloit	Al & Cindy Schneider
Tues. 7-4	Ice Cream Social	53/76	McHenry County College	Brian Hale

## Wheeling Wheelmen - 2000 Ride Schedule

Sat. 7-8	McHenry Fontana	75	McHenry County College	
Sun. 7-9	Picnic	25/30	Old School F. P., Libertyville	Al & Cindy Schneider
Sat. 7-15	Cedarburg/ Campbellsport	66/100	Covered Bridge Park Cedarburg	Al & Cindy Schneider
Sun. 7-16	Cedarburg/Jackson	85	Covered Bridge Park Cedarburg	Virginia & Bob Savio
Sat. 7-22	Tour of Cow Country	63/77	Sharon, WI.	
Sun. 7-23	Ride to Big Rock	65/90	Rutland Forest Preserve	
Sat. 7-29	Sycamore Scamper	82	McHenry Collage	
Sun. 7-30	Loops of Burlington	60/80/100	Eagle Lake Park	Al & Cindy Schneider
<b>AUG.</b>				
Sat. 8-5	Rock Cut State Park	90	Evergreen School, Union	
Sun. 8-6	Lake Geneva	70/100	To be announced	Joint ride with Arlington Hts. Club
Sat. 8-12	Union-Hebron	79	Evergreen School, Union	
Sun. 8-13	47 West of 47	47	Marengo High School	
Sat. 8-19	Ride to Big Rock	65/90	Rutland Forest Preserve	
Sun. 8-20	Root Beer Ride	50/75/ 100	McHenry County Collage	Al & Cindy Schneider
Sat. 8-26	Ella's Escapade	70	Glacial Hills Park, WI	
Sun. 8-27	Bill & Mike's Adventure	75	Glacial Hills Park, WI.	
<b>SEPT.</b>				
Sat. 9-2	Beloit Express	75/120	McHenry County College	
Sun. 9-3	Loops of Burlington	60/80/100	Eagle Lake Park, WI.	Al & Cindy Schneider
Mon. 9-4	Harmon Members Pre- Ride	15/35/65/ 100	Wauconda Orchards	
Sat. 9-9	Binnie Woods	65	Binnie Woods	Kurt Schoenhoff
Sun. 9-10	HARMON 100		Everyone works	
Sat. 9-16	Tour of McHenry	64	Evergreen School, Union	
Sun. 9-17	Tour of Kettle Moraine	30/60	LaGrange, WI.	
Sat. 9-23	Spring into WI.	48/62	David Park, Zion	
Sun. 9-24	Antioch-Lyons-Delevan	65/100	Antioch Middle School	Al & Cindy Schneider
Sat. 9-30	Sycamore Scamper	82	McHenry County Collage	
<b>OCT.</b>				
Sun. 10-1	Bull Valley	35/48	Wauconda Orchards	
Sat. 10-7	Mystery Miles	35	Kildeer School	Bob Walkowicz
Sat. 10/7	LLL	78	Lyons	Al & Cindy Schneider
Sun. 10-8	Wholly Rollers Revised	70	Great Western Trailhead	John Loesch
Sat. 10-14	Ride to Fontana	75	McHenry Collage	
Sun. 10-15	B.D.S.R.	40	Kildeer School	
Sat. 10-22	Bull Valley	35/48	Wauconda Orchards	
Sat. 10-28	47 West of 47	47	Morengo High School	
Sun. 10-29	Paris School	40/55	Paris, WI.	



"You've got mail!"

If you would like your e-mail address listed on the club newsletter, please send your full name and your e-mail address to [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

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contact Art no later than the Thursday evening prior to the weekend of the ride in order to be listed on the ride line. Art agreed to look into confirming availability of the orchard for this year's St. Pat's ride. Jim Edmiston will be chairing/coordinating the event.

**Membership:** (Pam) We are currently at about 300 members. Pam will be mailing out membership renewals in Dec. We will be adding e-mail addresses to the club roster. All membership will be kept confidential within the club.

**Harmon Report:** A special meeting is tentatively scheduled for Dec 7th at 7:00 at Bob Savio's house to discuss routing and rest stops.

**Club Meetings:** A volunteer is needed to coordinate club meeting programs for next year. Al suggested we obtain a personal trainer to provide off-season training tips for the January meeting and will be contacting a trainer regarding availability.

Mark your calendar...



February 25-27  
Friday 5pm - 9 pm  
Saturday 10am - 7pm  
Sunday 10am - 5pm

Rosemont Convention Center  
555 N River Rd  
Rosemont, IL  
Hotline: (708)922-2104

Regular Admission: Adults - \$7  
Children under 12 - \$4  
Children under 6 - Free

Sponsored by CABDA a not-for-profit organization dedicated to improving cycling.

You might find this useful for planning your Y2K tours!



<http://www.okfreewheel.com/nbtda.html>

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they were not on the board, they attended board meetings. Even though their official position on the board this year was as Ride Co-chair persons, their input on every issue concerning the club was invaluable. I think Mike knew every single road and turn on the Harmon cue sheet by heart.

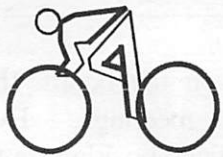
I know I speak for everyone on the new board when I say we will miss Wayne, Mike and Ella, but I feel confident they will stay active and if any of you ever want to come to any board meeting to socialize and/or discuss biking issues we'll set an extra table setting for you.

I look forward to working with returning board members Pam, Verne, Bob, and Jennie. And a big welcome to John, the new safety chairman and Art, the new ride chairman. I could go on thanking people like Al and Cindy, who have undertaken the club picnic year after year and everyone who has helped out at the Harmon, from road making, registration, parking, routing, and food. And finally, a thank you to the many other club members that have volunteered to lead rides.

On a last note, the success of this club is not dependent on any one person, but on the continued active participation of lots of its members.

Have a great winter!!!!

Al Berman



Wheeling Wheelmen  
P.O. Box 581-D  
Wheeling, IL 60090

Next Club Meeting  
Thursday, January 6th  
7:00 PM  
Wheeling High School  
Rt. 83 & Hintz Rd.

We support:  
\*The League of American  
Bicyclists  
\*The Chicagoland Bicycle  
Federation

Mailing  
Address  
Goes  
Here

In This Issue...

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### Club Discounts!

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card show at time of purchase.

**AMLINGS CYCLE & FITNESS**

8140 N Milwaukee Ave., Niles  
(847)692-4240

**ARLINGTON BICYCLE COMPANY**

45 S Dunton, Arlington Hts.  
(847)253-7700

**BICYCLE CONNECTION OF  
SCHAUMBURG**

1226 N Roselle Rd., Schaumburg  
(847)882-7728

**BIKES PLUS**

1313 N Rand Rd, Arlington Hts  
(847)398-1650

**BUFFALO GROVE CYCLING  
AND FITNESS**

960 S Buffalo Grove Rd., Buffalo Grv  
(847)541-4661

**FS CYCLES**

20556 N. Milwaukee Ave., Deerfield  
(847)537-2453

**MIKES BIKES**

155 N Northwest Hwy, Palatine  
(847)358-0948

**VILLAGE CYCLESPORT**

63 Park & Shop, Elk Grove Village  
(847)439-3340

215 W Golf Rd., Schaumburg  
(847)781-9960

### JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333  
Fax: (202)822-1334

E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In Addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page:  
<http://www.wheelmen.com>

E-mail:  
[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information