



MONTHLY MEANDERS

August, 1983



AUGUST
MEETING

Wednesday, Aug. 3 - 8 p.m.
Chamber Park Community Center
131 N. Wolf Road, Wheeling

PROGRAM

This is it! Final plans for our big invitational - the Harmon Hundred/Fifty or Twenty Five! Elida Rech has kindly typed our mailing list so instead of scribbling all those addresses we only have to put on pre-stick labels and stamps! Also, final instructions on routine and jobs.

Our Harmon Hundred Chairman this year is Ruth Harlow Gaines and she has been busy handling all sorts of details so this will be the best event yet!

Safety Officer's
Corner
by Don
Derebey



Hand Signals

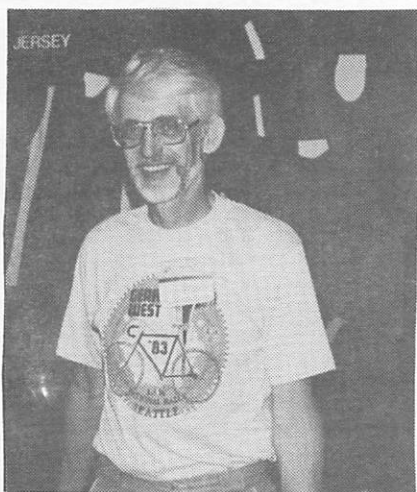
This column has dealt with right and left hand turns as well as the importance of proper hand signals to let the motorist know what you are up to. However, until I attended an Effective Cyclist seminar at GEAR-South I did not know that the old fashioned hand signals are no longer recommended. The argument is that, unlike a motorist, the cyclist has both arms free and visible and can show his intentions more directly. Besides, with turn signals as standard equipment for so many years, how many motorists are sure of the meaning of the old hand signals? Would you stake your life on it?

John S. Allen, author of *Bicycle Commuting*, takes the position that the person on a bicycle should think of himself as a policeman directing traffic. These people use both arms and wave them about very emphatically to tell us exactly what they want us to do. Some states have recognized

the needs of cyclists and have made it legal to use either arm for signaling.

The whole thing makes sense to me and, since returning from GEAR-South, I have been using the two arm system exclusively. I simply point, arm fully extended, in the direction of my turn. Once you get both arms moving you will find that signals for lane changing, slowing down, waving cars to pass, etc. come naturally and are very effective. There is a new confidence, for me, that the motorist knows what I am up to. This fact, as always, contributes to my chances for survival! It is important: that you signal far enough ahead of your move so that both hands can be on the bars during the maneuver. No state requires that you signal at the expense of safety.

Perhaps there is a little theatre in all of us because it is kind of fun to sit there and wave your arms around just like a traffic cop! Give it a try - I think you will like it.



Meet Don Trantow, Executive Director

The League of American Wheelmen found just the right man for the job of Executive Director--he's a worker! Don was born in Wisconsin, married a girl from Chicago and has lived for a number of years in Atlanta, Georgia. He has been very active in the Southern Bicycle League.

The League displays at both GEAR-Up in Slippery Rock, Penn., and GEAR-Down in Athens, Georgia, were exceptionally well done. WWS at GEAR-West in Seattle can meet him there.

Enclosures -

Enclosed are two forms pertaining to the Harmon Hundred. One is for you to fill in stating your work preference and/or time of day. Please bring to August meeting or send to Ruth Gaines, 130 N. Buffalo Grove Rd. Buffalo Grove, IL 60090. 541-8064.

The other form is the application for the Harmon Hundred/50/25. If you need more, xerox copies are OK, or contact Ruth. Bulk forms will be given out at meeting for distribution to area bicycle shops.

Romance Dept. -

We haven't seen Jim Parsons for quite awhile - he says "graduate school keeps you busy" but that's not all - Jim will be marrying his long time girl friend, Ann Mueller of Mt. Prospect next June 23, 1984! We look forward to meeting Ann the next time you're in town, Jim.

WANTED: TANDEM 23 or 23-1/2" x 19 or 20" rear. Prefer Mixtie rear. Jim Parsons, 205 S. Washington Ave., Apt. #5, Ames, IA 50010. Home 515/294-7662 or work 515/294-7662.

WHEELING WHEELMEN
P. O. Box 581-D,
Wheeling, Illinois 60090

An  Affiliate

President:	Ted Uhlemann	295-1783
Vice-Pres:	Sherry Uhlemann	295-1783
Treasurer:	Dick Ryan	381-1775
Safety:	Don Derebey	255-3422
Membership:	Pat Marshall	564-0346
Rec.Secy:	Marilyn Mathison	825-5470
Pool Rides:	Marilyn Mathison	825-5470
Editor:	Phyllis Harmon	537-2368

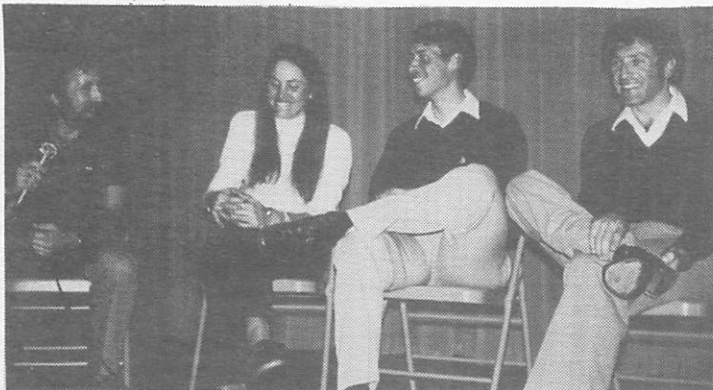


Our President Ted Uhlemann and Vice President Sherry Uhlemann. This busy couple keeps our Wheeling Wheelmen running smoothly and Sherry, as Ride Chairman, keeps busy matching up dates, rides and ride leaders!



THREE MORE VIPs: JEAN AND FRED KENNERLY AND HOWARD PAUL

Jean and Fred Kennerly, L.A.W. Director for Illinois, are from Rockford Illinois. Theirs is a real biking family and quite often the Kennerlys receive awards for Largest Family attending various bicycling events. Howard Paul, Wheeling Wheelmen President in 1979, has served as Ride Chairman (excellently) and is well known for volunteering to ride sweep on rides. He and his wife, Lois, are a familiar sight on their tandem on club rides. Photo was taken at Chicago Area Bicycle Dealers Bike Show when they served at the L.A.W. display table.



Four famous marathon cyclists: Michael Shermer, Sue Notorangelo Haldeman, Lon Haldeman and John Marino. The three fellows rode the Great America Bicycle Race, California to New York, last year. Lon holds the record of 10 days; Sue holds the women's record of 11 days. In the Race Across America this August, John Marino is organizer and the others will race along with 11 others. Lon hopes to do it in 9 days this time! One other Illinois cyclist who qualified for the Race Across America '83 is John Silker.

Peoria experiences (we hope) a...

One Time Only Ride

We talk about our heat, rain, and hills, but right after I drove through the area on my way back from Phoenix in May, the Illinois Valley Wheelmen of Peoria had a ride they'll never forget. From their newsletter:

The Dust Storm Dirge. The IVW riders experienced a new type of adversity on the May 7 ride. The morning started out with a strong southeast wind. Keeping with the IVW riding philosophy (ride into the wind and tailwind home), we started riding toward Morton. The wind was stiff and we were all drafting the best we could to take advantage of the rider in front of us. Close to Morton, in the wide open, plowed fields, the wind picked up considerably. The riders were broken apart in the cross and head winds. (Every man for himself.) Drafting in this type of gusty wind was difficult. The riders were bent at a severe angle into the wind just to keep a seemingly straight riding line. On top of the gusty wind, the dust was rolling across the fields. You couldn't even see the rider in front of you. It was blowing so hard it stung your bare legs and eyes. Breathing was difficult; you knew you were breathing a lot of dirt, but what else could you do? We finally got to Morton and the group stopped under the I-74 overpass, out of the wind.

First order was to take a mouthful of water to wash the dirt out of our mouths. Then we looked around to see the other riders covered with dirt. We laughed at our dirt covered faces, the mud running down our faces from watering eyes and, to top it off, mud in our teeth! If this sounds disgusting, you should have looked in our right ears. There was enough dirt inside to plant potatoes.

After a leisurely breakfast stop (preceded by a trip to the washroom to clean off the mud) we pointed our bikes northeast and coasted back home.

Photo Experiment

I haven't the slightest idea how the photos used in this issue will reproduce - obviously the results depend on this issue, that is, whether or not I try it again.

Jim Gehrke has obligingly provided screened, black/white photos for previous issues but we haven't seen him for awhile. I used my color prints for the L.A.W. Bulletin...oh well, it won't take long to find out!

If results aren't too bad, it will open the door for all you camera bugs snapping shots on our rides.

Phyllis Harmon

Schedule

Aug. 6 RACINE COUNTY BICYCLE TRAIL

Saturday - 9 a.m. - 50 miles From Eagle Lake Park on Church Road just west of Rt.75 in Wisconsin (See map below). Take Rt.45 north to 54 Rd., West to Eagle Lake - or take Rt. 83 north and where it turns west on Rt.50, continue north (Rt.75 begins there) Continue north across Racine County line. Church Rd. is first through road north of Rt. 11. Beautiful scenic ride. We'll lunch in Tichigan and enjoy delicious ice cream in Burlington. Phyllis Harmon 537-1268.

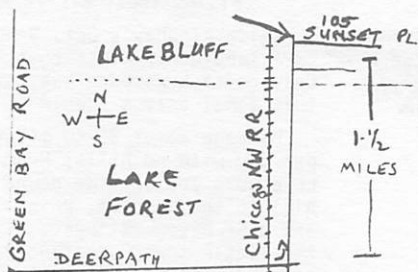


Aug. 14 TROLLEY WHEELS & HILLS

Sunday - 8:30 a.m. - 80 miles From Kildeer School, Long Grove, to Trolley Museum, S. Elgin, N thru Kane County, Algonquin, Barrington hill-hunting. Bring/buy lunch. Rick Gaines 541-8064.

Aug. 20 MOONLIGHT MADNESS Lake Bluff

Saturday - 5 p.m. Bar-B-Q and 15-mile ride 8 p.m. Bring your own beverage and steak, hot dogs, hamburger, whatever to Bar-B-Q. Salad and dessert will be provided. From Ted and Sherry Uhlemann's in Lake Bluff (see map) YOU MUST HAVE LIGHTS ON YOUR BIKE! Cancelled in case of rain. 295-1783



Aug. 27 - PROGRESSIVE DINNER Wheeling

Saturday - 11 a.m. - Est. 35 miles. From Phyllis Harmon's 356 Robert, Wheeling, we'll pedal to member's homes for appetizers, salad, main course and dessert...and take all day to do it! Fun day! Phone if you're coming - 537-1268. \$3 to cover cost of food.



Rides Re-ridden



HUFF 'N PUFF - Early morning storms and the threat of more bad weather didn't deter three brave riders (including one visitor!) from meeting Mike and Laura Enwright at Kildeer School in Long Grove for this 78-mile ride. But by the time they reached Algonquin and were met by two more brave souls, the rains came and there was talk of turning back. Fortunately, the deluge stopped after an hour and the group decided to continue. By the time they reach the lunch stop in Union, the sun was shining and they completed the rest of the ride in pleasant, warm weather with a real feeling of satisfaction.

SILVER LAKE, WISCONSIN - Thirty one cyclists turned out for a beautiful 45/35 mile ride over new, for us, back roads in Southern Wisconsin. Ted Uhlemann really selected excellent routes. It was bright, sunny and quite warm but lunch in the Silver Lake Park was pleasant, especially on top of the high hill! Our return route took us past a small airport apparently devoted to parachute jumping, for young people in white jump suits were all over. We stopped to watch briefly.

At one crossroad on the route we were joined by Robert Banci of Coral Gables, Florida. He had taken up bicycling four years ago. Knew nothing of the League, bicycle clubs, cycling event....just flew to Chicago, contacted the Chicago Area Bicycle Dealers for info on where to ride in Wisconsin...pedaled to Lake Geneva, learned about our ride and met us for the rest of our ride, then was going to stay with people at Genoa, Wis.,

ride the Sugar River Trail and then he wasn't sure...he'd just be biking until the end of July! I mailed him a League brochure and he wants to know when the Winter Rendezvous will be held.

BAHAI RIDE - I only type the newsletter - apparently I don't read it for I turned out for the 10 a.m. ride and cars with bike racks were parked at Potawatomi Woods - but no bikers.. so I set off to try to catch them and had a flat at Pflugsten and Dundee. That did it! Phoned my son to pick me up! Elliott Kanner reported Howard Paul led a group of 22 bikers on this very warm, humid day and all had a good time!

JULY MEETING - M-E Spirek did a great job with the fashion show and our models were excellent! There are many new items on the market - from clothing, shoes, jackets, panniers and tools as well as tool kits. Stop in at Bikes Plus to look them over... also note the handy first aid kit!

WEDNESDAY NIGHT RIDES - Meeting night Phyllis Harmon led us 15 miles into and Deerfield before heading back for the monthly meeting and fashion show. The following week Dick Ryan, who apparently has a road map permanently etched in his brain, led 16 of us on a 15-mile ride from Harper College and - would you believe! - 11 of those miles were in Inverness!

Will have to cover the rest of the July rides in the next issue - I'm heading off for the L.A.W. convention in Seattle (GEAR-West) early for Board meeting and activities.

Schedule Continued

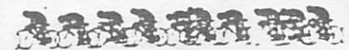
Aug. 28 LAMB'S FARM, Wheeling

Sunday - 1 p.m. - 25 miles From Potawatomi Woods parking lot on Dundee Rd. just east of Milwaukee Ave. Short and flat, great family ride! Bob Klein - 299-2888.

Sept. 4 W.W. MEMBERS CENTURY Wheeling

Sun.-6:30 a.m. 100 Moderate : 7:30 a.m. 100 fast or 50 This is the day we ride as a club - next week we work as hosts! From Wheeling Community Center, bring lunch. Ruth Gaines - 541-8064.

BIKE RACING? Meet Thurs. Aug. 11 at Meadowhill Track in Northbrook on Waukegan Rd. between Palatine Rd. and Shermer Rd. \$1.00 7:30 p.m.



WEDNESDAY NIGHT RIDES

- Short rides 6:30 p.m. to twilight.
- Aug. 3 From Wheeling Community Center Return for club meeting. Phil Kahn
- 10 From Harper College Euclid parking lot - Phyllis Harmon
 - 17 From Wright Wood, Everett and St. Mary's Rd. Ted Uhlemann
 - 24 From Kildeer School, Long Grove, Al Petty.
 - 31 From Ft. Sheridan train station north parking lot - Old Elm and Sheridan Rd. - Ted Uhlemann.

POOL RIDES TO EVENTS? Have room or need ride? Phone Marilyn Mathison, 825-5470.

TANDEM VACATION - Marilyn Mathison

Life is full of surprises when you are on a bicycle trip - especially on a loaded tandem, with a dog hitching a ride on the back. George and I left on what was supposed to be a four to five-week jaunt up the Mississippi River, over to Duluth, into Wisconsin and then back home through central Wisconsin.

The first surprise was when we met Dick Marr the third day out in a tiny cafe in a tiny town in northern Illinois. We both had left the Chicago area on the same day but on separate routes. That day we had a delightful ride together to Dubuque where he continued on west to the L.A.W. convention and we turned north alongside Old Man River.

Some more "goodies" were:

- a surprisingly beautiful ride along the river, especially south of the Twin Cities where we were within view of the river most of the time,
- the HILLS in Iowa along same,
- meeting other bike tourists, most of whom had never heard of L.A.W. or local bike clubs or events,
- meeting a canoeer, fully loaded, paddling down the Mississippi to St. Louis,
- smelling and seeing wildflowers; hearing and seeing birds along the side of the road,
- seeing five deer in one morning,
- being admitted to a state park in Minnesota which was filled, just because we were bikers.

We also experienced little gems like finding a restaurant with a 20-foot salad bar in the middle of nowhere right next to where we camped. (We immediately scrapped our plans to cook our meal and dined elegantly in style.) We delighted in finding little cafes in out-of-the-way places, including one little coffee shop tucked in a corner of a laundromat. Obviously, one of our favorite

activities on a bike trip is eating!

Weather was an unpredictable factor. We experienced just about everything but snow, including a record-breaking drop of 50° in a few hours in Duluth. A severe electrical storm motelled us early in the day in Minnesota. Headwinds just about did us in on a couple of days but, on the other hand, *tailwinds* blew us alone on other days. There was not one day when it was *not* windy.

Because we didn't always adhere to our planned routine, sometimes we didn't know where we were going to spend the night until we got there. This is the first trip that we have done this. Always before we have ploughed on to our destination even if it half killed us. This year we were more flexible and it was kind of fun. We spent one night in a farmer's yard.

One morning, after riding 20 miles to a town we were told had a cafe, (it didn't) a friendly woman invited us to have coffee and doughnuts in her farm kitchen. That made our day!

Of course, as usual, most of the time our dog, Muffin, stole the show. Our most interesting experiences revolved around her. She got us interviewed on several newspapers and even got us on the 10:00 p.m. news in Duluth. At one restaurant the chef gave us a package of raw hamburger for her and at another small town coffee shop she walked right in, much to the delight of the customers who fed her tidbits while we worried that the Health Inspector might make an appearance. Because of her we got into a lot of conversations with people and made a lot of friends along the way. She is a good little traveler even though she can't resist jumping off and chasing a rabbit or two. But we would have given her away for two cents when she jumped through our tent screen! We made her

walk up the hills, thus reducing our 100-pound load to about 75 pounds.

Of course, all wasn't peaches and cream. We had a blowout and a few minor bike problems, and there was a population explosion amongst the Minnesota and Wisconsin mosquitos, also hordes of wood ticks enjoyed feasting on Muffin. However, the worst blow of all was when I developed a stress injury on my leg and was ordered by a doctor to get off the bike immediately. Therefore we had to be transported by car the rest of the way home from Eagle River, Wisconsin.

We are thankful for the three beautiful weeks we did have and can hardly wait to set forth on our bicycling vacation next year.

New Members

Five new members this month! Welcome them on rides; introduce yourself so they soon can match names and faces.

David Casey, Northbrook
Mildred Krisik, Prospect Heights
Mary Masters, Schaumburg
Anne Olson, Wheeling
W. Kirk Snyder, Wheeling

And here are three address changes

Richard and Sally Figge, 541-2545
20733 Elizabeth, Prairie View 60069
Jim Parsons 515/232-1038
205 S. Washington Ave. Apt. #5
Ames, Iowa 50010
Kurt R. Schoenhoff 540-0861
16 James Ct., Hawthorn Woods 60047
Alan Zoller, 213/786-6680
15425 Vanowen, Apt.8, Van Nuys, CA
91406

Room For Four

\$1,189 incl. air fare

Keith Kingbay's Oct. 9 - 23 Islandic Air Lines tour Chicago to Luxemburg has, at this time, only 4 openings.

Mileage about 35-40 miles per day with no hills! From Luxemburg you'll ride downhill to the Moselle, Rhine and Saar River valleys... the little towns are fantastic and, if you want hills, you can have them at the turn of the handlebars! You will enjoy little towns like Neu Magen Dhron, Zell, Winnegan, Bonn, Koblenz, Beilston, Bernkastel Kues and Trier, Mettlach and Remich. Keith Kingbay - 334-6769.

