

# Wheeling Wheelmen

# Monthly Meanders

Newsletter of the Wheeling Wheelmen Bicycle Club

May 1999

## WHEEL WORDS

By Wayne Segedie

**Image:** Recently a club member and I were having a discussion on the phone and the subject of her boyfriend and bike clubs came up. It seems that her boyfriend does not want to join a bike club because of the image he has of them. I immediately stated that clubs are not for everyone, that some people enjoy the solitude of riding alone. Well, solitude was not the issue here. Her boyfriend had observed several clubs in action on the road and did not want to be associated with people who conducted themselves in this manner. I could not fault him on this, and I would not want to be a part of any club or organization that acted in a manner that was not courteous or against the law. The other clubs he had observed were riding four and five abreast, running stop signs and stoplights and just being a nuisance. I assured her that behavior like that was not tolerated in the Wheeling Wheelmen. We always try to ride within the law. If we do that then we will not only act properly on the road, but also be welcomed by other drivers and riders. So the next time you are out on your bike on a club ride (especially wearing a club jersey) please remember to act responsibly, I not only put our club name on the line but my own name. I honestly believe that as a club we try to ride courteously and lawfully. Please don't let me down. You never know who might be watching and a prospective club member.

**Club meetings:** Thanks to **Wayne Mikes** of Mikes Bikes in Palatine for his presentation on Effective Cycling at our April club meeting. The film was very informative. What I thought was most interesting was the question and answer session that followed. So many of you had really great observations about the short-



*...we try to ride courteously and lawfully.*

comings of the film. It just shows how real life experiences can help make us all smarter. Let's put all those great cycling tips to us when we are out on the road. May's meeting will feature Dave Lefever from **TOGIR TOURS**. He will be discussing his trips and what they can mean to you. Come on out and see what he has to offer.

**Cycling Tip of the Month:** Brush your teeth immediately after every ride. Cleansing your choppers rids your mouth of accumulated sugar from sports drinks and leftover globs of energy bars that can cause cavities. Your mouth will thank you.

**Ride Courtesy:** I have asked this before, but I will try to get this across one more time. As a courtesy to the ride leaders and your fellow riders, how about showing up **early** for our rides. Some of you still show up at the last minute before the ride starts. You force the ride leader to have to wait for you to make sure you are signed in and have a cue sheet. This also causes the other riders to have to wait for you. Most of us get there at least a half an hour early. This not only gives you time to get your bike ready, but even gives you a little social time. This extra time allows you not to be "last minute" stressed, and lets you enjoy the ride. What if you arrive with a flat tire or other mechanical problem? Yes, this can happen. So please respect your fellow riders and show up at least 15 to 30 minutes early for the rides.

**St Pat's Recap:** The weather did not cooperate and so the turnout was light. We only had 180 riders this year (Not counting the bandits). The riders that did participate enjoyed the extra touches this year like the home baked cookies and communication and sag support from the McHenry County Wireless Club. So thanks to all the volunteers who helped, whether you worked registration, parking, food support in the kitchen, road marking, etc., you all made it happen. A big thanks to our Chair **Art Cunningham**, who put it all together. Nice job Art. And thanks to our support team: **McHenry County Wireless Club** and **Vince** from **Village CycleSport**.

**Off Road Riding:** Some of you have

*(Continued on page 5)*

## Club Officials

### ELECTED OFFICERS

<b>President</b>	
Wayne Segedie	(847)426-4376
<b>V.P./Ride Chair</b>	
Mike Ortmanns	(773)467-9387
Ella Shields	(773)594-1755
<b>Treasurer</b>	
Bob Savio	(847)438-8066
<b>Secretary</b>	
Verne Aebli	(847)934-3809
<b>Membership</b>	
Pam Burke	(630)872-9238
<b>Safety</b>	
Al Berman	(847)541-9248

### APPOINTED OFFICERS

<b>Newsletter</b>	
Jennie Pfeifer	(847)342-8823
e-mail: BrnzAutmn@aol.com	
<b>Harmon</b>	

### CHAIRMEN

<b>St. Pat's Ride</b>	
Art Cunningham	(847)963-8746
<b>Mileage Statistician</b>	
Art Cunningham	(847)963-8746
<b>Newsletter Mailing</b>	
Jennie Pfeifer	(847)342-8823
<b>P.O. Box</b>	
Phyllis Harmon	(847)537-1268
<b>Refreshments</b>	
Lou Lambros	
<b>Web Page</b>	
Bill Bergeron	(847)382-4704
<b>Social</b>	
Pam Burke	(630)872-9238
<b>CABDA Show</b>	
Pam Burke	(630)872-9238
Barry Cohen	(847)459-7640
<b>LAB</b>	
Phyllis Harmon	(847)537-1268
<b>Banquet</b>	
Pam Zaverdas	(847)359-5970
<b>Government Relations</b>	
Al Berman	(847)541-9248
<b>Harmon Data Base</b>	
Jennie Pfeifer	(847)342-8823

### NEWSLETTER CONTRIBUTIONS

Hey, out there, I'd love to hear from you!!

Your ideas, thoughts, recipies, tips, suggestions, ride notes and stories are welcome.

Send your neatly written or typed words by the 10th of each month to:

Jennie Pfeifer  
1955 Silver Lake Rd.  
Arlington Hts, IL 60004

(Please include your name and phone number in case I have a question. I apologize in advance for any errors - typos happen!)

## Board Meeting

The next board meeting will be on Wednesday, May 19 at 7:00 at Al Berman's house.

All board members are requested to attend. Please give Al a call if you will be there.

## Top Ten Mileage Club Riders

The 1999 ride year started with the March 21st St. Pat's ride. March weather which is so often the pits allowed us to have all 6 rides scheduled for the month. Fifty riders signed on for at least one ride during the final week or so available in March.

The leadoff top ten Meander Mile Munchers list has a lot of the Tuesday/Thursday Deerfield Bakery crowd who always get off to an early start. The maximum miles of all the March rides totalled 193 miles. The top ten lists through March 30 are:

<b>Women</b>	
Virginia Savio	66
Pam Burke	66
Judy Hattendorf	57
Kris Woodcock	49
Cindy Schneider	34
Janie Neuman	34
Ellen Jansyn	34
Sue Lippere	32
Judy Chapman	32
Geri McPheron	25

<b>Men</b>	
Art Cunningham	193
Bob Savio	159
John Von Lackum	93
Dennis Berg	66
Eric Prentice	66
Bob Pletch	59
Ron Teeple	51
Verne Aebli	51
Ron Hattendorf	49
Roy Ericson	45

## The Cue Sheet

**Tuesday & Thursday Morning Rides** leave Deerfield's Bakery in Buffalo Grove at 9:00 AM. Deerfield's Bakery is located on Buffalo Grove Rd just north of Lake Cook Rd. For further information call Bob Savio at (847)438-8066.

**Tuesday & Thursday Evening Rides** leave Daniel Wright School Riverwoods Rd north of Route 22 in Lincolnshire. Beginning May 4th rides will start at 5:45 PM. After May 18th rides will start at 6:00 PM. Call Greg Iverson for information at (847)670-0083.

**Wednesday Night Rides**  
Cindy and Al Schneider will begin their Wednesday night rides on May 5. Start near the Target store on Randall Rd south of Route 20 in Elgin at 5:30 until June 2 when they'll spin away at 6:00. As always, the rides start promptly. The goal is to maintain a pace of 14.5 to 15 mph for 20-40 miles. There may or may not be a cue sheet, which they may or may not follow. They make every effort to finish the ride at dusk, so bring a blinking reflector. Questions? Call them at (847)696-2356

**Wednesday's Hill & Dale Ride**  
departs from Paul Douglas Forest Preserve parking lot on Central Road between Ela Rd and Freeman. Meet at 5:30 PM. For further information call Frank Illy at (847)923-5910

## Welcome New Members!

Mitchell Portugal	Northbrook
Harlan McDaniel	DesPlaines
Patty Steffens	Des Plaines
Ruth Buffalo	Wood Dale
Richard & Andrea Spitzer	Highland Pk
Terry Engelstad	Mt Prospect
Greg Minter	Island Lake
Arthur Baudo	Wheeling
Stacey Mechales	Northbrook
John & Mary Korb	Chicago
Roy Jensen	Northbrook

## Moving?



Don't miss an issue of Monthly Meanders!! Call Pam Burke with all name, address and phone number changes at (630)872-9238.

**Monthly Meanders of the Wheeling Wheelmen**

**Wheeling Wheelmen  
Ride Schedule  
May 1999**

**All  
Riders  
Should:**

\*wear a helmet  
\*bring water  
\*bring snacks

\*have a bike in good condition  
\*bring a spare tube and patch kit  
\*bring a bike pump

\*bring ID card  
\*bring \$ for food & phone  
\*arrive early...15-30 min

Date	Time	Ride Name	Starting Point	Directions to Starting Location	Miles	Leader	Phone #
Sat May 1	9:00	Mystery Miles Ride	Kildeer School Kildeer, IL	Old McHenry Rd, just north of Long Grove shopping district	35	Ella Shields	773/594-1755
Sun May 2	9:00	Tour of Kettle Moraine	General Store LaGrange, WI	US 12 west past Elkhorn to County H	30/60	Mike Ortmanns	773/467-9387
Sat May 8	8:30	Run from the Dogs	McHenry County College	Rt. 14, one mile past Rt. 176 in Crystal Lake. Meet in the north parking lot.	35/48	Art Cunningham	847/963-8746
Sun May 9	9:00	Antioch Twin Lakes	Antioch Middle School	I-94 to IL 173 west just past IL 59, turn right on Tiffany, left at sign for school.	60/80	Bill Bergeron	847/382-4704
Sat May 15	9:00	Ella's Escapade	Glacial Hills County Park Ritchfield, WI	If you want to make it a weekend ride - we are staying at the Super 8 in Germantown (800)800-8000. Take I-94 west to 894 bypass becomes US 45, exit WI 167 W to Fries Lake Road (in Washington Co.) left to park	70	Ella Shields	773/594-1755
Sun May 16	9:00	Bill & Mike's Adventure	Glacial Hills County Park		76	Mike Ortmanns	773/467-9387
Sun May 16	9:00	Southern Barrington Covered Bridges	Kildeer School Kildeer, IL	see above	47	Howard Bronson	847/475-1198
Sat May 22	9:00	47 West of 47	Margengo High School	I-90 west to US 20 west, north to Marengo. Corner of Prospect & US 20	47	Virginia Savio	847/438-8066
Sun May 23	9:00	Binnie Woods	Binnie Woods Forest Preserve	I-90 west to Randall Rd north to Binnie Rd west to Forest Preserve	65	Pam Burke	630/872-9238
Sat May 29	9:00	Loops of Burlington	Eagle Lake Park WI	294 north, exit Hwy 11 west, to Hwy 75 right to Church Street, left to park	60/80/100	Lou Lambros	815/455-9428
Sun May 30	8:30	Winnebago Wheeled Wanderlust	McNair School Winnebago, IL	I-90 west to I-39/US 20 to Winnebago (Amococ on corner) turn left to McNair 1/2 mile down the road (left turn)	80	Rick Amopolin	847/520-3136
Mon May 31	9:00	Silver Lake 60	David Park Zion, IL	I-94 north to Rt. 173 (Rosecrantz Rd) go east to Kenosha Rd, turn right to 21st street, turn left to park, past school.	60	Lou Lambros	815/455-9428

**Call the ride hotline at (847)520-5010  
for more information and changes to the schedule!**

**WHEELING WHEELMEN MEMBERSHIP APPLICATION**

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_  
 Phone#: \_\_\_\_\_ Age: \_\_\_\_\_  
 Family dues: \$15 Individual dues: \$12

New Member? \_\_\_\_\_ Renewal? \_\_\_\_\_ L.A.B. Member? \_\_\_\_\_

**MEMBERSHIP PLEDGE:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

\_\_\_\_\_  
 Applicant's Signature (parent's signature if a minor) Spouse's Signature  
 Mail this application with payment to: Wheeling Wheelmen, P.O. Box 581-D, Wheeling, IL 60090-0581



by Art  
Cunningham

The St. Pat's ride on March 21 attracted 180 paid guests who challenged a windy, brisk Sunday.

Although the club didn't quite cover our expenses, we can feel proud that we offered the local biking community a good start to the invitational year. This included: a clearly marked route; excellent sag service with the help of the McHenry Wireless Assoc.; cue sheets and a give-away magnet to each registered biker; a warm rest stop with delicious home baked cookies, coffee and hot cider at the start and end of each loop; and on-site repair services offered by Village Cycle Sport. The riders who came out on this blustery day in spite of earlier drier weather reports enjoyed a great ride. And all this for only \$3.00. WHAT A DEAL!

I owe thanks to all who made this event the success that it was. First of all, to Rick Breedon who generously made the Wauconda Apple Orchard facilities

available to us. We appreciate his generosity.

And most important to the many club members who donated their time to carry out the tasks needed to support the event. To Mike Ortmanns, Ella Shields, Rick Arnopolin and John Loesch who in the preceding week sprayed those bright green route marks. To Wayne Segedie and the parking crew of Dennis Berg, Rich Drapeau, Dave Lachman, Joe Lippere, Louis Lambros, Ron Teeple, Dennis Braun, Greg Iverson & Henry Shavitt. To Pam Burke and the registrars Bob & Virginia Savio, Ron Hattendorf, Barry Cohen and Bill Bergeron. To the food service crew of Mary Drapeau, Jeff Porter, Pat Illy, Bob Pletch and Marianne Kron. And to the many who baked those delicious cookies: Mike Ortmanns, Art Cunningham, Ella Shields, Mary Drapeau, Virginia Savio, Verne Aebli, Judy Hattendorf, Jennie Pfeifer, Pat Illy, Sara Rief, Terry Torgeson and Marlyn Wareham. It took a lot of folks together to make this a success.

I would like to thank each of you individually.

### HOLY HILL WEEKEND

Saturday, May 15 & Sunday,  
May 16

We are planning our weekend getaway to Ritchfield, WI. It will be two challenging days with beautiful scenery and lots of hills. This is an excellent training ride for upcoming vacations. Saturday is Ella's Escapade, which is a 70-mile ride, and Sunday is Bill & Mike's Excellent Adventure a 75 mile ride. If you can't make it for the whole weekend come on up for just the day.

Both rides will start at 9:00 am leaving from Glacial Hills County Park. Directions: I-94 to 894 bypass, becomes US 45, exit WI 167 W to Fries Lake Road (in Washington Co.) left to park.

We will be staying Saturday night at the Super 8 in Germantown, WI (800)800-8000. We will have a group dinner Saturday if anyone is interested. Hope you can join us!

Mike Ortmanns  
773/467-9387

Ella Shields  
773/594-1755

P.S. If you can't make this trip, mark your calendar since we will be going back again August 21 & 22.

#### Bicycle Advocacy Day!

Arlington Bicycle Company, LLC will be hosting a Bicycle Advocacy Day on Saturday, May 22nd at 45 S Dunton, Arlington Hts from 12 noon to 4 pm.

Organizations invited to attend include the Chicagoland Bicycle Federation, Trail User Rights Foundation (TURF), League of Illinois Bicyclists, International Mountain Bike Patrol (IMBP), Rails to Trails, and local bicycle clubs (including the Wheeling Wheelmen). Planned events include a bicycle road rally with prizes (this will be oriented towards families and children), a bicycle/story contest with entrants from local grade schools judged by Mayor Mulder, an "Ask the mechanic" repair clinic, and electric-assist bicycle test rides. An auction of donated merchandise from Litespeed, Raleigh, Schwinn and GT to benefit the participating non-profit organizations will be conducted with the assistance of Mayor Mulder during the afternoon. Also, a discount of 15% will be offered on all helmets in stock (with a further 5% off to anyone arriving at the shop on their bicycle).

For further information, contact John Amling at (847)253-7700.



*"Picture its bare-bones beauty. The delicate balance of power and elegance you use to make it fly. The tires singing on pavement, chain purring on the sprockets, the seamless paeline hurtling you and your friends home .... Beats there a heart so hard that it can't love a road bike!"*

—Scott Martin (cycling writer)



Check out this Bike Auction Website that fellow member, Earle discovered!

www.CycleSwapper.com

It is a bicycle auction website devoted to bikes and related items.

(Continued from page 1)

expressed some interest in doing some off road riding. Starting in May I will try to put together a monthly off road ride. I will put a ride on for the Kettle Moraine area and also, I want to try the new trails at Wilmot Mountain that are all set to open May 1<sup>st</sup>. If anyone is interested, please let me know. If there is not any interest, I will not bother trying to have an outing.

**Rides:** Our ride season is underway and we certainly have a full plate to offer to you. You even have a full compliment of weekday morning and evening rides. For the schedule of the weekday rides, check your newsletter for starting times and locations, as these will not be announced on the ride line. Speaking of the ride line, make sure you check the ride line on Friday night or Saturday morning for any last minute changes.

**Bike Shop Discount Program:** If you have not noticed, we have added two new names to our list of shops that are kind enough to offer club members a discount on parts and accessories. Please welcome **Amlings Cycle & Fitness** in Niles, and the **Bicycle Connection of Schaumburg**. A big thanks to them for participating in this program

**Happy Mother's Day** to you and yours! Hope your month is full of happy riding. Have a happy and safe Memorial Day weekend.

May the wind be always at your back.

Wayne



Mountain Bike, 19" frame, 1998 Schwinn Home Grown Factory, XTR, SIT front fork, like new, \$2300.

See it at Arlington Hts Bicycle Co or call (847)397-2186 for more information.

## GRABAAWR XIV

I am planning to ride the upcoming "Great Annual Bicycle Adventure Along the Wisconsin River" and am wondering if anyone else is interested in car-pooling with me. I can carry several people, bikes and luggage in my truck and we could split the gas cost and have some friendly faces as we rode.

This is a 7 day ride tracing the routes of early French-Canadian explorers, with the ride starting at the headwaters of the Wisconsin River near the Michigan border (the town of Eagle River) and stopping daily at Rhinelander, Wausau, Wisconsin Rapids, Mauston, Portage, Spring Green and finishes at Prairie Du Chien. The ride starts on June 27th and ends on July 3rd.

I have extra brochures or your can phone GRABAAWR at (888)575-3640 or pull up their website at [www.bikewisconsin.org](http://www.bikewisconsin.org) for more information.

Jim Edmiston (630)289-0606

## A CHALLENGING HILLY 100 MILES A DAY RIDE

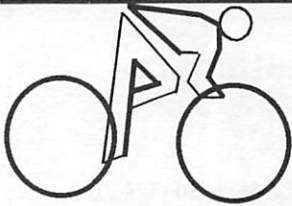
When: Saturday, June 26th and  
Sunday, June 27th

Saturday's ride would be from the Galena area to New Glarus. Sunday's ride would be from New Glarus back to Galena. This will be a no-drop ride! We will have transportation for your gear from Galena to New Glarus and back.

If your are interested contact Greg Iverson for hotel and ride information in the evenings at (847)670-0083.

## Invitational's

- May 2 **Sudden Century**, 30/60/80/100, \$12/\$15, Joliet Bike Club, (708)614-8958 Start: Joliet, IL
- May 2 **Prairie Pedal**, 5/10/20/35/65, \$22, Liberty Prairie Conservancy & Dundee Cardinal Bike Club (847)622-4100 Start: Grayslake, IL
- May 23 **Arlington 500**, 35/45/65, \$6/\$10, Arlington Hts BA, (847)255-3468 Start: Lake Zurich, IL
- May 29-30 **State Line 60**, 35/60, \$16/\$20, Blackhawk Bicycle & Ski Club (815)489-1120, Start: Roscoe, IL
- June 6 **Udder Century**, 10/31/50/62/100 miles, \$15/\$20, (847)477-6858 Start: Union, IL
- June 6 **Tour de Cure**, 25/50/100K, \$15/\$20, benefits American Diabetes Assoc, (312)346-1805 x211, Start: Warrenville, IL
- June 12-13 **TOMRV 22**, 106 & 86 or 65&40 miles \$43/\$48/\$53, (319)355-5530 Start: Bettendorf, IA
- June 17 **BCLC Ramble**, 30/60/80/100 miles \$10/\$15, (847)604-0520 Start: Wauconda
- June 20 **Boulevard Lakefront Tour**, CBF, 35 miles, \$20/\$28, (312)427-3325
- June 20 **Windy 60**, 63 miles, DeKalb County Bike Club, \$12/\$16, Start: DeKalb, IL
- June 27 **Swedish Day's Ride**, Fox Valley Bike Club, 25/50/75/100, Start: Geneva, IL (630)584-7353



Wheeling Wheelmen  
P.O. Box 581-D  
Wheeling, IL 60090

Next Meeting  
Thursday, May 6  
7:00 PM  
Wheeling High School  
Rt 83 & Hintz Rd

Mailing  
Address  
Goes  
Here



**In This Issue...**

St. Pat's Ride Recap...Rider Stats...May Ride Schedule and Invitationals...Holy Hill Weekend Info!

**\$ ClubDiscounts! \$**

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at purchase.

**AMLINGS CYCLE & FITNESS**

\*8140 N. Milwaukee Ave., Niles  
(847)692-4240

**ARLINGTON BICYCLE COMPANY**

\*45 S. Dunton, Arlington Hts  
(847)253-7700

**BICYCLE CONNECTION  
OF SCHAUMBURG**

\*1226 N. Roselle Rd., Schaumburg  
(847)882-7728

**BIKES PLUS**

\*1313 N Rand Rd, Arlington Hts  
(847)398-1650

**BUFFALO GROVE CYCLING  
AND FITNESS**

\*960 S. Buffalo Grove Rd., Buffalo Grove  
(847)541-4661

**FS CYCLES**

\*20566 N. Milwaukee Ave., Deerfield  
(847)537-2453

**MIKES BIKES**

\*155 N Northwest Hwy, Palatine  
(847)358-0948

**VILLAGE CYCLES**

\*63 Park & Shop, Elk Grove Village  
(847)439-3340

\*215 W. Golf Road, Schaumburg  
(847)781-9960

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington DC. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333

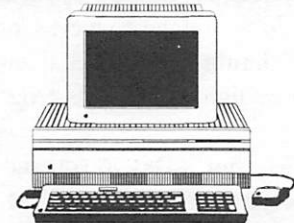
Fax: (202)822-1334

E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)

Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In addition to government relations, they also organize many great cycling rides and rallies around the country. For info on these events call (800)288-BIKE

**Check Out Our Website!**



Web-page:

<http://www.wheelmen.com>

E-mail:

[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information