

## Wheel Words

By Wayne Segedie

With the 4<sup>th</sup> of July holiday having just passed us by, and me getting ready to leave for Colorado in about 36 hours, I was reflecting on our ability as a society to be able to have this freedom to celebrate and bike as we choose. The roads are still open to us a cyclists, and this is a wonderful freedom. We are free to share the roads with automobiles, trucks, buses, and other cyclists. Our freedom as a nation allows us to vacation as we want, and to be able to still cycle the roads of Colorado, Wyoming, Oregon, or whatever state we choose. This is also a time for us to reflect on this freedom, and never loose sight of the fact that these roads are open to us. Let's do our part to keep our cycling freedom. Ride the roads responsibly, and keep them open to us for many more years to come.

**Cycling tip of the month:** As I get ready to climb the mountains of Colorado, I got a great climbing tip from one of the best climbers around, Reid French. He noticed that I was using all my energy to up on the handle-



*Ride the roads responsibly and  
keep them open to us...*

bars while climbing hills. So tonight I tried using my legs more and just lighting resting on the handlebars with my hands, and guess what? I was able to climb much easier. Hopefully this will help me in Colorado. This really works. Just rest your hands on top of the bars without wrapping your fingers around the bars. This will also help your pedal stroke to be a more complete revolution. Hope this little tip helps you too. Thanks Reid.

**Club meeting:** The August meeting will be held at Russells BBQ on Algonquin Road in Rolling Meadows. It is located 1/2 mile east of RT 53. Come early for dinner, and join us for a short meeting. This month we will be discussing our Harmon duties. Hope to see you for some good OLE BBQ and socializing.

Sorry this is short, but I have to finish packing. Have a good cycling month.

*May the wind be always at your back.*

Wayne

## Club Officials

### Elected Officers

<b>President</b>	
Wayne Segedie	(847)426-4376
<b>V.P./Ride Chair</b>	
Mike Ortmanns	(773)467-9387
Ella Shields	(773)594-1755
<b>Treasurer</b>	
Bob Savio	(847)438-8066
<b>Secretary</b>	
Verne Aebli	(847)934-3809
<b>Membership</b>	
Pam Burke	(630)872-9238
<b>Safety</b>	
Al Berman	(847)541-9248

### Appointed Officers

<b>Newsletter</b>	
Jennie Pfeifer	(847)342-8823
e-mail: JenPfeifer@aol.com	
<b>Harmon</b>	

### Chairmen

<b>St. Pat's Ride</b>	
Art Cunningham	(847)963-8746
<b>Mileage Statistician</b>	
Art Cunningham	(847)963-8746
<b>Newsletter Mailing</b>	
Jennie Pfeifer	(847)342-8823
<b>P.O. Box</b>	
Phyllis Harmon	(847)537-1268
<b>Refreshments</b>	
Lou Lambros	
<b>Web Page</b>	
Bill Bergeron	(847)382-4704
<b>Social</b>	
Pam Burke	(630)872-9238
<b>CABDA Show</b>	
Pam Burke	(630)872-9238
Barry Cohen	(847)459-7640
<b>LAB</b>	
Phyllis Harmon	(847)537-1268
<b>Banquet</b>	
Pam Zaverdas	(847)359-5970
<b>Government Relations</b>	
Al Berman	(847)541-9248
<b>Harmon Data Base</b>	
Jennie Pfeifer	(847)342-8823

### Newsletter Contributions

Hey, out there, I'd love to hear from you!

Your ideas, thoughts, recipies, tips, suggestions, ride notes and stories are welcome.

Send your neatly written or typed words by the 15<sup>th</sup> of each month to:

Jennie Pfeifer  
1955 Silver Lake Rd  
Arlington Hts, IL 60004

(Please include your name and phone number in case I have a question)

## Board Meeting

The next board meeting will be held on Wednesday, August 18th at 7:00 PM at Verne Aebli's

All board members are requested to attend. Please let us know if you will be there.

### MEANDER STATS MONTH

June is the month of the long rides with a few centuries showing up on the schedule. But most weekends have three rides to choose from, and there are loads of rides during the week including three evening rides. So there is something to satisfy most rider's tastes, both long and short. Were you to choose the longest ride scheduled for each time, your maximum miles would be 2923 by the end of June. Of the 107 riders who have recorded miles through June, 52 have reached 200+, 43 have reached 300+, and 25 have reached 500+. The top ten Mileage Munchers through the end of June are given below.

#### Women

1	Cindy Schneider	1301
2	Ella Shields	951
3	Pam Burke	845
4	Virginia Savio	723
5	Carrie Torgerson	599
6	Emily Fuentes	465
7	Shannon Braun	410
8	Betsie Burtilow	398
9	Judy Hattendorf	391
10	Geri McPheron	334

#### Men

1	Bob Savio	1985
2	Art Cunningham	1673
3	Al Schneider	1311
4	Bob Walkowitz	991
5	Bob Pletch	913
6	Dennis Berg	878
7	Verne Aebli	717
8	Bill Bergeron	708
9	Greg Iverson	659
10	Kurt Schoenhoff	625

## The Cue Sheet

**Tuesday and Thursday Morning Rides**  
leave Deerfield's Bakery in Buffalo Grove at 9:00 AM. The bakery is located on Buffalo Grove Rd just north of Lake Cook Rd. Questions? Call Bob Savio (847)438-8066

**Tuesday and Thursday Evening Rides**  
Sorry, no Tuesday and Thursday evening rides this month...see you next month!  
Greg Iverson

**Wednesday Night Rides**  
Start near the Target store on Randall Rd south of Route 20 in Elgin at 6:00 PM. As always, the rides start promptly. The goal is to maintain a pace of 14.5 to 15 mph for 20-40 miles. There may or may not be a cue sheet, which may or may not be followed. Every effort to finish the ride at dusk is made so bring a blinking reflector. Questions? Al & Cindy (847)696-2356

**Wednesday's Hill & Dale Ride**  
departs from Paul Douglas Forest Preserve parking lot on Central Road between Ela Rd and Freeman. Meet at 5:30 PM. Questions? Frank Illy (847)923-5910

### HOLY HILL Saturday, August 21 and Sunday, August 22

We had such a good time in May we are going back to Ritchfield, WI for another weekend ride. It will be two challenging days with beautiful scenery and lots of "formidable" hills. Saturday is Ella's Escapade, which is a 70-mile ride and Sunday is Bill & Mike's Excellent Adventure a 75-mile ride. If you can't make it for the whole weekend come on up for just the day.

Both rides will start at 9:00 a.m. leaving from Glacial Hills County Park. Directions: I-94 to 894 bypass, becomes US 45, exit WI 167 W to Fries Lake Road (in Washington Co.), left to park.

We will be staying Saturday night at the Super 8 in Germantown, WI. 1(800)800-8000. We will have a group dinner Saturday night at our favorite Italian restaurant, if anyone is interested. Hope you can join us!  
Mike Ortmanns (773)467-9387  
Ella Shields (773)594-1755



**Monthly Meanders of the Wheeling Wheelmen**

**Ride Schedule  
August 1999**

All Riders Should:      \*wear a helmet      \*have a bike in good condition      \*bring an ID card  
 \*bring water      \*bring a spare tube and patch kit      \*bring \$\$ for food and phone  
 \*bring snacks      \*bring a bike pump      \*arrive early...15-30 minutes

Date	Time	Ride Name	Starting Point	Directions	Miles	Leader	Phone #
Sun Aug 1	8:00	Rock Cut State Park	Evergreen School, Union IL	I-90 West to US 20 to Coral. Turn right to Northrup. Turn left to Washington. Turn right to school.	90	Art Cunningham	847/963-8746
Sun Aug 1	9:00	Mystery Miles	Kildeer School	Old McHenry Rd, just north of Long Grove Shopping District	35	Kris Woodcock	847/520-6932
Sat Aug 7	8:00	Killer Hill	Kildeer School	See above	68	Frank Illy	847/923-5910
Sun Aug 8	9:00	Rome Pond	General Store LaGrange, WI	US 12 West past Elkhorn to County H	45/75	Dennis Berg	847/296-4971
Sat Aug 14	8:30	47 West of 47	Marengo High School	I-90 West to US 20 West, north to Marengo. Corner of Prospect and US 20	47	Leland Yee	847/615-4857
Sun Aug 15	8:00	Ride to Big Rock	Rutland Forest Preserve	I-90 West, exit Rt 47 South to Big Timber Rd, turn left to Forest Preserve	65/90	Art Cunningham	847/963-8746
Sat/Sun Aug 14/15	8:00	Janesville Weekend	Janesville, WI	Starting point and staying at the Super 8 in Janesville, 608/756-8879. Take Hwy 26, Exit 171-A off I-90	Varied Routes	Joe Lippere	847/705-8879
Sat Aug 21	9:00	Ella's Escapade	Glacial Hills Park, Ritchfield, WI	If you want to make this a weekend ride-we are staying at the Super 8 in Germantown. Directions: I-94 west to 894 bypass becomes US 45. Exit WI 167 W to Fries Lake Rd (in Washington Co.) Left to park.	70	Ella Shields	773/594-1755
Sun Aug 22	9:00	Bill & Mike's Adventure	Glacial Hills Park	See above	75	Mike Ortmanns	773/467-9387
Sun Aug 22	8:00	Root Beer Ride	McHenry County College	Rt 14, one mile past Rt 176 in Crystal Lake. Meet in the north parking lot.	76	Al Berman	847/541-9248
Sat Aug 28	8:00	Rural, WI	Eagle, WI	US 12 W past Elkhorn to WI 67 North to Eagle. Park on the street.	60/95	Ron & Judy Hattendorf	847/362-5997
Sun Aug 29	TBA	Cedarburg	Covered Bridge Park, WI	I-94 N through Milwaukee turns into 43. Go north on 43 to 60 (Grafton). Go west on 60 to Covered Bridge Rd (4 miles) turn right and go to park, on right	85	Virginia Savio	847/438-8066

**Please call the Ride Hotline (847)520-5020 for any last minute changes!**

**Wheeling Wheelmen Membership Application**

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_  
 Phone #: \_\_\_\_\_ Age: \_\_\_\_\_

New Member?  Renewal?  L.A.B. Member?  Family dues: \$15 Individual dues: \$12

**Membership Pledge:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

\_\_\_\_\_  
 Applicant's Signature (parent's signature if a minor)      Spouse's Signature  
 Mail this application with payment to Wheeling Wheelmen, P.O. Box 581-D, Wheeling, IL 60090-0581



## Janesville Weekend!

August 14-15, 1999

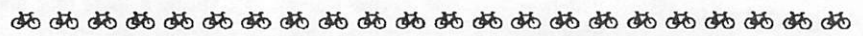
Enjoy varied routes with many mileage choices. Come for a day or the whole weekend. The starting point will be at the Super 8 at Highway 26 Exit 171A off I-90. Super 8 phone # (608)756-2040.

For more information, contact Joe or Sue Lippere (847)705-8879. This will be a joint weekend with Cats and Wheeling Wheelmen. The rides will start daily at 8:00 A.M.

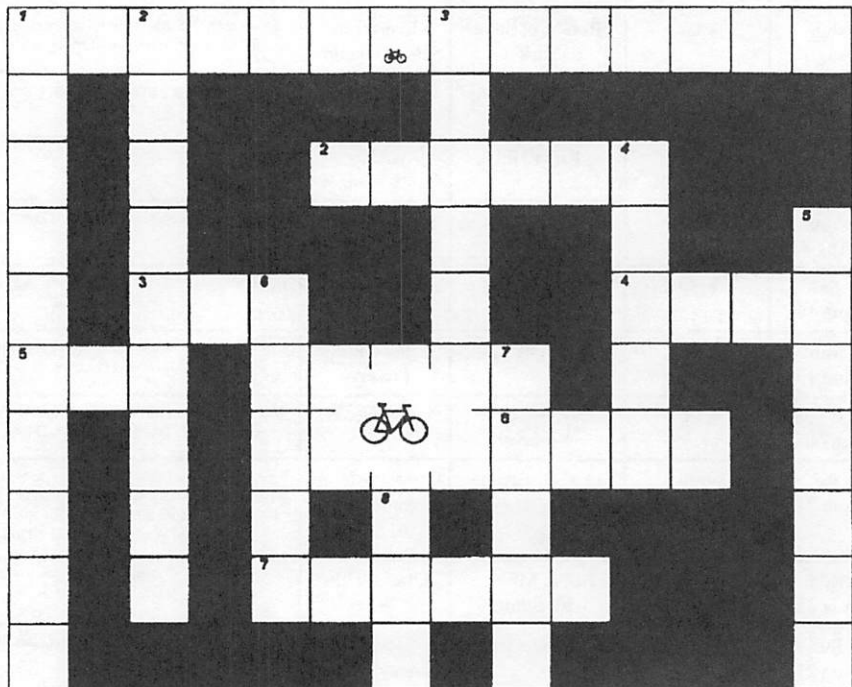
List of other hotels:  
Best Western Travel Lodge  
Ramada 800-228-2828

### Quote of the month or Words to live by...

"I've won plenty of races after having sex!" —Mario Cipollini



## HARMON HUNDRED CROSSWORD PUZZLE



Solution available at the Harmon Hundred – Sept. 12, 1999

#### ACROSS

1. Best Invitational
2. Skid Lid
3. Support and Gear
4. Favorite mode of transportation
5. What you do after a ride
6. Sound a flat makes
7. Broken -----

#### DOWN

1. Steers bicycle
2. Veteran's, Fox River & Basset
3. Not flat
4. Always bring extra
5. A 100-mile ride
6. Something you shift
7. Spins
8. Chases cyclists

This month's regular club meeting will be held on Thursday, August 5th at  
Russell's BBQ  
1885 Algonquin Rd  
(1 mile east of Rt. 53)  
Rolling Meadows  
(847)259-5910  
at 7:00 PM in the Menu Room

Cash bar and Cash food

Please join us for a quick meeting and good food and fun!



League  
Illinois  
Bicyclists

# EXTRA

News and Notes about  
Bicycling In Illinois

A publication of the  
League of Illinois Bicyclists

Vol.1, No. 7

## Legislature Adjourns Without Passing Senate Bill 839

Efforts to amend Senate Bill 839 so that it would satisfy both bicyclists and local governments ran out of time as the legislature adjourned in late May. Work toward an agreement will continue during the summer in preparation for the next legislative session.

Senate Bill 839, as passed by the Senate, would not have restored bicyclists as "intended" users of Illinois roads. SB839 would have merely weakened bicyclists' liability protection by changing the Tort Immunity Act so that bicyclists on designated bikeways (bike lanes and routes) would be protected against only "willful and wanton conduct" on the part of local governments. Under the current law, the bicyclists on designated bikeways are now "intended" users owed reasonably safe conditions by local governments.

On roads not designated as bikeways, local agencies now owe no duty of care to bicyclists, as decided by the Illinois Supreme Court Boub case last fall.

What is it we're seeking for the Illinois legislature? The League of Illinois Bicyclists and the Chicagoland Bicycle Federation are asking that:

1. On roadways not specifically designated as bikeways, bicyclists would be recognized as "intended" users unless forbidden by signs. Local governments would extend to bicyclists their responsibility to maintain reasonably safe road conditions, but no more than their current responsibility for maintaining conditions that are reasonably safe for a motor vehicles.

2. Local governments would not be liable for conditions on the bike lanes and bike routes they establish unless they are guilty of willful and wanton conduct. This is a higher standard of proof for liability than providing "reasonably safe" conditions. However, governments would be expected to follow established standards for such facilities and fix safety problems they are aware of within a reasonable time.

## Boub Case Fallout

In addition to leaving bicyclists with no recourse if a local government's poor road maintenance results in an injury, the Illinois Supreme Court's Boub decision has caused other problems.

For example, a cyclist reported that a Lake County Sheriff's officer told him that "bicycles are not considered vehicles, are not intended to be on the roads, and do not have the right of way. Bicycles should be ridden opposing traffic, like a pedestrian walking. While I understand your concern for your safety - I mean you guys can fall down right in front of us, you don't have the right of way and are not intended users. I wish they would build more bike paths for you guys."

The Chief of the Lake County Sheriff's Department acknowledged bicyclists' right to the road and traveling with traffic, and will follow up on the incident.

**Join LIB and help make sure that bicyclists' rights are upheld!**

LIB CP0998

To become a member of LIB (the League of Illinois Bicyclists), just join LAB (the League of American Bicyclists). These two organizations, with one common membership fee, work for your rights as a bicyclist!

Name: \_\_\_\_\_

Telephone: (    ) \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

Basic:     Individual (\$30)     Family (\$45)

Advocate:     Individual (\$50)     Family (\$75)

Make checks payable to League of Illinois Bicyclists, 6 Chestnut Court, Park Forest IL 60486-2141





Wheeling Wheelmen  
P.O. Box 581-D  
Wheeling, IL 60090

Next Club Meeting:  
Thursday, August 5  
Russell's BBQ  
Rolling Meadows  
7:00 PM  
(see page 4 for details)

We support:  
\*The League of American  
Bicyclists  
\*The Chicagoland Bicycle  
Federation

**In This Issue...**

Holy Hill Weekend...Janesville Weekend...August Ride Schedule...Crossword Puzzle!

Virginia Savio 83

Bob Savio 82  
20862 Buffalo Run  
Kildeer IL 60047

**Club Discounts!**

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card show at time of purchase.

**AMLINGS CYCLE & FITNESS**

8140 N Milwaukee Ave., Niles  
(847)692-4240

**ARLINGTON BICYCLE COMPANY**

45 S Dunton, Arlington Hts.  
(847)253-7700

**BICYCLE CONNECTION OF SCHAUMBURG**

1226 N Roselle Rd., Schaumburg  
(847)882-7728

**BIKES PLUS**

1313 N Rand Rd, Arlington Hts  
(847)398-1650

**BUFFALO GROVE CYCLING AND FITNESS**

960 S Buffalo Grove Rd., Buffalo Grv  
(847)541-4661

**FS CYCLES**

20556 N. Milwaukee Ave., Deerfield  
(847)537-2453

**MIKES BIKES**

155 N Northwest Hwy, Palatine  
(847)358-0948

**VILLAGE CYCLES**

63 Park & Shop, Elk Grove Village  
(847)439-3340

215 W Golf Rd., Schaumburg  
(847)781-9960

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333  
Fax: (202)822-1334

E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In Addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE.

Check out our Website!



Web-page:  
<http://www.wheelmen.com>

E-mail:  
[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information