

From the editor...

by Jennie Pfeifer

Yup, it's me again. Like I said before, I actually enjoy putting this newsletter together. It's been easy this year because we have so much going on!

The official start of the Wheeling Wheelmen riding schedule was the St. Pat's ride. Check out Art's recap on page 7.

Did everyone receive their 1998 club membership card? A big special "Thank You!" goes out to Pam Burke who did all the hard work along with her elves, Wayne and Bill. Be sure to flash your card at the bike shops listed on the back page when you purchase parts or accessories and get a discount!

Mark your calendar now for the annual summer picnic which will be hosted by Al & Cindy on July 12th at the Old School Forest Preserve.

Work on this year's Harmon 100 has begun! We will mail almost 2600 brochures on June 1. The club would like to open up this year's Harmon t-shirt design to club member input. Members are welcome to submit their ideas for t-shirt designs by May 11. Send your idea to Bob Savio.

Any ideas for cycling or advocacy related charitable donations should be submitted to the board for consideration.

Have you surfed onto our website lately? There have been several major changes to the web page aside from the facelift. We now have our own domain name:

www.wheelmen.com. Those of you with computers, update your bookmarks and favorite places!

Thank you again to Dan Roethle for the informative presentation on bike maintenance. Dan works for Huffy and indicated they are looking for people interested in training and working as bike mechanics. Please contact Dan for details.



The Wheeling Wheelmen are off to a very busy start this year...

We will have another interesting presentation at this month's meeting on May 7 - look on page 4 for the details - be there!

Also, don't forget that there will be no club meetings in June or July because the high school will not be available for our use. Board meetings will continue and Harmon chair persons will meet as needed over the summer to prepare. Watch for meeting details in future issues.

Finally, this month I've got cycling vacation stories from Ella and Jim to entertain you on page 6. I almost had to stop the presses to get Jim's included in this issue but it was worth it! I hope that many of you will be taking a vacation this summer and will share your adventure with the rest of us!

Safety Corner:

by Al Berman

Now that we are getting into the full swing of the riding season we should have set some goals for the year; just go out on a regular basis and enjoy the exercise, do one or more centuries, ride in more invitationals, do some week-end trips etc. We also should have had our bikes checked out to make sure everything is in good condition so as to minimize the chance of unexpected break downs. We should be sure we have spare tubes and tire irons and a pump on every ride so if we do get a flat we don't have to beg someone else to loan us a tube. And we should have a rear view mirror so that we can be aware of any traffic approaching from the rear. One of the advantages of belonging to a bicycle club is the opportunity to ride with others. Not only is it the companionship and camaraderie, but you will find that you usually ride better in the company of others. But riding in a group entails some additional responsibilities. If a number of people are riding as a group, only the first rider has a totally unobstructed view of the condition of the road immediately ahead. And conversely only the riders in the back are the first to notice traffic approaching from the rear. So when riding in a group we must do certain things to make things as safe as possible for everyone. We do this by

"announcements" or "hand signals."

(Continued on page 4)

Club Officials

ELECTED OFFICERS

Honorary President

Albert Einstein

V.P./Ride Chair

Rick Arnopolin

(847)520-3136

Treasurer

Bob Savio

(847)438-8066

Secretary

Verne Aebli

(847)934-3809

Membership

Pam Burke

(630)872-9238

Safety

Al Berman

(847)541-9248

APPOINTED OFFICERS

Newsletter

Jennie Pfeifer

(847)342-8823

e-mail: BrnzAutmn@aol.com

Harmon

Open

CHAIRMEN

St. Pat's Ride

Art Cunningham

(847)963-8746

Mileage Statistician

Art Cunningham

(847)963-8746

Newsletter Mailing

Jennie Pfeifer

(847)342-8823

P.O. Box

Phyllis Harmon

(847)537-1268

Refreshments

Leila Arnopolin

(847)520-3136

Web Page

Bill Bergeron

(847)382-4704

Bike Books

Dennis Berg

(847)296-4971

Social

Pam Burke

(630)872-9238

CABDA Show

Pam Burke

(630)872-9238

Barry Cohen

(847)459-7640

LAB

Phyllis Harmon

(847)537-1268

Banquet

Pam Zaverdas

(847)359-5970

Government Relations

Al Berman

(847)541-9248

Harmon Data Base

Jennie Pfeifer

(847)342-8823

NEWSLETTER CONTRIBUTIONS

Hey, out there, I'd love to hear from you!!

Your ideas, thoughts, recipies, tips, suggestions, ride notes and stories are welcome.

Send your neatly written or typed words by the 10th of each month to:

Jennie Pfeifer
1955 Silver Lake Rd.
Arlington Hts, IL 60004

(Please include your name and phone number in case I have a question. I apologize in advance for any errors - typos happen!)

Board Meeting

This month's board meeting will be held at Pam Burke's home on May 11 at 7:00. All board members are requested to attend.

Please let Pam know if you will be there at (630)872-9238.

Meander Stats For March

The official Wheeling Wheelmen rides commenced March 15 with Kurt's Apple Cider ride. Seven rides were go, only three cancelled because of bad weather and none of these were weekend rides. Fifty-seven members completed at least one ride, 21 rode at least two and 14 rode three or more. The big turnout for the month was Ella's Loops of McHenry ride on Sunday, March 29 when 31 riders took to the rode. On that unusually pleasant weekend, 41 riders took one ride and 8 rode on both days. With 300+ members we obviously are looking for a lot more participation as the days get more mild.

The top ten March Meander Mile Munchers are listed below. That's right folks, Bob Savio is the Monster March Man Meander Mile Muncher, he didn't miss a ride!

Women

Ella Shields	145
Virginia Savio	108
Emily Fuentes	108
Pam Burke	108
(10 others @ 1 ride each)	

Men

Bob Savio	237
Art Cunningham	202
Louis Lambros	145
Dennis Berg	143
Bob Pletch	129
Joe Lipere	110
Greg Iverson	108
Kurt Schoenhoff	107
Rich Drapeau	95
Henry Shavatt	72

ATTENTION WHEELING WHEELMEN MEMBERSHIP

Please be on time for the rides. By this I mean arrive at the starting point with sufficient time to prepare yourself for the group start. We leave on time! If the schedule says 9:00 am, don't show up at 8:59 and expect the ride leader to wait.

Also, call the rideline. Changes are made to the schedule every week and the rideline is the final word. Please don't show up to an empty parking lot!

Rick Arnopolin
V.P. - Ride Chairman



SHIRTS FOR SALE!

Last year's Harmon t-shirts are available for \$5 each. Sizes available are large and extra large. We also have a limited number of club jerseys available for \$47 each.

For more information or to place an order give Pam Burke a call at (630)872-9238.

Welcome New Members!



Kevin Bailey	Arlington Hts
Terri Caluert	Hoffman Est
Vernon & Judith Chapman	Palatine
Rex Diamond	Wheeling
James Dykstra	Prospect Hts
Jeanette Fortmann	Elk Grove
Nancy Sue Henke	Genoa
Louis Lambros	Palatine
Arnie Lewis	Buffalo Grv
Ralph Salle	Lk Zurich
Leland Yee	Lk Forest

Moving?



Don't miss an issue of Monthly Meanders!!

Call Pam Burke with all name, address and phone number changes at (630)872-9238.

Monthly Meanders of the Wheeling Wheelmen

**Wheeling Wheelmen
Ride Schedule
May 1998**

**All
Riders
Should:**

*wear a helmet
*bring water
*bring snacks

*have a bike in good condition
*bring a spare tube and patch kit
*bring a bike pump

*bring ID card
*bring \$ for food & phone
*arrive on time

Date	Time	Ride Name	Starting Point	Directions to Starting Location	Miles	Leader	Phone #
Sun 5/3	9:00	Tour of McHenry County	Evergreen School, Union	I-90 W to US 20 W to Coral. Turn right to Northrup. Turn left to Washington. Turn right to school.	64	Virginia Savio	438-8066
Sun 5/3	9:30	Tour of Kettle Moraine	General Store LaGrange, WI	US 12 W past Elkorn to County H	35/70	Mike Ortmanns	439-9861
Sat 5/9	10:00	Plano School Family Ride	Plano School	US 20 west of Elgin to Russel Rd. Take Russel Rd. south to the school	20	Al & Cindy Schneider	696-2356
Sun 5/10	9:00	Ice Cream Social	McHenry County College	US 14 west, two miles north of IL 176 in Crystal Lake.	50/80		
Sat 5/16		OPEN					
Sun 5/17	9:00	Winnebago Wheeled Wanderlust	McNair Junior High School	I-90 W to I 39S/US 20 W to Winnebago (Amoco on corner), turn left to McNair 1/2 mile down the road (left turn).	80	Rick Amopolin	520-3136
Sat 5/23	TBA	Two Covered Bridges			TBA	Howard Bronson	475-1198
Sun 5/24	10:00	I&M Canal	Channahon State Park	I-55 S past Joliet, exit US 6 west, turn left at Canal St., turn right at Trail Headquarters	54	Leila Amopolin	520-3136
Sat-Mon 5/23-26	TBA	Janesville Weekend			50-100	Woytech Morajko	392-0530
Mon 5/25	9:00	McHenry Show & Go	McHenry County College	see above	35/50	OPEN	
Sat 5/30		47 West of 47	Marengo High School	I-90 W to US 20 north to Marengo. Corner of Prospect and US 20.	47	OPEN	
Sat 5/30	9:00	Ella's Escapades	Glacial Hills Park	I-94 N to 894 bypass (south of downtown Milwaukee), becomes US 45, exit WI 167 W to Fries Lake Rd. (in Washington Co. NW of Menomonee Falls) Left to park.	75	Ella Shields	(773)594-1755
Sun 5/31	9:00	Bill & Mike's Excellent Adventure	Glacial Hills Park	I-94 N to WI 11 W to WI 75 right to Church St. Left to park.	75	Mike Ortmanns	439-9861
Sun 5/31	TBA	Loops of Burlington	Eagle Lake Park	I-94 N to WI 11 W to WI 75 right to Church St. Left to park.	60/75/100	OPEN	

WHEELING WHEELMEN MEMBERSHIP APPLICATION

Name: _____ Spouse's Name: _____
 Address: _____ Children's Names: _____ Age: _____
 City, State, Zip: _____ Age: _____
 Phone#: _____ Age: _____
 Family dues: \$15 Individual dues: \$12

New Member? _____ Renewal? _____ L.A.B. Member? _____

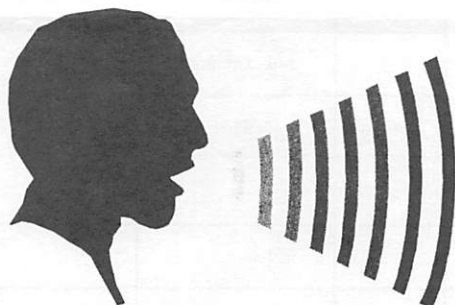
MEMBERSHIP PLEDGE: I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor) _____ Spouse's Signature _____
 Mail this application with payment to: Wheeling Wheelmen, P.O. Box 581-D, Wheeling, IL 60090-0581

(Continued from page 1)

What are some of these additional responsibilities to use in group riding:

- 1 Signal a turn to those behind you and for the benefit of vehicular traffic in front of you. If you are approaching an intersection and planning to make a right hand turn, extend your right arm straight out and point in the direction of the turn. Obviously for a left hand turn you extend your left arm out.
- 2 If you intend to slow down because of approaching a stop sign, red light or other obstruction ahead, signal to those behind you what you are doing. In the above situation, point your arm down and hold it there in ample time for those to the rear of you to react and slow down. In addition to the hand signal, announce the fact that you are "slowing."



- 3 Announce the approach of any oncoming traffic ahead. If you are riding on the open road announce "car or truck up." Sometimes, especially if the approaching vehicle is coming over the crest of a hill, those riding toward the rear of the group may not be aware of the oncoming traffic. If you are riding on a bike path, announce "jogger up, biker, roller-blader, dog or anything else up" so that those riding behind you can anticipate this and get back in single file.
- 4 Announce the approach of any

traffic from the rear. Often on peaceful country roads with little or no traffic, where we have a good view to the front, we will ride two or more abreast in order to socialize with some of our fellow riders. In these situations it is important for the person riding in the back of the group to announce "car or truck back," and that this warning be passed on through the group so that all riders who might not be aware of traffic approaching from the rear have ample time to pull over into a single file line.

- 5 Use caution in riding in a pace line. Often on the open road we are riding single file for long periods of time. Unless you are real experienced in this type of riding, do not ride so close to the person in front of you that your wheels are almost touching. Leave at least one bike length between you and the bike in front of you. I have seen a person in a pace line slow down suddenly and either because of no slow down signal or not enough time to react, the following rider crashed into the rider who was slowing down resulting in a double spill. Fortunately no one was hurt, but that could have easily not been the case. This past week-end when I was on the Wauconda-Bull Valley ride, I noticed the poor condition of some of the roads, with small pot holes, and significant cracks, probably occurring over the winter. If you are following too close to another bike, your view of the condition of the road immediately ahead is totally obstructed. If your tire goes into a pot hole or slides into one of those small fissures you could sustain a tire blow out or take a spill or both. If you are on a road in obviously poor condition, in-

crease the spacing between you and the bike ahead.

- 6 Warn rider to the rear of any defects or obstructions in the road ahead. If you see gravel at a turn, glass on the road, or any other debris that could be a potential danger to following cyclists, be sure to announce that fact in a loud clear voice so that anyone behind you who might have an obstructed or no view of the potential danger can take steps to avoid it. If you are riding along and observe a large pot hole, crack or other potential hazard, pointing your finger at it will warn cyclists behind you to take extra caution.



Finally, there was a good turn-out for the Wauconda-Bull Valley Ride. There were a couple of different groups riding at a pace comfortable for them. No one was left behind or riding alone. Everyone in the group I was riding with were good at observing all of the above safety rules. One of the riders in the group I was with had a flat, and everyone waited until repairs were made, and then continued the very enjoyable ride together. I point this out just to stress the fact that most of us in the club are safe riders, courteous and friendly. The exceptions to this are few and far between. I plan to accentuate the positive and not dwell on any negative aspects, rumor or conjecture.

Until next month.....

From Phyllis Harmon...

On The Wheel
New Bicycling Magazine

I had an interesting visit with Gabe Konrad, editor of a new magazine "intended for those who have a passion for cycling. It covers cycling history, classic road racing and vintage bikes. There are interviews, book reviews and odd cycling news, cyclo-cross, letters, cartoons, readers' input, worthy new technology and old reprints."

Subscription \$18

Send to: Gabe Konrad
13028 Cypress Ave.
Sand Lake, MI 49343

Phone/Fax: (616)636-4073
E-mail: konrad@iserv.net
Make checks payable to "On the Wheel"
Contributors welcome.

NEWS FROM ELLIOTT KANNER

Elliott writes he will be unable to attend the League GEAR and Rally in August because he will be on a rather unique assignment - somewhat related to the Peace Corps, with a group called "Global Volunteers."

August through mid-September he'll be teaching English and "American Civilization" to business people and students in a village in Poland - near Krakow (where "Schindler's List" was filmed). The six-week course will be in English but before he goes he'll take an intensive course in Polish at Johns Hopkins University in Maryland.

Besides that, Elliott will take the 3-week July tour over the Dolomites, cycling from Venice to Innsbruck, Austria. It's not back-to-back with the Poland Venture, so that means two trips over the Atlantic.



by Jennie Pfeifer

Now that warm weather is around the corner, how can you get the most from your sunscreen?

It used to be that sunscreens were used by a few sun-sensitive people. But today, with ozone depletion and skin cancer rates making the news almost nightly, wearing sunscreen is a daily way of life. And for cyclists it is a life saving necessity!

Here are some sunscreen tips:

- ☉ The Sun Protection Factor (SPF) measures the sunscreen's potency against the sun's rays. Wear at least a SPF 15 and be sure it blocks both UVA and UVB rays.
- ☉ Look for PABA-free products - they are less irritating to your skin.
- ☉ Waterproof sunscreen will last longer when you sweat.
- ☉ Apply sunscreen 15 minutes before sun exposure to allow the product to penetrate.
- ☉ Use a full ounce of product for the entire body. Use an amount the size of a half dollar for the face, front and back of the neck and ears.
- ☉ Reapply sunscreen at least at every rest stop.
- ☉ Wear sunscreen even on a cloudy day — 40-60% of normal UV light penetrates cloud cover.

I hope this year none of us will experience a sunburn. Our skin is our largest body organ and we are only given one in a lifetime. Let's try to protect it and keep it as healthy as possible. Remember...there's no such thing as a safe tan except one from a bottle!



From the internet...

BIKES BELONG PRESS RELEASE CYCLISTS PASS SECOND HURDEL

The transportation bill passed by the House Transportation Committee on March 24 and the House Committee of the Whole on April 1 preserves the programs that are most important for cyclists and the bicycle industry, according to the Bikes Belong campaign.

"We're thrilled to have passed the second hurdle. The fact that we've gotten to this point is testimony to the hard work of the Bikes Belong campaign, bike activists all across the country, and the bicycle industry and dealers.", said Linda DuPriest, a member of the Campaign Steering Committee.

Now it will go to a Conference Committee to reconcile differences between the House and Senate versions. At present, it is expected that the legislation will be signed by the President by Memorial Day.



"I thought of that while riding my bike."

—Albert Einstein, on the theory of relativity

BIKE WEEK

Just a reminder...May 16-24 is Chicago Bike Week! May is National Bike Month, and the City of Chicago and CBF are bringing you a week +2 days of special events and activities. For the latest information call (312)744-3315 or [http://www.ci.chi.il.us/WM/Special Events/](http://www.ci.chi.il.us/WM/SpecialEvents/)

Show your support for bikes by riding to work all week! (I'm gonna try to!) And always obey the rules of the road and ride safely!

Cycling Adventures continued...



The list of places that Ella has not ridden her bicycle in is short!

This month's column recaps her vacation to Nova Scotia, Canada in the Fall of 1991.

Classic Bicycle Tours organized the 15 day trip. The accommodations consisted of hotel and bed & breakfasts. She rode 60-70 miles a day in hilly terrain with 15 other tourists. Breakfasts and dinners were included in the tour price. She went canoeing in Kejimikujik National Park and enjoyed a picnic lunch. "We rode the Evangeline and Lighthouse Trails - it was just beautiful out there. (We ate) great seafood and stayed at bed & breakfasts." The Fall colors were great and they got their picture in the following year's catalog! This would be an excellent ride to repeat!

CLASSICAL GREECE



Jim Boyer and Betsy Burtelow went to Greece just last September.

The trip was organized by Classic Adventures (<http://www.clasicadventures.com>). They spent 13 nights in hotels and 12 days riding 20-50 miles per day with 13 other people. Aside from riding bicycles they saw the ancient ruins of Greece, swam in sea caves in the clear, blue Aegean Sea, toured Greek villages and museums and enjoyed great weather and food! All breakfasts and dinners were included in the tour price of \$2060 per person.

"This ride offers a unique opportunity to take an active cycling vacation while learning about the origins of much of our Western civilization. Dale Hart, the tour company owner and the guide on the Classical Greek tour is a former college professor with a Ph.D. in ancient Greek history. Most days, while the group ate breakfast he would introduce the sights we'd see that day and recreate for us the life and times of the inhabitants of these ancient sites. We felt as though we'd traveled through several thousand years of mankind's history and a few hundred miles of wonderful Greece. If you like to ride a bike and you want to learn about ancient and modern Greece, try to take this tour soon while Dale Hart is still leading it."



NEW Evening Rides

Want to ride in the evening? Please join me at the Riverwood School in Lincolnshire. We ride every **Tuesday and Thursday evening**. Distance is 25 to 30 miles. The rides will begin at 5:30 pm on Tuesday, May 19th at 5:30 pm. For more information call Janie Neuman at (847)543-9240.

Wednesday night riding begins on May 6! Meet Al & Cindy Schneider at the Target parking lot at Randall Rd south of US 20 at 5:30 pm. Distance will be 30-45 miles. For more information call them at (847)696-2356.

★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★
 ★ If anyone is interested in having bike ★
 ★ rides in the Libertyville-Grayslake- ★
 ★ Wauconda area on weekday after- ★
 ★ noons or evenings, please give ★
 ★ David a call at 623-6746. ★
 ★★★★★★★★★★★★★★★★★★★★★★★★★★★★

Please Note:
 There will be no club meetings in June and July because the high school will be unavailable!
 So don't miss this month's meeting on May 7!
 See you there!

Check this out!



This month we are pleased to have Phyllis and John Freck join us at our meeting on May 7!

They will be doing a slide show on RAGBRAI and other tours sponsored by Velo Ventures. Don't miss this fun and information packed presentation!

Social Activities



Be sure to check the club hotline at (847)520-5010 for this month's social activity!



St. Pat's Recap

by Art Cunningham

Although weather forecasts were ominous, Mother Nature favored us with a sunny, brisk day that brought out 265 registered bikers plus a slew of Wheelmen to enjoy a day of biking. Bob Savio tells me that we more than cleared the expenses for the event. Since the Apple Orchard food facilities were closed this year, we set up our rider refreshments in the Orchard restaurant and dispensed hot coffee, hot cider and cookies to the bikers — very well received. We owe Rick Breeden of the Apple Orchard a big thanks for making this facility available to us.

Naturally the success of an event such as this depends on the unstinting help of the many members who worked to promote the ride in the months leading up to March 22, and the great turn-out on the day of the ride. I would like to particularly give thanks to those listed below who helped paint the arrows prior to the ride and handled parking, sag, registration, and refreshments on the day of the ride. A special thanks for those who donated home-made cookies. Every last one was consumed by noon when we closed down the refreshment stop.

Thanks to:

Bob Pletch	Al Berman
Wayne Segedie	Dennis Berg
Greg Iverson	Louis Lambros
Bob Savio	Virginia Savio
Jennie Pfeifer	John Pfeifer
Pam Burke	Barry Cohen
Bill Bergeron	Emily Fuentes
Dan Roethle	Jacky Roethle
Dave Waycie	Kurt Schoenhoff
Vern Aebli	Pam Mills
Phyllis Harmon	John Loesch
Rick Arnopolin	Mike Ortmanns
Ella Shields	

...and if I missed anybody, a double thanks to you.

ARLINGTON 500

Sunday, May 17, 1998
Barrington High School
616 W. Main St., Barrington, IL
30, 44, 54 or 68 mile routes
Registration starts at 7:00 am
Fee is \$6 before 5/10, \$9 day of ride

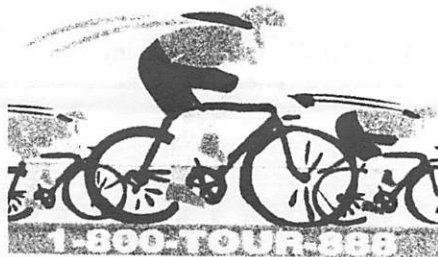
Call Greg Konieczny
at (847)398-4633
for more information!

Tour de Cure

SUNDAY MAY 31 1998

Blackwell Forest Preserve, Warrenville, IL

10K • 50K • 100K



As we prepare for the summer riding season, don't forget to replace worn bike parts, restock emergency equipment, and give (or get) your bike a tune up. A snazzy new cycling outfit may be in order, also. Save money and support the businesses that support our club. The following shops will give a 10% discount on bike parts or accessories when you present your membership card with your purchase:

- Arlington Bicycle Company
- Bikes Plus
- Buffalo Grove Cycling & Fitness
- FS Cycles
- Mikes Bikes
- Village Cyclesport

Please refer to the back page of this newsletter for their locations and phone numbers.

April Meeting Minutes

The following are the topics that were discussed:

- Club Meeting - April 2
- There were 23 people in attendance.
- Membership - we have 300 members.
- Picnic - July 12
- Rides - Rick, Greg and Phyllis
- Social - China Town
- St. Pat's Report - Art summarized
- Treasurer - Bob presented the report.
- Harmon - brochures and t-shirts
- Charitable donations
- Bike Shop discounts
- Web Page
- Presentation by Dan Roethle
- Board Meetin - April 6
- Treasurer's Report
- Storage of club stuff
- Membership Report - club discounts
- Club member perks
- Harmon t-shirts and club jerseys
- Ride Report - Rides leave on time
- St. Pat's Report - some changes for next year.
- Harmon Report - Bob is working on the map. T-shirt designs.
- Web page - links to other sites?
- Club Bylaws regarding club meetings
- Summer Meeting schedule.

Don't miss the fun!

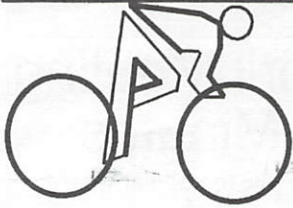
The League of American Bicyclists (LAB) presents:

- LAB Rally West
July 3 - 6, 1998
Eugene, OR
- LAB GEAR North & National Rally
August 14 - 17, 1998
Wellesley, MA
- LAB GEAR South
May 22 - 25, 1998
Johnson City, TN

- Great Locations
- Great Rides
- Great Food
- Great Price
- Great Fun

Don't miss it!

For information and a registration packet:
CALL: (202) 822-1333 today
WRITE TO:
League of American Bicyclists
1612 K Street, NW, Suite 401
Washington DC 20006
E-MAIL: bikevent@acl.com
VISIT OUR WEB SITE:
www.bikeleague.org



Wheeling Wheelmen
P.O. Box 581-D
Wheeling, IL 60090



- *Next Meeting
- *Thursday, May 7
- *7:00 PM
- *Wheeling High School
- *NW Corner of Hintz & 83
- *West Entrance
- *Presentation - Bike Tours

849

Pam Burke
265 Green Knoll Lane
Streamwood, IL 60107



In This Issue...

May Ride Schedule...NEW weekday ride info...St. Pat's recap...Safety Corner...

\$ Club Discounts! \$

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at purchase.

ARLINGTON BICYCLE COMPANY

*45 S. Dunton, Arlington Hts
(847)253-7700

BIKES PLUS

*1313 N. Rand Rd, Arlington Hts
(847)398-1650

BUFFALO GROVE CYCLING AND FITNESS

*960 S. Buffalo Grove Rd., Buffalo Grove
(847)541-4661

FS CYCLES

*20566 N. Milwaukee Ave., Deerfield
(847)537-2453

MIKES BIKES

*155 N Northwest Hwy, Palatine
(847)358-0948

VILLAGE CYCLESPORT

*63 Park & Shop, Elk Grove Village
(847)439-3340

*215 W. Golf Road, Schaumburg
(847)781-9960

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington DC. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists
1612 K Street, NW, Suite #401
Washington, DC 20006

Tel: (202)822-1333

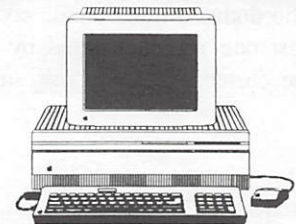
Fax: (202)822-1334

E-mail: BikeLeague@aol.com

Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For info on these events call (800)288-BIKE

Check Out Our Website!



Web-page:
<http://www.wheeling@wheelmen.com>

E-mail:
wheeling@wheelmen.com

Club Hotline
(847)520-5010



Ride and Club Information