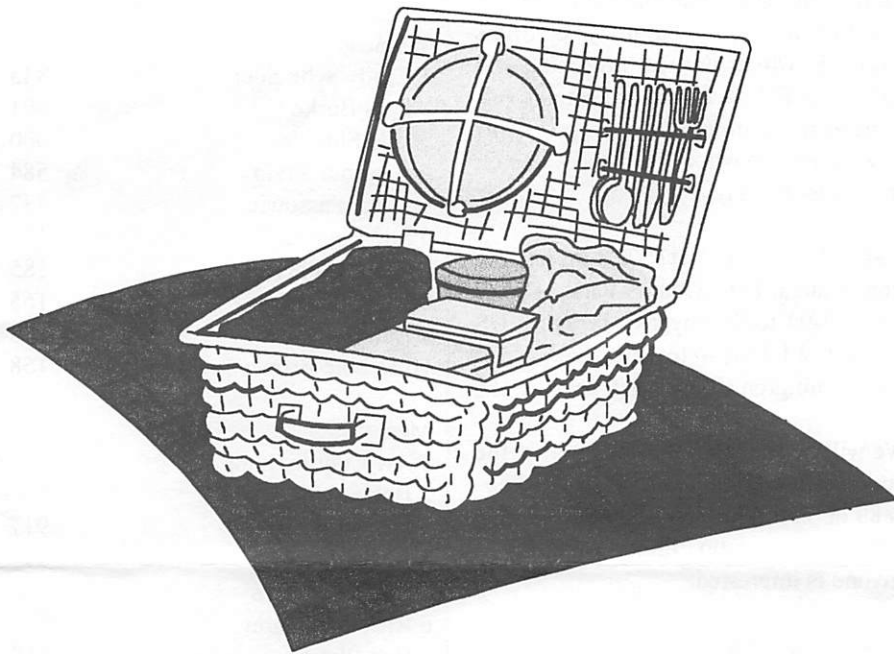


## Annual Wheeling Wheelmen Ride and Picnic! Sunday, July 12, 1998 Old School Forest Preserve



- ◆ Two rides will be offered starting at 9:00 am!
- ◆ The road ride will be lead by Janie Neuman.
- ◆ The off-road ride will be lead by Al Berman.
- ◆ A delicious picnic lunch will be served after riding.
- ◆ Hosted by Al & Cindy Schneider - call them and let them know if you will be coming or if you have any questions at (847)696-2356
- ◆ Directions: I-94 N, exit IL 60 W to St. Mary's Rd., turn right to forest preserve.
- ◆ HOPE YOU WILL BE THERE!

### CLUB REFRIGERATOR MAGNETS!

If you haven't discovered yours by now, better dig your envelope out of the garbage!

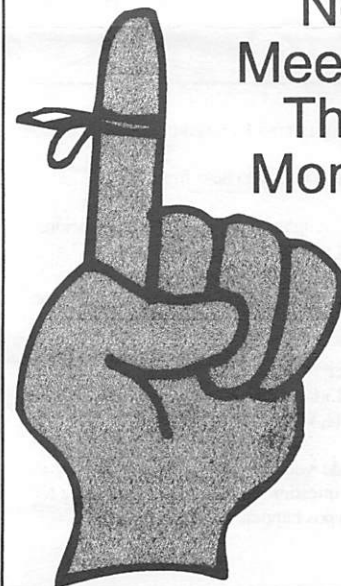


Ride Line: (847)520-5010  
e-mail: [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)  
WEB Page: <http://www.wheelmen.com>  
P.O. Box 581-D, Wheeling, IL 60090-0581

We should all give Ella a great big Thank You! for a job well done. It will be so handy to have the magnet stuck nearby so you can check the ride line or website!

## Remember:

No  
Meeting  
This  
Month!



## Club Officials

### ELECTED OFFICERS

<b>President</b>	
<i>Pavel Pfeifer</i>	
<b>V.P./Ride Chair</b>	
<i>Rick Arnopolin</i>	(847)520-3136
<b>Treasurer</b>	
<i>Bob Savio</i>	(847)438-8066
<b>Secretary</b>	
<i>Verne Aebli</i>	(847)934-3809
<b>Membership</b>	
<i>Pam Burke</i>	(630)872-9238
<b>Safety</b>	
<i>Al Berman</i>	(847)541-9248

### APPOINTED OFFICERS

<b>Newsletter</b>	
<i>Jennie Pfeifer</i>	(847)342-8823
<b>e-mail:</b>	<i>BrnzAutmn@aol.com</i>
<b>Harmon</b>	
<i>Open</i>	

### CHAIRMEN

<b>St. Pat's Ride</b>	
<i>Art Cunningham</i>	(847)963-8746
<b>Mileage Statistician</b>	
<i>Art Cunningham</i>	(847)963-8746
<b>Newsletter Mailing</b>	
<i>Jennie Pfeifer</i>	(847)342-8823
<b>P.O. Box</b>	
<i>Phyllis Harmon</i>	(847)537-1268
<b>Refreshments</b>	
<i>Leila Arnopolin</i>	(847)520-3136
<b>Web Page</b>	
<i>Bill Bergeron</i>	(847)382-4704
<b>Bike Books</b>	
<i>Dennis Berg</i>	(847)296-4971
<b>Social</b>	
<i>Pam Burke</i>	(630)872-9238
<b>CABDA Show</b>	
<i>Pam Burke</i>	(630)872-9238
<i>Barry Cohen</i>	(847)459-7640
<b>LAB</b>	
<i>Phyllis Harmon</i>	(847)537-1268
<b>Banquet</b>	
<i>Pam Zaverdas</i>	(847)359-5970
<b>Government Relations</b>	
<i>Al Berman</i>	(847)541-9248
<b>Harmon Data Base</b>	
<i>Jennie Pfeifer</i>	(847)342-8823

### NEWSLETTER CONTRIBUTIONS

Hey, out there, I'd love to hear from you!!

Your ideas, thoughts, recipies, tips, suggestions, ride notes and stories are welcome.

Send your neatly written or typed words by the 15th of each month to:

**Jennie Pfeifer**  
1955 Silver Lake Rd.  
Arlington Hts, IL 60004

(Please include your name and phone number in case I have a question. I apologize in advance for any errors - typos happen!)

## Board Meeting

The next Board Meeting/Harmon Organizational Meeting will be held at Bob & Virginia Savio's house on Thursday, July 9th at 7:00 P.M.

All Board members and Harmon volunteers are requested to attend.

## HOLY HILL WEEKEND

Saturday Aug 22 & Sunday Aug 23  
Mike Ortmanns (847)439-9861  
Ella Shields (773)594-1755

We had so much fun in May we are planning another weekend getaway to Ritchfield, Wisconsin. It will be two challenging days with beautiful scenery and lots of hills. Saturday is Ella's Escapade which is a 65 mile ride and Sunday is Bill & Mike's Excellent Adventure a 75 mile ride. If you can't make it for the whole weekend come on up for just the day.

Both rides will start at 9:00 a.m. leaving from Glacial Hills County Park. Directions: I-94 to 894 bypass, becomes US 45, exit WI 167 W to Fries Lake Road (in Washington County) left to park.

We will be staying Saturday night at the Super 8 in Germantown, WI (414-255-0880 or Toll free 1-800-800-8000). We will have a group dinner Saturday if anyone is interested.

Hope you can join us!

Ella & Mike

## Welcome New Members!



Susan Field	Barrington
Zolton & Andrea Goncz	Northbrook
Rose Lopez	Deerfield
Andrew Marrinson	Island Lake
Stephanie Sommers	Chicago
Kevin Vignocchi	Vernon Hills
Roger Vignocchi	Deerfield

## MEANDER STATS FOR MAY

Sign-up sheets for 23 club rides for a maximum of 1809 miles for the year to date were received by your meander statistician. In addition to the Tuesday-Thursday rides during the week, Cindy & Al's Wednesday evening rides became a regular weekly offering. Weekends offer 2 to 5 options, so there are many opportunities to join a group at a location and riding the distance to suit every member.

So far this year 101 members have participated in at least one club ride. Hard core riders are a smaller group. Fifty-eight members have logged 100+ miles; while only 29 have logged 200+ miles. The mileage for the top ten meander mile munchers for May are as follows:

### Women

1 Cindy Schneider	845
2 Pam Burke	601
3 Ella Shields	600
4 Virginia Savio	584
5 Carol Passowic	437
6 Sue Lippere	185
7 Geri McPheron	185
8 Mary Ferraro	165
9 Emily Fuentes	158
10 Debbie Brown	158

### Men

1 Art Cunningham	1198
2 Bob Savio	1186
3 Dennis Berg	917
4 Al Schneider	917
5 Louis Lambros	862
6 Rick Arnopolin	840
7 Bob Pletch	659
8 Kurt Schoenhoff	621
9 Mike Ortmanns	400
10 Ralph Salle	379

## Moving?



Don't miss an issue of Monthly Meanders!!

Call Pam Burke with all name, address and phone number changes at (630)872-9238.

**Monthly Meanders of the Wheeling Wheelmen**

**Wheeling Wheelmen  
Ride Schedule  
July 1998**

**All  
Riders  
Should:**

\*wear a helmet  
\*bring water  
\*bring snacks

\*have a bike in good condition  
\*bring a spare tube and patch kit  
\*bring a bike pump

\*bring ID card  
\*bring \$ for food & phone  
\*arrive on time

Date	Time	Ride Name	Starting Point	Directions to Starting Location	Miles	Leader	Phone #
Sat 7/4	8:30	Beloit-New Glarus	Horace White Park, Beloit, WI	I-90 W, exit US 51 to Beloit, turn right on Park St to Horace White Park	90/126	The Schneiders	696-2356
Sun 7/12	9:00	Wheeling Wheelmen Picnic Ride	Old School Forest Preserve	I-94 N, exit IL 60 W to St. Mary's Rd, turn right to forest preserve.	30-35 road 10-15 trail	Janie Neuman Al Berman	367-7720 541-9248
Sun 7/12		McHenry-Fontant	McHenry College	US 14 west, two miles north of IL 176 in Crystal Lake	75	Mike Ortmanns	439-9861
Sat 7/18	TBA	Antioch, A New Twist	Upper Middle School, Antioch	I-94 to IL 173 west just past IL 59, turn right on Tiffany, left at sign for school	60/100	The Schneiders	696-2356
Sun 7/19	9:00	Pedal, Paddle, and Picnic	Crystal Lake Park		18/35/56	John Loesch	(630)377-6258
Sun 7/19	9:00	Cedarburg Jackson	Covered Bridge Park, Cedarburg, WI	94 N thru Milwaukee turns into 43. Go N on 43 to 60. Go W on 60 to Covered Bridge Rd (approx 4 mi) turn rt and go to park on rt	64/87	Virginia Savio	438-8066
Sun 7.26	9:00	Wauconda-Bull Valley	Wauconda Apple Orchards	Gossel Rd between Fairfield and Gilmer, north of IL 176	35/45	The Pfeifers	342-8823

Tuesday morning rides leave Deerfield's Bakery in Buffalo Grove at 10:00.  
Evening rides leave at 6:00.

Call the ride hotline at (847)520-5010 for more information and changes to the schedule!

**WHEELING WHEELMEN MEMBERSHIP APPLICATION**

Name: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Age: \_\_\_\_\_

Phone#: \_\_\_\_\_

Age: \_\_\_\_\_

Family dues: \$15 Individual dues: \$12

New Member? \_\_\_\_\_ Renewal? \_\_\_\_\_ L.A.B. Member? \_\_\_\_\_

**MEMBERSHIP PLEDGE:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor) \_\_\_\_\_ Spouse's Signature \_\_\_\_\_

Mail this application with payment to: Wheeling Wheelmen, P.O. Box 581-D, Wheeling, IL 60090-0581



## EVENING RIDES!

Starting in June through the end of August the new start time for Tuesday and Thursday evening rides will be 6:00 P.M.

On September 1st through the end of the month the starting time will go back to 5:30 P.M.

The starting location is Daniel Wright School in Lincolnshire. For more information please call Janie Neuman at (847)543-9240.

## LOVE

Why do we love cycling?

There is no finer sport, few that are so close to the many moods of the human heart. Cycling is blur-your-eyes speed married to casual spins through sunny countryside. It is sprinting until you taste lung; it is halting on a single-track trail while silent whitetail deer cross one by one in front of you, the last one stopping and swiveling its head to look you in the eye. It is the contrast between the sleepy gathering of friends for an early-morning Sunday training ride and the Mardi Gras/Bastille Day rolling parth that is the Tour de France's peloton-preciding caravan, which triples the population of every tiny French town it enters. That is why some of us love the sport.

Then there is the bicycle itself, an unparalleled merger of a toy, a utilitarian vehicle and sporting equipment. The bicycle can be used so many ways, and approaches perfection in each use. For instance, the bicycle is the most efficient machine ever created: Converting calories into gas, a bicycle gets the equivalent of three thousand miles per gallon. A person pedaling a bike uses energy more efficiently than a gazelle or an eagle. And a triangle-frame bicycle can easily carry ten times its own weight—a capacity no automobile, airplane or bridge can match. Perfection. That is why others love the bike itself.

What's more, the bicycle is a great equalizer. The clumsiest of us, the most overweight, even people missing limbs are among those who have mastered this simple machine. Blind people ride on the back of tandems to taste the thrill of rolling along under their own power, and paraplegics scorch mountain trails on fully suspended mountain bike wheelchairs. That's why some of us love the activity.

But I think what gives our passion an edge unlike any other is its sheer versatility: the fact that cycling can be so many different things to us, sometimes even all of them at once. It's a thing with lots of splendors, as someone once said a bit more eloquently.

(by Bill Strickland from "The Quotable Cyclist")



Happy 4th of July!  
Have a safe one!



TREK 2300 PRO ROAD BIKE - NEW - ONLY RIDDEN 30 MILES  
54 CM CARBON FIBER FRAME  
SHIMANO 600 COMPONENTS  
\$1000.00 OR BEST OFFER

CONTACT: JOHN (847)251-1462

## DuPage County Bike Map!

Are you sick of riding in Lake County? DuPage County Regional Planning Commission has a map of all bicycle trails, paths, routes and suitable roads available for \$10 (\$11 if mailed). Make checks payable to the commission and send to:

DuPage County Regional Planning Commission  
421 N County Farm Road  
Wheaton, IL 60197

**STOP DIRTY TRUCKS!**

Diesel truck exhaust is composed of a hazardous mix of chemicals, including toxins that are believed to cause cancer, and fine particulates which aggravate asthma, bronchitis, emphysema and heart disease.

Fine particulate air pollution is responsible for more than 4,000 premature deaths in Illinois each year, and nearly 60,000 nationwide.

Car owners do their part to reduce air pollution by having their vehicle's exhaust tested. But emissions standards for diesel trucks, adopted six years ago, have yet to be enforced.

The black clouds of soot these trucks leave behind are more than just a nuisance - they are a significant threat to the health and lives of Illinois citizens.

HELP STOP TRUCKS FROM BELCHING POLLUTING EXHAUST BY CALLING 312-649-3355

**AMERICAN LUNG ASSOCIATION**  
of Metropolitan Chicago

**DIESEL CLEAN-UP CAMPAIGN**



# June Meeting Minutes

Board Meeting Minutes - June 8, 1998

This month's meeting was held at Bob Savio's home. In attendance were Bob Savio, Pam Burke, Rick Arnopolin, Ella Shields, Mike Ortmanns and Verne Aebli.

The next board meeting will be a special Harmon meeting, to be held at Bob Savio's home on the Wednesday or Thursday after the 4th of July. Bob will contact Harmon volunteers and determine a suitable date.

## Minutes

**Treasurer's Report:** Bob provided a summary of account balances and CD roll over activity. Software problems have prevented preparation of the monthly financial summaries.

**Membership/Social Report:** Pam reported that there are 324 members in the club.

The business card refrigerator magnets have been received and will be distributed with the next newsletter. If you're reading this in the newsletter you should also have a magnet. If not, better dig that envelope out of the trash!

Pam will be supplying updated rosters at the July Harmon organizational meeting including new members added since the June mailing. Our Harmon organizers will be calling on members to volunteer to help out on this event.

**Ride Report:** Rick will be out of town from 6/19-6/28. Pam will be filling in for him and doing the ride line recordings. Al Berman will be the off-road ride leader for the picnic. Rick needs ride leaders for July rides. The schedule is still looking a bit thin.

## Misc.

**Effective Cycling:** Pam noted that the

Evanston club is advertising Effective Cycling classes. We would like to determine how well-attended these types of classes are and what the level of demand is. I may speak with representatives from other clubs at the June 26 CBF meeting to try to get an idea of the level of demand for these classes. We need to follow up with Wayne to determine if he is still interested in becoming certified as an EC instructor.

**Newsletter:** We need newsletter articles. Bob suggested we take a closer look at joining Adventure Cycling in order to take advantage of their newsletter.

**Harmon Report:** CABDA has completed the June 1 brochure distribution. Jennie will handle the bulk mailing scheduled for June 10. There will be an additional CABDA distribution July 1.

The board reviewed sample artwork for Mike Ortmann's t-shirt design selected for this year's shirt. It will be a multi-colored design on a white shirt. The design incorporates a Harmon route map. Shirt orders should be placed by August 1. (They can be ordered as late as September 1 but some of us are uncomfortable with such a short lead time.)

We agreed it would be a good idea to try to paint over ride markings from prior years with fresh markings where possible. There were a lot of observations from members who have done other clubs' rides about the number of old and sometimes confusing markings on the roads left over from many years of rides. We would not want our route markings to cause any problems with any local or county road authorities.

Bob will be hosting a Harmon coordination meeting next month some time the week following July 4th. All Harmon organizers will be asked to attend. Bob anticipates everything should run smoothly since the organizers are well-experienced and know what is required of them. Bob will be informing people of the date.

We would like to have some form of new

membership brochure available by the time of the Harmon. It's been pointed out that there needs to be more space provided in the name/address box. This should be an interim version to get us by until the major redesign can occur some time in October/November.

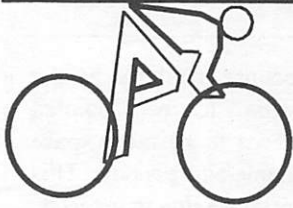
**Storage Racks:** Previously, the board has agreed to use space in Bob's basement for storage of club materials. The board approved Bob's request to purchase storage racks. The racks have not been purchased yet but Bob indicated he will soon be doing so. Anybody with club assets who wishes to store them at Bob's house is still welcome to drop these items off at any time.

**Banquet:** The banquet date has been set for Saturday, November 17. Pam Zaverdas has suggested holding it at Hackney's on Milwaukee Ave. The banquet is open to all club members for a fee TBD and will be free to Harmon volunteers. There was some brief discussion on whether to have entertainment and what type, e.g. some kind of interactive game or an activity to involve everybody. (Hint-better get those butts in shape, or watch out for Rick if you see him with a camera.)

**Windy City Sports:** WCS contacted Ella looking for a club spokesperson to contact with information on the club for an upcoming article. Ella will notify them to contact Bob.

**Web Page:** Bill has started including ride pictures on the web page and has suggested the purchase of a digital camera for club use. The board will consider the request as soon as we have information on the price and suitability of available cameras.

**Next Club Meeting:** The next club meeting will be on August 6. I will contact Vince from VCS to confirm that he is still agreeable to letting us use his Schaumburg store for this meeting. Board meetings will continue on a monthly basis over the summer.



Wheeling Wheelmen  
P.O. Box 581-D  
Wheeling, IL 60090

No  
Club  
Meeting  
This  
Month!

Mailing  
Address  
Goes  
Here



**In This Issue...**

Ride Schedule...Meander Stats...Meeting Minutes...Picnic Information

**\$ Club Discounts! \$**

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at purchase.

**AMLINGS CYCLE & FITNESS**

\*8140 N. Milwaukee Ave., Niles  
(847)692-4240

**ARLINGTON BICYCLE COMPANY**

\*45 S. Dunton, Arlington Hts  
(847)253-7700

**BUFFALO GROVE CYCLING AND FITNESS**

\*960 S. Buffalo Grove Rd., Buffalo Grove  
(847)541-4661

**FS CYCLES**

\*20566 N. Milwaukee Ave., Deerfield  
(847)537-2453

**MIKES BIKES**

\*155 N Northwest Hwy, Palatine  
(847)358-0948

**VILLAGE CYCLES/SPORT**

\*63 Park & Shop, Elk Grove Village  
(847)439-3340

\*215 W. Golf Road, Schaumburg  
(847)781-9960

**JOIN THE LEAGUE!**

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington DC. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists  
1612 K Street, NW, Suite #401  
Washington, DC 20006

Tel: (202)822-1333

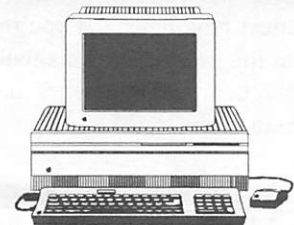
Fax: (202)822-1334

E-mail: BikeLeague@aol.com

Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For info on these events call (800)288-BIKE

**Check Out Our Website!**



Web-page:

<http://www.wheelmen.com>

E-mail:

[wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

Club Hotline  
(847)520-5010



Ride and Club Information