



# MONTHLY MEANDERS



## April Meeting

Wednesday, April 1 - 7:30 p.m.  
 WHEELING HIGH SCHOOL  
 Elmhurst Rd. (Rt.83) and Hintz  
 West entrance - West parking lot

PROGRAM: CONDITIONING AND PREPARING  
 FOR THE SEASON AHEAD:  
 Physically, Mentally and  
 Equipment

By: Michael Cavanaugh of  
 Libertyville Schwinn

Michael Cavanaugh has plenty of experience to give us an informative evening, and he'll allow plenty of time for your questions, too.

In addition to being U.S.C.F. licensed coach in Cat. II, Cat. I Track and Cat. II Road, Michael has a number of awards:

- 1988 U.S. Natl. Champion Match sprints, men's 35
- 1987 and '86 Natl. Champion Silver match sprints men's 35
- 1978 U.S. Natl. Champion 4000 meter team pursuit (Ill.)
- Numerous district championship medals (Ill. & So. Cal.)
- First race in 1965 was a Windy City Wheelman Club Race
- 1965 Co-Founder Turin Bicycling Soc.

## Coming For May Meeting

Pat Marshall will share experiences on her bicycle tour in Germany, Austria and Switzerland.



## St. Pat's Patch

Our St. Pat's Invitational was on Palm Sunday. Many of you were unable to ride. If you rode during the week before or

after, you qualify for the L.A.W. St. Patrick's Day patch. \$2.00. Andy Dane will have them at the April meeting, or phone him: 271-0808.

## THE PREZ SEZ

The cycling season has begun in earnest. The Wheeling Wheelmen's annual Ride Calendar for 1989 was enclosed with the March newsletter. We are ready to participate in many of the rides we enjoy so much!! The ride schedule is my "bible" during the year. I constantly take it out during the week, review the upcoming rides and make my personal schedule fit.

I don't know about you, but I set personal goals each ride season to expand my cycling experience and encourage myself to "get out there and ride". This year I want to ride a bicycling tour (I'm going on the club's Kentucky tour in September) and exceed my 1988 personal mileage (2450 miles). Given time and other constraints, my cycling mileage will probably max out at around 3,000 miles annually, so I have some room to go. Setting personal goals, no matter what they are, is a good way to motivate yourself and get a sense of accomplishment in life. Give it a try.

With the start of the season, make sure your bike is in good repair, you are in decent shape and wear a helmet. Come to the April meeting for further details.

Hans Predel

## Harmon Hundred

We are fortunate to have the Harmon Hundred chaired by two people this year: Duane Regenfuss and Joe Tobias. Together they will continue our tradition of providing a quality ride experience for Chicagoland cyclists. Watch for Harmon Hundred announcements and information as the year progresses.

## OVER DUE\$ ARE DUE



This is your last Newsletter if you neglected to send in your 1989 dues. Our 1989 Membership list will go out with the May Newsletter. Be sure you are on the list! Send \$8 Ind. or \$10 Family in now!

## T-Shirt and Patch Contest

We are extending the contest one month, to May 1st, in order to allow Joe and Duane enough time to receive your entries. Please forward your designs either to the P.O. Box 581-D Wheeling, IL 60090; Joe Tobias, 660 Orchard Lane, Glencoe, IL 60022, or Duane Regenfuss, 4734 N. Talman, 1st, Chicago, IL 60625. Winners and prizes will be revealed at the May 3 club meeting. Join the excitement and fun!! Mail your entry today!!

## Cycle Shorts

An order for 110 shorts has been placed with PACE! We should get delivery by April 24 and will have them sorted out with your order slip at the May meeting. Please make plans to attend the meeting or at least pick up your shorts to save mailing costs. Any shorts left after the meeting will be sent by first class, insured mail within the following week.

By the way, for those of you who ordered Extra Large, we found out when placing the order that the style we ordered doesn't specifically come in extra large (a mix-up on the vendor's part); however, they told us Large shorts should fit waist size 36-38. Please try the shorts when they arrive. If the fit is too snug for you, we will return the shorts and refund your money. Thank you for your patience and understanding.

## CABDA Donation to L.A.W.

The Chicago Area Bicycle Dealers Assoc. has give \$1,500 to the L.A.W. Bicyclists' Educational and Legal Foundation and, in addition, \$500 a month to Chicagoland Bicycle Federation. CABDA's support is very much appreciated! Thank you!

President:	Hans Predel	255-4029
Vice-Pres:	Aaron Tanzer	323-3204
Treasurer:	Andy Dane	271-0808
Safety:	Keith Kingbay	249-8242
Membership:	Geri McPheron	824-5091
Editor:	Phyllis Harmon	537-1268
For check out:		
Bike Books:	Pat Marshall	564-0346
Bike Tools:	Chet Tobolski	362-7794



## Think Spring

by Dick Sorenson



The first real sign of the coming Spring season is usually the lighted "THINK SPRING" sign outside of a garden supply or nursery displayed sometime in mid-February. After that time, there is a definite day-to-day lengthening of daylight each day holding on a little longer than the last. There is less chill in the air and more warmth from the sun. Those days can be a Spring masterpiece, soft, warm, filled with light. Before long the wheel-watchers, cocoons and couch potatoes sprout. They seem to burst forth from their winter-long protective sealed environment on the first warm, bright, weekend day of Spring. Like an annual ritual, down to the basements or out into the garages or storage sheds they go to retrieve their bikes--chains rusted, tires flat, spokes broken and pedals that go currchunkk-currchunkk-currchunkk with every revolution. Toss the bike into the car trunk. Then head for the nearest gas station to get those year-long flattened tires filled. And then, it's off to the Busse Woods Forest Preserve Bike Trail!

That first Spring-like day can be wonderfully exhilarating. Unfortunately for many, the date of the first and last outing of the season may occur on the very same day. After all, there is a natural human tendency to overdo it on that first, great, beautiful day to make up for

those hundreds of hours of indoor confinement: all at once...and wake up the next morning in excruciating pain and stiffness from joints and muscles you never knew existed: the Monday morning pain syndrome. These are the riders you see barreling along at full speed, weaving in and out of the jogger's path, passing on the wrong side, dodging cars and generally making nuisances of themselves. But they are not alone.

On that first warm, bright day you'll also see:

Baby carriages	Bike racers
Bird watchers	Dogs on leashes
Dogs of all shapes and sizes	Equestrians
Frisbee players	Fishermen
Joggers	Kite flyers
Nature lovers	Roller skaters
Roller skiers	Runners
Scooters	Softball players (using the bike path for home plate)
Strollers	Tots
Tots on leashes	Tots riding Big Wheels
Tots riding trikes	Tots in strollers
Tots riding bikes with training wheels	Walkers.

And, usually it's "all of the above" at the same time. But that's all right. It's nice to see real people again after a long winter, instead of only those one-dimensional images on a TV screen.

## C. C. Cycle ATB Demo Day

(All Terrain Bicycles)

David Q. Schindler, President  
C. C. Cycle

We presently are talking to the Cook County Forest Preserve District to obtain a site and a date for an all-terrain bike demo day. C. C. Cycle would provide 10 to 15 bikes to be test ridden in an off-road site. We may be able to set up an exclusive day for the Wheeling Wheelmen.

Also, don't forget the free clinic April 8 when Dr. Jared Frankel of American Foot Surgeons will talk on Cycling Injuries of the Knee, Ankle and Foot. Treatment and Prevention.

Two sessions: 10:30 to noon and 1 to 2:30. 307 W/ Dundee Road, Buffalo Grove, Illinois.

## Free Bicycle Accessories

Between March 18 to 25, if you buy a bicycle at ABC Cyclery, 45 S. Dunton, Arlington Heights, you can choose 10% of the cost in free merchandise! So a \$300 bicycle would mean \$30 for you to apply to racks, helmet, jersey, gloves, shoes, bags, or whatever else you need.

Quality bicycles: Miyata, Centurion, Raleigh, Bianchi and Univega.

## Member Discounts

The Cycle Scene bicycle shop has announced they will offer current Wheeling Wheelmen members a 12% discount on all items in the store. This discount applies to bicycles, parts, accessories, and clothing. The discount will not be applied to sale items. Members must present a current membership card prior to the transaction. Cycle Scene is located at 7133 N. Ridge Ave., Chicago and 675 W. Central Ave., Highland Park.



by Keith Kingbay

To keep your bicycle running easily and safely, everything must be in line.

There is an imaginary line which runs through the center of your bicycle and which determines where you go. This line should pass through the center of the inside edges of your front and rear fork ends. The outside edge of the hub parts on your axle should be the same dimension as the inside of the forks. If you have not changed your wheels nor had your frame or fork worked on, there should be no problem. All reputable manufacturers carefully consider this when producing the bicycle.

I said last month that to most people the fact that the wheel does not wobble proves that the wheel is true. That is not the case. The wheel must also be lined up between these two outside edges on each set of axle fittings. Failure to do the proper dishing means that the wheel is always under strain, it does not run freely and that the bicycle is constantly out of balance. The good bicycle dealer uses a dishing tool to test the dimension, you can do it without a special tool but it is difficult.

While this wheel truing is being done, the inside surfaces of the fork ends should be tested. This is especially true on the better grade bicycles with the heavy machined fork ends. If these are not parallel they force the axle to bend when the wheel is tightened into the frame or fork. This misalignment will cause the axle to bend and, if there is the slightest problem within the hub, will cause the hub to seize or the axle to break.

It isn't difficult to properly true and align the wheels, however, if you have left the bicycle get too far out of condition, these little items must be considered if you do not wish to walk home from a ride or even worse, fall and hurt not only yourself but perhaps others, too.

## FOR SALE

FOR SALE: 1987 PARAMOUNT NEON ORCHID frameset with 2 matching bottle cages and frame pump. 19" frame. Hardly ridden, like new. \$400. Will build to suit, if desired. John. 253-0350.

# Schedule

- Apr. 1 THE FOOL'S CENTURY, Wheeling  
Sat. 9 a.m. - 65 miles from Potawatomi Woods, Dundee Road just east of Milwaukee Ave.. Ride north along the Lake Michigan shoreline. Bob Illy and Ed Keys - 459-4129.
- Apr. 2 APPLE PIE RIDE, Buffalo Grove  
Sun. 10 a.m. - 35 miles from Buffalo Grove H.S., Dundee and Arlington Hts. Rds. Eat at Wauconda Apple Orchards. Kay Richards - 205-0636.
- Apr. 8 GRAYSLAKE RIDE, Libertyville  
Sat. 11 a.m. - 33 miles from American National Bank, Cook St. 1 block west of Milwaukee Ave. Cindy and Ralph Cochrane - 991-9096
- Apr. 8 PRIMO ATB RIDE, McHenry  
Sat. 10 a.m. - 15 miles. First All Terrain Bicycle ride from Moraine Hills State Park about 5 miles north of Rt. 176 on River Road. Al Petty - 948-7288 and Andy Dane - 271-0808
- Apr. 9 SHOE FACTORY RIDE, Palatine  
Sun. 11 a.m. - 29 miles from north parking lot of Harper College, Euclid just east of Roselle Rd. Rich Wemstrom - 634-1168.
- Apr. 15 WESTWARD HO, Elgin  
Sat. 8:30 65 miles from Wing Park  
T Go south of NW Tollway on Rt. 31 4 lights to Wing; right 1/2 mi. to park. Joint ride with McHenry and Elmhurst Clubs. (2 loops)  
T 8:30 a.m. 25 miles. First loop of above ride.  
T 11:30 a.m. 40 miles. Second loop of above ride.  
Jerry Goldman - 695-7964.
- Apr. 16 LAKE COUNTY COLLEGE CLASSIC  
Sun. 10 a.m. - 41 miles from Kildeer School, Old McHenry Road 1/4 mi. north of Long Grove. Cathy and Tony Zoch - 692-6093.
- Apr. 22 AUNT MARY'S RIDE, Elk Grove  
Sat. 8 a.m. - 43 miles from Disney Park, Biesterfeld and Wellington (1 blk. W of Arl. Hts. Rd.) Breakfast ride to Aunt Mary's Restaurant. Hans Predel 255-4029
- Apr. 23 SKOKIE VALLEY RIDE, Morton Gr.  
Sun. 10 a.m. - 38 miles from Wayside Woods, Lehigh, 1 blk. north of Dempster. Al Dargiel - 695-7708
- Apr. 29 COVERED BRIDGE RIDE Long Grove  
Sat. 10 a.m. - 45 miles from Kildeer School. Scenic covered bridge region. Moderately hilly. Pat Marshall - 564-0346.
- Apr. 30 AUDUBON RIDE, Hoffman Estates  
Sun. 9:30 a.m. - 46 miles from Eisenhower Jr. High, Jones and Hassel east parking lot. Bring or buy lunch. Hans Predel - 255-4029.

See col. 3 for Tuesday p.m. and Thursday a.m. rides.

## Beginner Touring Series

The Wheelmen Wheelmen is sponsoring a series of three bicycle rides and two classroom workshops for those interested in bicycle touring. The goal of the series is to enable one to be comfortable riding a bicycle a distance of 30 miles. The series will last for five weeks with classroom sessions being held on Friday nights and rides on Saturday mornings.

The series is open to the general public and its cost is free... Please bring your bike with you to all sessions. For more information contact Carol Passowic or Woyteck Morajko at 392-0530 or Aaron Tanzer at 323-3204.

## Beginner Schedule

Apr. 7 - Friday 7:30 p.m. Classroom  
Wheeling High School, Room 241  
Bring your bicycle.

First in a series of rides and classroom sessions for those beginning bicycle touring. This session will cover the fundamentals of touring, including techniques, equipment, and safety.

Carol Passowic and Woyteck Morajko  
392-0530; Aaron Tanzer 323-3204.

Apr. 15 Saturday 11 a.m. - Ride 1

From Busse Woods parking lot west side of Arlington Heights Road just north of Higgins in Arlington Heights. Distance 10 miles on Busse Woods bike trails. Ride will emphasize technique and control of the bike and check out equipment. Carol Passowic and Woyteck Morajko 392-0530.

Apr. 21 Friday 7:30 p.m. Classroom

Wheeling High School Room 214. Maintenance for the beginner: regularly scheduled items, minor adjustments, and fixing and changing flat tires. Pat Marshall - 564-0346; Phil Badame 392-2371.

Apr. 29 Saturday 11 a.m. Ride 2

From Mt. Prospect Train Station, U.S. 14 (NW Hwy.) and Rt. 83. Twenty mile ride focuses on highway skills on suburban and rural roads. Carol Passowic and Woyteck Morajko - 392-0530.

May 6 Saturday 11 a.m. Ride 2

From Potawatomi Woods, Dundee Rd. just east of Milwaukee Ave., Wheeling. The final ride of the series is 30 miles through varied riding conditions with the Chicago Botanical Gardens a final destination. Review techniques learned. Aaron Tanzer - 323-3204.

WEDNESDAY NIGHT RIDES start May 10. 6:30 to twilight. Open dates for leaders. Call Aaron 323-3204. Meanwhile, show and go April 12, 19 and 26. 6 p.m. Barrington High School

## Tues. P.M. Rides

Every Tuesday April 4 to August 29. 5:30 p.m. Express pace. Distances range from 20 to 45 miles depending on length of daylight. If you break down, stay where you are. You will be picked up at the end of the ride. No cue sheets provided. From 16 James Court, Hawthorne Woods. Jack Van Es - 537-0867

## Thurs. A.M. Rides

9 a.m. moderately paced rides of 20 miles or more. From Dominick's parking lot, northeast corner of Arlington Heights and Lake-Cook Rds. in Buffalo Grove. Jack Van Es - 537-0867.

## 1989 RIDE CLASSIFICATIONS

L - Leisure Ride. Slow pace, average 8-12 mph. Entire group stays together. Regrouping points for all riders. Cue sheets and/or maps usually provided. Leader specified in Ride Schedule or Monthly Meanders. Sweeps provided. Rides usually shorter distances. New riders welcome.

T - Touring Ride. Moderate pace, average 11-15 mph. Entire group stays together. Regrouping points for all riders. Cue sheets and/or maps usually provided. Leader specified in Ride Schedule or Monthly Meanders. Sweeps provided. This class covers all distances. New riders are welcome.

E - Express Ride. Fast pace, average 15 mph and over. Riders move at their own pace. Short breaks. Cue sheets and/or maps provided. If the ride is not a scheduled Express ride, those wishing to ride this pace may leave before the scheduled-paced ride. A leader and sweep may be appointed. All distances are covered. All riders who can ride this pace are welcome.

## Our Own Phone!!

We now have our "Wheeling Wheelmen Ride Line" phone number listed in the Chicago white pages and in the North Suburban phone book and also in the Chicago Yellow Pages listed under clubs.

We are having Wheeling Wheelmen calling cards printed listing the phone number, too.

So now we will be prepared for the literally hundreds of phone calls that come in for club and/or membership information and already calls are coming in for Harmon Hunded - 312/989-7373.

# Unforgettable Moments – Cross Country Ski Weekend

by Fran Green

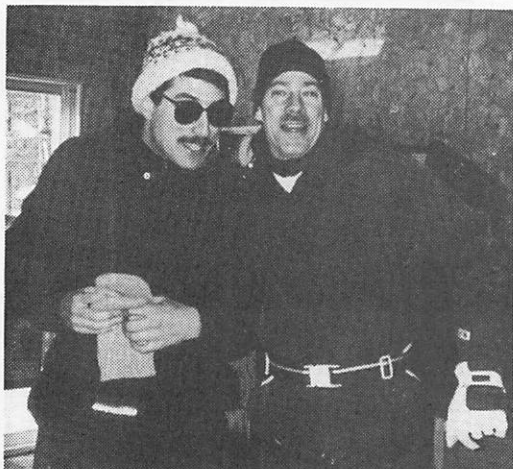
Top photos by Bob Browning  
Rest by Fran Green



Diane and Hans Predel, Aaron Tanzer, Ron and Geri McPheron

Remembering: The Arbor Vistae motel on Lake Minaqua...Proprietress stating, "I've never had anyone ask me where the bowling alley is." (Andy Dane's request). Al Berman: "If my car doesn't start now, I'll throw it over a cliff!" Our first day skiing at Minaqua's Winter Park with 5,000 kids in the warming house! Nose dive Alley and the "Nutcracker". Ron, Geri, Hans, Diane, Lisa and Aaron's first ski lesson. Aaron: "Do you suppose it'll rain so I don't have to ski?" At Spang's Italian Restaurant seeing Al and Andy eat 3 plates of all-you-can-eat spaghetti! Where did Al get all that energy? Lynn said from all those solar sex cells. Taking 20 pictures before I discovered there was no film in my camera! The beautiful ski trails at McNaughton Lake and Razorback... Skiing down "Suicide Hill", "Hair Raiser", "Roller Coaster", "Mary's Frolic", and "Long Rider". Our dinner at Norwood Pines Supper Club AND A GREAT TIME HAD BY ALL!!

*Thanks, Fran, for a great weekend!*



Andy Dane and Al Petty



Lynn Petty and Lisa Gerhold



Andy Dane



Al Berman



Fran Green

## Our St. Pat's Invitational

In spite of ice coated trees and shrubs and 18° temperature, the sun came out, turned the ice to sparkling crystal and the temperature rose to the 30s. Two hundred and one riders turned out to cover the 25 mile-route from Wauconda Apple Orchards to McHenry and back - all over beautiful rural, lightly traveled roads.



Above: Hans Predel, Andy Dane and Al Berman at registration table. Al's fist full of dollars is hiding Fran Green's face.



Left: Riders, for the most part, were well bundled up against the cold. This is one of the outstandingly beautiful sections of the route.

At the Shell Station in McHenry riders had an opportunity to stop for snacks and chat. Many enjoyed snacks at Wauconda Apple Orchards after the ride.



Riders enjoying slightly rolling countryside and riding over traffic-free roads.

# INVITATIONALS

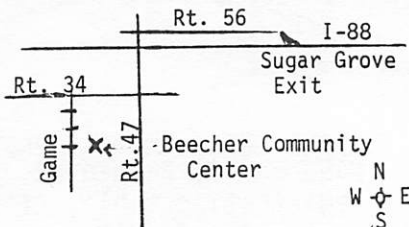
## April 16 FOLKS ON SPOKES EASTER RIDE

Governors State Univ., University Park, Illinois. Registration 8-10 a.m. \$6. before April 1, then \$8. Includes food stops, entertainment, sag, maps, lunch. Folks on Spokes Bicycle Club, P.O. Box 824, Homewood, IL 60430. Miles Black - 798-3954. Choice of 25, 37 or 62 miles.

## April 23 SILVER SPRINGS 60

Aurora Bicycle Club Invitational starts from Beecher Community Center Yorkville, Illinois. Registration 7:30 to noon. 25 or 65 miles with spaghetti dinner after the ride. \$8 by March 12 or \$10.

Take I-88 (formerly I-5) west to (exit after Aurora) Sugar Grove Exit



Info: Ron Saluski Work 810-5252  
Home 739-6058

## May 7 DeKalb, WINDY 60

40/60 miles. Registration 9-10 a.m. from Northern Illinois Univ. Fieldhouse. \$5.50 until May 1, then \$8. Food stops, sag, map, route markings, T-shirt. DeKalb County Bicycle Club, P.O. Box 192, DeKalb, IL 60115. Lance Ferris - 815/758-8879.

## May 7 BLOSSOMTIME METRIC CENTURY

15.5, 31 or 62 miles. 7 a.m. from Bell Hall, Andrews Univ., Berrien Springs, Michigan (Rt.31 and 33 east of Bridgman, north of Niles) Pre-registration \$9., \$11 after April 15. Incl. food stops, patch, sag, map, route markings and refreshments. Camping and motels available. Checks to Berrien Bicycle Club, Andrews Univ., Berrien Springs, MI 49104. Phone: 616/471-3592 or 616/471-9485.

## May 21 ARLINGTON 500, Arlington Hts.

32/62 miles. 7-10 a.m. Frontier Park, Kennicott and Palatine Road. \$7. incl. food stops, sag, map, patch. Arlington Heights Bicycle Club, Bob Hinkle, 259-1423.

## May 27 and 23 BLACKHAWK METRIC

CENTURY, Rockford, Illinois. 31/62 miles. Registration 7-10 a.m. from Atwood Homestead Forest Preserve, 8900 Old River Rd. \$8 until May 22, then \$10, incl. food stops, sag, map, patch, hot meal. Blackhawk Bicycle Club, P.O. Box 6443, Rockford, IL 61125. Brian Seago 815/623-6129.

## May 26-28 HORSEY HUNDRED, Kentucky

25, 50, 62 and 100 miles on Saturday and 30 and 50 miles on Sunday. Headquarters is Pierce Hall, Georgetown College, Georgetown, Kentucky, 12

## Horsey Hundred continued

miles north of Lexington. Overnights Friday and Saturday \$13 each. Meals \$17. Registration fee \$10. T-shirt \$8. Motels and camping also available. Rides start Century 8 a.m. Sat., others 9 and 9:30. HELMETS REQUIRED. Maps, sag service, patch. Ice cream social with Bluegrass music Saturday night. Bluegrass Wheelmen, P.O. Box 8044, Lexington, KY 40533-8044. Include stamped, self-addressed envelope for registration form. 800 riders only.

## June 3 AMERICAN CANCER BIKE-A-THON

1 to 4 p.m. at Harper College, Algonquin and Roselle Roads in Palatine. 1.8-mile loop in asphalt. Riders must be 16 years or older. Obtain pledges per mile and ride as many miles as possible within the 3-hour limit. Rain or shine event.

You can enter in teams of six riders and represent your bicycle club.

You can ride as individuals, or you can take the information to your workplace and enter as a company.

All prizes given based on money collected. GRAND PRIZE: All riders who collect \$150 or more are eligible for the drawing for two round-trip tickets to anywhere in the U.S. plus Mexico. T-shirt for every rider. Jackets to riders who collect \$450 +. Top three in pledges will receive \$250, \$150 and \$100 gift. ctfs.

To register: phone 358-3965.

## June 3 UDDER CENTURY, McHenry, Ill.

31/40/62/100 miles. Register 7:30-10 a.m. at McHenry County College (1 mile north of Rt. 176 on Rt. 14) \$8 until April 30, then \$10, incl. food stops, sag, map, patch, route markings, spaghetti dinner. McHenry County Bicycle Club, P.O. 917, Crystal Lake, IL 60014. Scott Johnson 639-6424.

## June 4 LIBERTY METRIC, Lake Forest

38/62 miles. 6:30 - 9 a.m. from Dan Wright Jr. High School, Riverwoods Rd. \$6 incl. food stops, sag, map, patch, lunch. Mt. Prospect Bike Club, Dolores Schauer 259-0845.

## June 4 KENOSHA DIAMOND, Kenosha, Wis.

25/50/75/100 miles. from Gateway Technical College. 7 to 9 a.m. registration. \$8 pre-registration or \$10. incl. food stops, sag, map, showers, patch. Kenosha Roadrunners, Wendy Schneider 414/657-4303

## Bikes Plus Super Sale

March 31-April 2 - Outstanding bargains..plus fantastic door prizes. 1313 N. Rand Road, Arlington Heights ALSO BIKES PLUS STORE TWO opening in April at 28686 Northwest Hwy. Barrington. 312/382-9200.

# PEDAL FOR POWER

"Bicyclists helping bicycling" is the central theme of the League of American Wheelmen's. Through the Pedal For Power rides, funds will be raised for the Bicyclists' Educational and Legal Foundation.

"Across America" rolls out of Los Angeles May 13, headed across country to Ocean City, Maryland.

"North-South" heads down the Atlantic coast from Portland, Maine, on Sept. 23, bound for Orlando, Fla. about October 14.

Registration has already begun, with riders signing on from all over the country. Participants range in age from 18 to 57. Riders are raising pledges of \$5,000 for "Across America" and \$2,500 for "North-South." Half of the money goes to BELF, the other half to a charity of your choice.

Want more information? Contact PEDAL FOR POWER Associates, P.O. Box 898-N, Atkinson, NH 03811 or call 508/352-2293.

## Heartland Touring Society

### New Touring Magazine

Anthony Christian is establishing a Midwest bicycle touring magazine - specifically Illinois, Indiana, Michigan, Ohio and Wisconsin.

The Midwest is a wonderful place to bike, but little is written about the variety of tours it has to offer. Send in your touring story, photos, maps to: Editor/Heartland Touring Society, 5205 W. Cleveland Street, Skokie, IL 60077.

## Janesville Ride

May 13 - 14, 1989

The Janesville weekend ride will leave promptly at 6 a.m. from the west parking lot of Wheeling High School. The 100 miles per day route will go from Wheeling through Long Grove, Woodstock, Belvidere, Shoppiere, Wisconsin, to Janesville, where we will overnight at the Super 8 Motel. Return via Elkhorn and Lake Geneva, Wisc., and McHenry.

Kaete Schoenhoff will drive Sag Wagon and carry luggage for which there will be a \$3 charge.

Please send a check for \$37 double or \$27 single to cover the cost of the motel room to: Jim Grant, 615A Waverly Drive, Elgin, IL 60120, by April 15. You will need approximately \$25 to \$30 for meals. Call Jim Grant, 742-0814, for more information.

Woyteck Morajko will lead a Touring group; Jim Grant will lead an Express group.