

## Wheel Words

By Wayne Segedie

**Happy 30<sup>th</sup> Anniversary** Even though we will celebrate our club's 30<sup>th</sup> anniversary next year, this is actually our 30<sup>th</sup> Harmon Hundred. In these days of busy lives and times, I think that any time you can run an event for 30 consecutive years, that is quite an accomplishment. It is because of our strong membership that we have survived all these years and will continue to survive. Thanks to all of you for your continued support. It amazes me how you all come together for our annual Harmon. It takes a lot of hard work to put on this event, and you all do a great job. As this year's Harmon approaches, I wish you all a good time and thanks for all your help. If you have not volunteered yet, give me a call, we will have a blast. Remember that my stop has the best food. Yes, sushi and pasta salad is on the menu again at my stop. See you on the 12<sup>th</sup>.

While I am on the subject of thanks, how about a big thanks to Cindy and Al for a great job on the picnic. How about that weather this year. No rain, now that is really putting on a super picnic. Thanks guys for a good job.

**Nomination time** Yes, it's that time of the year again. I am very happy that a lot of you have come forward this year and volunteered to be on the board for next season. Remember that these positions have to be voted on, so if you are interested in being on the board next year, give me a call to be added to the ballot.

**Club meeting** September's club meeting will be held at Wheeling High School again. We had a good turnout at Russells BBQ in August, and the food was yummy. If you were not there, shame on you, we had a good time. We hope to do a few more meetings next year at other locations like restaurants or bike shops. Preferably restaurants, they have beer there.

**Cycling tip of the month** Standing frequently can relieve many of cycling's ills. For instance, it relieves strain on aching backs, shoulders and tingling hands; and it changes the way your tired



*Happy 30th  
Harmon Hundred!*

leg muscles work. Some experts suggest standing up at least one minute out of every five. I think that is a little too frequently, but I do try to stand every few miles for about 5 to 10 seconds. It really seems to help loosen up the legs again. Also, don't forget to change hand positions frequently. Try to move to a different spot on the bars about every 5 minutes. As I said last month, keep a light touch on the bars, especially while climbing.

The summer season is winding down a little, but while the evening rides will disappear, we will still be riding weekends until the end of October. So, come on out and join us for some of the best riding of the year. Fall brings the prettiest riding available. The colors will start to change offering us the real beauty of nature. Keep the bike lubed, and join us for a ride.

This is my first article since my trip to Colorado, and I want to report that we had a great time. It was very challenging this year, especially because of the weather we had to endure. The Wheeling Wheelmen members on the trip are to be commended for the job they did surviving this trip. We had one day that the weather was so bad, the tour was halted and we were bused from Silverton to Durango. We had to descend Red Mountain Pass in freezing rain with 34-degree temperatures. Obviously, this was not a very pleasant experience. The people in Silverton were wonderful and really extended their hospitality to the 1500 plus riders stranded there. The local fire department opened their Firehouse to us, and provided the hypothermic riders with blankets and a warm place to hang out until the buses arrived. It was so heartwarming to see a community come together to rescue us. The rest of the ride was pleasant except for our usual evening rains. The scenery is outstanding and the tour group Bicycle Tour of Colorado did a great job of taking care of the 1700 riders. I will look for a little smaller ride though next year. I think 350 to 500 riders will be a little cozier for me.

It's that time again for me to say good-bye till next month. Thanks for helping on the Harmon and have a great Labor Day. Keep on riding. May the wind be always at your back  
Wayne

## Club Officials

### Elected Officers

<b>President</b>	
Wayne Segedie	(847)426-4376
<b>V.P./Ride Chair</b>	
Mike Ortmanns	(773)467-9387
Ella Shields	(773)594-1755
<b>Treasurer</b>	
Bob Savio	(847)438-8066
<b>Secretary</b>	
Verne Aebli	(847)934-3809
<b>Membership</b>	
Pam Burke	(630)872-9238
<b>Safety</b>	
Al Berman	(847)541-9248

### Appointed Officers

<b>Newsletter</b>	
Jennie Pfeifer	(847)342-8823
e-mail: JenPfeifer@aol.com	
<b>Harmon</b>	

### Chairmen

<b>St. Pat's Ride</b>	
Art Cunningham	(847)963-8746
<b>Mileage Statistician</b>	
Art Cunningham	(847)963-8746
<b>Newsletter Mailing</b>	
Jennie Pfeifer	(847)342-8823
<b>P.O. Box</b>	
Phyllis Harmon	(847)537-1268
<b>Refreshments</b>	
Lou Lambros	
<b>Web Page</b>	
Bill Bergeron	(847)382-4704
<b>Social</b>	
Pam Burke	(630)872-9238
<b>CABDA Show</b>	
Pam Burke	(630)872-9238
Barry Cohen	(847)459-7640
<b>LAB</b>	
Phyllis Harmon	(847)537-1268
<b>Banquet</b>	
Pam Zaverdas	(847)359-5970
<b>Government Relations</b>	
Al Berman	(847)541-9248
<b>Harmon Data Base</b>	
Jennie Pfeifer	(847)342-8823

### Newsletter Contributions

Hey, out there, I'd love to hear from you!

Your ideas, thoughts, recipies, tips, suggestions, ride notes and stories are welcome.

Send your neatly written or typed words by the 15<sup>th</sup> of each month to:

Jennie Pfeifer  
1955 Silver Lake Rd  
Arlington Hts, IL 60004

(Please include your name and phone number in case I have a question)

## Board Meeting

The next board meeting will be held on Wednesday, September 22 at 7:00 at Ella's house.

All board members are requested to attend. Please let us know if you will be there.

## MEANDER STATS JULY

July was hot and dry, but we still had a few rainouts. The maximum miles for club rides through the end of July is 3905 miles. One hundred and eleven riders have logged miles through this period. Thirteen have exceeded 1000 miles, 29 have done more than 500 miles and 53 have exceeded 300 miles.

The top ten Mileage Munchers through the end of June are given below.

<b>Women</b>		
1	Cindy Schneider	1879
2	Ella Shields	1289
3	Pam Burke	1263
4	Virginia Savio	1064
5	Emily Fuentes	675
6	Carrie Torgerson	639
7	Geri McPheron	434
8	Kris Woodcock	417
9	Shannon Braun	410
10	Betsie Burtilow	398
<b>Men</b>		
1	Bob Savio	2779
2	Art Cunningham	2360
3	Al Schneider	1889
4	Bob Walkowitz	1558
5	Bob Pletch	1411
6	Dennis Berg	1159
7	Verne Aebli	1125
8	Bill Bergeron	1007
9	Jim Edmiston	1001
10	Mike Ortmanns	912



—Racing Wheels —  
Mavic Cosmic Pro's  
Shimano — Clincher

\$350.00 set

Bob Pletch (847)253-8633

## The Cue Sheet

**Tuesday and Thursday Morning Rides**  
leave Deerfield's Bakery in Buffalo Grove at 9:00 AM. The bakery is located on Buffalo Grove Rd just north of Lake Cook Rd. Questions? Call Bob Savio (847)438-8066

**Tuesday and Thursday Evening Rides**  
leave Buffalo Creek Park District On Checker Rd 1/4 mile west of Arlington Hts Rd. Rides start at 6:00 PM. Routes are 25-35 miles and there will be cue sheets Questions? Call Greg Iverson (847)670-0083

**Wednesday Night Rides-thru 9/15/99**  
Start near the Target store on Randall Rd south of Route 20 in Elgin at 5:30 PM  
As always, the rides start promptly. The goal is to maintain a pace of 14.5 to 15 mph for 20-40 miles. There may or may not be a cue sheet, which may or may not be followed. Every effort to finish the ride at dusk is made so bring a blinking reflector.

The last Wednesday night ride will be on 9/15  
Questions? Al & Cindy (847)696-2356

**Wednesday's Hill & Dale Ride**  
departs from Paul Douglas Forest Preserve parking lot on Central Road between Ela Rd and Freeman. Meet at 5:30 PM  
Questions? Frank Illy (847)923-5910

## Welcome New Members!



Don & Sue Latus	Elgin
Brad Cofoid	Elmwood Park
Sheri Rosenbaum	Buffalo Grv

Newsletter Editor/Publisher Wanted!

If you'd like to donate some time to the Wheeling Wheelmen behind the scenes, this job is for you! Approximately 5 hours a month of your time and a computer is all it takes.



Call Jennie Pfeifer for more information or if you have any questions (847)342-8823.

## Moving?



Don't miss an issue of Monthly Meanders!! Call Pam Burke with all name, address and phone number changes at (630)872-9238.

**Monthly Meanders of the Wheeling Wheelmen**

**Ride Schedule  
September 1999**

All Riders Should:      \*wear a helmet      \*have a bike in good condition      \*bring an ID card  
 \*bring water      \*bring a spare tube and patch kit      \*bring \$\$ for food and phone  
 \*bring snacks      \*bring a bike pump      \*arrive early...15-30 minutes

Date	Time	Ride Name	Starting Point	Directions	Miles	Leader	Phone #
Sat Sep 4		Beloit Express	McHenry County College	Rt 14 one mile past Rt 176 in Crystal Lake. Meet in the north parking lot.	75/120	Lou Lambros	815/455-9428
Sun Sep 5	9:00	Loops of Burlington	Eagle Lake Park, WI	294 North, exit Hwy 11 West to Hwy 75, right to Church St, left to park	60/80/100	Mike Ortmanns	773/467-9387
Mon Sep 6		HARMON PRE-RIDE	Wauconda Orchards	Gossell Road, 1/2 mile off Fairfield, north of Rt 176	15/32/65/100		
Sat Sep 11	9:00	Binnie Woods	Binnie Woods	I-90 West to Randall Rd, North to Binnie Rodad West to Forest Preserve	65	Al Berman	847/541-9248
Sun Sep 12		HARMON 100	Wauconda Orchards	Everyone works the Harmon — call any chairperson to volunteer ☺			
Sat Sep 18	9:00	Tour of McHenry	Evergreen School, Union, IL	I-90 West to US 20 to Coral. Turn right to Northrop. Turn left to Washington. Turn right to school.	64	Art Cunningham	847/963-8746
Sun Sep 19	8:00	Sycamore Scamper	McHenry County College	See above	83	Wayne Segedie	847/426-4376
Sat Sep 25		Spring into Wisconsin	David Park, Zion	I-94 N to Rt. 173 (Rosecrantz Rd) go east to Kenosha Rd, turn right to 21st street, turn left to park, past school.	48/62	OPEN	
Sun Sep 26	9:00	Twisted 60	Antioch Middle School	I-94 to IL 173 West just past IL 59, turn right on Tiffany, left at sign for school	60	Ella Shields	773/594-1755

**Please call the Ride Hotline (847)520-5020 for any last minute changes!**

**Wheeling Wheelmen Membership Application**

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_  
 Phone #: \_\_\_\_\_ Age: \_\_\_\_\_

New Member?  Renewal?  L.A.B. Member?  Family dues: \$15 Individual dues: \$12

**Membership Pledge:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

\_\_\_\_\_  
 Applicant's Signature (parent's signature if a minor)      Spouse's Signature  
 Mail this application with payment to Wheeling Wheelmen, P.O. Box 581-D, Wheeling, IL 60090-0581

## Wheeling Wheelmen Board Meeting

**Date:** August 18, 1999

### Minutes

**President: (Wayne)** Wayne began by discussing which board members would be continuing on for the next year and which positions were in need of replacement. Continuing board members & positions are: Verne Aebli (Secretary), Pam Burke (Membership), Bob Savio (Treasurer), Jennie Pfeifer (Newsletter). New board member volunteers (nominees) are: Al Berman (President), Art Cunningham (Ride Chair and continuing on as statistician), John von Lackum (Safety). Final board composition will of course depend on the outcome of the Fall election. Ballots will go out with the October newsletter. Any club member interested in a board position is still eligible for nomination. Wayne will not be continuing on as President but will continue to maintain the club hotline and voicemail for the next year. Art Cunningham said he would be stepping down as St. Pat's coordinator.

There is continued interest in reducing the number of board and club meetings in the upcoming year. It is very likely that the number of meetings will be reduced or eliminated during the Winter and mid-Summer months.

Wayne will be attending the September 24<sup>th</sup> CBF Presidents Council meeting at REI in Oakbrook Terrace. A guest speaker will address will be sharing insights on how to increase club member involvement.

**Secretary: (Verne)** The next club meeting will be September 2 at WHS. The next board meeting will be at Ella Shield's home on September 22. The October board meeting will be hosted by Wayne.

**Treasurer: (Bob)** Bob distributed the monthly budget statement and reviewed

the status of club accounts. Bob indicated that there were many returned Harmon brochures resulting from the direct mailing and that return receipt requested fees were high. Bob recommended that next year brochures should only be mailed to this year's registrants and that bulk mail rates should be used to reduce mailing expenses. Currently, prepaid Harmon entries are running about equal with last year's rate.

**Ride Chairs (Mike & Ella)** Ride leaders are needed for October. October rides are generally of a shorter distance, 30-40 miles. There are problems with the Harmon route due to construction closures of Gilmer Rd. requiring re-routing. The board reviewed some suggested changes. Mike indicated he would take responsibility for routing and providing cue sheet information to Bill Bergeron. It was suggested that different colored paint be used for marking the different routes. Color choices will be left to the road marking crew. A suggestion to color code the cue sheets was not accepted due to the extra expense of colored stock.

Wayne had some additional comments on club rides: Guest riders - while it's difficult or impossible to keep track of guest riders on club rides, club rules require that guests be required to join after attending three club rides and should be asked to do so. Club Mileage - the mileage that counts for club statistics is the cue sheet mileage for the scheduled and announced ride. Bonus miles (either intentional or "lost rider syndrome") do not count and are not recorded.

**Membership (Pam)** There are currently 299 members with Buffalo Grove currently in the #1 position with the most members. Pam has received (and forwarded to the board) several requests for the addition of links to other web sites on our web page. As a general rule, we will not honor these types of requests. Currently, the web page is

consuming close to our total space allocation provided by our ISP and Bill has been deleting files to free up more room. Obtaining additional space would increase costs.

**Harmon Report:** Other than the routing issues above, the board discussed staffing and food pick up and delivery logistics. Bob distributed a staffing summary of all the current assignments and available club members. There are still openings to be filled. McHenry Co. Wireless will be providing SAG support as was done for St. Pat's. Local bike club support for rest stops still needs to be arranged. Wayne will be contacting local shop owners to arrange for volunteer mechanical support. A good suggestion was made that the shops could also provide supplies of common items (gloves, tubes, tires, etc.) for sale at rest stops.

### Other Business:

**Club Jerseys:** Mike stated that it would probably not be a good idea to create a new club jersey as was previously suggested. Instead, there have been a lot of requests for the current design. There may be a re-order of the current design if there is enough interest. Members interested in buying a club jersey should contact Mike or Ella.

**Club Picnic:** The picnic was a success and the weather was wonderful. Congratulations and thanks to Al and Cindy for the work they've done and for agreeing to continue on as lifetime volunteers for the position of Summer picnic coordinators.

**Club Meeting Programs:** There are no programs yet scheduled for the September and October club meetings. The September meeting will be used primarily for last minute Harmon issues.



League  
of Illinois  
Bicyclists

# EXTRA

**News and Notes about  
Bicycling in Illinois**

*A publication of the  
League of Illinois Bicyclists*

**Vol. 1, No. 6**

## ***Bicycle Liability Legislation Passes Illinois Senate***

Illinois cyclists gained at least a partial victory as Senate Bill 839 passed the Illinois Senate on March 26 by a vote of 56-2. SB839's companion legislation, SB101, intended to modify the Illinois Vehicle Code to designate bicycles as "intended users" of Illinois roadways, did not make it out of the Senate Judiciary Committee. Senators Bradley Burzynski of Sycamore and Duane Noland of Blue Mound cast the "no" votes.

SB839, as amended, would change the Tort Immunity Act so that bicyclists would be protected against "willful and wanton misconduct" on the part of local governments; this is the existing standard of municipal responsibility toward users of off-road bicycle trails.

During consideration of both SB101 and SB839 by the Judiciary Committee, LIB and the Chicagoland Bicycle Federation (CBF) proposed an amendment which would provide for a "duty of ordinary care" to cyclists equal to, and not greater than, that currently owed to drivers of motor vehicles. The primary obstacles to adoption of the LIB/CBF amendment to SB101 were local governments, who feared that an equal-duty-of-care standard for cyclists would translate into increased liability exposure and being forced to maintain roadways to a higher standard specifically to accommodate bicyclists. The recent \$30 million award to Rachel Barton as a result of her injuries during an accident on a Metra commuter train figured in the discussions.

Senator Kathleen Parker (R, Northbrook), who sponsored both SB101 and SB839, said in committee that

with the LIB/CBF amendment, SB101 was unlikely to pass the full Senate. The "willful and wanton" amendment to SB839 was proposed by the bill's opponents – primarily local governments – as an alternative which would be more likely to pass, and would also have the support of both local governments and IDOT.

The "willful and wanton misconduct" standard would protect against "[actions that show] an actual or deliberate intention to cause harm or ... an utter indifference to, or conscious disregard for the safety of others or their property." In practice, proving willful and wanton misconduct may be difficult, although some lawyers contend that the actual difference between "willful and wanton" and "failure to exercise ordinary care" is small.

The effects that SB839 would have on cyclists are that although a municipal-liability standard has been established, it is still lower than the "duty of ordinary care" owed to motor-vehicle drivers, and that cyclists would still not become "intended users" of Illinois roadways. In short, although cyclists regain some rights with SB839, they fall short of those prior to the Boub decision, and those asked for by LIB and CBF.

The bill will next be taken up in the Illinois House of Representatives, where it will be sponsored by State Rep. Carolyn Krause (R, Mt. Prospect). LIB and CBF are working on an amendment to ensure that cyclists receive the same protection, and enjoy the same status on Illinois roadways, as motor-vehicle drivers.

**Join LIB and help make sure that bicyclists' rights are upheld!**

LIB CP0998

To become a member of LIB (the League of Illinois Bicyclists), just join LAB (the League of American Bicyclists). These two organizations, with one common membership fee, work for your rights as a bicyclist!

Name: \_\_\_\_\_

Telephone: (    ) \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Basic:             Individual (\$30)     Family (\$45)

Advocate:         Individual (\$50)     Family (\$75)

Make checks payable to **League of Illinois Bicyclists**, 6 Chestnut Court, Park Forest IL 60466-2141



Wheeling Wheelmen  
P.O. Box 581-D  
Wheeling, IL 60090

Next Club Meeting:  
Thursday, September 2  
7:00 PM  
Wheeling High School  
Rt 83 and Hintz Rd

We support:  
\*The League of American  
Bicyclists  
\*The Chicagoland Bicycle  
Federation

Mailing  
Address  
Goes  
Here

**In This Issue...**

September Ride Schedule...Top Ten Club Riders...New Members...

### Club Discounts!

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card show at time of purchase.

**AMLINGS CYCLE & FITNESS**

8140 N Milwaukee Ave., Niles  
(847)692-4240

**ARLINGTON BICYCLE COMPANY**

45 S Dunton, Arlington Hts.  
(847)253-7700

**BICYCLE CONNECTION OF  
SCHAUMBURG**

1226 N Roselle Rd., Schaumburg  
(847)882-7728

**BIKES PLUS**

1313 N Rand Rd, Arlington Hts  
(847)398-1650

**BUFFALO GROVE CYCLING  
AND FITNESS**

960 S Buffalo Grove Rd., Buffalo Grv  
(847)541-4661

**FS CYCLES**

20556 N. Milwaukee Ave., Deerfield  
(847)537-2453

**MIKES BIKES**

155 N Northwest Hwy, Palatine  
(847)358-0948

**VILLAGE CYCLES/SPORT**

63 Park & Shop, Elk Grove Village  
(847)439-3340  
215 W Golf Rd., Schaumburg  
(847)781-9960

### JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333  
Fax: (202)822-1334

E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In Addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page:  
<http://www.wheelmen.com>

E-mail:  
[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information