

## Safety Corner:

by Al Berman

### GUIDELINES TO SAFE GROUP RIDING

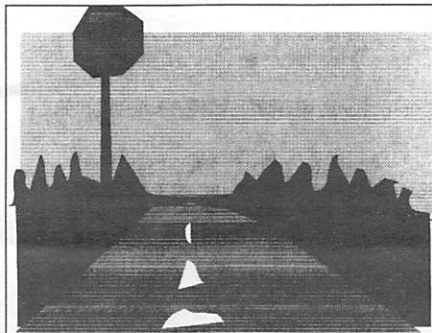
**Be Predictable.** The way to be safe on the road and in a group is to be predictable. Do ride smoothly and signal your intentions; don't weave around, stop suddenly, or make unannounced turns.

**Maintain a safe interval.** Although riding in a tight group (or "drafting") is a good way to go fast and save energy, don't ride too close to the bike in front of you. One to three wheel widths (3-8 feet) is usually a safe distance for slower, less experienced riders. If you do ride close, don't concentrate on the other rider's rear wheel; use other cues such as the rider's shoulder or elbow to judge distance — this also lets you look forward to watch for hazards. Never "overlap wheels". If you're getting too close to the rider in front of you, let the rider behind you know you're slowing down, then slow down slightly by coasting or braking gently.

**Use Signals.** Always announce your intentions by using arm signals. For a left turn, point with the left arm straight out. For a right turn, angle the left arm straight or point with the right arm. To slow or stop, angle the left arm down. When riding in a group, also say what you're going to do: "Left turn", "Right turn", "Slowing", "Stopping".

**Obey Signals.** If you are in a large group, you may find the front of the pack riding through an intersection

when the traffic lights turn yellow or red. If you find yourself approaching a red light, always stop and obey the light. Call out "Stopping" if you become separated from riders ahead of you, but never try to beat the light just to stay with the pack. Similarly, if the group is passing through an intersection, always watch for ap-



*Follow these safety guidelines and everyone will enjoy the ride more!*

proaching cars, even if riders ahead of you claim the intersection is clear.

**Give Warnings.** If you see a monster pothole, glass all over the roadway, or a car coming out of a driveway, let others know about it. Say "Hole", "Glass", "Car right", "Shit!", or something short and appropriate, and point to the hazard to let riders behind you know what's coming.

**Pass Along Warnings.** If someone in back of you calls out "Car back", pass the warning up the line; if the leader calls out a turn or a sudden stop, signal and pass it down the line so the rest of the group knows what's happening.

**Look Before You Move.** If you want to change positions in the pack, such as going into double file or single file, or passing a rider, look around you to make sure the coast is clear, and let others know what you're doing (for instance, "passing on your left")

**Be Prepared to Ride Single File.** If you are riding two-abreast and need to form a single line due to traffic conditions or overtaking traffic, the rider on the right should slow down slightly and let the rider on the left merge in front of him. The rider on the left should speed up slightly and carefully get in line. Always check around you to make sure the coast is clear before merging into the line.

**Watch for Traffic.** Riders in the back of a pack should keep an eye or ear out for overtaking traffic and say "Car back" (or "Truck back") if something's overtaking the group. Riders in the front should also watch for pedestrians, skaters, dog-walkers, etc., announce the hazard ("Runner up", "Dog up"), and give the runner, etc. plenty of room while passing him.

**Be Attentive.** Riding in the middle of a group doesn't mean "follow the leader." Keep an eye and ear out for hazards and traffic situations the leader might not be aware of (such as changing traffic lights, cars approaching intersections, or kids darting out into the roadway) and be prepared to deal with them.

**Be Courteous.** As cyclists, "Share the road" is what we ask everyone else to do. We should do likewise and not block traffic unnecessarily. If you need to stop move off the roadway. Don't ride two abreast in traffic. Stay as far right as is practicle and folow traffic laws.

## Club Officials

### ELECTED OFFICERS

#### Honorary President

Willie G. (if you don't know, don't ask)

#### V.P./Ride Chair

Rick Arnopolin (847)520-3136

#### Treasurer

Bob Savio (847)438-8066

#### Secretary

Verne Aebli (847)934-3809

#### Membership

Pam Burke (630)872-9238

#### Safety

Al Berman (847)541-9248

### APPOINTED OFFICERS

#### Newsletter

Jennie Pfeifer (847)342-8823

e-mail: BrnzAutmn@aol.com

#### Harmon

Open

### CHAIRMEN

#### St. Pat's Ride

Art Cunningham (847)963-8746

#### Mileage Statistician

Art Cunningham (847)963-8746

#### Newsletter Mailing

Jennie Pfeifer (847)342-8823

#### P.O. Box

Phyllis Harmon (847)537-1268

#### Refreshments

Leila Arnopolin (847)520-3136

#### Web Page

Bill Bergeron (847)382-4704

#### Bike Books

Dennis Berg (847)296-4971

#### Social

Pam Burke (630)872-9238

#### CABDA Show

Pam Burke (630)872-9238

Barry Cohen (847)459-7640

#### LAB

Phyllis Harmon (847)537-1268

#### Banquet

Pam Zaverdas (847)359-5970

#### Government Relations

Al Berman (847)541-9248

#### Harmon Data Base

Jennie Pfeifer (847)342-8823

## Board Meeting

The next Board Meeting will be at Al Berman's home on Monday, October 28 at 7:00 P.M.

All Board Members are requested to attend. Please let him know if you will be coming!

### "Quote of the Month..."

"To prepare for a race there is nothing better than a good pheasant, some champagne and a woman."

—Jacques Anquetil  
(5 time winner of the Tour de France)

## MEANDER STATS FOR AUGUST

by Art Cunningham

August was the month of big miles as the super-munchers got in their prime physical condition. Twenty-seven centuries were ridden in club rides during the month (ok I included a couple of 96 milers). This includes 150 mile rides by Louis Lambros, Mike Reyes and Bob Walkowicz. I was suprised to see Lou and Bob out the next day on a 70 mile ride. These guys are animals!

We have had 137 riders participate in one ride during the season. There are now 16 members in the 1000+ mile club.

The top 10 meander mile munchers through the end of August (I think they're all in) are listed below:

### Men

1	Bob Savio	3142
2	Al Schneider	2839
3	Louis Lambros	2502
4	Dennis Berg	2328
5	Art Cunningham	2133
6	Kurt Schoenhoff	1340
7	Bob Pletch	1314
8	Rick Arnopolin	1349
9	Greg Iverson	1214
10	Mike Ortmanns	1093

### Women

1	Cindy Schneider	2637
2	Ella Shields	1508
3	Virginia Savio	1156
4	Janie Neuman	1058
5	Pam Burke	901
6	Carol Passowic	618
7	Mary Ferraro	564
8	Geri McPheron	496
9	Debbie Brown	457
10	Shannon Braun	427

### NEWSLETTER CONTRIBUTIONS

Hey, out there, I'd love to hear from you!!

Your ideas, thoughts, recipies, tips, suggestions, ride notes and stories are welcome.

Send your neatly written or typed words by the 10th of each month to:

Jennie Pfeifer  
1955 Silver Lake Rd.  
Arlington Hts, IL 60004

(Please include your name and phone number in case I have a question. I apologize in advance for any errors - typos happen!)

## Welcome New Members!



Bob Jackson  
Tony Tiagonce

Mt Prospect  
Buffalo Grv

## Moving?



Don't miss an issue of Monthly Meanders!!

Call Pam Burke with all name, address and phone number changes at (630)872-9238.

**Monthly Meanders of the Wheeling Wheelmen**

<b>Wheeling Wheelmen Ride Schedule October 1998</b>		<b>All Riders Should:</b>	*wear a helmet *bring water *bring snacks	*have a bike in good condition *bring a spare tube and patch kit *bring a bike pump	*bring ID card *bring \$ for food & phone *arrive on time		
Date	Time	Ride Name	Starting Point	Directions to Starting Location	Miles	Leader	Phone #
Sun 10/4	9:00	Antioch Twisted Sixty	Upper Middle School Antioch	I-94 to IL 173 west just past IL 59, turn right on Tiffany, left at sign for school	60	Dave Lachman	623-6746
Sun 10/18	10:00	I&M Canal Ride	Channahon State Park, Channahon, IL	I-55 S past Joliet, exit US 6 west, turn left at Canal St., turn right at Trail Headquarters	54	Rick Amopolin	520-3136
Sun 10/31	10:00	Apple Cider Ride	Kildeer School Long Grove	Old McHenry Rd just north of Long Grove shopping district.	40	Kurt Schoenhoff	634-2634

**PARTY  
TIME!**  
1998 Banquet!

Mark your calender for  
Saturday, November 14

To be held at  
Hackney's  
241 S. Milwaukee Ave.  
Wheeling



**A place of your own.**

The Chicagoland Bicycle Federation fights for the rights of bicyclists and for the things that make using your bike better. We do it so people won't drive so much.

And we do it because you're out there already.

For \$20 a year, you can impact the region's transportation future. Contact the Federation at (312)47-PEDAL or iride@chbikefed.org.

And get moving.



417 S. Dearborn, #1000  
Chicago, IL 60605-1120  
www.chbikefed.org

Tuesday morning rides leave Deerfield's Bakery in Buffalo Grove at 10:00.  
Evening rides leave at 6:00.

Call the ride hotline at (847)520-5010 for more information and changes to the schedule!

**WHEELING WHEELMEN MEMBERSHIP APPLICATION**

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_

Phone#: \_\_\_\_\_ Age: \_\_\_\_\_

Family dues: \$15 Individual dues: \$12

New Member? \_\_\_\_\_ Renewal? \_\_\_\_\_ L.A.B. Member? \_\_\_\_\_

**MEMBERSHIP PLEDGE:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor) \_\_\_\_\_ Spouse's Signature \_\_\_\_\_  
Mail this application with payment to: Wheeling Wheelmen, P.O. Box 581-D, Wheeling, IL 60090-0581





League  
of  
Illinois  
Bicyclists

# EXTRA

News and Notes about  
Bicycling in Illinois

A publication of the  
League of Illinois Bicyclists

Vol. 1, No. 1, September, 1998

## The "Boub" Case: Are you an "intended" user of the roads?

*The LIB certainly thinks so!*

Jon Boub was bicycling in Wayne Township in DuPage County when he came upon a bridge on St. Charles Road. There were no warning signs when he approached the bridge, so he proceeded to cross it. He didn't make it, though

He went down and was severely injured when his wheel caught in a groove between wooden planks. The bridge was being repaired and the caulking between the planks had been removed.

Warning signs were up when workmen were present, but not when he attempted to cross it.

Eventually he took Wayne Township to court, and when he lost, he appealed to the Appellate Court. It held for Wayne Township, saying Boub was not entitled to damages because roadways are

"intended for use by motor vehicles only and that the Illinois Highway Code distinguished between a bicycle and a vehicle."

He appealed again -- this time to the Illinois Supreme Court. There the League of Illinois Bi-

cyclists, in conjunction with the Chicagoland Bicycle Federation, presented an amicus curiae (friends of the court) brief. The Court has not yet ruled on the appeal.

### Key Elements of the LIB-CBF "Friends" Brief

- Bicyclists use the public roadway system, and did so historically
- Federal policy promotes bicycling
- State policy promotes bicycling
- Local policy promotes bicycling
- The Appellate Court ruling threatens efforts to encourage bicycle use and safety.

LIB is justifiably concerned about the ruling. It would undercut Illinois law that gives bicyclists all the rights and responsibilities of vehicle drivers. Furthermore, under the ruling municipalities might be reluctant to add bike lanes, bike sensitive signals, signed or mapped bike routes -- anything that would "invite" bicyclists to use roadways.

Join us and help make sure that bicyclists' rights are upheld!

LIB CP0998

To become a member of LIB (The League of Illinois Bicyclists), just join LAB (The League of American Bicyclists). These two organizations, with one common fee, work for your rights as a bicyclist.

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: IL Zip: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Basic Individual (\$30) Family (\$45) Advocate Individual (\$50) Family (\$75)  
 Make checks payable to League of Illinois Bicyclists, 6 Chestnut Court, Park Forest, IL 60466-2141



# August Meeting Minutes

Board Meeting Minutes - August 31

This month's meeting was held at Bob Savio's home. In attendance were Bob, Pam, Rick, President-Elect Ella Shields (you owe me a short sleeved t-shirt, Ella), Mike, Al and Verne.

The next board meeting will be at Al Berman's home on Monday, October 28.

Secretary's Report: The October club meeting is scheduled for Thursday, October 1 at WHS. No program has been scheduled as yet but we can expect a summary of Harmon results.

Treasurer's Report: Bob provided the summary of balances and expenditures for the past month.

Bob has been closely monitoring the mail for receipt of Harmon pre-registrations to see if there is any useful patter. Pre-registrations have been running a bit behind last year and did not begin coming in until mid-July. Based on this, Bob recommends that we do not do a June CABDA Harmon brochure distribution next year because it is too early.

Membership/Social Report: There are currently 333 (hmmmm, halfway to 666) members in the club.

Pam's begun planning social events again for the off season months. The first will

be at a Japanese tea house in Schaumburg. Details have already been included in the newsletter.

Safety Report: Al's been busted! Gossip has it that Al has not been practicing what he preaches and has been spotted violating the center line rule when climbing hills, eliciting a few horn honks in the process.

Al's obtained a copy of the Effective Cycling manual and will be preparing a series of articles for upcoming newsletters.

Ride Report: Rick will be touring in Utah during most of September (assuming they don't move the tour on him again) so Pam will be responsible for the Ride Line and distribution of cue sheets to ride leaders in his absence. Rick only has three rides on the schedule (as you can see on page 3) for October and, as always, needs more ride leader volunteers.

Newsletter: Jennie was too busy riding her new Harley to grace us with her cheerful presence.

Harmon Status Report: There was some discussion on the number of t-shirts needed. From pre-registrations received, about half of the riders have been ordering shirts. It was suggested that maybe the shirts for Harmon volunteers might be distributed after all the rider shirts are. More could be ordered only if needed. This would minimize the number of left over shirts.

Both Bikes Plus (Arlington Hts) and Village CycleSport have agreed to provide mechanic support and will be located at the McHenry and Fox River Grove rest stops.

Bob will be meeting Tuesday 9/1 with the McHenry Co. Wireless Assc (hams) to arrange for SAG and two-way communications support.

There are still some issues with alternate routes to be worked out due to road construction and safety concerns affecting Bonner Rd., Green St., and English Prairie.

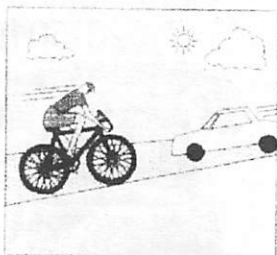
Janie Neuman has agreed to manage the Lakewood Forest Preserve rest stop.

Steve will be serving up grilled pizza along with his suchi at the Fox Rive Grove rest stop. We will need to arrange to rent Weber grills for pizza baking. Traffic safety cones have been purchased and arrangements are being made for production of laminated signs for directions and safety wanings along the route.

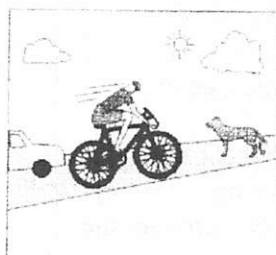
submitted by Verne Aebli

Thank You!

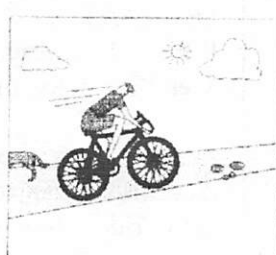
## The Adventures of "Never Stop" Kurt



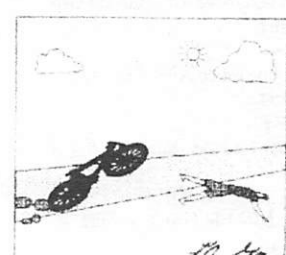
CAR UP!



CUR UP!

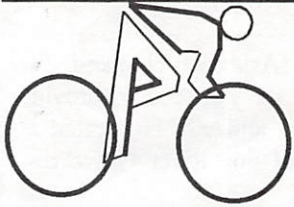


CR-AP UP!



KURT DOWN!





Wheeling Wheelmen  
P.O. Box 581-D  
Wheeling, IL 60090



82

Bob Savio

83

Virginia Savio  
20862 Buffalo Run  
Kildeer IL 60047

Club Meeting  
Thursday, October 1  
7:00 PM  
Wheeling High School  
Hintz Rd & Rt 83



**In This Issue...**

A very short ride schedule...Banquet Information (Don't miss it this year!)...Mileage stats.

**\$ Club Discounts! \$**

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at purchase.

**AMLINGS CYCLE & FITNESS**

\*8140 N. Milwaukee Ave., Niles  
(847)692-4240

**ARLINGTON BICYCLE COMPANY**

\*45 S. Dunton, Arlington Hts  
(847)253-7700

**BIKES PLUS**

\*1313 N Rand Rd, Arlington Hts  
(847)398-1650

**BUFFALO GROVE CYCLING AND FITNESS**

\*960 S. Buffalo Grove Rd., Buffalo Grove  
(847)541-4661

**FS CYCLES**

\*20566 N. Milwaukee Ave., Deerfield  
(847)537-2453

**MIKES BIKES**

\*155 N Northwest Hwy, Palatine  
(847)358-0948

**VILLAGE CYCLESPORT**

\*63 Park & Shop, Elk Grove Village  
(847)439-3340

\*215 W. Golf Road, Schaumburg  
(847)781-9960

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington DC. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333

Fax: (202)822-1334

E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)

Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In addition to government relations, they also organize many great cycling rides and rallies around the country. For info on these events call (800)288-BIKE

**Check Out Our Website!**



Web-page:

<http://www.wheelmen.com>

E-mail:

[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline

(847)520-5010



**Ride and Club Information**