



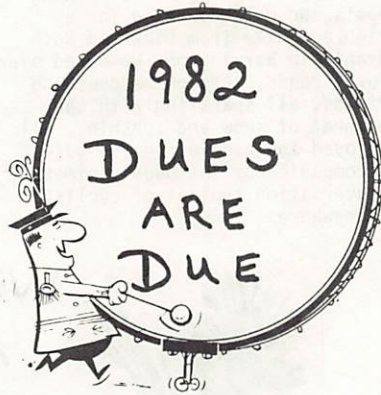
# MONTHLY MEANDERS

February 1982

President: Roger Thauland, 541-2294  
 Vice-Pres: Rose Baum, 397-7270  
 Treasurer: Richard Figge, 446-2945  
 Safety: Mike Enwright, 537-8012  
 Membership: Marie Liotine, 439-0452  
 Editor: Phyllis Harmon, 537-1268  
 Maps: Dick Marr, 593-2639  
 Rides Coordinator:  
 Marilyn Mathison, 825-5470

## February MEETING

8:00 p.m. Wheeling Community Center  
Wolf Rd. 1 blk. north of Dundee Rd.



It's that time of year again. Our 1982 dues are due - please fill in the enclosed renewal form and send in as soon as possible to make the record keeping easier - and also to be sure your newsletter keeps coming.

## Safety Officer's Corner

Mike Enwright



This will be a busy meeting. The 1982 Ride Schedule will be completed, with leaders matched with rides and dates filled in. Information will be compiled for two proposed pamphlets: "Guidelines for Ride Leaders" and "Group Cycling Rules and Regulations". Also, Ariel Adams of Multiple Sclerosis Association will be present to discuss the 150-mile round trip weekend ride to Rockford with overnight at the famous Wagon Wheel. Our club will plan the route and serve in an advisory capacity.

### Technical Topics Howard Paul

In the January newsletter we illustrated how efficient a bicyclist is in terms of calories per gram per kilometer. That was a bit esoteric - so how good are we in terms of horsepower? As comparisons are sometimes more meaningful, the energy consumption of an automobile traveling down a suburban street is about 8 HP (horsepower). In contrast, the bicyclist works at a rate of about 1/10 HP to propel his vehicle at a rate of about 12 miles per hour. A horse working at a 1 HP rate must raise 33,000 pounds one foot in one minute.

Answers to Last month's Safety Quiz:

1. True
2. False
3. False
4. False
5. True

I feel confident in saying that almost all the members of our club got the correct answers on this easy common sense quiz. Now that you have been assured of your knowledge of safe riding, I ask you to take a minute to read these questions again; think back over your cycling last year. How many times have you been able to justify in your mind that circumstances made breaking these rules of the road O.K.? I can think back to times I bent these rules myself.

Last month in the Newsletter, I offered to be the go-between for members wanting to either have work done on their bikes or to work on members' bikes during the off season.

One member, Glen Schon, called me offering to repair members' bikes in his home. Glenn also volunteered to

become the official bike mechanic for our club. I cast my vote to accept Glenn's offer. Only with the backing of the members can this be possible.

My Safety Quiz this month will test your mechanical knowledge of your bicycle. Answer yes or no:

1. Should bicycle brakes be good enough to skid the rear wheel on clean, dry, level pavement?
2. Is it possible for a loose bicycle chain to cause a serious accident?
3. Should a bicycle be greased at least once a year?
4. In making a sudden stop, should the rear wheel be skidded?
5. If a bicycle chain sags 1-1/2", is it too loose?

The days are getting longer; soon we'll all be out riding again. THINK SPRING!

P. O. Box 581-D, Wheeling, Illinois 60090





# Coming Events

Feb. 13 HIKE OR SKI Glenview



Sat. 10:30 a.m. from Hackneys on Harms (On Harms Road south of Lake Avenue.) Lunch at Hackneys afterwards.

Leader: Howard Paul - 824-2941.

Feb. 21 CROSS COUNTRY SKIING Wauconda



Sunday - 12:30 a.m. From Lakeland Forest Preserve. Parking lot Fairfield Road and Ivanhoe Road (first road south of route 176).

This is a new skiing area for us - join us!

Leader: Richard Figge 446-2945

# 1982 Ride Schedule

The 1982 Ride Schedule for the Wheeling Wheelmen should be ready to go out with the March Newsletter. The Rides Committee has been busy setting dates and matching them up with ride leaders. Final dates will be set at the February club meeting, so if you have an interesting ride you'd like to lead or turn in for the club schedule, get it in now!

The Wheeling Wheelmen is a unique club - we are fortunate to have so many rides and volunteer leaders that we have more rides than dates! So there will be more events scheduled on both Saturday and Sunday - long and short - as well as breakfast rides in the summer months for those who like to get in a ride before the heat sets in and also have time left for family obligations.

# For Sale

SCHWINN SPORTS TOURER

22" diamond frame. \$70 auxiliary equipment on the bike. \$170.00  
George Mathison, 227 N. Greenwood, Park Ridge, IL 60068. 825-5470.

# Bike Routes

Check through your files and bike literature for maps of bike routes in our area - or if you have a favorite route, send it to our map chairman, Dick Marr, 1113 Holiday Lane, Apt. 2, Des Plaines, IL 60016. Someday we'll publish our collection of choice routes.

# Rides Re-ridden



**NEW YEAR'S DAY HIKE** - No biking on this day - so on with our hiking boots and warm clothing for a vigorous hike from Dick and Ruth Ryan's in Barrington. We hiked over rural roads, through meadows and fields, all sparkling with the blanket of snow and sunshine. All enjoyed the goodies on the buffet accompanied by the usual animated conversation typical of cyclists everywhere.

**CROSS COUNTRY SKIING** - With all the sub-zero weather down to -98° there was little activity outside this month. But Jan. 24 it was 20° and Rich Figge, three guests, and Dick Ryan, Howard and Lois Paul turned out for a vigorous afternoon of skiing in Deer Grove. Rich set a good pace and all found they were comfortably warm.

# Winter Rendezvous

March 14-18

Homestead, Florida



Had enough ice, sub-zero temperatures, snow, slush...join Howard and Lois Paul, Elliott Kanner, and Phyllis Harmon at this delightful week of biking in semi-tropical Florida. Write immediately for application to: Dr. Paul Dudley White Bicyc Club, Henry Strandberg, 14175 S.W. 87th St., Miami, FL 33183. Daily rides incl. century. Social events in evening.

Dear Department of transportation,  
The bike route signs have boys bikes on them, will you please tear them down they are sexist. Will you please put something else on the bike route.



Sincerely,  
Nikki  
P.S. Oh yeah, I'm for the E.R.A.  
P.P.S. I'm age nine 9



I'm mad

The above appeared in a Florida newspaper and State bicycle coordinator Dan Burden gave her a good answer: "The signs are okay. What's sexist is the whole idea of boys' bikes and girls' bikes. The symbol is correct. We must stop calling an open frame a 'girls' bike' and a diamond frame a 'boys' bike'. What is commonly called a boy's bicycle is for all bicyclists - both men and women. It is called a diamond frame and is the strongest and lightest of all designs. The open-frame bicycle is not as strong but is useful for some purposes. It is easy to get on and off and is useful for errands."