

Monthly Meanders

April, 1994



Wheeling Wheelmen

P.O. Box 581-D
Wheeling, IL
60090

April meeting to
be held on Thurs.
April 14th at the
Wheeling High
School Cafeteria
(Rt. 83 and Hinz
Rd.)

INSIDE:

RIDES, RIDES,
RIDES



L.A.W. PRESS
RELEASE



JANESVILLE INFO.



SEE YOU LATER!!

BITS AND PIECES

by Judy Hattendorf

Everyone who was at the March meeting had the opportunity to hear a wonderful speaker-David Johnson, Chiropractic of Lake County, LTD. He talked about, and demonstrated, some excellent exercises for cross training. Lottie did a great job filling in as President and a special thank you to the Mike Ortmann family. Mike had to work late, so his wife and son brought some delicious homemade bread baked by Mike to be enjoyed by everyone attending the meeting.

We have not yet received many T-Shirt and patch designs for our 24th annual Harmon Hundred. Please submit your ideas to: Judy Hattendorf, 1705 Glenmore Rd., Libertyville, IL 60048.

Safety First

by John Loesch

With the advent of the St. Patricks Day ride, the official spring/summer/fall riding season has begun. In looking over the responses to the surveys that many of you returned, a strong desire was expressed for additional shorter routes. At the same time, there was much dissatisfaction with the large number of rides that are located in remote areas (farflung McHenry, Kane, and DeKalb counties in Illinois and sections of southern Wisconsin). It is true that in the past the club did have many shorter rides that were closer in. The big drawback to scheduling these rides today (and they still are in the club library) is increased traffic congestion.

ST. PAT'S UPDATE

Since the newsletter deadline was before the St. Pat's Ride, I do,t have a report for the April newsletter. Be sure to watch for a complete report in May's newsletter!

Thanks to all who helped out with painting, parking, sagging, and registration! I couldn't have done it without your help and support.

Joan Segedie

APRIL MEETING

PLEASE NOTE FOR APRIL ONLY
OUR MONTHLY MEETING WILL BE
HELD ON THE SECOND THURSDAY OF
THE MONTH-APRIL 14TH.

In the years since they were first developed, the surrounding areas have succumbed to urban sprawl, and what were lightly traveled roads are now busy thoroughfares. Now, that alone does not mean that the roads are unridable. It does mean that group rides require a much higher level of bike handling skill and a constant high level of attention. I like to ride in a relaxed way and be able to converse with my fellow cyclists. This is not a possibility when traveling in single file only, with cars whizzing past your ear every 10 seconds. To me and any other club member that I have spoken to, this is not relaxation it is aggravation. We haven't even brought up the potential health hazards of sucking exhaust fumes.

Continued on page 3

NEW RIDER DEVELOPMENT PROGRAM

Beginning April 2nd, I will be organizing rides for the new and beginning bicyclist. These rides will be held on the first Saturday of each month, and the pace will be that of the slowest rider. We will ride as a group, and focus on developing confidence and riding skills. Before each ride I will spend approx. 10 to 15 minutes covering the basics of riding.

Some of the topics will include:

- *Safety
- *Signaling
- *On road safety
- *Riding in a group
- *Riding in traffic
- *Proper lane usage

There will also be time after the ride for discussion of things like equipment and eating before, during, and after bicycling.

The beginning distance for these rides will be 10 to 15 miles, which will slowly increase each month. The ride will start from the Wauconda Apple Orchards at 9:00 A.M. As a courtesy to others, please be on time and ready to ride at 9:00 A.M. sharp.

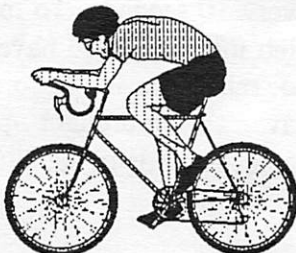
Although these rides are for new cyclists, I do encourage club members to come out and help our new riders. Remember how intimidated we all felt as new bicyclists.

So come on out for a good old fashioned ride. Hope to see you there. *Wayne-* 708-394-1027.

TOP TEN MILEAGE

MEN

WOMEN



Remember this?? We'll be filling it in soon!!!!

RIDES, RIDES, RIDES

Spring is here and so are the weeknight rides!!

Tuesday and Thursday night rides will begin on April 19th. They depart from Daniel Wright School in Lincolnshire (on Riverwoods Road, North of Rt. 22) at 6:00 P.M. As usual, *rides leave promptly*, so be sure to allow enough travel time. For more info. call Ralph Pedraja at 708-367-6472 (leave a message).

Wednesday night rides will begin on April 20th departing from the White Hen parking lot at the northern boundary of Lake Barrington Shores townhome community which is located at the SW corner of Hwy 59 and Kelsey Rd. approx. 2 miles North of Rt. 22. For further info. call Judy Curtis at 708-381-5039.

RIDE SCHEDULE

The master ride schedule has been completed and will be ready for distribution by mid-April. If you would like one, a copy can be obtained at the monthly club meetings.

Club Officials

President	Reid French	815-338-3381
V.P./Rides	Ralph Pedraja	680-7379
Treasurer	Lotti Dolce	398-3957
Membership	Lin Costagli	364-4569
Safety	John Loesch	312-225-0990
Secretary	Ella Shiells	312-478-1625
Newsletter	Dolores Fischer	740-0647
Bike Books	Bill Bergeron	382-4704
Harmon	Judy & Ron	
Chairpersons	Hattendorf	362-5997

(708 area code unless noted)

Send stuff to: Dolores Fischer, 1408 N. Hickory, Round Lake Beach, Il. 60073 . Contact Lin with any address changes .

Government Relations Advocates: Bob & Virginia Savio 438-8066 & Al Berman 541-9248.

Wheeling Wheelmen Rideline 708-367-6472

INVITATIONALS

- APRIL 17 FOLKS ON SPOKES EASTER RIDE
25/37/45/62M Governor's State Park 8:00 a.m.
Call Reggie Jones 708/730-5179
\$10.00 until 4/1 - then \$15.00
- APRIL 24 SILVER SPRINGS 60
25/40/60M Yorkville
Call Mike Brackett 708/892-1010
Preregistration Only
- MAY 15 HERITAGE CORRIDOR SUDDEN CENTURY \$10.00
30/45/65/80/100M Joliet 7:00 a.m.
Call Kathi Cassman 708/479-1059
- MAY 22 WINDY CITY SPORTS BIKE RALLY-PIZZA RIDE
15/25/40/60M Elgin 7:00 a.m.
Call 312/421-6827
- MAY 22 ARLINGTON 500
32/65M Barrington, Algonquin, McHenry
7:00 a.m. \$8.00
Call Hans Predel 708/255-4029
- MAY 28-29 BLACKHAWK METRICK CENTURY
50/100M Rockford 7:00 a.m.
Call John Konetski 815/874-4344

WEEK LONG TRIPS

- TRIRI June 19 - 25, 1994
(Touring Ride in Rural Indiana)
Camping tour through Indiana state parks
SASE: Bloomington Bicycle Club
P. O. Box 463, Bloomington, Ind. 47402
- GRABAAWR VII July 9 - 16, 1994 \$150.00
(Great Annual Bicycle Adventure Along the Wisconsin River)
500 miles over 7 days, from Boulder Junction to Prairie du Chein
SASE: P. O. Box 6184, Madison, WI. 53716-6184
608/256-2686
- BAMMI August 6 - 13, 1994 \$175.00
(Bicycle Across the Magnificent Miles of Illinois)
Benefits American Heart Association
Call Special Events 312/243-2000



Wheeling Wheelmen April Ride Schedule

Day	Time	Ride Name	Mile	How To Get There	Starting From	Leader
April 2 Saturday	10:00	Ride Of A Thousand Turns	40	Daniel Wright School, Riverwoods Rd 1 1/2 miles north of Rte22. A ride designed for new members	Daniel Wright School	Lin Costagli (364-4569)
April 9 Saturday	9:00	Antioch Twin Lakes	50/ 75	Starts from Antioch Upper Grade School. Take I-94 to Rte 173, go west to Rte 59, go 1/4 mile past 59 to Tiffany, turn right. Go west 1/4 mile, turn left onto Hwy (sign says Antioch Upper Grade School).	Antioch Middle School	Ralph Pedraja (680-7379)
April 9 Saturday	9:00	Wauconda Bull Valley	35 /47	Starts from Wauconda Orchards Gossell Rd north of Rte 176.	Wauconda Orchards	Roger Thauland (541-2294)
April 10 Sunday	10:00	Prarie Path Trail	45	Take North Ave (Rt 64) west to Schamle Rd in Wheaton. Turn left (Schmale willturn into Main St) take Main St south to Front St (just before the railroad tracks) turn left and park.	Wheaton	John Loesch (312-225-0990)
April 16 Saturday	9:00	Kettle Moraine	50/ 70	General Store in La Grange Wisc, at the inresection of Rte12 and Highway H	General Store La Grange	Woyteck Morajko (392-0530)
April 17 Sunday	9:00	Silver Lake	47/ 60	Starts from David Park Zion IL. Take I-94 north to Rte 173 (Rosencrantz Rd), go east to Kenosha Rd, turn right (south) to 21st str, turn left (east) to park past school.	David Park	Al Berman (541-9248)
April 23 Saturday	9:00	Busse & Beyond	30	Golf Rd entrance to Busse Woods	Busse Woods	Mike Milton (577-9887)
April 23 Saturday	9:00	Loops Through McHenry	50	McHenry County College, Rte 14 one mile past Rt176 in Crystal lake	McHenry County College	Mike Spratley (692-5168)
April 24 Sunday	9:00	McHenry Fontana	50/ 75	McHenry County College, Rte 14 one mile past Rte 176 in Crystal lake	McHenry County College	Woyteck Morajko (392-0530)
April 30 Saturday	9:00	McHenry Ride	65	Barrington High School on Rte22 west of Rte12	Barrington High School	Kurt Schoenhoff (634-2634)
April 30 Saturday	9:00	Loops Of Burlington	50/ 75	Eagle Lake Park Wisc, off Church St, west of WI 75	Eagle Lake Park	Mike Ortmanns (439-9861)

L.A.W. PRESS RELEASE

League of American Wheelman members have voted by an overwhelming majority to update the organization's name. Effective March 28, 1994, it will be known as the League of American Bicyclists.

Preceding the vote, League President Robert Nordvall, wrote to all members explaining the following reasons for the proposed change:

* To make it immediately clear to legislators and policy makers who we are, giving us the chance to explain what we want.

* Increase our access to grantmakers and other sources of funds, allowing us to widen our education and advocacy efforts.

* Identify us as bicyclists to all potential new members.

* Improve recognition among the general public thereby enhancing the credibility and effectiveness of our message.

At 27,600 members, the League is currently at its highest membership in modern history, and growing. Innovative programs including the **Safe Roads Movement**, **Bikes Fly Free**, the **International Police Mountain Bike Association**, and the *Bicyclist Advocacy Bulletin* have all contributed to the League's current success.

Reprinted from the March 11, 1994 L.A.W. Press Release.



Safety First from Page 1

What are the solutions? I'm open to suggestions. One option for many of you suburbanites--it may be possible to plot a route through residential areas that intersect with a minimum of busy roads. That would be great, but I don't live there and if you don't do the work, a potential route remains only potential and not actual. Even if this is a route that you personally ride often, think of the other club members that have never been there. If you think making up a cue sheet is too difficult, assistance is available, just ask Ralph or myself or any other ride leader for help. If you sit back and wait for someone else to do the work for you, it just isn't going to happen. Please bring your hidden resources to the light of day. A second option would be to carpool to the rides further out. This minimizes the amount of pollution generated, and also gives you someone to talk to on the way there and back. I will be happy to print any other options as they are brought to my attention. Until next time, better safe than...



With the start of this year's biking season I'm looking for new material for the newsletter, so I'm asking everyone to keep their ears open for funny or classic sayings, stories, etc., overheard on a ride, and to forward these bits of wisdom to me to be published in future newsletters.

D (Dolores)

League of American Bicyclists Membership Application

Name _____
Address _____
City _____ State ____ Zip _____
Phone _____
Club _____

To Join by Phone Call

1-800-288-BIKE

Please check off a membership category:

Individual: \$25 Family :\$30

Send checks to:

League of American Bicyclists, 190 W. Ostend St., Suite 120, Baltimore MD 21230

The mission of the League of American Bicyclists is to protect and advance the rights of bicyclists and to promote bicycling for recreation and transportation. Members receive Bicycle USA magazine and the Bicyclist Advocacy Bulletin, and can fly their bikes for free on five major airlines.



WHEELING WHEELMEN'S ANNUAL JANESVILLE WEEKEND
 MAY 28 (SAT), 29 (SUN) AND 30 (MON)
 WOYTECK MORAJKO & CAROL PASSOWIC (708) 392-0530



THIS ANNUAL THREE DAY WEEKEND ORIGINATES OUT OF JANESVILLE, WISCONSIN. THIS IS A GREAT TRAINING RIDE FOR THE UPCOMING SUMMER TOURS (DARE I SAY PEDAL THE PEAKS?) AS ROLLING ROADS WILL TAKE US THROUGH THE FARMLAND AND FORESTS OF NEW GLARUS, KETTLE MORaine AND LAKE MILLS. EACH DAY WILL HAVE OPTIONS OF EITHER 100+ OR 80+ MILES.

WOYTECK AND I WILL BE DEPARTING FROM THE HAMPTON INN EACH MORNING BETWEEN 7:00 AND 7:30 A.M. WE WILL LEAVE CUE SHEETS ON OUR VAN FOR THOSE WHO WANT TO LEAVE AT A LATER TIME. IN ORDER TO HAVE SOME IDEA OF HOW MANY COPIES WE NEED OF THE ROUTES, PLEASE LET US KNOW IF YOU WILL BE THERE.

AGAIN, EVERYONE IS RESPONSIBLE FOR THEIR OWN RESERVATIONS. IF YOU NEED A ROOMMATE, LET US KNOW. WE'LL KEEP A LIST OF THOSE ATTENDING AND WILL LET YOU KNOW IF SOMEONE ELSE IS LOOKING. DON'T WAIT TOO LONG TO RESERVE YOUR ROOM. THEY ALL FILL UP QUICKLY AS THEY ARE RIGHT OFF THE HIGHWAY AND MEMORIAL WEEKEND SEEMS TO BE POPULAR IN JANESVILLE. IF YOU ARE NOT FAMILIAR WITH THE AREA, ALL OF THE MOTELS LISTED ARE WITHIN WALKING DISTANCE OF EACH OTHER.

WOYTECK AND I WILL BE STAYING AT THE HAMPTON INN. THE HAMPTON INN WAS OPENED IN JANUARY OF 1993. IT OFFERS A VERY GOOD CONTINENTAL BREAKFAST FROM 6:00 - 10:00, POOL, WHIRLPOOL, GENERAL GATHERING AREA AND HBO. IF ANYONE WOULD LIKE TO HAVE A GROUP DINNER, THEY ARE MORE THAN WELCOME TO ARRANGE ONE. DUE TO LAST YEAR'S CONFUSION, WE HAVE BOWED OUT OF THE TRAVEL AGENCY BUSINESS.

IF YOU HAVE ANY QUESTIONS ABOUT THE WEEKEND, PLEASE CALL BEFORE THURSDAY, MAY 26. WE WILL NOT BE AVAILABLE FOR QUESTIONS UNTIL SATURDAY MORNING, MAY 28.

HAMPTON INN (1-608-754-4900)
 2400 FULTON STREET (INTERSECTS HWY 26)

EXIT 171A OFF I-90 AT HWY 26, NORTH 1/4 MILE

BEST WESTERN TRAVEL LODGE
 (1-800-334-4271)

ACROSS THE STREET FROM THE HAMPTON INN POOL, REMODELED IN 1992

JANESVILLE SUPER 8 (1-608-756-2040)
 3430 MILTON AVENUE (HWY 26)

EXIT 171A OFF I-90 SOUTH ON HWY 26, MILTON AVENUE, REMODELED IN 1993

RAMADA (1-800-228-2828)

LOCATED ACROSS THE STREET FROM SUPER 8

SELECT (1-608-754-0251)

LOCATED NEXT TO THE SUPER 8

OASIS (1-608-754-2800)

LOCATED BEHIND THE RAMADA

MOTEL 6 (1-608-756-1742)

LOCATED NEXT TO THE HAMPTON INN