



# MONTHLY MEANDERS

MAY, 1984



Wednesday, May 2 - 8 P.M.  
Chamber Park, 131 N. Wolf Road  
Wheeling, Illinois



## PROGRAM

UNDERWATER PHOTOGRAPHY  
Pat and Bill Marshall

Scuba diving and under water photography are among the many hobbies of this active couple. Come to hear their experiences and see for yourself why they love this exciting hobby.

## 1984 Ride Schedule

Elliott Kanner has obligingly taken over the duties of Rides Chairman. With a final meeting with members of the committee, the results - the 1984 Rides Schedule - is enclosed. Watch the monthly schedule in the newsletter for updates, additional breakfast rides and Wednesday night ride schedule.

## '84 Membership

The 1984 Membership List is enclosed representing 79 Individuals and 60 Family memberships. Of those 68 belong to the L.A.W. or 48.9% which is a mighty good percentage!

There are a number of members who have not gotten their renewals in and so will not receive the newsletter, membership list and ride schedule. Pat Marshall will try to contact some of these people.

Brian Reilly and Frank Fager renewed too late to make the list and 1982 member Steve Margolin has re-joined. They will be included in a membership update later.

## The Prez Sez

As the main function of our club is group bicycle rides, it is appropriate to offer a word of thanks to our ride leaders. Of course, our ride leaders aren't an elite subgroup. We would like to see each of you perform that function at some time. If you do, and especially if you create a new route, you may find that there's more to it than you thought. It will require map study, traveling the route by bike or car, and giving thought to rest, water and lunch stops. If some aren't done perfectly, set a good example next time.

Please consider one other aspect. With respect to the pace and "catch up" stops, the ride leader must set these by the medium capability of the group. The weakest or strongest rider can't be favored; that may require some patience by the strong cyclists. I hope that they will remember that they joined the ride for the sociability as well as the other pleasurable aspects of cycling. Their presence also provides encouragement to newer cyclists who need occasional instruction or assistance.

If someone *must* leave the group - please *don't* do it by riding past the ride leader while on the road or when he/she has called a break. Many riders, who had no intention of leaving the group, don't know what's happening are "carried" along and subsequently deserted by the new "leaders" who feel no responsibility for those behind.

We have many fine, strong cyclists who may like some scheduled faster paced rides. If these Aerobic Rides are of interest to you personally, please contact me so that we can plan accordingly.

Howard Paul



## Red-tailed Hawk

by Jenny Bruns

Many of our club rides lead us into the countryside where we have ample opportunity to observe the Red-tailed Hawk. They prefer mixed country of open fields with small bluffs or woodlands. The Red-tailed is a well-known and common buteo, the subfamily of hawks which have broad, rounded wings, a robust body, and a broad fanned tail. The tail of the adult is reddish above and light pink below. Another good field mark is the dark belly band. As in the case of many raptors, or birds of prey, the females are characteristically larger than the males, a condition termed sexual dimorphism.

Red-tailed Hawks are usually lone hunters. The soaring flight high in the air is inspiring as the hawk mounts gracefully with no apparent effort on the rising air currents called thermals. Thermals are updrafts caused by the uneven heating of air near the surface of the earth and result from warm air rising above cooler air. The hawk has keen eyes which can detect its prey of mostly rabbits and mice. As they soar above their territory, they scream in the characteristic hoarse, rasping "tsee-eee-arr". Another type of flight is its slow flapping or sailing flight low over the fields. A third and perhaps commonest method of hunting is watchful waiting on a perch from which it can drop to catch its prey.

Don Derebey mentioned that he had seen a group of crows relentlessly attacking a Red-tailed Hawk. This is a common sight and the hawks often pay no attention to them. But sometimes the hawk may turn on its back and display its talons, causing the crows to beat a hasty retreat. Occasionally the crows aren't quick enough and become a food item.

The inspiration of watching the majesty of a soaring hawk leaves me with an uplifted spirit. I get a similar feeling when gliding down an open road on my bicycle, especially with a strong tailwind or good downhill run!

President:	Howard Paul	824-2941
Vice-Pres:	Elliott Kanner	459-1300
Treasurer:	Dick Ryan	381-1775
Safety:	John Storaasli	934-0039
Membership:	Pat Marshall	564-0346
Rec.Secy :	Marilyn Mathison	825-5470
Pool Rides:	Marilyn Mathison	825-5470
Program:	Phil Kahn	520-3114
Editor:	Phyllis Harmon	537-1268

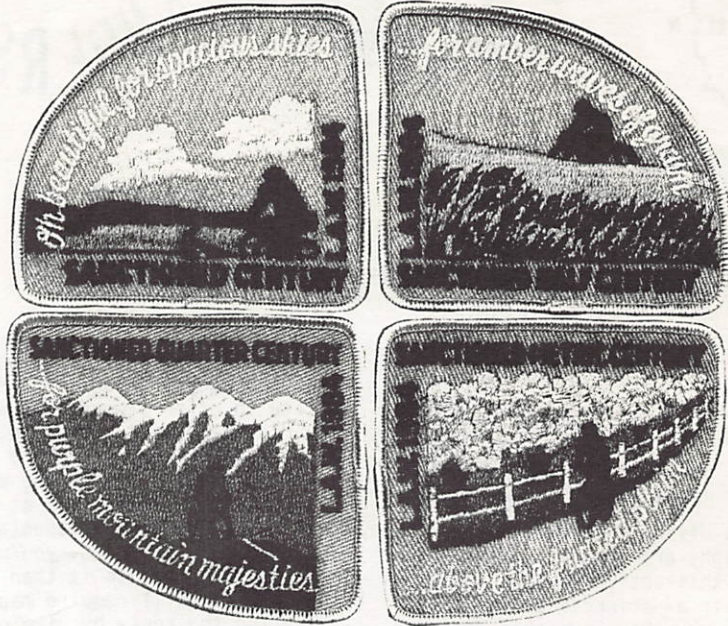
WHEELING WHEELMEN  
P. O. Box 581-D,  
Wheeling, Illinois 60090

An  Affiliate



# Patch Chairman Needed---

We need a volunteer Patch Chairman. There are sanctioned L.A.W. patches for 25, 50, 62 and 100 miles, various holiday patches and National Century patches available to clubs. It can be greatly simplified if one person can take the responsibility to order patches for our club to have available at the various rides. If this sounds interesting to you, contact Howard Paul - 824-2941. We'll discuss this at the May 2 meeting, too.



## Spring patch fashions



Dave Gardner design



Diana Hatch design

## Earn these sanctioned patches

*Oh beautiful for spacious skies...  
for amber waves of grain...  
for purple mountain majesties...  
above the fruited plain*

This is a set of four L.A.W. patches worth working for. Available on any rides of 100, 50, 25 or 62 miles on any month except September, which is National Century month and has its own special patches.

- As for time: Century 12 hours or less
- Metric Century (62.1 miles) 7-1/2 hours or less
- Half Century 6 hours or less
- Quarter Century 3 hours or less

Another good reason to try to earn these patches...this is the last year L.A.W. patches will be offered. Next year they will be BICYCLE USA.. the new trade name.

## May—American Bike Month

# CELEBRATE BIKE MONTH

*Bike Month Poster*

**BICYCLING**  
THE WAY TO GOLD IN 84

*Bike Month Cycling Cap*



with official American Bike Month specialities from BICYCLE USA

*Bike Month Gold Medal Shirts*

*Swiss Embroidered Patch*

**SPECIAL REDUCED RATES FOR L.A.W. CLUBS**  
Place orders at May 2 club meeting or phone  
Phyllis Harmon for prices.





# Schedule

## May 5 COLLEGE CAMPUS CRUISE Wheeling

Saturday - 10 a.m. - 35 miles  
From Chamber Park. Bring \$3.  
for lunch at Lake Forest Col-  
lege or bring your own.  
Don Derebey - 255-3422

## May 12 McHENRY DAM RIDE, Long Grove

Saturday - 10 a.m. - 40 miles  
From Kildeer School on Old Mc-  
Henry Rd. Bring sack lunch.  
Howard Paul - 824-2941.

## May 19 WESTWARD HO, Elgin

Saturday - 10 a.m. - 65 miles.  
20 and 30-mile options. From  
Johnson Mound Forest Preserve,  
Wing Park, Rt. 31 South from NW  
Tollway. 1 mile to Wing Street,  
West 1/2 mile to park. Sack  
Lunch. Jerry Goldman - 695-7964

## May 27 - EAST LOOP - Wheeling

Sunday - 9 a.m. - 30 miles  
From Sandburg School on Schoen-  
beck Road (just south of new  
library). Interesting, pictur-  
esque ride. Includes North-  
brook Track and Botanic Garden.  
Mike Enwright - 537-8012

## June 2 - BREAKFAST RIDE - Elk Grove

Saturday - 7:30 a.m. - 20 miles  
From first parking lot south of  
Higgins (Rt.72) on Arlington  
Heights Road. - Busse Woods  
George Mathison - 825-5470



## MAY WEDNESDAY NIGHT RIDES

Rides start at 6:30 p.m. sharp and  
end at twilight. Leisurely riding,  
usually maximum 10 miles.

- 1 From Wheeling Community Center,  
Chamber Park. Return in time for  
May monthly meeting. Leader:  
Elliott Kanner - 541-9176.
- 9 From Lion's Park, Lincoln and  
Maple St., Mt. Prospect (2 blocks  
south of NW Hwy.) Leader: Jenny  
Bruns - 439-5345
- 16 Chamber Park, Wheeling -  
Howard Paul - 824-2941
- 23 From Kildeer School, Long Grove  
Dick Ryan - 381-1775
- 30 From Arlington Heights H.S.,  
Ridge and Euclid, Arlington Hts.  
Don Derebey - 255-3422.



Sign in  
Texaco Station  
Seminole  
Florida

# TOSRV Alternative

May 12 and 13

Jenny Bruns

Last May, a handful of bicyclists  
attempted a TOSRV alternative ride  
from Des Plaines, Illinois, to James-  
ville, Wisconsin. Unfortunately, the  
weather was not at all cooperative  
and we missed our destination, end-  
ing up in South Beloit.

We would like to try the route  
again this year. Riding the alterna-  
tive route in our local area makes  
more sense than driving the long dis-  
tance to Columbus, Ohio, to ride the  
same amount of miles of approximate-  
ly 100 miles each day.

The route will start at a meeting  
point May 12 at 7:00 a.m. and go to  
Janesville, Wisconsin via Long Grove,  
Algonquin, Huntley, Marengo, Belvi-  
dere, Beloit and Janesville. The re-  
turn route from Janesville on May 13  
will go via Elkhorn, Lake Geneva,  
Genoa City, McHenry and Long Grove.  
As last year, each person will be  
fending for themselves. We will pro-  
vide you with a map of the route and  
a list of motels and campgrounds so  
you can make your own arrangements.  
We can ride together or at separate  
paces, but will meet in Janesville  
Saturday night for dinner.

If you are looking for a weekend  
adventure and are in good bicycling  
shape, please attend the Wheeling  
Wheelmen May 2 meeting so we can  
discuss the ride.

Contact Jenny Bruns: 439-5345 or  
Mike Enwright: 537-8012 for further  
information.

## For Sale

SCHWINN AIR-DYNE ERGO METRIC EXER-  
CYCLE - \$450.00. Phone 537-8012 or  
see Mike Enwright.

CUSTOM MERCIAN, full Campy, 24"  
frame, 21 lbs. \$575.00  
Artisan rollers - \$70.00  
Glen Schon - 394-2028

SCHWINN PARAMOUNT TRACK BIKE -  
23-1/2" - All Campy/Cinelli. \$400.00  
or offer. 298-2940 until July 1.  
Rod Leland

BELL HELMET - Like new. Size 7 -  
\$40.00 394-5993 - Genevieve Senne

MIDGET RACING WHEELS UKAI 24" alloy  
rims, Sun Tour VX hubs, clincher  
tires and tubes. \$100.00 pair.  
Gary Gustafson - 272-2740

Something to sell? - or buy? Write  
or phone Phyllis Harmon, 356 Robert,  
Wheeling, IL 60090. 537-1268.

# Leisure Rides

This is for you new riders and  
those of you who prefer short lei-  
surely paced rides. We have about  
30 new members in the Wheeling Wheel-  
men this year as well as a number of  
you who have joined in previous  
years but have never ridden with us.

Every Sunday Doug Fager has made  
it a regular 10 a.m. scheduled event  
to lead cyclists on a 15 to 20-mile  
slow-paced ride. So, if you are a  
new rider, are concerned over the  
longer, or faster paced rides, come  
on out to Barrington for a ride you  
can enjoy.

Meet at Kelsey Road House on Kel-  
sey Road about 100 yards north of  
Rt. 14. There is a stoplight at Rt.  
14 and Kelsey Rd...turn right and  
the Road House is on the left.

Doug said this ride isn't only  
for beginners...any of you who'd like  
a slow, easy ride, come on out!

Also, thos of you who'd like a  
good fast paced 15-20 miles before  
the 10 a.m. ride, call Doug Fager,  
299-5876.

## Share Rides & \$

Are you going to some of the  
Invitational rides, GEAR Up, GEAR  
Charlotte, BICYCLE USA National  
Rally in Indianapolis, or some of  
our club rides in Wisconsin, Argonne  
Elgin, etc.? If you are driving and  
have room for one or more members -  
or if you are looking for a ride to  
some event, contact Marilyn Mathison  
our Pool Rides Chairman. Also, if  
you contact her early enough, this  
information can be included in the  
newsletter. 825-5470.

The driving miles always slip by  
much quicker when you share your  
ride and by sharing costs you can  
include more events in your budget.



## 800 helmetless bicyclists killed in 1983

Laura Enwright sent in a clipping  
from USA TODAY and thought it might  
encourage some of our members to buy  
helmets:

CHICAGO - Accidents involving  
bicyclists riding without helmets  
last year resulted in 800 deaths  
and 7,500 injuries severe enough  
to require hospitalization, the  
National Safety Council said...  
The council estimated that helmet  
use could prevent about 300 deaths  
and 3,000 hospitalizations.



# Bicycle Transportation Action

Roger J. Herz, Executive Director of Bicycle Transportation Action is asking for letters on a variety of points pertaining to this title:

Survey your legislators; find out whether they are treating bicycles as a legitimate and important transportation mode.

In 1975 about 500,000 Americans commuted to work by bicycle. In 1983 the number had tripled to 1.5 million!

In 1978 Congress recognized that "bicycles are the most efficient means of transportation, represent a viable commuting alternative to many people, offer mobility at speeds as fast as that of cars in urban areas, provide health benefits through daily exercise, reduce noise and air pollution, are relatively inexpensive, and deserve consideration in a comprehensive national energy plan."

Here are the nine points in the Bicycle Transportation Action program:

- \* governmental action to encourage bicycle transportation
- \* secure bicycle parking and reasonable office access
- \* more summonses and warnings to bicyclists violating traffic laws
- \* school board compliance with state laws requiring bicycle safety education
- \* compliance with law prohibiting federal funding of projects severing bicycle access
- \* reimbursement of government employees using bicycles for official business when cost-effective
- \* encouraging government employees to use bicycles for transportation
- \* phased replacement and/or retrofit of hazardous parallel-bar sewer grates
- \* data collection and analysis for bicycle use as for other transportation modes.

The organization urges this inclusion in the upcoming National election platforms:

*Bicycles are a legitimate, efficient and important mode of urban and suburban transportation with great potential for improving mobility and strengthening the economy.*

For further information, write: Bicycle Transportation Action, Roger J. Herz, Executive Director, 308 E. 79 Street, New York, NY 10021.

## Rides Reridden



April 1 SHOW AND GO - Over 30 turned out for a 30-mile ride on a beautiful bright, sunny day. Roger Thauland led us over some new roads out Barrington way.

ST. PATRICK'S ROUTE - Twenty-four cyclists showed up to take a tour around the St. Pat's route. Because east winds blew at 20 mph, half the tour was actually a breeze. Don Derebey led the first group with a promise of a 15-20 mph pace and Howard Paul started the second group at a more moderate rate. Bob Klein rode sweep where his patience and encouragement with several new but enthusiastic riders was appreciated.

APPLE PIE RIDE - Under threatening skies, 25 riders headed out for the Wauconda Apple Orchards from Buffalo Grove High School. A couple of brave souls dared to wear shorts and their optimism paid off. The day turned out to be gorgeous as the sun shone through the clouds periodically, bringing out the bright colors of the riders and their bicycles. Someone must have passed the word around to wear a blue jacket for there were a good number of them in the crowd.

Hungry bicyclists lined up for lunch in the small apple orchard lunch room. Chili seemed to be a popular order and, of course, apple cider and pie. Ted and Sherry Uhlemann, Jim and Myra Baum and Al Petty agreed to split a whole apple pie five ways to save money on indivi-

dual pieces. Actually, we all knew they were looking for a way to have bigger pieces to satisfy those cyclist appetites!

Everyone seemed pleased with the ride and Elliott received many words of thanks. Also, no other club could offer a better sweep than the Mathisons on their tandem with Muffin bringing up the rear.

Jenny Bruns

### WHEELING/LAKE COUNTY COMBINED RIDE

Brian Reilly, Mike Enwright and Phil Kahn rode to Libertyville from Wheeling for the 65 mile-route. About 30 others, members of both clubs, met in Libertyville for a scenic route many of us have ridden on the Mt. Prospect's Liberty Metric ride. The sun was shining but it was quite cool and the wind was unbelievable! The only relief was the few times we actually pedaled due west! North and south the cross winds were fierce and the east wind threatened to stop us several times and roll us backwards! Oh well, we can chalk this experience to a good training ride! Thank you, Phil.

APRIL MEETING - Phyllis Harmon showed slides of Keith Kingbay's tour to Luxembourg to the Mosel River to Koblenz and the Rhine River to Bonn and Back. Elliott Kanner, also one of the 10 participants, added his enthusiastic comments.



### WINTER RENDEZVOUS, HOMESTEAD, FLORIDA

While you all had cold and rain, Lois (seated) and Howard (shirtless) Paul enjoyed warm sunshine and fresh strawberry sundaes! Right: Ed Collier's miniature poodle loves to ride along in the handlebar bag. Note her miniature Bell Helmet. George and Marilyn Mathison that's idea for Muffin!

