

"The Clique"

by Jennie Pfeifer

Uh oh, it's my turn to write the main article for this month's newsletter! I so enjoyed Verne's article about how he became part of our club that I'm going to tell my version...

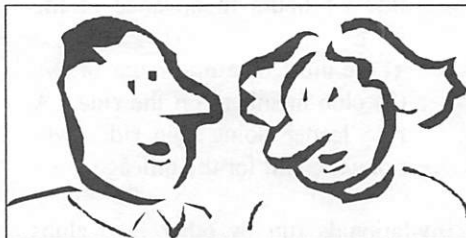
My husband, John, and I have been members of the Wheeling Wheelmen since 1996. We joined the club because we wanted to ride more and to meet people who love bicycles as much as we do. I had been thinking about joining a club for a while. One winter evening John and I were riding home from downtown Arlington Hts and all of a sudden there were two riders behind us and one is ringing a bell at us like a crazy person. It was Rick. Riding with him was Joan. We rode a few blocks together and talked. They were both friendly and assured us that the Wheeling Wheelmen were mostly road riders. (All four of us were on our mountain bikes.) So we joined up.

We only attended a couple rides the first year. We were still into sleeping until 10 on Sundays. On our first ride we met several nice people. We were talking to one guy in particular because he had done a lot of traveling. We also asked him the usual questions about how long he'd been in the club and how he liked it, what rides he'd recommend, etc. I don't recall his exact words but he said something about "the clique" in the club that we should watch out for.

The next ride we went on we met another really nice, talkative guy. We asked him at the end of the ride if we'd see him at the club picnic. He replied, "No." He said that he wouldn't go to the picnic because only "the clique" would be there.

At this point I was getting a little worried that perhaps we had joined the wrong club and that there was this horrible clique just waiting to ignore us at a ride or party.

We went to the picnic anyway, figuring that our dues paid for it. We had another enjoyable ride even though it drizzled a bit. The bar-b-que was tasty (Joan and Tom cooked), we chatted with Joe and Sue (hadn't seen them since Janesville), we had a beer, and volunteered to work at the Harmon (we were going to attend anyway so we might as well work a few hours, get a free t-shirt and then ride). We didn't spot "the clique," though. Guess they stayed home.



We joined the club because we wanted to ride more...

In '97 I volunteered to do the newsletter. I really enjoy it because it gives me something other than work, work, work to think about. John and I also risked it all and volunteered to lead a couple of rides. We figured that we were going to ride anyway so what's the big deal about making copies of the cue sheet and turning in a sign-up sheet?

Since our participation has increased so has our list of really nice people who we consider our friends. The funny thing, though, is that we still have never come across the infamous "clique." There is, however, definitely a group who likes to have fun. They lead and participate in rides and volunteer time to the St. Pat's Ride and Harmon Hundred.

This group is not a clique - it's a club.

The Safety Corner:

by Al Berman

DEALING WITH TROUBLE SITUATIONS

Emergency Moves: When you are moving fast and something gets in your way, slamming on the brakes doesn't always work. This article will describe some emergency moves - like the Quick Slow-Down, Instant Turn, and Rock Dodge.

The Quick Slow-Down: When you stop fast, your weight shifts from your back wheel to the front. Even if you use both your front and back brakes your back tire can skid and start to lift. To slow down quickly:

- a Push yourself as far back on the bike as you can. This keeps your weight on the back tire.
- b Put your head and torso as low as you can so you don't flip.
- c Squeeze both brakes. If the back tire starts to slide or lift, ease up on the front brake.

The Instant Turn: Use the Instant Turn when a car turns in front of you while you're going straight. To make a very sudden right turn, steer sharply left-towards the car-which makes you lean right. Then turn right hard, steering into the lean.

The Rock Dodge: The Rock Dodge is just a quick turn of the front wheel to miss a rock or hole right in front of you. At the last second, turn the front wheel sharply left and back right again. Both your wheels should miss the hazard.

How to Fall: Most serious bicycle injuries involve brain damage, so the best way to protect yourself in a fall is by wearing a helmet. Otherwise, it's not easy to prepare for a fall. But if you have time to think:

- * When you're about to hit a car, don't try to wipe out first; instead stay upright as long as you can. If you get low you risk going under the wheels or hitting the sharpest parts of the car.
- * If you go flying, tuck your head, arms and legs into a tight ball and try to roll

(Continued on page 4)

Club Officials

ELECTED OFFICERS

President

Jimi Hendrix (847)GET-HIGH

V.P./Ride Chair

Rick Arnopolin (847)520-3136

Treasurer

Bob Savio (847)438-8066

Secretary

Verne Aebli (847)934-3809

Membership

Pam Burke (630)872-9238

Safety

Al Berman (847)541-9248

APPOINTED OFFICERS

Newsletter

Jennie Pfeifer (847)342-8823

e-mail: BrnzAutmn@aol.com

Harmon

Open

CHAIRMEN

St. Pat's Ride

Art Cunningham (847)963-8746

Mileage Statistician

Art Cunningham (847)963-8746

Newsletter Mailing

Jennie Pfeifer (847)342-8823

P.O. Box

Phyllis Harmon (847)537-1268

Refreshments

Leila Arnopolin (847)520-3136

Web Page

Bill Bergeron (847)382-4704

Bike Books

Dennis Berg (847)296-4971

Social

Pam Burke (630)872-9238

CABDA Show

Pam Burke (630)872-9238

LAB

Phyllis Harmon (847)537-1268

Banquet

Pam Zaverdas (847)359-5970

Government Relations

Al Berman (847)541-9248

Harmon Data Base

Jennie Pfeifer (847)342-8823

Board Meeting

The next Board Meeting will be held at the home of Al Berman on April 6th at 7:00.

All Board members are requested to attend. Please give Al a call and let him know if you will be coming.

'98 Club Mileage Rules

In regards to the confusion concerning club miles/ rides I would like to clarify the Board's decision.

Mileage will count on club rides if:

- a The ride is published in the newsletter or posted on the ride line 24 hours in advance of the start.
- b There must be a minimum of two (2) club members on the ride. A ride leader doing solo rides will not get credit for the mileage.

Invitationals run by other bike clubs will not count towards club miles. There will be no mileage awarded for members riding the Harmon Hundred. A Harmon pre-ride will count towards club miles.

Be obedient, resistance is futile.

Rick Arnopolin
Ride Chairman

HOLY HILL WEEKEND

Saturday, May 30 & Sunday May 31
Mike Ortmanns (847)439-9861
Ella Shields (773)594-1755

We are planning a weekend getaway to Ritchfield, WI. It will be two challenging days with beautiful scenery and lots of hills. This is an excellent training ride for upcoming vacations. Saturday is Ella's Escapade which is a 65 mile ride and Sunday is Bill & Mike's Excellent Adventure, a 75 mile ride. If you can't make it for the whole weekend come on up for just the day.

Both rides will start at 9:00 a.m. leaving from Glacial Hills County Park.

Directions: I-94 to 894 bypass, becomes US 45, exit WI 167 W to Fries Lake Road (in Washington Co.) left to park.

We will be staying Saturday night at the Super 8 in Germantown, WI (414/255-0880 or Toll free 1/800/800/8000). We will have a group dinner Saturday if anyone is interested.

Hope you can join us!

Ella & Mike

P.S. If you can't make this trip, mark your calendar since we will be going back again August 22 & 23.

NEWSLETTER CONTRIBUTIONS

Hey, out there, I'd love to hear from you!!

Your ideas, thoughts, recipes, tips, suggestions, ride notes and stories are welcome.

Send your neatly written or typed words by the 10th of each month to:

Jennie Pfeifer
1955 Silver Lake Rd.
Arlington Hts, IL 60004

(Please include your name and phone number in case I have a question. I apologize in advance for any errors - typos happen!)

Welcome New Members!



Louis Anfeldt
Connie & David Antler
Bob Dooman
C. Brian & Linda Hale
Louis Lambros
Christine Murray
Mary Myslis
Art & Rhonda Nixon
Chuck & Elaine Sanger
Tim Slome

Wheeling
Barrington
Glenview
Sleepy Hol.
Palatine
Chicago
Libertyville
Buffalo Grv.
Palatine
Hickory Hills



TREK, red/white, Tri-series 500 touring, 22 1/5 frame (56 cm), 18 speed w/ bar end shifters. Extras include racing saddle, VETTA chain cleaner, 2 new chains, panniers. All for \$125, not sold separately. Call Howard Bronson at (847)475-1198 and leave a mes-

Moving?



Don't miss an issue of Monthly Meanders!!

Call Pam Burke with all name, address and phone number changes at (630)872-9238.



2nd Annual Prairie Pedal

The Liberty Prairie Conservancy is happy to announce the 2nd Annual Prairie Pedal bike tour on May 3rd.

Last year's ride was overwhelming success! We hope to have a great time this year as well. We will offer 15, 35, and 70-mile routes through rolling, rural Lake County, with destinations at Volo Bog and Glacial Park, both stunning natural areas (\$22 pre-registered by 4/15, includes feast, raffle ticket and t-shirt). We'll have a pasta feast at a restored 1890's barn. We'll also have a 5-mile family ride on protected trails at Prairie Crossing, with events for kids to follow: bonfire, farm animal parade, and falconer (\$6 pre-registered by 4/15, includes feast only). Hot air balloon rides will be offered, weather permitting!

Proceeds benefit the development of trails through the Liberty Prairie Reserve. For more information call (847)548-5989. (e-mail at LPC1997@aol.com)

The Greg LeMond Bike Ride

Saturday, September 5, 1998
Labor Day Weekend

John & Jennie Pfeifer (847)342-8823

Join us for our favorite century ride of the year from Glenview to Milwaukee! We are planning to ride up to Milwaukee on Saturday, stay overnight and ride home on Sunday. Mark your calendar and watch for details in future newsletters! Call us if you have any questions.

From his home office in Wayzata, Minnesota, Greg offers you his TOP TEN REASONS TO RIDE:

- 1 Proceeds benefit Thresholds (IL) and Curative Rehabilitation Services (WI).
- 2 Return transportation for you and your bike or enjoy the rest of the weekend in Milwaukee.
- 3 Special discounted team riding program.
- 4 FREE commemorative ride t-shirt and goody bag.
- 5 Milwaukee finish party with live music, food, and fun.
- 6 Super cool fund-raising prizes.
- 7 Rest stops with refreshments, lunch and friendly volunteers every 15 miles.
- 8 Exciting pre-ride events.
- 9 Meet and ride with me and other celebrities.
- 10 This scenic ride is the best in the Midwest!

A PHONE CALL FROM TRINIDAD TOBAGO

by Phyllis Harmon
I answered the phone to hear a familiar voice say, Hello, Phyllis. It was Lilian Russell. She and husband, Jack, were long time members of the Wheeling Wheelmen and lived in Deerfield. They were transferred by Amoco to Catoosa, Oklahoma and now here was Lilian calling long distance from the West Indies!!!

Jack and Lilian will be in Trinidad Tobago for two years. I pulled out the atlas and found Cuba then followed along the southern curving line of smaller and smaller islands and there - at the end of the line - is Trinidad!

Both Jack and Lilian said to say hello to club members and anyone who would like to write can do so to this address:

Jack & Lilian Russell
Sandsucker Road
Mayaro
Trinidad Tobago
West Indies

RUTH RYAN DIES

Dick Ryan phoned to report the loss of Ruth, his wife of 52 years. They were very active in the Wheeling Wheelmen for many years and for several years hosted the New Year's Day Hike or Bike followed with lots of goodies to eat.

Dick frequently rides with the Thursday morning group, but Ruth has been fighting a losing battle with cancer. They both came to the Wheeling wheelmen meeting last year to see my New Zealand slides but I had no idea she wasn't well.

We have lost a very lovely, gracious friend.

Phyllis Harmon



From the internet...

FOR IMMEDIATE RELEASE
March 12, 1998

SENATE APPROVES TRANSPORTATION BILL; REJECTS SPECIAL INTEREST ATTACKS ON ENVIRONMENT, LOCAL CONTROL

The U.S. Senate's passage of the \$214 billion six-year transportation bill that provides record funding for highways and public transportation is also being lauded for its strengthening of programs that reduce air pollution, provide more transportation choices like bicycling, walking and mass transit, and increase local government control and citizen involvement. "The good news is that both the protection of the environment and the principle of local control have survived special interest attacks," said Hank Dittmar, executive director of the Surface Transportation Policy Project, a national coalition of community and environmental groups. "This is a testament to the enduring success of ISTEA. At least a half dozen anti-environment amendments were either scaled down or withdrawn. Political will may finally be reflecting the public will; the structure of ISTEA has been preserved." More detailed information is available at <http://www.istea.org>



March Meeting Minutes

3/5 - Club Meeting

There were 30 people in attendance, including 3 new members. Pam gave a summary of our CABDA efforts and thanked everybody involved. Eight new members were signed up at the show. We also received our 1st Harmon registration. Pam also mentioned that we received a thank you at the show from the Spring Grove police for our past club donation.

Art discussed the St. Pat's ride and got a few more volunteers to help.

The date of the summer picnic has changed to July 12.

Membership was asked for suggestions as to what they want to do as a club this upcoming year. Members should please let the board know if they have any ideas for any type of event, riding, charitable work, educational activities or social activities. If anyone is planning a tour and would like to arrange for a group (some tours give group discounts) this is the time to begin planning.

Wayne brought up a few items:

-Mikes Bikes would like to do a presentation for our club next Spring.
- Wayne has a copy of the Deer Grove works calendar for off road maintenance, a volunteer effort to clean trails several times over the summer - ISTEA is going to a vote very soon and needs support so contact your senator.

Rick reported that there are about 30 open dates on the ride schedule. Club mileage begins being recorded with the March 15th ride. A discussion of club mileage followed.

Membership - there are 287 members on the roster. New membership cards will be distributed ASAP.

Presentation: Wayne did an excellent job of discussing clothing and mechanical preparation for the new riding season.

3/9 Board Meeting

In attendance were Al Berman, Bob Savio, Pam Burke, Art Cunningham, Rick Aronopolin and Verne Aebli.

Treasurer's Report: Bob distributed copies of the latest treasurer's report. Club income for the YTD consists of jersey sales and membership renewals. There are major expenses foreseen in the near future.

Membership Report: There are about 289 members on the roster. Pam is working on getting the new membership cards prepared. The new club roster will be distributed in June or July.

Safety Report: Al has prepared his next safety article. He will have more material once people start riding and he has the opportunity to observe the bad examples among us.

Ride Chair: Rick will be putting together an article for the newsletter outlining the club mileage rules for '98. He also reported that Eddie no longer wants to continue as statistician. Art Cunningham has stepped forward and volunteered.

St. Pat's Report: Art feels that everything is just about covered for this year's ride. Now all we need is a timely return of El Nino.

Harmon Report: Bob reported that 8500 brochures were printed and he believes we will need 1500 more. We agreed to let CABDA do two distributions and also agreed to accept Jennie's recommendations for bulk mailing.

Picnic: The date of the picnic is July 12 - Al & Cindy have volunteered to chair the picnic.

Misc: Pam and Rick will be working to review the list of bike shops that offer club discounts.

Our web site was discussed.

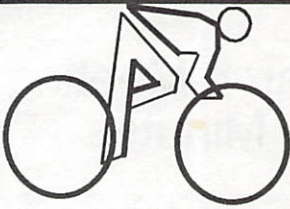
Upcoming social events are under consideration (Thai and Indian food).

Daniel Roethle has offered to do our next presentation after the meeting.

There was some discussion about the need for a club storage location. We need a volunteer.

There was some concern about parking at the Barrington White Hen for rides from this location. Members should park in the west to avoid taking all the customer parking.

Verne volunteered to attend LIB quarterly meetings held at REI and to act as contact for LIB info. - isn't that nice?



Wheeling Wheelmen
P.O. Box 581-D
Wheeling, IL 60090

- *Next Meeting
- *Thursday, April 2
- *7:00 PM
- *Wheeling High School
- *NW Corner of Hintz & 83
- *West Entrance
- *Presentation - Bike Maint.



Mailing
Address
Goes
Here

In This Issue...

Another interesting article from a board member...Ride Schedule...ISTEA Update...Safety Report!

\$ Club Discounts! \$

The following local bike shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at purchase.

AMLINGS CYCLE & FITNESS

*8140 N. Milwaukee Ave., Niles
(847)692-4240
*200 W. Campbell, Arlington Hts
(847)253-0349

BUFFALO GROVE CYCLING AND FITNESS

*960 S. Buffalo Grove Rd., Buffalo Grove
(847)541-4661

FS CYCLES

20566 N. Milwaukee Ave., Deerfield
(847)537-2453

MIKES BIKES

*155 N Northwest Hwy, Palatine
(847)358-0948

VILLAGE CYCLESPORT

*63 Park & Shop, Elk Grove Village
(847)439-3340
*215 W. Golf Road, Schaumburg
(847)781-9960

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington DC. A yearly membership is \$30 for individuals, \$35 for families and should be sent to:

League of American Bicyclists
1612 K Street, NW, Suite #401
Washington, DC 20006

Tel: (202)822-1333

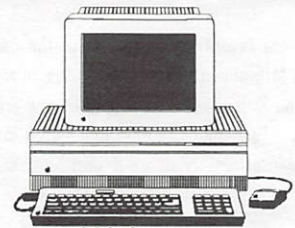
Fax: (202)822-1334

E-mail: BikeLeague@aol.com

Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For info on these events call (800)288-BIKE

Check Out Our Website!



Web-page:

<http://www.cyberconnect.com/wheelmen/wwhome.htm>

E-mail:

wheelmen@cyberconnect.com

**Club Hotline
(847)520-5010**



Ride and Club Information