

# MONTHLY MEANDERS

Newsletter For The Wheeling Wheelmen June 1990

## June Meeting

**Thursday, June 7, 7:30 pm, Wheeling High School cafeteria.** This month Ted Sanders, President of the Chicago Bicycle Federation and local LAW Effective Cycling Instructor-Trainee will present a short version of the Effective Cycling Book. Come hear the LAW's recommended cycling techniques!

## Meanders This Month..

- ☛ Ride Reviews- see how your favorite rides rate! (Page 2)
- ☛ Cartoon Corner- cartoons, new bike gadgets & more! (Pg 3)
- ☛ June Ride Schedule and Top 10 Mileage List! (Pg 4)



Affiliate



WHEELING WHEELMEN

P.O. BOX 581-D  
WHEELING, ILLINOIS 60090

## Prez Sez

-Hans Predel

**I'm astonished by the large turn-outs** on our rides. In many cases more than 50 riders turned out and we've been running out of cue sheets. I don't know whether it's (A) the weather, (B) the ever-growing popularity of cycling or (C) our club's reputation...probably (D) all of the above. I'm also glad to hear the ride leaders have been doing the right thing with big groups, and that's breaking them into smaller groups. This reduces the hazards and annoyances of a large troop of cyclists blocking the roads. Thanks to our Wheeling "regulars" who've helped lead these subgroups.

Turning to summer, our club picnic is in-works for August 5th at the Lakewood Forest Preserve. Please return the enclosed slip so we get a headcount. Bring the whole family on out for a day of fun in the sun! Ride "Loops Around Lakewood" then come back and enjoy plenty o' food, volleyball, softball, frisbee and much more!

On a business note, please also fill out the ballot enclosed regarding the issue of club dues. We are proposing an increase from \$8 individual/\$10 family to \$12 individual/\$15 family. We believe this is still very reasonable given all our club has to offer. We also believe the new dues will cover our operating costs for many years to come before another increase is needed. The new rates would go into effect for 1991 (starts September 1990 for new members; January 1991 for renewals). The constitution requires majority approval, so please return your ballot ASAP.

## Safety Corner

-Jerry Rice

**The way this season's opening, we're going to have a great year!** The turnout for our rides has been phenomenal! The majority of the people must be having a good time since I've gotten very few complaints. This month's Cracked Helmet Award goes to the gang of riders on the Audobon Ride who, despite my correct

lead, made a left turn from the left and center of a double left turn lane at Higgins and Barrington Roads. You should make the turn from the right-hand side of the left turn lane as most of us know. Other observations... Even though our large groups are impressive, some unique tendencies begin to come out. People think they can go through stop signs at busy intersections 15 at a time. Many drivers have been waving us through, which is very kind. Let's be courteous in return - break up into smaller groups and give them a break.

Another point-running stop lights is strictly prohibited! The **ONLY** exception I can think of is if you get stuck at a switch-tripped light. If you've waited patiently for several minutes for a car to come by and trip the light to no avail, cross carefully when the cross traffic is clear.

Here's a different one. Many people are unaware how skiddish horses are around bikes. If you cross paths with a horse and rider, stop and dismount before you get within speaking distance. Continue walking until you can ask the rider if you may proceed pedalling. Most of the horses we encounter in the suburban forest preserves are accustomed to bikes, but in the outlying areas they are more sensitive.

Also this month, the first (that I remember) GOLDEN HELMET award goes to Doug Kritz for requiring people on his ride to walk across a highway entrance ramp where traffic was heavy and the sidewalk bordered a very steep drop-off. Honorary mention to Linda Surcek for the best formatted and functional cue sheet [Audobon Ride] I have ever seen (Igor blushes in gratitude...).

## Wheeling Board Of Directors

<b>President</b>	Hans Predel	255-4029
<b>Vice Pres.</b>	Carol/Woyteck	392-0530
<b>Treasurer</b>	Andy Dane	271-5718*
<b>Safety</b>	Jerry Rice	870-8127
<b>Membership</b>	Lisa Gerhold	803-3998
<b>Newsletter</b>	"Igor" Surcek	965-8249
<b>Bike Books</b>	Roy Erickson	381-5128

**Wheeling Ride/Info Line : 989-7373\***

\* 312 area code; all others are 708

## Fascinating Facts



In the U.S., more than 2 million children receive bicycles as gifts each year, but only about 5% are also given helmets. Each day one child dies and about 200 are treated in emergency rooms because of cycle related head injuries. (Submitted by Dick Sorenson)

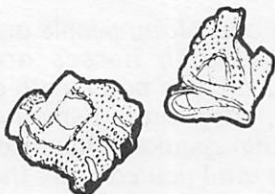
(Igor's note: Remember, this is the year of the pesky 17-year cicada...yet another good reason to wear a helmet!)

## Fast Legs, Big Hearts

Kudos to the core group of faster riders who have made a habit of waiting around after rides to see that everyone made it back. (On a personal note, Igor thanks the "Big Dogs" for waiting for us little pups to make it home!)



## Ride Reviews



(A Brand New, Super Exciting Feature!) In the spirit of the old Rides Reridden column, this is your chance to let us know how you enjoyed a ride.

### Somewhere West Ride (new), April 7 (Sent in by Jerry Goldman)

The "Somewhere West Ride" consisted of one loop between Elgin and Algonquin and an additional loop from Algonquin to the west edge of Barrington. The 45 mile route was chosen for its hills, dogs and lack of cars. In celebration of the club's 20th birthday, the entire group rode together as in the old days. This was because leader Pat Marshall was the only one there who knew how to read a map, and she was 3 miles behind tending to flat tires on tandems and picking up frozen toes off the roadway! In spite of this burden, Pat never missed a turn. It was an exciting adventure!

### Mike's Schaumburg Sprawl, (new) April 14 (Sent in by Gee Cunningham 4/15)

Accolades are due to Mike Milton for the fine, safe new ride he provided this Saturday. Anyone who can top this new ride will have to work hard. It was safe, interesting in scenery and varying terrain, and despite the cold weather memorable. A great deal of time and effort was exhibited in Mike's new ride and I know it will become one of the club's favorites. He gets my vote (so far) for best new ride of the year-let's hope he has lots of competition this year!

### Igor's Audobon Ride (new route), April 29



Before anyone screams favoritism here, I just want to mention that we had a somewhat frightening record turn-out of 75 riders! Luckily I had made up 70 cue sheets, so only a few people had to double up.

### Wall-To-Wall Walworth, May 6

Christine Gier reran her award-winning century+ under blue skies, gentle breezes and scenery that just wouldn't quit! Despite the early date for a century, about 25 ambitious (or just plain nuts, perhaps?) riders turned out.



## Calling All Ride Leaders!

With the majority of club rides listed in the paper this year, here are a couple tips I picked up after surviving leading my first ride. Be sure to remind new or non members to be at the starting point at least 15 minutes before the start time listed so they don't arrive as the group is leaving. Also, take a couple minutes to remind them to have at least one water bottle and snacks or money to buy food along the way. It could save you big headaches during the ride!

## Design Contest Winners

The results are in for the winners of the 1990 Harmon Hundred design contest! Before I list the winners, the Board thanks everyone who sent in an entry!!! As always it was a tough decision picking a winner. And now, the envelope please...

**T-Shirt Design-** Lisa Gerhold

**Patch Design-** Lois Paul

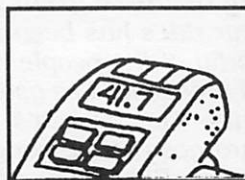
**Anniversary Masthead Design-** Ester Rice ( a special category this year. As of July, Ester's design will appear on the newsletter and on all Harmon Hundred cue sheets).

Congratulations to our winners! Each one will receive a free patch, t-shirt and a \$20 gift certificate.

## Riding Partner Wanted

Hindsdale area, (southwest suburbs). Express paced rides after work. Call Aaron Tanzer, 323-3204.

## Cyclocomputer Found



On the Covered Bridge Ride, May 6th in Long Grove. If you think it's yours, you can claim it at the next members meeting.

## **June And July Invitationals**

June 2. Udder Century, 31,50,62 and 100 miles, reg. 7:30-10 a.m. \$12/14 ride day with all-you-can-eat dinner, patch. SASE to McHenry County Bicycle Club, P.O. Box 917, Crystal Lake, Il, 60014

June 2. Ride on the wild side., 25, 50 and 100miles, reg. 7:00a.m. \$8/\$10 after 5-24. Illinois Valley Wheelmen, c/o Sheila Hansen, 217 Hanover Place, Peoria, Il, 61614, 309/693-9807.

June 3. Hartman Creek Metric, reg. 9 a.m. \$10/12 ride day w/T-shirts to pre-reg., SASE to Brian, Harbor Bike&Ski, 112 e. Union St., Waupaca, Wi 54981, 715/258-5404.

June 3. LibertyMetric, 38 and 62 miles, reg. 9 a.m. \$8 and water bottle to first 350. Mt. Prospect Bike Club, 411 S.Maple St., Mt.Prospect, Il 60056. Dolores Schauer 708/259-0845.

June 10. Big Jim's Ride for Special Olympics. 25, 50, 75 and 100 miles, reg. 9 a.m. \$10/\$20 ride day, T/shirts for \$5, Timed loops for racers. Prizes for most donations, ride with a Green Bay Packer. Food,, music, entertainment. SASE to Jim's Bike Ride for Special Olympics/Bank of Kaukana, P.O. BOX 320, Kaukana, wi 54130. 414/734-1405.

June 10. Chain of Lakes Ramble, 50 and 100K, 100 miles. 6:30-10 a.m. reg., \$9/11 ride day. SASE to Bicycle Club of Lake County, P.O. BOX 521, Libertyville, Il 60048, 708/244-6396.

June 10. Un Tour Des Femmes. 50 and 70 miles. Female only ride. Held at Maxwell Park in Normal. Contact Dale Kruse 309/454-1541.

June 16. Ridges Ride for Nature. 25, 50 and 100K, reg. 9 a.m., \$12 w/T-shirts, start Lake Park, Jacksonport, Wi. Carol Schuster, 2912 Lake Forest Rd., Sturgeon Bay, Wi 54235, 414/743-8138 after 5 p.m.

June 17. Bago 100. 100k and 100m tour around Lake Winnebago, reg. 6-8 a.m., \$13/16 day of ride w/t-shirt, spaghetti dinner. SASE to Bago 100, P.O. Box 213 Menasha, Wi 54952, 414/725-1955, 722-4504.

June 17. Iron Bridge Century. 35, 65 and 100 miles. \$8/10 after 6-1. Le Peloton Club. SASE P.O. Box 103, Bourbonnais, Il 60914. Call Craig Ramsey 815/937-0349.

June 17. Kankakee Two Rivers Century. 35, 52 and 100 miles. \$8/10 ride day. Reg. 6:30-11 a.m. at I.D.C. Campus in Manteno, Il. Call Craig Ramsey at ... Hmm, sounds just like the Iron Bridge Ride. Call and find out what's what!

June 24. Menominee River Century. 16, 40 and 100k. \$8 no t-shirt, \$10/15 day of ride with t-shirt. Ride along Peshtigo and Menominee Rivers and Lake Michigan, spaghetti supper following ride. SASE to Marinette Parks & Recreation Dept., 2000 Alice Lane, Marinette, Wi 54143, 715/732-0558

June 24. Merrill Centennial Challenge. 30 and 64 miles. \$8 with t-shirt, register day of ride, 9 a.m., Kichenette Park. Greg Stezenski, Park & Rec. Director, 1004 E. First St., Merrill, Wi 54452, 715/536-7313.

June 24. La Crosse Killer Hill. 64 miles, 8-9 a.m.reg., \$12 fee. Challenging tour near La Crosse with prize for making "Killer Hill". Write Jim Asfoor, c/o La Crosse Wheelmen, 924 1/2 Caledonia St., La Crosse, Wi 54603. Call 608/782-4630.

June 24. Kenosha Diamond. 25, 50, 75 and 100 miles. Reg. 7-10 a.m., \$8/10 day of ride. Ride along Lake Michigan, parks and Kenosha County. Send SASE to Pat Kronholm, VP, 6426 37th Ave., Kenosha Wi, 53142, 414/654-4852.

June 24. Swedish Days Ride. 25, 50, 75 and 100 miles. Reg. until 10 a.m., \$8 singles/18 family; \$10/22 ride day. SASE to Fox Valley Bicycle Club, P.O. Box 1073, ST.Charles, Il 60174, 708/584-7353.

June 24. Snow White. 30 and 60 miles. For women only, reg. 8 a.m., helmets mandatory. SASE to Bikes Plus, 28686 W. Northwest Hwy., Barrington, Il 60010, 708/382-9200./

July 4. JBC Metric Century. 35 and 65 miles. Reg. 7 a.m., \$8 pre-registered with waterbottle, patches \$2. SASE to Rick O'Brien, Joliet Bicycle Club, P.O. Box 2758, Joliet, IL 60434, 815/741-2372.

July 7-15. Ultra week. Rides ranging from 20, 30 and 60 to 200, 400 and 600 miles. Held in Harvard and Capron, IL and in southern Wisconsin. Send for Information packet to: Ultra Week, P.O. Box 73, Harvard, Il 60033, call 815/943-3171.

July 8. Heatstroke 100. 16, 30, 67 and 100 miles. Reg. starts 6 a.m., \$9/11 ride day, SASE to Community Education Dept., Wayne M. Lell, 100 North Kohne St., Burlington, Wi 53105, 414/763-8798. Starts at Rt. 38 and Washington.

July 7. Duneland Double Ride. 100,151 and 200 miles. 24 hour event. \$10/15 after June 16 with bottle. Reg. 5-5:30 a.m. at Soldiers Memorial Park, LaPorte, In. Flat to rolling course. Call Bob Friend, 219/924-3767.

July 8. Melon Metric. 25, 60 and 100 miles. \$7/9 after July 1 with bottle. Reg. 6:30 a.m., at the Barn, Martin Ave., Naperville. Call Naperville Park Dist. 708/357-9000.

July 14. Holland Hundred. 31, 52 and 100 miles. \$8/24 for family. Begins in Holland Michigan. Call Chris Wennerstein 616/396-8648.

July 15. Insomnia Cycle '90. 25 mile night ride thru North side of Chicago. \$10/12 after July 1. Call Nancy Minster 312/922-3307.

July 21. North Country 100. 25, 62 and 100 miles. Reg. 7-9 a.m., \$15/20 after 7/1. Tour of Lake Superior north country. SASE to Connie Loden, Indian Mountain Resort, 500 Indianhead Rd., Wakefield, mi 49968. Call 906/229-5181 or 1-800-3-INDIAN.

July 22. Cloverleaf Century. 30, 60 and 100k. Mass start 10 a.m. at Standing Rocks County Park near Stevens Point/Amherst, Wi. \$12/15 ride day. SASE to Hostel Shoppe, 929 Main St., Stevens Point, Wi 54481. Call 715/341-4340 (Rolf, Julie or Don0

July 29. Metro Metric. 31, 62 and 100 miles. \$8/10 after July 15. Reg. 6:30-10:30 at the college of DuPage, 22nd and Lambert, Glen Ellyn. Rolling hills thru Will, Kendall and DuPage counties. Call Phil Wolpe 708/739-4637.

## Shoreline Bicycle Tour

The Shoreline Bicycle Tour, WEST ROUTE, sponsored by the League Of Michigan Bicyclists, is scheduled for July 28 through August 4. This is the 4th annual ride, starting in New Buffalo and ending 7 days later in Traverse City. Mileage 350+. Ride is limited to 500 riders. Camping gear and luggage is sag supported.

New EAST ROUTE is being introduced this year! Route begins in Au Gres and ends simultaneously with the West Route in Traverse City for a joint parade. East Route is limited to 250 riders the first year. (Trip prices were not supplied -Ed). For applications or more info, contact Dick Klecka (616) 780-3298 or write P.O. Box 16201, Lansing, MI 48901.

## Picnic Time!

Don't miss the annual Wheeling Wheelmen picnic August 5! Fill in the enclosed reservation slip and insure your place in the sun! Food, friends and more fun than you can shake your lower bracket at (which come to think of it is probably impossible).

## Pedal Across Wisconsin

Jerry Goldman is geared up for another season of cycling in bike-friendly Wisconsin. Brief trip listings are as follows: June (15) 16-17 Whitewater Weekend VI. (Loops of 25-50-75 miles). June (22) 23-24 Door County Weekend VI (Loops of 25-50-75-100 miles). July (13) 14-15 WAFAL III- Wisc. Amish Farms And Lakes (Loops of 25-40-50-75 miles). July 22-28 Crankit III (Weeklong trip ave 65 miles/day). October (5) 6-7 New Glaris Fall Fantasy VI (Loops of 25-50-75 miles). Contact Pedal Across Wisconsin for trip costs, accomodation details, etc. P.O. Box 365, West Dundee, IL 60118. Phone (708) 695-7964

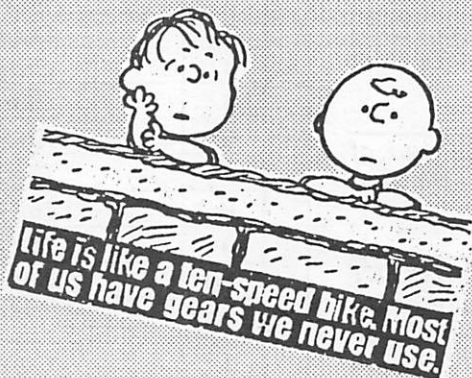
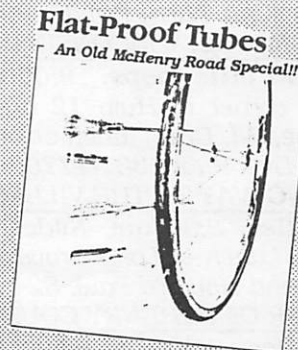
## Stand Up & Be Counted

Be sure to fill out and return your ballot on the proposed dues increase ASAP. Every vote counts!



## Cartoon Corner

For those of you who appreciate the lighter side of this sport we call cycling...(from Igor's private stash)



### Quote Of The Month:

Early to rise and early to bed makes one healthy but socially dead!



## Ride Schedule

### MAY 28: ARLINGTON HTS-ALGONQUIN-WOODSTOCK

**Mon 60 miles.** 7:30 am. Arlington Heights train station. Call Mike Milton for more information 577-9887.

### MAY 26-28: JANESVILLE WISCONSIN WEEKEND

**E/T 100-80-100 miles over 3 days.** 6:00 am, Sat. from Wheeling High School. You must be preregistered for this ride. Call Jim Grant for any last minute details. 695-3734.

### JUNE 2: LAKE COUNTY COLLEGE CLASSIC

**Sat 40 miles.** 8:30 am. NEW START FROM Lakewood Forest Preserve. Revised route! Bring or buy lunch in Grayslake (Hardees) Janie & Richard Neuman, 367-7720.

### JUNE 3: MORAINE HILLS-FONTANNA, LAKE GENEVA

**Sun 65 miles.** NEW START TIME 9:00 am. Moraine Hills Park, McHenry. River Road north of Rt. 176. **IMPORTANT PARKING NOTE:** You must park in the "White Tail Prairie" parking area (2nd parking area on the right as you enter the park). Lunch stop or brown bag it. Al and Lynn Petty, 948-7288.

### JUNE 9: CHAIN OF LAKES

**Sat 68 miles.** 8:00 am. Kildeer School, Long Grove. Ride and lunch in the park. Bring bagged lunch. Hans Predel, 255-4029.

### JUNE 10: RIDE ALONG THE NORTH SHORE (NEW!)

**Sun 30 miles.** 9:00 am. Tower Rd. Parking Lot east of Edens Expy, Winnetka (Between Dundee & Willow Rd.) Bring lunch or stop at Burger King. Larry Erman, 724-1301.

### JUNE 10: LaGRANGE, WISCONSIN (NEW!)

**Sun Two 30 mile loops.** 9:00 am. The Gen'l Store, corner of Hwy 12 and Hwy H, La-Grange, WI. Bring lunch or buy at the Gen'l Store. Dick Ryan, 381-1775.

### JUNE 16: LONG WAY TO THE VILLAGE TAVERN

**Sat 27 miles.** 8:30 am. Kildeer School, Long Grove. Lunch in Long Grove. Beautiful ride! Louis and Howard Paul, 824-2941.

### JUNE 16: TOUR OF McHENRY COUNTY

**Sat 80 miles.** 8:00 am. School at the end of Washington St. in Union, Illinois. Al Berman and Fran Green, 541-9248.

### JUNE 16: RIDE AROUND LAKE GENEVA

**Sat 115 miles.** 6:00 am. NEW STARTING POINT from Wing Park, Wing Street in Elgin- south of Northwest Tollway to 31, south on 31 to Wing St, west on Wing to park entrance. Jim Grant, 695-3734

### JUNE 17: ST. CHARLES RIDE

**Sun 73 miles.** 8:00 am. Eisenhower Jr. H.S., Hoffman Estates. Jones & Hassle Rds. Lotti & Peter Dolce, 398-3957.

### JUNE 17: TAKE DAD FOR A SPIN (NEW!)

**Sun 6 miles** (yes, 6). 10:30 am. Frontier Park, Kennicott & Palatine Rd, Arlington Heights. Kids, here's your chance! Bring dad to this low mileage, sub-touring (5-8 mph) special. Bring lunch, or snacks available at Twin Lakes Park for a picnic and playtime. Limited

size group, so please call Jerry Rice if you're coming. 870-8127

### JUNE 23: AL'S RACINE COUNTY RIDE

**CANCELLED. (Al will be leading the Spring Green Trip)**

### JUNE 24: KILLER HILL RIDE

**Sun 67 miles.** 8:00 am. Kildeer School, Long Grove. Test your meddle, your knees and your Granny Gears! Verrrrry Hilly!!! Al Dargiel, (312) 685-7708.

### JUNE 30: HEBRON ICE CREAM SOCIAL

**Sat 63 miles.** 9:00 am. Neubert Elementary School, Algonquin. Huntington and S. Huntington. From Downtown Algonquin take Rt. 31 S. to first traffic light, right on Huntington. Aaron Tanzer, 323-3204.

### JULY 1: HUFF-N-PUFF RIDE

**Sun 82 miles.** 7:00 am. Kildeer School, Long Grove. Ride to Union, Illinois. Ed Addison, 463-1765.

## Wednesday Night Rides

Still in short supply, but back on the schedule, here are the Wednesday night rides for June:

**JUNE 6 and JUNE 13-** 15 mile rides from Kildeer School, Long Grove. 6:30 pm. Chuck Brenmark, 253-9025.

**JUNE 20-** 20-25 mile ride from Libertyville High School, northwest corner of football field. 6:30 pm. Janie and Bob Neuman, 367-7720.

## Top Ten Mileage So Far...

Men		
1	Woyteck Morajko	547
2	Ed Addison	350
3	Doug Kritz	319
4	Craig Jorgensen	296
5	Clarence Littwin	291
6	Andy Dane	288
7	Fred Schroeder	281
8	Bill Bergeron	278
9	Bill Lorenzen	277
10	Peter Dolce	251
Women		
1	Carol Passowic	362
2	Linda Heeter	350
3	Jennifer Howard	288
4	Lotti Dolce	251
5	Gee Cunningham	221
6	Fran Green	207
7	Lucy Wathen	198
8	Christine Gier	197
9	Gina Interrante	196
10	Linda Srcek	187