

MONTHLY MEANDERS



DECEMBER

SAT.
DEC.
13

Holiday Party

10:00
A.M.



Annual Holiday Party/Meeting. Bike or hike - distance will depend upon the weather. Hosts again this year are Jack and Lilian Russell, 923 Wayne Ave. in Deerfield. Bring a Christmas grab bag gift - \$3-\$5 maximum. This is a pot luck. Call Lilian at 940-0633 for menu ideas and also for a "nose count" so she'll know how many to plan for. Club buys the entree.

Directions: Deerfield Road to two blocks east of the Tri-State Tollway to stop light at Wilmot. North on Wilmot 1 block to Hazel. Right (E) on Hazel 5 blocks to Right (S) on Wayne 1/2 block to 923.

Outgoing Officers

Thank you, Bob Meute, for serving as Wheeling Wheelmen president for two years. In spite of your heavy family and work commitments we appreciate your dedication and sense of humor.

Thank you, too, Dick Sorenson for capably serving as treasurer. You too have a heavy work and travel schedule which brings to mind the saying: If you need a job done, ask a busy person!

Al Petty's safety articles have been well done and we know the club will prosper under his new leadership as president. Jim Grant, Pat Marshall and Phyllis Harmon continue in office.

WHEELING WHEELMEN

P. O. Box 581-D,

Wheeling, Illinois 60090



THE PREZ SEZ

As your new President I would like first to congratulate our Past President Bob Meute and the Executive Board for a job well done over the past year.

I am very excited about the upcoming year for the Wheeling Wheelmen. Although the winter weather will dictate a lot of socializing and cross country skiing, I still have several goals for the coming cycling season.

I would like to send out a questionnaire on possible improvement of the Harmon Hundred; set up a special welcoming program for prospective members or new members; revamp our meeting format to provide a variety of social get togethers and programs; and have a ride schedule with the opportunity to accommodate faster and slower riders.

With the cooperation and help of our Executive Board and membership, the year 1987 can be the best ever. If you have any idea that you would like to see incorporated in the coming year, give me a call and we'll toss it around: 948-7288.

Happy trails!

Al Petty



THANK YOU

As the year draws to a close, in addition to the many volunteers who keep our club and rides running so effectively, there are several members who deserve special thanks: Judy Doi for mailing out the newsletter..stamps, labels, stuffing, and Pat Marshall who also helps when time is short. And, of course, we have mentioned Dick Schaller who keeps us supplied with labels and updated membership list and ride mileage. Then there's Keith Kingbay as program chairman who provided us with interesting speakers, Elliott Kanner who has picked up and distributed mail from our P.O. box, Bob Vargas for his excellent on-the-road arrows, and not to be forgotten are the wonderful people who bring the goodies for our monthly meetings.



Wheeling Wheelmen mugs and ride leader patches were awarded to the 25 ride leaders.

Come to the Ride Leaders' meeting on Jan.16 to select your ride/s to lead in 1987 to earn your mug. Phone Jim Grant if you can't come: 506-1269.

Top Mileage

MEN	MILES	WOMEN	MILES
Joseph Tobias	1,162	Pat Marshall	866
Dick Ryan	1,020	Phyllis Harmon	793
Jim Grant	969	Geri McPherson	692
Roger Thauland	949	Jenny Grant	679
Howard Paul	853	Jane Newell	655
Terry Schwerin	814	Lilian Russell	633
Jack Russell	736	Carolyn Kropp	624
Keith Kingbay	690	Sandy Krugman	601
Rob Schaller	655	Janice Streicher	595
Richard Wemstrom	596	Lois Paul	523

Many thanks to Dick Schaller who keeps track of all our mileage on club rides. Listed here are the ten men and ten women with top mileage on Wheeling Wheelmen club rides. The top five in each list received awards at our annual Banquet.

Membership Cards

A new first: Pat Marshall is making up 1987 membership cards! They can be used, too, for purchases made at bicycle shops that advertise 10% discount for club members.

President:	Al Petty	948-7288
Vice-Pres:	Jim Grant	506-1269
Treasurer:	Betty Vargas	259-3210
Membership:	Pat Marshall	564-0346
Safety:	Rich Wemstrom	634-1168
Secretary:	Phyllis Harmon	537-1268
Editor:	Phyllis Harmon	537-1268

A Christmas Wish

by Jenny Grant

Materialism is prevalent in our society, and many people feel that excessive concern with possessions is most apparent at Christmas time. Serious bicyclists probably fill their wish lists with items selected from an overwhelming array of bicycling paraphernalia.

Visions of the best equipped bicyclist dance through our heads as we gaze at the Christmas tree. The New Year resolution is to increase our mileage, maybe our speed, and to lose that extra weight. We will be slim and fit sporting our skin-tight brightly colored jerseys and shorts, looking good in wrap-around rose colored sun glasses complete with the eyeglass retainer strap. The new helmet will be a blinding color for visibility and guilt-inducing ability when you try to conveniently leave it on your car seat. The helmet material can only be the latest technological advance, combining maximum lightness and strength. Then your hands need to be padded in Spenco gloves with the patented padding filled with little bubbles. However, you might prefer a lycra pair with that second skin feeling.

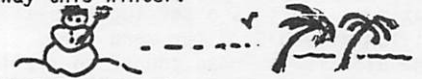
If you have any thought of riding in nasty weather, do not venture forth until you are wrapped in Gore-Tex. A Gore-Tex cycling suit will keep you dry through the worst rain-storm. Water can't soak through the incredibly small pores, but sweat vapor can escape. But be prepared for a major dent in your budget or that of the giver. Of course you will need shoe covers to block the wind and provide insulation. The pair your brother gave you will only fit on clefted shoes, remember to buy a pair of Reeboks for walking about in a normal manner off the bike. Tights are a necessity in cool weather and you must decide upon color, stirrups or elastic hems and polypropylene, lycra or wool material. A major decision has to be made about the crotch material, whether terry, chamois or polypropylene. You will want to look fashionable in a pair of Italian Sergal suspenders with attractive stripes, matching those of the shoes.

The best equipped bicyclist vision is beginning to blur as your mind reels with the decision making. Your wish list is so extensive for cloth-

ing that not much room is left for the vehicle of transportation. You may be horrified at even beginning to consider the fine points of the multitude of bicycles and components on the market.

At this point, you may feel the need to reevaluate your reasons for bicycling. Being comfortable will increase the enjoyment, but it is easy to go overboard in buying equipment. Luxury is nice but not worry free. Making do with essentials and maintaining faithful pieces of gear is half the fun.

My main wish at Christmas time is to keep the gift of good health which we too often take for granted. And then give me the open road with sights unseen, people to meet and new experiences to discover. Maybe that envelope with my name holds two airplane tickets to a southern climate for a bicycling vacation getaway this winter.



Bernard's In Turkey

The latest letter from Bernard Magnouloux, the French around-the-world bicyclist who was with us last year, is postmarked October 31 from Istanbul, Turkey. His mileage at that point was 73,138 km - or 45,345 miles! When we last heard from him he was a very unhappy bicyclist in India and wondering how to get across the border into Pakistan:

Phyllis Harmon and the Wheeling Wheelmen:

PAKISTAN didn't have to work hard to get in my opinion better marks than INDIA - But I have been surprised by the difference: there, when people are kind, polite and courteous with the tourist, it's not because they intend to rip him off. Besides that the famous muslim hospitality meant for me invitations for teas all along my road, free hotels nights and dinners.

Sometimes, however, I felt it was a little too muslim = To help me re-learn the arabic alphabet I had been given a school-book page with it. When I pulled it out in another circumstance, the page provoked a commotion. As an introduction it has the sacred formula (Bismillah El Raâman, El Raâmin) which begins every muslim prayer and sanctifies everything, even a school-book page. And some fanatics protested that, being a

Christian, I couldn't have any respect for the page and therefore I shouldn't be allowed to keep it. A majority of people, though, argued in my favor and I could keep the page after having been lectured about the sanctity of it. Next morning, reading the news, I realized I had been in great danger - the Pakistani Parliament had decided to punish by death anyone defiling a koranic writing such as my school-book page - And before being warned I would have seen no harm, the toilet paper being such a rarity in PAKISTAN, to eventually use my alphabet page as such...

When I asked for a visa in the Iranian Embassy in ISLAMABAD, they asked for a letter of recommendation from my embassy. When I got it they said it would take 45 days to clear my name in TEHERAN. Then I would be given a 7-days transit visa (to bicycle 2000 miles!!) But to wait that long I needed to extend my Pakistan permit of stay. In NEW DELHI I had been assured by the PAKISTAN Embassy that I didn't need a visa and indeed was given a month on the border. But when in ISLAMABAD I located the proper "extending" authority, I was asked by which illegal means I had gotten a one-month permit without a visa when French nationals precisely were required one... To make it short, there was no way they would extend a suspect permit. I hope it will be understood that at this point my patience broke down and I bought a direct flight to TURKEY.

When I cycled out of ISTANBUL airport, everything told me I was in another world - it was cold, I was the only cyclist on the road, women were not veiled from top to toe, no more Arabic lettering and a Turkish cuisine nicknamed "the French cuisine of Asia". I could even buy a beer without first applying for a special permit like you have to in PAKISTAN. I guess I'll enjoy that a few days more before setting on the final leg of my journey.

*Bernard Magnouloux
ISTANBUL*

Thank You!

Many thanks to the Wheelmen who generously supported the 4th Annual Wheeling Bike-A-Thon October 5th by working the Registration table, sag stops, marking the streets and riding for pledges and/or the registration fee. Your assistance is greatly appreciated by the Senior Commissioners and myself who provide quality programs and services to area senior citizens.

If you'd like to tour our fine facility, 199 N. First St., Wheeling just give me a call - 459-2670.

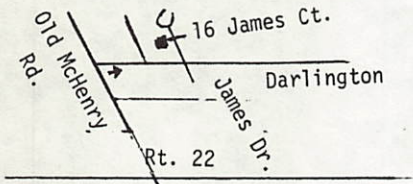
Barbara Hansen
Senior Citizen Coordinator

Area newspapers also carried letter of appreciation citing Wheeling Wheelmen. Over \$6,500 was raised!



Schedule

- Dec. 13 HOLIDAY PARTY, Deerfield
 Sat. Bike or hike depending on the weather. 10 a.m. at Jack and Lilian Russell's. Grab bag. See page 1.
- Dec. 20 BIKE OR SKI - Palatine
 Sat. 10 a.m. Bike or cross country from Deer Grove entrance on Quentin Road north of Dundee Rd. First parking lot after left fork in road. Dick Ryan - 381-1775.
- Dec. 27 SKI - SKOKIE LAGOONS
 Sat. 10 a.m. from Willow Road parking lot northeast corner of Edens Expressway and Willow Rd. Peter Gianakakis - 784-3330
- Jan. 1 NEW YEAR'S DAY Hawthorn Woods
 Wed. 11 a.m. Bike or hike depending upon the weather (ski, too?) From Kurt and Kaete Schoenhoff's 16 James Court. See map below. Brunch. Call Kaete to say you are coming. Bring a few cookies. Social and brief meeting. Start the New Year right!



- Jan. 4 BIKE OR SKI - Deerfield
 Sun. 10 a.m. Bike or ski depending on the weather. From Ryerson Woods, west side of Riverwoods Road, west of the intersection with Portwine Rd. Bill Butcher 541-7411

NOTE: Any unscheduled Saturday or Sunday in December and January - 10 a.m. bike from Chamber Park, Wolf Rd. N. of Dundee Rd.

Ride Planning Meeting

Mark your calendar NOW for Friday January 16 at 7:30 p.m. to plan for ride schedule for 1987. At Jim and Jenny Grant's 1216 S. New Wilkie Rd. #204 (just south of Central in Arlington Heights. 506-1269.

Here's your chance to select the ride you want to lead next year - either a new route of your own or select one of your favorite rides from our large map library. If you cannot attend, phone Jim your preference. We make up our calendar for the whole year at this time.

1986 MEMBERSHIP STATISTICS

RENEW 145 New 83 - TOTAL 228
 142 INDIVIDUAL MEMBERS
 170 FAMILY MEMBERS (\$5 x 2)
 312 TOTAL MEMBERS Pat Marshall



By Richard Wemstrom

SAFETY MEANS COMMUNICATION

Funk and Wagnalls says that to communicate is to make others partakers of an idea. Nothing is more fundamental when riding a bicycle than to make others aware of your presence and intentions.

There are two groups of people that a rider must communicate with in order to have a safe ride: motorists and other bicyclists. Although there are only two groups of people that riders must communicate with there are a million different ways to communicate. Even before you leave the house you can prepare yourself to communicate in the most basic way: making motorists aware of your presence by wearing brightly colored clothing.

In the summer I commute to the Arlington Heights Train Station via Arlington Heights Road. Unfortunately I cannot wear my red jersey and lycra shorts to the office so that leaves only my helmet to make a *bright* statement. But there are many other ways that a commuter can communicate to motorists. We all know the three basic hand signals (stop: hand down, left turn: left arm extended to the left and right turn: left forearm pointed up). But using hand signals is only half of communicating. How can we make sure that motorists are partakers of the idea

that we are turning, changing lanes, etc.? Eye contact is the answer. You know that once motorists are aware of a bicyclist they are receptive to a bicyclist's hand signals but it is only through eye contact that we can be sure that the motorist understands our intentions. Sometimes as I ride to the train in the morning and daily see the same motorists I get a feeling of camaraderie with the motorists. This feeling is a result of the unspoken communication that exists as a result of eye contact. The motorists and I are on the same team fighting the daily battle of the commute. The motorists will not be our enemies if we remember to communicate, and when we establish eye contact, a smile and a wave will go a long way to ensure that the motorists remain our team mates.

This is the first article by our new Safety Chairman, Richard Wemstrom. If you have any ideas or suggestions, phone him at: 634-1168



Dear Phyllis:

Enclosed please find 2 checks, each in the amount of \$10.00. Please use these checks to sponsor someone for Mike and me in the Wheeling Bike-A-Thon. It could be Matthew or Phil or just some needy bike rider who's short on pledges. We just want to lend our support to a *very* worthy cause. We just received the newsletter last night. Good luck with the Bike-A-Thon!!

Please pass our "hellos" along to all the wonderful Wheeling Wheelmen. You all hold a *very* special place in our hearts. We miss you!

Mike and Laura Enwright
 San Diego, California



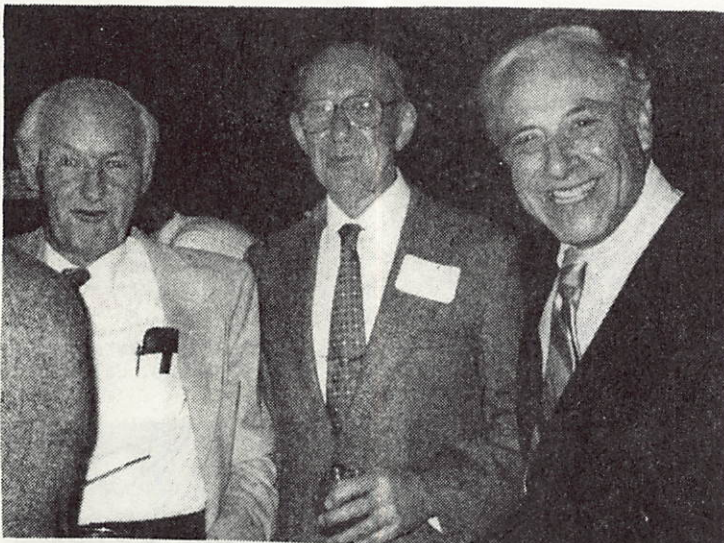
Wheeling Bike-A-Thon Awards ceremony: Jack Spellman, Co-chairman; Wheeling President Sheila Schultz who has ridden in all four of the Bike-A-Thons; Phyllis Harmon, Co-chairman, and top dollar rider, Wheeling Wheelmen member Jane Newell of Libertyville who turned in \$500.00 and earned the \$50.00 gift certificate donated by Winkleman's Schwinn Cyclery of Arlington Heights. Also, at the Bike-A-Thon, Jane won the \$15.00 gift certificate donated by Spoke 'N Pedal of Niles, so she should be well equipped for our New Zealand tour in January!

BANQUET PHOTOS

by Phyllis W. Harmon



Outgoing President Bob and Lois Meute. Right: New President Al and Lynn Petty with Eileen Butcher. Al and Lynn showed outstandingly beautiful slides of their wedding and bicycling honeymoon in Yellowstone and the Canadian Rockies.



Above: Banquet Chairman Keith Kingbay, Bill Lorenzen and Joe Tobias who had top club mileage. Right: Jack Russell, Dale and Alberta Youssi and Roy and Norma Erikson



Vice-Pres. Jim and Jenny Grant

There were 73 people at the Banquet. The 25 ride leaders received one of our special Wheeling Wheelmen bicycle mugs. So did Dick Schaller in appreciation for his computer work and top mileage riders received monetary awards.





Jean and Dick Schaller. Dick supplies us with mailing labels and keeps our membership up to date on his computer! Gee and Jim Cunningham and Rob Schaller. Rob has rolled up over ten thousand miles this year, came in ahead of Lon Haldeman on the Double Trouble Ride and hopes to participate in the Race Across America next year!



Right: Jerry and Lenore Goldman. Jerry was the Harmon Hundred Chairman and also sponsored the five Pedal Across Wisconsin Tours.



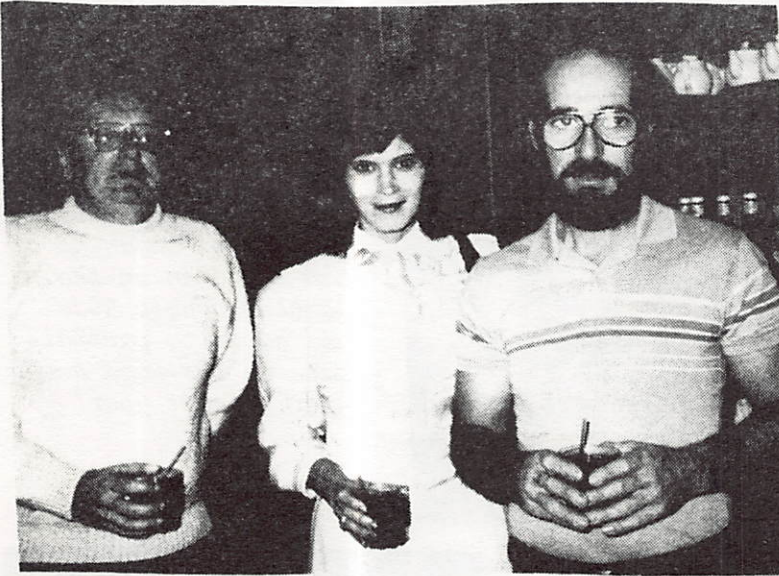
Carol Passorvic and Woyteca Morajko who received the award for most progress this year.



Above: Lois Paul, Bill Marshall, Lois and Dick Ryan. Dick is responsible for the four excellent routes ridden on our Harmon Hundred!

Right: Ralph and Cindy Cochrane.





Above: Roger Thauland, Sue Metzler and Phil Badame.

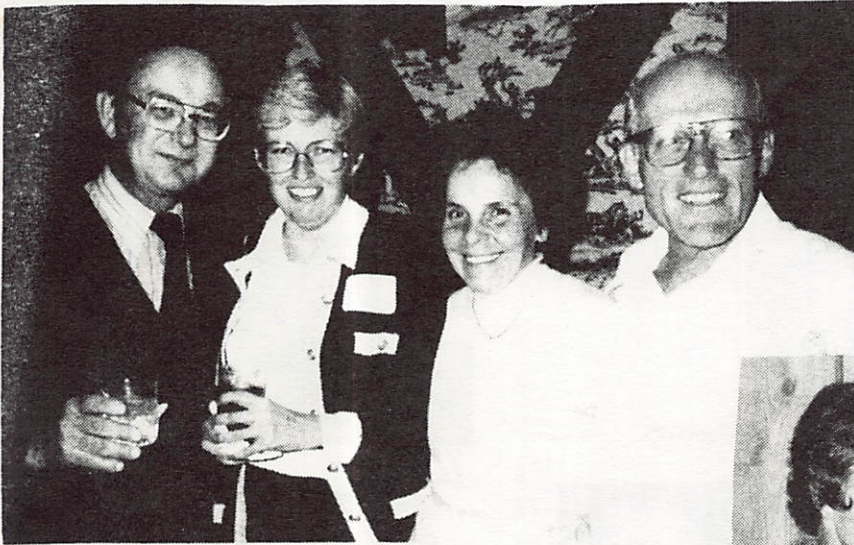


Above: Bob Vargas and Bill Butcher.

Bob is the ever obliging arrow painter for the Harmon Hundred routes and, with all the rain, had to go out 5 times before he could finish the 10 miles for the Bike-A-Thon.

Bill Butcher has the club bicy- tools that can be checked out.

Left: Kurt Schoenhoff, Carolyn Kropp, Elida Rech and Don Derebey.



Barbara and Jim Hansen dancing to the lively German tempo provided by the accordionist. Howard Paul in the background.



Pat Marshall presents Phyllis Harmon with her own cooler. Remember the hunt for our club coolers for the Harmon Hundred? We searched far and wide, even called other clubs and where do you think they turned up? In the crawl space of Phyllis' home!!