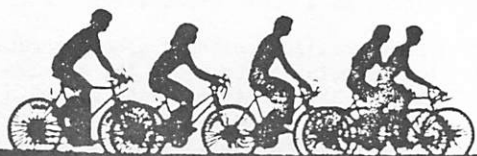


June, 1987



MONTHLY MEANDERS



June Meeting

Wednesday, June 3 - 7:30 p.m.
WHEELING HIGH SCHOOL
Elmhurst Rd. (Rt.83 & Hintz
Cafeteria - 1st Floor West

PROGRAM: NEW ZEALAND

Howard Paul, Phillip Hursthouse
and Phyllis Harmon will whet
your appetite for a trip "down
under" with photos, slides and
reminiscing.



SAFETY CORNER

Howard Paul

We are getting many new bikers involved in our club rides and this is very good. What is bad, is that some basic safety rules are frequently broken. One serious infraction that I've noticed recently is where cyclists, in making a left turn, follow those ahead right into the path of cars going in the same direction or coming head on. I have seen some close calls where only the vigilance of the motorist has prevented a collision.

Please, *do not* make the left turn maneuver *yourself* until there is adequate distance to cars behind or ahead, or you have a "wave on" from the motorist. In all cases, give a left turn arm signal. We have been endangering ourselves and antagonizing motorists, which invites repressive legislation.

THE PREZ SEZ

My wife and I were discussing the Wheeling Wheelmen organization during dinner the other day. We decided that our club is really very special! The club offers an opportunity to ride a bicycle for fun and fitness. It gives members a chance to share experiences through socializing on rides, at meetings and at other special events. Of course, during the winter, members can cross country ski.

However, the real "heartbeat" of our club is....*romance*! Stop and think about it. People of the opposite sex come together for the purpose of meeting one another in all walks of life. The bicycle is the means in our club. It sure is fun hoping to meet Mr. or Miss Right on one of our club rides.

Let's go back a few years and see what has taken place to document my comments. Don Dereby has ridden a bicycle many years; so has Elida Rech. They have been riding together since meeting on a bike ride "years" ago. This march (1987) they got married!

Jim Grant and Jenny Bruns met a couple of years ago while bicycling on a club ride. They are now Mr. & Mrs. Grant. Of course, yours truly hooked up with Lynn Masters on the Pizza Ride in June of 1984. One year later we were married...*on bicycles!*

Maybe it's the Wheeling Wheelmen "magic", or maybe the event of bicycling itself that offers cupid the chance. At any rate, history will show other instances of love and romance on bicycle events and club rides. Think of the "near misses", too.

The future remains to be seen, but if the "heartbeat" of the Wheeling Wheelmen continues, other romantic interludes and relationships will be spawned.

(Another romantic effect of bicycling that Al hasn't mentioned: Look at all the husbands in our club who have purchased tandems so their wives can come along and join in the fun! That's togetherness! Editor)

I would like to encourage *all* of our members to communicate with our new members and guests on rides or at meetings. Make them feel at home with our club. A friendly smile, a welcome, or simple conversation is all it takes to get to know others, and for them to get to know you.

Plans are well underway for our 17th Annual Harmon Hundred. Have you volunteered to help yet? If not, give Jerry Goldman, our chairman, a call (695-7964). He'll be glad to give you the scoop on how you can help. Currently we have Chairmen for every sag stop except the one at Hickory Nut Grove near Rawson Bridge

Please note that because of the Fourth of July holiday and the L.A.W. National Rally scheduled at that time, the Wheeling Wheelmen moves our July meeting to the following week. So mark your calendars for July 8 instead of July 1.

Al Petty, President

Library

These books are available for loan from meeting night to the next meeting night:

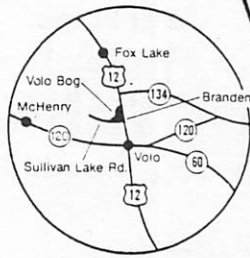
- Designing and Building Your Own Frameset, Richard P. Talbot, 1984
- Anybody's Bike Book, Tom Cuthbertson, 1984
- John Marino's Bicycling Book, John Marino et al., 1981
- The All New Complete Book of Bicycling, Eugene A. Sloane, 1980
- Glenn's Complete Bicycle Manual, C.W. Coles & H. T. Glenn, 1973
- The High Tech Bicycle, Edward P. Stevenson, 1982
- The Bicycling Users' Manual, Editors of Bicycling Magazine, 1982
- Expert Bike Handling, T. Prehn & John S. Allen, 1984

President:	Al Petty	948-7288
Vice-Pres:	Jim Grant	506-1269
Treasurer:	Betty Vargas	259-3210
Membership:	Pat Marshall	564-0346
Safety:	Howard Paul	824-2941
Secretary:	Phyllis Harmon	537-1268
Editor:	Phyllis Harmon	537-1268
For check out:		
Bike Books:	Pat Marshall	564-0346
Bike Tools:	Bill Butcher	541-7411

WHEELING WHEELMEN
P. O. Box 581-D,
Wheeling, Illinois 60090

An  Affiliate

Volo Bog



by
Jenny
Grant

On June 6, club members will visit Volo Bog in Lake County. The bog itself is 47.5 acres and part of a preserve totalling 869 acres, which includes two other bogs. The Visitor Center is housed in the original, but completely renovated, barn of a dairy farm built around the turn of the century. The informative displays will dispell any mysterious feelings regarding strange wetlands. Volo Bog is unique because it is the only quaking bog in Illinois that exhibits all stages of classical hydrach succession.

Hydrach succession begins in the open water of a shallow lake or bog. Succession is the process of plant community developments. Bogs are small water bodies that develop in

depressions in glaciated areas of the cool, humid, northern forest climate. Precipitation is the only water source. The original 50 acre lake that is now Volo Bog was poorly drained with steep banks and began filling with vegetation 6000 years ago. Aquatic plants, such as cattails and sedges (rushlike plants), became established at the edge of the lake. They formed mats on the water surface extending out from the shoreline. The peat mosses of the genus *Sphagnum*, characteristic of bogs, appeared as the bog filled in with sediments and detritus.

The most distinctive feature of Volo Bog is the mat of vegetation, or quaking bog, floating on the water. The mat grows in toward the center of the lake. Light penetration into the water is short, and the water is low in content of inorganic nutrients. It is stagnant, usually acidic, and low in oxygen. Plant and animal life are sparse. These conditions result in the accumulation of detritus. Layers of organic sediments form on the lake bottom because the stagnant water does not support rapid decomposition. Eventually these sediments become peat, a precursor of coal, used by

man as a soil conditioner and, sometimes, as a fuel for heating.

Succession continues as bog shrubs become established along the edges. Many of the light-requiring plants of the open bog disappear in the shade of the shrubs. The mat of soil and roots becomes more massive and the bog no longer quakes. The shrub stage is invaded by trees of several species of which the tamarack is the most characteristic. The tree has needles which fall away in the autumn. Under the shade of the trees, most of the shrubs then die and are replaced by a wet forest undergrowth. These first trees are generally replaced by species such as beeches and maples in the climax stage of succession.

Volo Bog is still a quaking bog with unique plants including orchids and carnivorous plants. Please take time to learn about succession and the importance of our wetlands. Bogs can be found throughout the world, and everywhere they have been regarded with suspicion and dread. Even today some Irishmen consider them a curse. We must preserve our remaining bogs as ecologists are just beginning to understand these unique wetlands.

T O F R V

by Jenny Grant

Eleven hardy riders gathered at Frontier Park in Arlington Heights to load luggage on Ralph Cochrane's sag wagon for the 5th annual TOSRV the Wheeling Wheelmen's Tour of the Fox River Falley, a 200-mile 2-day round trip to Janesville, Wisconsin.

We set out in a burst of energy, headed for our first stop at the Shell Station in Algonquin. The main group of riders arrived in Union midmorning for great food at the pizza/deli restaurant. We liked the old-fashioned setting and music in spite of slow service.

George Mathison arrived just as we were leaving Union. Since Marilyn was unable to participate, George decided to ride their brand new Santana tandem by himself. We admired the beautiful bike, complete with mountain bike wheels. George felt he should ride the tandem as much as possible before embarking in June with Marilyn on their cross-country trip. The Cochranes, including 12 year old Darcy, took turns at helping by occasionally being stokers.

After Union, the strong northwest 25 mph wind began to take its toll. We spread out as riders tackled the challenge at their own pace. Most of us were more thirsty than hungry and reports regarding queasy stomachs filled the air at rest stops at the sun beat down. Any amount of water

would not keep our mouths moist. The air was very dry and the wind blew unrelentingly. Finally we turned north only to encounter the hills near the state border. Everybody was ready for the ice cream and cold pop at the general store in Shopiere.

Janesville was a welcome sight, especially our hotels at the edge of town near I-90. We filled up on calories at the Country Kitchen. I drank a whole pitcher of water!

Everyone appeared for 5 a.m. breakfast looking refreshed and normal in every way for such an early hour. Once again we hit the road at 6 a.m. and enjoyed the tailwind for part of the day. I was not disappointed with my favorite sections of the route as we circled around White-water Lake and rode through Lake Geneva during a low volume traffic time of year.

During the entire morning I wondered about the big clouds in the southwest. At noon, as we entered McHenry, a few drops hit us before we entered the Beef Villa for lunch. We lunched in comfort as the thunderstorm let loose, and at the signal to depart, we walked outside just as the storm ended, happy to find our bikes dry under the overhang. Jim received many congratulations for his perfect timing.

The metropolitan area welcomed us back with obnoxious car drivers and sprawling subdivisions. We stopped for the traditional ice cream in Long Grove.

Jane Newell proudly gave her route sheet to an inquisitive young man out for an 8-mile ride with his wife. Jane said it had been a wonderful Mother's Day with no cooking and no fancy restaurants. Her Mother's Day present to herself was completing the ride.

Rails-To-Trails Illinois Meeting

June 13 in Peoria, Illinois, anyone interested in converting abandoned railroad right-of-ways into recreational paths for bicyclists, cross country skiers, naturalists, walkers, etc. are welcome to attend the meeting at Illinois Central Community College. Meeting will run from 9:30 a.m. to 4 p.m. Cost is \$5 including lunch.

Excellent scheduled speakers. For more information, call Sue Ulrey at 367-8669. Also, call if interested in carpooling.

Hosts Needed

Call Phyllis Harmon - 537-1268 - if you can host one of the courses for our annual social/fun event, our Progressive Dinner.

We will have 4 or 5 courses for our dinner, depending on how many hosts volunteer. We start with hors d'oeuvres, bike to salad course then to main course, dessert etc.

What To Look For In A Bike Shop

by Jim Grant

1. When one enters the shop, someone should greet you as soon as possible with a friendly hello. This signifies that the people who work in or run the shop genuinely care about their customers and their welfare. Eventually, those in the shop should know you by your first name.

2. When you come in to discuss a problem with your bicycle, those in the shop should try to sell improvements. These improvements will be documented with reasons why they will enhance riding efficiency or ease. After all, the main reason most people go to any bike shop is to make use of the expertise of the salespeople there. The people in the shop should have a broad knowledge of all items currently available on the market, and fit them to your needs. If the shop you deal with does not try to sell anything, perhaps the 800 number of a catalog house would be a better place to order items with no advice as to their usefulness.

3. There should be a reasonable stock of the items which are of interest to the serious biker. Why patronize a bike shop which cannot supplement a discussion of why you need certain items with the items themselves?

4. If you have any work done, it should be right the first time. If one finds himself constantly returning to correct problems in brand new and expensive items, something is wrong. If you purchase hand built rims, there should be a cloth or vinyl rim strip to prevent internal flats; those same hand built rims should not be popping spokes with regularity.

5. If you purchase any sealed bearing components with "replaceable" parts, and the parts wear out, those replacements should be readily available. There is no excuse for "throw-away" sealed bearing items.

6. The pricing should be reasonable. A bike shop which meets the first five criteria need not be the most expensive around, but it is worth the added expense to pay slightly more for the kind of quality advice that will add many hours of pleasurable riding to everyone's schedule.

Memorial Day Patch

You qualify for attractive L.A.W. Memorial Day patch if you rode within one week before or after the day. S2. Call Phyllis Harmon - 537-1268

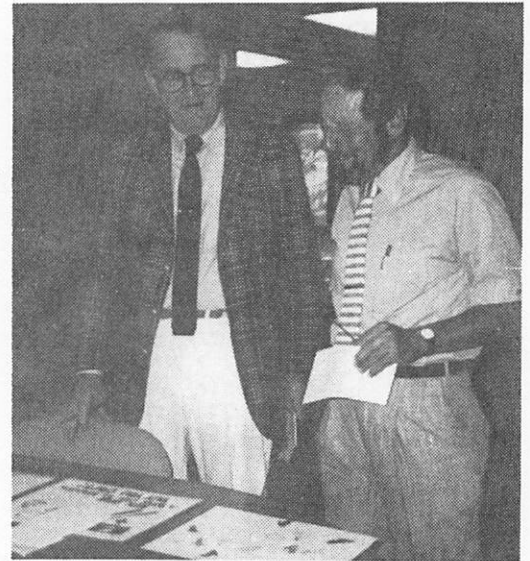
Des Plaines Boy Wins Bicycle Poster Contest

There were 15,000 entries in the Secretary of State's Bicycle Safety Poster Contest compared with 3,000 last year! Students from Grades 3-5 and 6-8 turned their posters in to their local libraries. The best posters were forwarded to the District Libraries, judged, and best sent to Springfield for final judging.



Our choice for first place for the North Suburban Library District was made by 4th grader Mark Kapinski of Des Plaines.

Five judges - 3 of them Wheeling Wheelmen (Elliott Kanner, Jack Hicks and Phyllis Harmon) judged the top posters sent in by libraries in the North Suburban Library District. We selected the top three for each group and sent them to Springfield.



Jack Hicks and Elliott Kanner, two of the judges for North Suburban Library District, selecting their 1st, 2nd and 3rd place winners

We have just learned that our first choice won the state contest! Mark Kapinski and his parents will fly to Springfield for the award ceremony May 26. Top prize is a Schwinn bicycle. Last year's winner also was from our District!

Top Riders Through Mid May

MEN	MILES	WOMEN	MILES
Jim Grant	522	Jenny Grant	495
Bill Lorenzen	498	Jane Newell	312
Terry Schwerin	356	Sue McPheron	227
Woyteca Morajko	330	Pat Marshall	225
Bill Bergeron	279	Lilian Russell	223
Herb Munsterman	275	Geri McPheron	105
Elliott Kanner	274	Elida Derebey	97
Joe Tobias	262	Phyllis Harmon	87
Aaron Tanzer	240	Lois Paul	77
George Mathison	235	Marilyn Wilkerson	61

Here are the standings of the top ten men and top ten women for club mileage. Jim Grant totalled mileage up to about mid-May so by this time most of you will have much higher mileage. There will be a big jump in totals for the next issue for the weather has been great resulting in a great turnout each week.

Lenore Goldman Injured On Bike Path

Lenore and Jerry Goldman were biking on the beautiful new Fox River Valley Bike Path between Dundee and Elgin when they came to the barricade to keep off motor vehicles and snowmobiles. Lenore's pedal hit the metal barricade, the bike stopped but she didn't. She landed on her elbow, which she dislocated and stretched the nerve which caused numb fingers.

Recovery is slow, there is much pain, one finger still is numb and she goes to therapy three times a week.

Lenore very much appreciated the get well card signed by members at our May meeting and also wants to thank others who have written. She loves mail so send to: 10 Montrose Park Place, Elgin, IL 60120.



Lenore and Jerry Goldman of Elgin. Lenore is a very gracious addition to any bicycle ride! Jerry sponsors the Pedal Across Wisconsin Rides and is our Harmon Hundred Chairman.

Rides Re-riden



COVERED BRIDGE RIDE - The original Covered Bridge ride, routed by Willard Harmon, went to South Barrington, then Long Grove built their covered bridge - that made two. Now Dick Ryan has added two more in the Harper College area which resulted in a 63-mile ride for 30 riders on a bright, warm, sunny day.

SKOKIE VALLEY RIDE - Al Dargiel led about 18 club members up the North Branch Trail to the Botanic Gardens and then to brunch in Highland Park. After leaving the Gardens, the route was almost exclusively through beautiful North Shore residential neighborhoods back to our starting point. Al did a great job of leading us through all the twists and turns.

WESTWARD HO - Weather for this ride was no exception to previous years! Even though Jerry Goldman did not lead this year because of Lenore's accident (see photo in this issue) the Weatherman apparently doesn't like this ride! Jim Grant led 12 riders 71 miles on the A ride to Johnson Mounds and the rain came down in torrents at the general store. They were drenched! Pat Marshall led 12 on the B as far as the lunch stop in St. Charles when the downpour started, so they turned back for a total of 55 miles.

COLLEGE CAMPUS CRUISE - Because it was Easter, there was some indecision whether Don Derebey would lead it, but the final decision was to ride even though the planned lunch at Lake Forest College might not be available. Well, the weather was perfect, and the East brunch (for \$3) was delicious! And, of course, the scenery was as beautiful as ever!

WOODSTOCK RIDE - Keith Kingbay and Jim Grant led about 38 riders on a perfect bicycling day out to Woodstock where riders ate in a restaurant in town or picnicked in the beautiful town square. Coming back riders swooped down one great hill - no big uphill at all. Total 78 miles.

RURAL RUSTIC RIDE - Phyllis Harmon led about 25 visitors and 25 members on a beautiful spring ride out to Prairie View and to Long Grove for lunch before heading back. A number of members were out on their first ride and were delighted that they could ride 20 miles! Also, a number of the visitors plan to join the club.

Lilian Russell was reminiscing that she and Jack had ridden the Rural Rustic Route for their first ride with the Wheeling Wheelmen only

two years ago! She pointed several parts of the route where she had wondered if she could possibly finish the 20 miles! It is hard to believe that these two active members have been with us only two years! But it shows what a novice can do in a surprisingly short time. In July of that year, Lilian and Jack rode RAGBRAI, the ride across Iowa, and at our November Banquet, Lilian received the award for the person who had made the most progress that year!

AUDUBON RIDE: George and Marilyn Mathison led a good sized group on our annual spring ride complete with trees in bud and spring blossoms, birds singing, and a bright sunny day! They brought Muffin II on her first ride to train her in time for their cross U.S. bike ride starting June 6.

MAY MEETING - We had a great turnout for our meeting to hear Dr. Nequin speak on physical fitness, exercise and cholesterol. We were glad to welcome a number of Franklin Park Bicycle Club members (now known as Elmwood Park Bicycle Club).

Dr. Nequin besides being a heart specialist and head of the Cardiac Dept. at Swedish Covenant Hospital, also is very much involved with the Multiplex Health Complex on Lake Cook Road. Similar to the Kenneth Cooper program in Texas, there are all kinds of tests available: EKG, stress, cancer, cholesterol levels-- both types, etc. Dr. Nequin is a dedicated marathon runner: 25, 50, 100 miles! He organized the Chicago Marathon. Very interestingly he led us over the health records of one of his patients - a marathon runner - from 1980 up to the present...when the first heart irregularity occurred and when the 90% artery blockage showed up and was corrected by going into the artery in the groin up to the blockage and shattering with a balloon at 60 lbs pressure! Turned out the "patient" was himself! Very interesting meeting.

APRIL MEETING - Keith Kingbay has some of the most beautiful slides from all over the world. At our April meeting he showed some from India. What makes his program so interesting is the way he brings in customs of the people, the way they live, foods, clothing and history. Much club business cut off some of his program. We hope to see the rest some other time.

TÖBRAW (The Other Bicycle Ride Across Wisconsin) 7-day tour between Milwaukee and Door County and back starts July 26. Contact Howard Paul - 824-2941 - if you need information.

Dr. Noel Nequin

Dr. Noel Nequin spoke to the club about coronary problems. He is the head of the Cardiac Dept. of Swedish Covenant Hospital and an ultramarathoner. The following are some of the points of his talk:

- Exercise lowers the overall risk of heart attack, but can be fatal in people with undiagnosed heart problems. Jim Fixx's sudden death illustrates this. The Jim Fixx syndrome (Sudden Death Syndrome)
 - Previous high coronary risk (when he first started running he lost 100 lbs.)
 - Endurance-trained athlete
 - No physician
 - No recent physical
 - No knowledge of blood lipid levels
 - Refused a stress test
 - Denied symptoms of heart trouble
- Exercise or testing can uncover significant disease that can be missed if sedentary.
- Exercise conditions the heart as a muscle. The heart becomes more efficient. But exercise does not unblock the heart

The Threshold for Fitness

300 calories/day exercise
50-60% of maximum intensity
900-1000 calories/week exercise
Exercise 3 days/week.

Jenny Grant

GREAT LAKES REGIONAL BICYCLE CONFERENCE

October 7-10, 1987 the 4th Great Lakes Bicycle Conference will be held at the Saratoga Hotel, North Aurora, Illinois.

The Great Lakes Bicycle Council (Ill., Ind., Mich., Minn., Ohio, Wisc. and Ontario) is one of seven divisions of the Bicycle Federation which sponsors Pro Bike 5-day seminars in even years. Then in the odd years the Regional Divisions meet.

Current planning calls for emphasis on trail facility planning, funding, construction, and maintenance. Workshops are planned for new trends in bicycle safety, advocacy, engineering, enforcement and possibly bicyclists' rights to use the road.

A pre-conference seminar on Bicycle Facilities and Liability will be presented by Alex Sorton from Northwestern University's Traffic Institute.

The conference will be combined with a national Rails-To-Trails conference.

For further information and/or registration, write: Susan Pinsof, NIPC, 400 W. Madison, Chicago, IL 60606. Phone: 312-454-0400.

Schedule

You all have your 1987 Ride Schedule but be sure to use the monthly newsletter schedule which includes additions, changes or cancellations.

RIDE RATING: "A" = 14-16 mph average. "B" = 10-13 mph average. "A-B" two groups riding.

June 6 VOLO BOG, Long Grove

Sat 9 a.m. - 39-48 miles from Kildeer School. Bring sack lunch. (Note Volo Bog article page 2) Jack & Lillian Russell - 940-0633

June 7 SILVER LAKE RIDE, Wisconsin

Sun. 10 a.m. - 45 miles from small AB airport on Winfield Road east of Rt. 45. (Winfield Rd. is about 2 miles north of the Wisconsin line.) Sack lunch (can purchase makings in town) on hill at Silver Lake. After ride can play volley ball or pitch horseshoes at the airport. Uhlmann - 790-1312

June 13 FOX RIVER RIDE, St. Charles

Sat 9 a.m. - 60 miles from Great AB Western Trail parking lot. 3/4 mile north on Randall to Dean. NW to Trail (west of Fox River) Joe Tobias - 835-2547.

June 14 TEMPEL LIPPIZAN HORSE SHOW

Sun. 10 a.m. - 50 miles from the B south parking lot of Wilmot School, Wilmot/Deerfield Rd. in Deerfield. Horse show \$7 1 p.m. Bring/buy lunch on grounds. Pat Marshall - 564-0346.

June 20 BREAKFAST RIDE, Highland Pk.

Sat 6 a.m. - 20 miles from train B station downtown Highland Park. Breakfast at Walker Bros. in Wilmette. Rich Wemstrom 634-1168

June 21 PIZZA RIDE, Buffalo Grove

Sun 9 a.m. - 57 miles from Buffalo AB Grove H.S., Dundee & Arlington Hts. Rds. Aaron Tanzer 328-5374

June 27 CHOP SUEY RIDE, Arlington Hts.

Sat 9 a.m. - 40 miles from former B Arlington H.S., 502 W. Euclid. Peter Gianakakis - 784-3330

June 28 WANDERING TO WOODSTOCK

Sun Two mileago choices: 8:30 a.m. AB 75 miles from Barrington H.S., Lake Cook & Hart Rds. west of Barrington - and 9:15 a.m. 60 miles from stop light in Algonquin (Rts. 31 & 62) Dick Ryan - 381-1776

WEDNESDAY NIGHT RIDES 6:30 to twilight

Jun 10 from St. Mary's Church, SW corner Lake Cook & Buffalo Grove Rds. Buffalo Grove. Keith Kingbay 459-8242.

Jun 17 From Chamber Park, Wolf Rd. north of Dundee Rd. Elliott Kanner - 541-9176

Jun 24 From Jim and Jenny Grant's 1216 S. New Wilke Rd. Arl. Hts. 506-1269

Call Jim Grant 506-1269 to lead Wed. night rides in July and August.

INVITATIONALS

June 6 100 GRAND, Grand Rapid, Mich.

25/62/100 miles. Cycle along Grand River from Grand Rapids to shores of Lake Michigan. From Westside Christian Jr. H.S., 955 Westend Road NW, Grand Rapids. Snacks/lunch. Rapid Wheelmen, 3565 Bromley, Grand Rapids, MI 49508. \$12. - \$22 Family.

June 6 BIKING WITH THE BISON, Peoria

Illinois Valley Wheelmen Pedal-In '87. 25/50/75/100 miles..also 25-mile Tour of Peoria on Sunday. \$8.00. Registration at Wildlife Prairie Park, just inside park entrance by train depot.. Further info - phone 309-682-8777.

June 29 SNOW WHITE 60, Arlington Hts.

9 a.m. - 30 or 60-mile ride for women from Bikes Plus, 1313 N. Rand Rd., Arlington Heights, IL 60004 - 398-1650. \$10 incl snacks, lunch, awards. Men invited to help with food stops. Gift Ctfs. for costume, unusual vehicle, comical cyclist...

July 24-26 RAAM MIDWEST QUALIFIER

600-mile 60-hour time limit. 8 a.m. in Capron, Ill. 50 miles NW of O'Hare Airport. Entry fee \$135 by July 1 or \$150. incl. T-shirt, route markers, tech.support., hot food snacks, beverages, personalized wall plaque. First 12 men and women who finish within 15% of winning divisional times are eligible to compete in the 1988 RAAM. McHenry County Bike Club, c/o Scott Offord, P.O.Box 917, Crystal Lake, IL 60014.

TUESDAY NIGHT RIDES

Every Tuesday until Labor Day. 5:30 p.m. sharp. Distance 15-45 miles depending on time of sunset. Pace about 12 mph. From 16 James Ct. Hawthorn Woods. Kurt Schoenhoff - 540-0861

PEDAL ACROSS WISCONSIN TOURS

Jerry Goldman's well planned tours. Write P.O. Box 365, West Dundee, IL 60118 for brochures.

June 13-14 Whitewater Weekend. 50-75 miles Genoa City to Univ. Wisc. \$44. incl. dorm room, buffet dinner/bkfst.

June (26) 27-28 Door County Weekend 25/50/75/100 miles. Based at Sevastopol H.S. near Sturgeon Bay. Miles of shoreline, rustic roads, Peninsula State Park. \$44 incl. lodging at H.S. (tents or bag space) buffet dinner and bkfst.

July 11-17 Heart of Wisconsin Tour 7 day-6 night tour: Kettle Moraine, Madison, New Glarus, Devils Lake and Amish Farmland. 60/65 miles/day. Lodging 4 college dorms, 2 high schools. \$175 incl. lodging, 6 buffet breakfasts, 5 buffet dinners, etc.

Oct. (9) 10-11 New Glarus Fall Fantasy. Scenic loops 25/50/75 miles from New Glarus School. America's "little Switzerland, Mt. Horeb, Blue Mounds. \$44 meals at hotel, tent or bag space at school.

We're Moving...

Bill and Eileen Butcher will be transferred to Los Angeles in August. The club will need a new Tool Keeper and Coffee Pot Keeper. Our last club meeting will be in June: the tools and pot will be there.

Also we have paid and received numbers (2 ea.) for this year's Apple Cider Century in September. We will not be able to use them. Anyone interested in them can contact us at 541-7411.

We will very much miss the club. This was all very sudden to us.
Bill and Eileen

Bill and Eileen - we'll miss you, too. We have enjoyed riding with you and are sorry you must leave us!



Photo from Lillian Russell taken on our April Apple Pie Ride. Members are at the Wauconda Apple Orchard, anticipating a delicious lunch and cider.

Audubon Ride

Photos by:

Phyllis W. Harmon

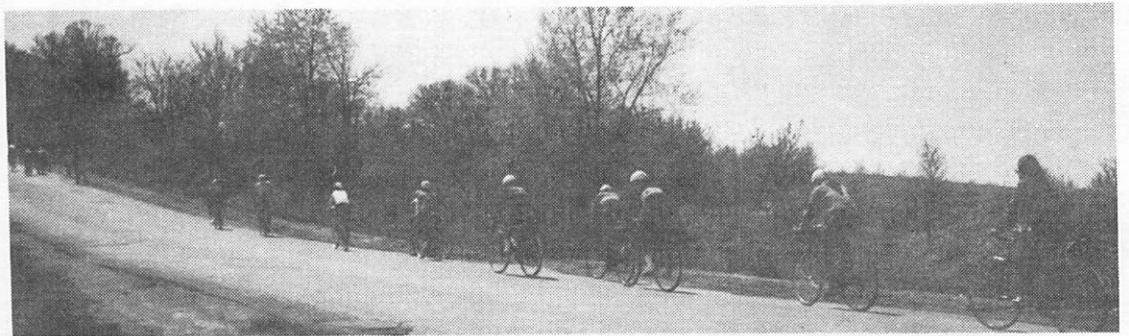
Wheeling Wheelmen's ever popular April ride, when trees are in bud and/or with blossoms, and birds are singing - Popular stop is at the Crabtree Nature Center - right:



Right: Beautiful bicycling amidst all the beauty of spring, to lunch atop the hill in Algonquin and enjoy a bit of socializing before heading on.



Through Algonquin and south up challenging Hansen Hill, then to East Dundee for ice cream and back via Shoe Factory Road.



Leaders George and Marilyn Mathison with Muffin II on her first club ride. She has to have a crash course on bicycle travel for they leave June 6 to bicycle across the country.

Muffin, the Mathison's happy-go-lucky black and tan dog, who has had more photographs and interviews for magazines, newspapers and TV than any bicyclist, covered more miles than most bicyclists by standing on a platform on the back of the bike. Muffin died of cancer of the spine. George and Marilyn had no choice but to say a sad farewell to their much-loved pet.

Muffin II, smaller and slimmer, has a basket complete with awning in which to travel across country.