



MONTHLY MEANDERS

MARCH, 1982

President: Roger Thauland, 541-2294
 Vice-Pres: Rose Baum, 540-0369
 Treasurer: Richard Figge, 446-2945
 Safety: Mike Enwright, 537-8012
 Membership: Marie Liotine, 439-0452
 Editor: Phyllis Harmon, 537-1268
 Maps: Dick Marr, 593-2639
 Rides Coordinator:
 Marilyn Mathison, 825-5470

March Meeting

Wednesday, March 3 - 8:00 p.m.
 Wolf Rd. 1 block North of Dundee
 Wheeling Community Center



Time for
 I. R. S.
 then
 St. Pat's
 Ride and
 start of
 our cycling
 season!



At our March meeting we'll continue work on our "Guidelines for Ride Leaders" and "Group Cycling Rules and Regulations".. and discuss the cycling season ahead.

The 1982 Ride Schedule probably will be ready for distribution at the March meeting and also at the St. Patrick's Day ride. Those not picked up will be mailed with the April newsletter. A few rides need leaders. Check the list and phone Rosy Baum 540-0369 to volunteer for your choice.

We need a volunteer for refreshments at the September meeting. All other months are signed for.

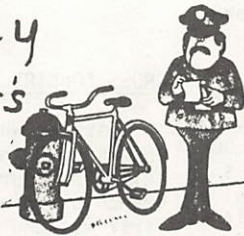
Technical Talk - HOWARD PAUL

It's no secret to bicyclists that riding in the wind's direction is much easier than riding against it - and the stronger the wind, the more pronounced the effect. Regardless of wind direction, the resistance increases as the square of the differential velocity between the cyclist and the wind. As the mechanical friction does not increase much with speed, the forces acting against a racing bicyclist on level ground become almost exclusively due to resistance.

This increase in wind resistance applies to any object moving through the air. The actual value of the resistance forces must also take into account the relative shape of the object, and this is generally described by the term drag coefficient (C_D). It has been found that a racing bicyclist in tight clothing has a C_D of about .9. The C_D for an upright bicyclist wearing loose clothing can probably increase to about 1.2. This can be compared to the C_D values for some other common vehicles such as a good sports car - .2, a sedan - .4 to .5, a truck - 1.0, and a motorcyclist - 1.8.

Safety Officers' Corner

Mike Enwright



Answers to last month's Safety Quiz:

1. Yes; 2. Yes; 3. Yes; 4. No; 5. Yes.

With warmer weather on hand, we fairweather bikers are ready to start riding again. Be especially careful at this time because auto drivers have had the roads to themselves all winter and won't be looking for us. To make matters worse, the potholes which have been hiding under snow and ice, will now show up in our paths as we're riding. Melting snow and ice are creating wet spots and puddles. Avoid these puddles as the pavement may be missing at the bottom of them. Watch corners for wetness and sand when turning and braking.


If you are riding early in the morning or late in the afternoon, watch for icy spots. The sun rises during March at approximately 6 a.m. and sets about 6:45 p.m. Remember when the sun is near the horizon it can blind drivers as well as cyclists. Leave a margin for error if you doubt your visibility..

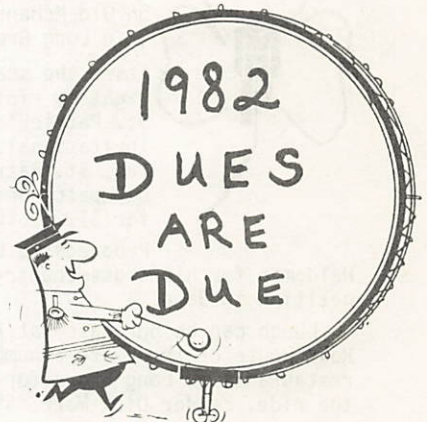
If you do any riding before sunrise or after sunset, make sure you wear light clothing and have lights both front and rear. Don't become one of the unseen accident victims. Be seen, safe and savor the coming season with me and all the Wheeling Wheelmen.

With new members having their first chance to ride with the club, the vets must show good examples of safe riding on tours.

1. Ride single file on all roads with moderate auto traffic.

P. O. Box 581-D,
 Wheeling, Illinois 60090

An  Affiliate



Individuals - \$8. Family - \$10.
 Send to: Wheeling Wheelmen
 P.O. Box 581-D
 Wheeling, IL 60090

- Ride single file whenever the solid yellow line is in your lane. Don't force passing motorists into the opposite lane.
- Go to single file when you hear "Car up" for approaching traffic or "Car back" for traffic from the rear.
- If you hear "Car back", pass the call along; those ahead may not have heard it.
- If you see a pothole, glass or similar hazard, call it out and point to the location.
- Use arm signals for turns, slowing, or stopping. The verbal call "Braking!" is also useful.
- Call out "On your left" if you are about to pass another cyclist who is unaware of your approach. (Do not pass on the right.)
- Pull off the road during group breaks.
- Stop at 4-way stops if cross traffic is present. Our whole tour group is not entitled to breeze through unless waved on by waiting motorist. This also applies to left turns.
- Don't tailgate (draft) unless you are experienced and are drafting the biker ahead with his/her knowledge and consent.



Coming Events

Mar. 21 ST. PATRICK'S DAY RIDE



Sunday - 10:30 a.m.
From Kildeer School
on Old McHenry Road
in Long Grove.

Start the season
right by riding our
St. Patrick's Day
invitational. \$1.00
fee. St. Patrick's
Day patch optional
for \$1.25. 25 miles.

Proceeds to Lon
Haldeman for his cross-country com-
petition in June.

Lunch can be purchased at Kelsey
Road House or there are a number of
restaurants in Long Grove for after
the ride. Leader Dick Marr, 593-2639.

Mar. 28 - SHOW AND GO, Wheeling



Sunday - 10:00 a.m.
Approximately 20 miles.
From Wheeling Community
Center, on Wolf Road one
block north of Dundee Rd.

Depending on who shows up,
how ambitious everyone is
and the weather, Mike

Enwright will lead the way. 537-8012.

Apr. 3 - APPLE PIE RIDE Buffalo Grove



Saturday - 9:30 a.m. 30 mi.
From Buffalo Grove High
School, Dundee Rd. and
Arlington Heights Rd.
This is our popular spring
ride to Wauconda Apple
Orchard. Time for lunch

or a snack at the tiny restaurant.
Leader: Elliott Kanner - 541-9176.

WEDNESDAY NIGHT RIDES WILL START ON
APRIL 7 - 6:30 before our April
meeting.

Volunteers are needed to work at
registration (10:00 - 11:30 a.m.)
for our invitational St. Patrick's
Day ride on Sunday, March 21. You
may sign up for this at the March
meeting or call Dick Marr...593-2639.

BICYCLING
THE WAY TO GO



AMERICAN BIKE MONTH MAY 1981

Rides Re-ridden



CROSS COUNTRY SKIING Feb. 13

Thirteen Wheelmen left their alloy
wheels home in favor of cross country
skis and toured parts of the North
Branch bicycle trail. It was the
first weekend that the temperature
didn't hover a little above 0° or
below zero and the skiers were soon
shedding outer jackets. The tour
ended, to everyone's delight, with
lunch at Hackney's on Harms where no
one left anything on the plate.

FEBRUARY MEETING

Ariel Adams of the Multiple Scler-
osis Society came to our meeting to
talk about the 150-mile weekend ride
probably June 19-20. She had numer-
ous questions to ask us for we are
to be advisors on the tour as well
as make up a map of the route. We
can do the latter as soon as the over-
night location is established..Dick
Ryan will work out the route.

MAP COMMITTEE

Thanks to Rich Figge and Elliott
Kanner for their contributions to
our collection of maps. We now have
maps for 50 club rides.

At the February meeting Howard
Paul, Lonna Schwerin, Don Handke,
Rich Spitzer and Dick Ryan offered
to join Dick Marr in formation of a
map committee. Anyone who wishes to
help on the map project is welcome to
join this committee. Contact Dick
Marr - 593-2639.

New Members

Welcome to Jim and Sarah Deblois of
Evanston, Richard and Ann Remijan of
Park Ridge and Steve and Laurie
Holland of Prospect Heights

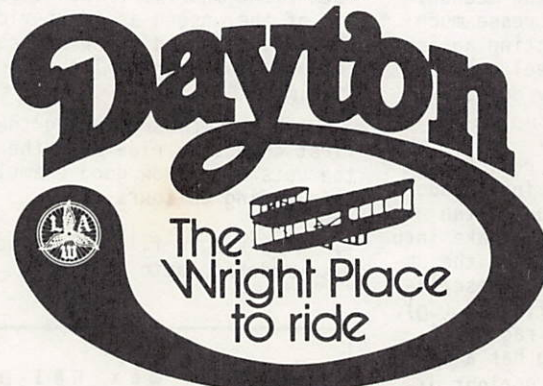
This is renewal time. To date we
have received 25 individual renewals,
13 Family renewals and the 3 new
family memberships. Get your renew-
als in soon so we can make up a 1982
membership list to distribute.

New Bicycle Stamp

Wheeling (West Virginia) held a
first day ceremony February 17 for
a 5.9-cent coil featuring an 1870s
highwheeler, or "ordinary" bicycle.
The 5.9¢ items will meet the new
minimum per-piece rate for bulk mail-
ings by authorized nonprofit organi-
zations.

The stamp was designed by David
Stone, Port Washington, New York. He
based his design on a highwheeler of
the type first introduced in the
United States at the Centennial Expo-
sition in Philadelphia in 1876.

For bulk mail users, the stamp
will be available in pre-cancelled
form. The USPS will also offer an
unprecanceled version for collectors.
Also, unprecanceled copies may be
used by any mailers. Such mail
pieces must include full applicable
postage and should be endorsed for
the class of mail desired for regu-
lar mail.



League of American Wheelmen
National Convention
July 1-5, 1982

DAYTON, OHIO

MARK THESE DATES...

June 4-6: GEAR '82
Shippensburg State
College, Pennsylvania

June 10-13: GEAR Down
University of North
Carolina at Charlotte.

Application forms in
Feb. *American Wheelmen*
or from Phyllis Harmon
on request.

Convention application in March '82
American Wheelmen.