



P.O. BOX 581-D  
WHEELING, ILLINOIS 60090

# Monthly Meanders

Newsletter For The Wheeling Wheelmen Bicycle Club, September 1990

## This Month's Meeting

We're back at Wheeling High School! Thursday, September 6, 7:30 pm back in the cafeteria. Join us as we gear up for the Harmon Hundred! Discuss last minute details, sign up to work and pick up your own 20th Anniversary Harmon Hundred T-shirt (a steal at \$6!).

## PREZ SEZ...

Activities are going full blast towards the HARMON HUNDRED !!! Food is ordered, spaghetti is cooking, routes are being marked, etc. But we still need your help!!! There are still a number of openings to be filled in order to adequately staff, and have fun working the HARMON. Please attend the September members meeting at WHEELING HIGH SCHOOL 7:30 PM, September 6th to sign up, or call AL DARGIEL at (312)685-7708. A list of all chairpersons and their responsibilities is included elsewhere in this newsletter.

By the way, nobody has volunteered to run the St. Patrick's Day ride next Spring. This event has become a real "happening" for Chicago cyclists. Everything is packaged well and would take minimum effort to do. Please call me if you are interested at (708)255-4029.

A slate of candidates for Board positions is now complete. It is a good one, that will do an excellent job of guiding the club in the next year. However, if you are interested in running for a spot on the Board, don't let this stop you. It's been rare to have more than one person running for a Board chair. This is unfortunate, as I would love to be faced with the frustration of choosing between two good people. Since competition adds spice to the election process, don't hesitate, if you are interested, call Howard Paul (708)824-2941 or Bob Browning (708)537-3391 today.

At the banquet in November, the club passes out awards covering a number of areas: top five male and female riders, thank you gifts to ride leaders and sweeps, most unusual ride, most creative ride, club

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## SAFETY CORNER

I had an extremely frightening experience recently that I hope none of you have to repeat. While riding our tandem southbound on Quentin road, I was run off the road by a semi-trailer truck. This may be difficult to picture, but the truck started to pass with about a half lane of room and returned to our lane before the rear wheels had passed us. So, before becoming a pair of re-treads, I went for the gravel. This worked much better than I thought it would and we escaped with nothing more than a few more gray hairs.

This episode brings up the ever controversial topic of road positioning, otherwise known as: "How far from the edge of the road should you ride?"

There are three distinct views on this subject. The first is shared by many motorists and boils down to bicycles should be required to ride on sidewalks and bike paths. All of us should feel generally insulted by this and should continue to work with the L.A.W. to keep sidepath laws off the books. Don't misunderstand me here. If a sidepath is the safer place to ride in a particular area, then by all means use it.

View number two says that you should ride as far to the right as possible without putting yourself in a position where you can be blown off the road. The good and bad sides of this point are based on the same principle. Most vehicles can slide past you without risking a head-on with another vehicle. The benefit to this is that the traffic pattern is not disturbed

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Affiliate

### Wheeling Wheelmen Board Of Directors

|            |                 |           |
|------------|-----------------|-----------|
| President  | Hans Predel     | 255-4029  |
| Vice Prez  | Carol/Woyteck   | 392-0530  |
| Treasurer  | Andy Dane       | 271-5718* |
| Membership | Lisa Gerhold    | 803-3998  |
| Safety     | Jerry Rice      | 870-8127  |
| Newsletter | Craig Jorgensen | 356-0692  |
| Bike Books | Roy Erickson    | 381-5128  |

Club Ride & Information Line (312) 989-7373

\*(312) Area Code; All others are (708)

## PREZ SEZ FROM PAGE 1...

volunteer of the year, and most improved male and female rider. The Board and I welcome your suggestions and comments both on the categories (are they meaningful? are we forgetting something?) and who should be considered for them. Please talk to any Board member about your thoughts. Thanks for the input.

## SAFETY CORNER FROM PAGE 1...

by the slower travelling bicycle. The negative is that many vehicles will be too close to you to allow adequate maneuvering room. It is also very easy to get pushed off the edge of the road.

The third view represents the hardline and says that you should ride about 2 to 3 feet to the left of the white line. This forces vehicles to slow down and use a full lane to pass. With a large group of cyclists this can be quite tedious for the drivers, but it is probably the best way to protect yourself.

In my truck example, neither of the latter two positions would have worked. The truck is too wide to pass without using the other lane, and I firmly believe he was out to give me a bad time from the start anyway. I am not a strong advocate of either position and generally try to adjust my riding to the conditions. So, do what you feel is best for yourself and stay alert!

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## SPACE TO FILL

Allow me to introduce myself--Craig Jorgensen, new editor-in-chief of "Monthly Meanders", taking over from Igor. I've only been in the club for about 6 months, but in that time I've had the opportunity to meet and ride with many of the club's members, and I'm looking forward to this new task.

This section that I'm calling "Space to Fill", for lack of a better title, is going to be a potpourri of news items about the club and its members, and contributions are solicited from everyone. Send stuff to me at: 25625 Columbia Bay Drive, Lake Villa, IL 60046, or call my machine at: (708)356-0692. When submitting articles, ride reviews, etc. I would prefer that they come on 3 1/2in. DSDD floppy disc (I will return your discs), in either MS/DOS or AMIGADOS formats, or if that's impossible, typed double space. Also, please have things to me by the 10th of the month. That would greatly reduce the hassles for me. Now on with the news!!!

\* The club picnic was held on August 5th, and was great!!! Linda Heeter, who was called out of town at

the last minute, wishes to thank Al & Lynn Petty for organizing the ride and getting the food there on time, and also thank Andy Dane & Jennifer Howard for standing vigil over the food and shelter.

\* Lotti Dolce would like you to send your humorous(read:cruel and unusual)cycling related photographs to her, for use in a slide show that will be presented at the club X-mas party. Lotti will transfer prints to slides, if necessary, and her address is: 1122 Dale Ave. 2K, Arlington Hts., IL 60016.

\* Although it's a rare occurrence to experience any shifting difficulties with Campagnolo's fine Syncroll index system, installing a Shimano Hyperglide chain might make you stop cursing in Italian. Remember when you take out the extra links, that Campy derailures like the chain as long as is practical. Of course, no one ever has problems with Campy stuff do they?

\* Lastly, I'm really glad to be writing this. I'm really glad to be doing anything today, because while riding yesterday, an oncoming car that was recklessly passing another oncoming car almost turned yours truly into road pizza. The driver whipped out and forced me into the loose gravel shoulder while I was travelling at a speed of nearly 20 mph, and I immediately lost control and crashed. I remember hearing the sickening "crunch" of styrofoam as my helmeted head pounded against the ground. Other than some abrasions, bruises, and torn handlebar tape, my Gios and I are O.K., but this clown of a driver didn't even stop to check. I hope that I'm always more careful, courteous and observant than this idiot when I have to use my pollution buggy. And wear your damn helmet!!!

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## MCHENRY DAM RIDE

Submitted by Hans Predel

The day started out fairly clear, but a bit on the muggy side. About 40 riders showed up for this well liked ride to the dam. By the way, I did have to obtain a permit to allow the riders to enter the park, even though I told them we would only be there for one hour! While some of the faster riders went ahead, I maintained a pace of 11-12 mph and had about 30 or 35 riders stay with me in a group. In my mind, there is nothing more inspiring than seeing a paceline consisting of that many riders, stretched out on a country road. On our way back, the group faced headwinds and high temperatures, and we separated somewhat, nevertheless, everyone enjoyed the ride and vowed to do it again.

## COMING IN OCTOBER...

Don't miss the October member's meeting! Our speaker, Sue Thompson, M.S., has two Master's degrees- one in physical education and one in exercise physiology and cardiac rehabilitation. She is certified by the National Strength and Conditioning Association, the International Dance-Exercise Association, and the American College of Sports Medicine. She's Editor-At-Large for *Shape* magazine and has served as the head judge for the Crystal Light National Aerobic Competition. She's a popular public speaker and an internationally known trainer of fitness professionals. Sue is a consultant to the U.S. Air Force and recently toured and evaluated fitness programs at all their Pacific Ocean bases. Is this an amazing woman, or what?!

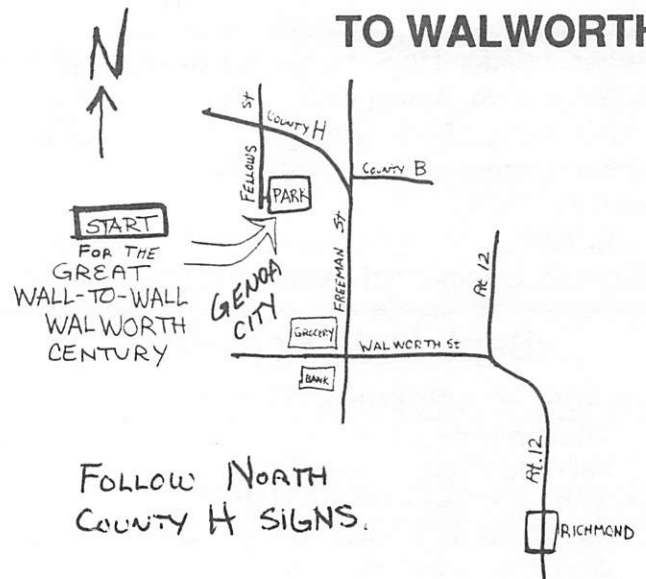
## POST HARMON PARTY

Pizza, pop, beer, wine, and great conversation with friends! Party is Friday evening, September 21st, from 6:30-9:30, at the Mallard Lake Apartment Complex clubhouse (same as last year). RSVP at the September meeting, or call Dick Marr at 398-0106. The party is FREE for volunteers who work the Harmon Hundred; (other guests or members \$5 each, payable to Dick Marr at the party).

The Mallard Lake complex is about 1 mile directly west of Wheeling High School, on the north side of Hintz Road, between the stop lights at Schoenbeck and Buffalo Grove roads. The clubhouse is marked with an "X" in the center of the accompanying map. Please park on Hintz Lane (NOT Hintz Road) and walk the short distance along Mallard Lake. *Do not park on Mallard Lane or Teal Lane!* See you there!(If you need to leave an emergency number with a babysitter, the clubhouse phone is 708/398-9092).



## WHICH WAY TO WALWORTH?



FOLLOW NORTH  
COUNTY H SIGNS.

## LAW TRIAL MEMBERSHIP!

### Our club is an affiliate of the **League of American Wheelmen**

For a limited time, the League is offering  
a **trial membership...**  
to club members only.

For three dollars, you will receive:

- Two issues of *BICYCLE USA*, the League membership magazine.
- Informative bicycling articles.
- Product reviews.
- Bicycle action information.
- Health and legal advice.
- National ride calendar.

Try League membership for two months.  
It's only **three dollars**. It's good for  
you...for your club and for bicycling.  
**Here's my three dollars. I want to try the  
League for two months.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_

Club \_\_\_\_\_

send application and three dollars to:

**League of American Wheelmen**  
6707 Whitestone Road  
Suite 209S  
Ballimore, MD 21207-4106  
(301)944-3399

this trial membership offer is good through October, 1990  
Please allow time for processing.

## Ride Codes

**LEISURE:** 8-10 miles per hour. Group stays together. Leader stops frequently to regroup. Cue sheets provided. Recommended for beginners.

**TOURING:** 10-15 miles per hour. Group stays together. Leader stops periodically to regroup. Cue sheets provided.

**EXPRESS:** 15+ miles per hour. Ride at your own quick pace. Group is not obligated to stay together or

## Sept. Ride Schedule

### SAT. AUG. 25: LINDENHURST SPIN

**TOURING. 55 miles.** 9:00 am. Lake Forest, West train statio Doug Kritz, 498-0114.

### SAT. AUG. 25: DEKALB CENTURY

**EXPRESS. 102 miles.** 6:00 am. Wing Park, Elgin. Jim Grant, 695-3734.

### SUN. AUG. 26: ZION RIDE

**TOURING. 64 miles.** 8:00 am. Potawatami Woods, Wheeling. Phyllis Harmon, 537-1268.

### SAT. SEPT. 1: TOUR OF KENOSHA

**TOURING. 110 miles.** 7:00 am. David Park, Zion. Tri-State north to 173. East on 173 to Kenosha Rd. South on Kenosha to 21st street. East on 21st. Park on the right. Woyteck Morajko, 392-0530.

### SAT. SEPT. 1: SILVER LAKE

**TOURING. 65 miles.** 9:00 am. David Park, Zion (see above listing). Bring or buy lunch. Carol Passowic, 392-0530.

### SUN. SEPT. 2: REVISED DEKALB RIDE

**TOURING. 64 miles.** 8:30 am. Start from Northern Illinois University Fieldhouse. East/West Tollway (I-88) to Anne Glidden exit. Directly north about 1.5 miles to Lucinda (stop light). Lunch options: bring your own, Hardees, D'Lites (In Rochelle); or Stolen Horse Corn. Carry water and napkins. NOT A SINGLE HILL! Rural route, so essentially flat (it actually sags here and there). Joe Tobias, 835-2547.

### MON. SEPT. 3: MEMBER'S HARMON 25

**TOURING. 25 miles.** 9:00 am. Start from Wheeling High School. Since we work during the invitational, this is your chance to ride the route and earn the LAW patch. Hans & Diane Predel, 255-4029.

### MON. SEPT. 3: MEMBER'S HARMON 50

**TOURING. 50 miles.** 8:00 am. Start from Wheeling High School. Since we work during the invitational, this is your chance to ride the route and earn the LAW patch. Cindy & Al Schneider, 696-2356.

### SAT. SEPT. 8: MEMBERS' HARMON HUNDRED

**TOURING. 75 or 100 miles.** 7:00 am (75 & 100); 9:00 (25 & 50). Start from Wheeling High School, 83 and Higgins. Ride Harmon route, earn patch. Ride leaders: for the 100 miles, Lotti Dolce, 398-3957; for the 75, Jerry Rice, 870-8127.

### SUN. SEPT. 9: HARMON HUNDRED INVITATIONAL

**WORK DAY!** Work shifts from 5:30 am to 7:00 pm. at the Wheeling High School (food prep., registration, parking, etc.) and/or at sag stops along the route. Sign up for your spot at the Sept. meeting or call Al Dargiel, (312)685-7708.

### SAT. SEPT. 15: WALL-TO-WALL WALWORTH

**EXPRESS. 100 miles.** 8:00 am. Start from Fellows Street Park, Genoa City, WI. Cycle beautiful Walworth County! Bring or buy lunch. (See map on page 3). Bill Bergeron, 516-0126.

### SUN. SEPT. 16: BROOKFIELD ZOO RIDE

**TOURING. 60(ish) miles.** 8:30 am. Start from Busse Woods, Golf Rd., west of Algonquin, east of 53. Spend 1 1/2 to 2 hours in zoo. (Bring \$ for entrance fee). Bring or buy lunch. Al Dargiel, (312) 685-7708.

### SAT. SEPT. 22: RURAL WISCONSIN TOUR

**TOURING. 59 miles.** 9:00 am. Railway Depot on US 12, north of WI 67. Bring a bag lunch. Chuck Brenmark, 253-9025.

### SUN. SEPT. 23: BELVEDERE CENTURY

**EXPRESS. 100 miles.** 6:30 am. Wing Park, Elgin. South of NW Tollway, 4 lights to Wing St., west 1/2 mile to park. Jim Grant, 695-3734.

### SAT. SEPT. 29: TOUR OF MC HENRY COUNTY

**TOURING. 85 miles.** 8:00 am. McHenry County College. Northwest Highway, (Rt. 14) outside Crystal Lake, last major intersection 176. Woyteck Morajko, 392-0530.

### SUN. SEPT. 30: WHEELING BIKE-A-THON

**ALL PACES. 10+ miles.** 7:00 am to 5:00 pm. Our community project. Raise funds for Pavilion Senior Center. Phyllis Harmon, 537-1268.

### SAT. OCT. 6: RACINE COUNTY

**TOURING. 50 miles.** 9:00 am. Start from Eagle Lake Park, WI. Church Rd. West of WI 75. Phyllis Harmon, 537-1268.

### SUN. OCT. 7: WOODSTOCK

**EXPRESS. 73 miles.** 8:00 am. Start from Kildeer School, Long Grove. Bring lunch or buy at McDonalds. Linda Heeter, 945-0974.

## The Latest Top 10 Mileage List....

| Women's Top 10 Mileage |                 |     | Men's Top 10 Mileage |                      |
|------------------------|-----------------|-----|----------------------|----------------------|
| 1                      | Linda Heeter    | 989 | 1                    | Woyteck Morajko 1701 |
| 2                      | Carol Passowic  | 976 | 2                    | Bill Lorenzen 1331   |
| 3                      | Jennifer Howard | 946 | 3                    | Aaron Tanzer 1131    |
| 4                      | Lotti Dolce     | 925 | 4                    | Ed Addison 1068      |
| 5                      | Fran Green      | 861 | 5                    | Dennis Braun 1045    |
| 6                      | Christine Gier  | 754 | 6                    | Fred Schroeder 1027  |
| 7                      | Shannon Simpson | 677 | 7                    | Bill Bergeron 1010   |
| 8                      | Pat Marshall    | 609 | 8                    | Craig Jorgensen 0958 |
| 9                      | Cindy Schneider | 584 | 9                    | Andy Dane 0946       |
| 10                     | Karen Harte     | 566 | 10                   | Howard Bronson 0934  |