



MONTHLY MEANDERS

JUNE, 1981

President: Elliott Kanner, 541-9176
Vice-Pres: Dick Ryan, 381-1775
Treasurer: Richard Figge, 446-2945
Safety: Howard Paul, 824-2941
Membership: Carolyn Kropp, 685-4508
Program: Madeline Kanner, 541-9176
Editor: Phyllis W. Harmon 537-1268



SAFETY OFFICER'S CORNER by Howard Paul



June 3 - 8:00 P.M.
Wheeling Community Center
Small park Wolf Rd. North of Dundee Rd.

PROGRAM: BICYCLE CAMPING

In preparation for our June 6-7 bicycle camping weekend, we will have a panel of our experienced bicycle camping members give advice, tips, and answer questions.

FLASH!

IMPORTANT DECISIONS AT MAY MEETING

We have three volunteers to handle important programs established at the May meeting and are seeking one more.

Marilyn Mathison is our new Rides Coordinator. Suppose, for example, you are going to the Hilly Hundred in October and have room for one or two in your car. Contact Marilyn. Or, if you need a ride Marilyn will try to match you up with someone. Contact Marilyn at 825-5470 or write: 227 N. Greenwood, Park Ridge, IL 60068.

Map Librarian: Dick Marr has volunteered for a duty that we have discussed off and on for a long time. He will collect all ride maps (our club's and others as well) so that we have a complete library. He will have one set and another will pass to current Ride Chairmen. Copies can be made for various rides when needed. Send all your maps, or copies of them, to Dick at 1113 Holiday Lane, Apt. 2, Des Plaines, IL 60016. It is hoped that some time in the future we could publish these excellent routes for bicyclists.

Recording Secretary: Marie Liotine has volunteered to record the minutes at our meetings and began her duties with the May meeting.

LIBRARIAN NEEDED. We need a volunteer to serve as club librarian to bring to meetings books and magazines that members can check out and return. The club could purchase books as they are published and eventually we could have an excellent library. Librarian also could keep a list of bicycling books and films available at the local library.

The L.A.W. Bulletin sheet that was enclosed with MONTHLY MEANDERS several months ago included several good cycling safety tips that are worth repeating:

- Ride your bike as if it were a vehicle - because it is.
- Ride on the right with the traffic flow and use arm signals. You are riding as a mature vehicle operator, will present a motorist with no disastrous surprises, and will be respected for it.
- Always ride defensively by establishing eye contact with motorists when possible and by anticipating motorists or other cyclists' behavior.
- Include in this your constant appraisal of road conditions and your alternative paths.

MATHISON'S NUGGETS OF SAFETY TIPS FOR BICYCLING

At the May club meeting, George and Marilyn Mathison talked enthusiastically on commuting, touring and tandeming. Here are some of George's tips:

COMMUTING: Eyeball contact is not enough. Check if a car is coming behind you; if so, you are reasonably safe. If not, be ready to give loud yell to scare oncoming driver out of lethargy.

Ride the same route at the same time every day so as to intermix with the same cars so they are used to seeing you. If you deviate from the time, be extremely cautious so no accident happens. Everybody is in a hurry going to and from work and is not accustomed to seeing you every day.

At sunrise or sunset be extremely cautious as sun blinds drivers.

WINTER: Use mini toe clips without straps so as to get your toe out quickly.

NARROW BRIDGES: If a driver is approaching too fast and you think driver doesn't see you, wave or butterfly your arms to attract driver's attention. Or, if using a bike flag, rock the bike left and right so flag waves in a large arc. (On tandem, stoker waves arms.)

Carry one or two bike beacons on a 2" wide elastic band fastened with velcro. Handy on arm and/or leg when caught in the dark or fog.

TOURING: When bucking a stiff headwind on a low traffic road, flag can be rolled and lashed to bike frame with three 1" bunge cords to lessen wind resistance.

When buying groceries for supper just before camping for the night, four to six 1" bunge cords can be used to fasten groceries right on top of handlebar bag.

Wear bright clothing, use a rear view mirror, bike flag and wear a helmet. George uses a special bike flag holder patented and sold by Lew Gillilan that holds the flag at the back wheel so he can mount and dismount with ease.

TIP: To carry a gallon of milk home from the store, fasten the gallon with a bunge cord and let it dangle around your neck. On the bike the jarring will make a paper carton leak. Dangling it around your neck it's shock resistant.

New Members

Michael F. Beecher, Buffalo Grove,
William and Barbara Lange, Arlington Hts.
Charles Brenmark, Prospect Heights
Donald F. Campbell, Evanston,
Frank W. Fager, Des Plaines

Welcome to the Wheeling Wheelmen! We are glad to report that these new memberships make a total of 19 more memberships than we had at the same time last year! Currently we have 49 Individual

and 35 Family memberships.

We are delighted to see a considerable increase in family memberships and a new family "togetherness" as more and more members switch to tandems. This means that instead of the wife staying home while her husband rides with the club they can now ride together and have no problem of the wife trying to keep up with her stronger riding husband.

P. O. Box 581-D, Wheeling, Illinois 60090



Coming Events

June 6-7 PIONEER WEEKEND, Bartlett, IL



Camping introduction. Here is where you'll use the information and instructions given at our June meeting.

9:00 A.M. from Dick Ryan's home in Bartlett (see map in adjoining column) Camping will be in the Lake Geneva area and return about 4 P.M. Sunday.

Leaders: Don and Judy Stansfield - phone 885-4270.

June 13 - BAHAI TEMPLE RIDE, Wheeling



Saturday - 9:30 A.M. 55 km. From Potawatomi Woods on Dundee Road just east of Milwaukee Avenue. Lunch at

Lake Michigan - bring or buy lunch. Howard Paul leader - 824-2941.

June 20 - FAREWELL TO THE STANSFIELDS



Pot luck supper and social evening at Dick Ryan's (see map adjoining column). Come at 4 P.M. Dinner at 6 P.M. Come to say farewell to these two long time dedicated Wheeling members. Don was club president twice and both are excellent ride leaders and route planners. Dick Ryan - 381-1775.

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June 21 - SAIL TO OR FROM LAKE GENEVA



Sunday - 9:00 A.M. 101 km From first parking lot on right at Moraine Hills State Park on Robert Road just south of Mc Henry Dam State Park. Wind should push us one way. Bring or buy lunch. Leader: Dick Ryan - 381-1775.

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June 27 - CANTIGNY RIDE - Elk Grove



Saturday - 8:30 A.M. 100 km From Elk Grove High School, Kennedy Blvd. and Arlington Heights Rd. about 3 stop lights south of Higgins (Rt.72)

This is a new biking area for the club. Bring lunch. Leader Jim Baum, 397-7270.

June 28 - SWEDISH DAYS RIDE - St.Charles



Sunday - 8:30 A.M. 20 or 40 mi. From Great Western Trail parking area. Adults \$1; children 50¢. Patch and lunch available. Self Propelled Bicycle Club. Hal Honeyman 584-6588.



WEDNESDAY NIGHT RIDES

Rides start promptly at 6:30 P.M. and end before dark. Short, leisurely rides.

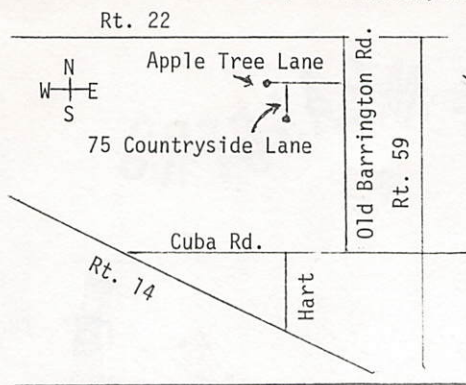
June 6 From Wheeling Community Center, Wolf Rd. north of Dundee Rd. Return in time for club meeting.

June 10 From Kildeer School, Long Grove. Old McHenry Rd. north of Long Grove Road.

June 17 From Wood Oaks Jr. High, Northbrook. On Sanders, 1/4 mile south of Dundee Road.

June 24 From Buffalo Grove High School, Dundee Rd. & Arlington Hts. Rd.

MAP TO DICK RYAN'S HOME, BARRINGTON, IL.



TOSRV



You have to experience TOSRV - you can't adequately describe it. 3,500 cyclists riding 105 miles from Columbus, Ohio, to Portsmouth on the Ohio River and back the next day. Mother's Day weekend was the 20th TOSRV..that means Tour of the Scioto River Valley.

Five Wheeling Wheelmen rode it this year: Jim and Rose Baum on their tandem, Bill Parkis, Phyllis Harmon and John Shipley. John biked to Columbus from Lake Forest, too.



IT'S KM COUNTING TIME AGAIN

Dick Ryan, as Ride Chairman, is keeping track of the miles you ride on our club rides. If you top 1000 kms you'll qualify for our special KM club shirt at the end of the season.

As of May 16 top KM riders are:

	Men	Women	
Knud Knudsen	365	Lonna Schwerin	316
Bob Morrell	345	Phyllis Harmon	278
Terry Schwerin	316	Madeline Kanner	274

Inasmuch as Wednesday night rides have just begun, km count will be in the July newsletter.

TWO INVITATIONALS

CHAIN OF LAKES RAMBLE, Sun. June 14 Registration 7-10 A.M. at Millburn School, on Millburn Rd. 1/2 mile east of U.S. Rte.45. 63 or 32 miles. See Lake County's famous Pyramid House, Tempel Smith farms (lippezaner horses) and Winfield Airport (sky diving club) \$3.50 by June 7 or \$4.50 after includes patch and snacks. Mail to: Bicycle Club of Cook County, 2701 20th St., Zion, IL. Info: Mike Mercure 872-8124.

IRON BRIDGE CENTURY, Sun. June 21 25, 40, 62 or 100 miles, Kankakee, IL Host Easy Spokin' Bicycle Club. Registration 6:30-10 A.M. at Gov. Small M Memorial Park (Charles St. and 8th Ave. \$4 by June 10 or \$5 includes patch and snacks. Send c/o Chuck Smead, 1623 E. Eagle St., Kankakee, IL 60901. Free camping River Road Park Sat.night. Lunch available @ \$2.50.All you can eat.

Rides Re-riden



AUDUBON RIDE This popular annual ride was a bit nippy but sunny and everyone enjoyed to abundant signs of spring everywhere. We stopped at Crabtree Nature Center, lunched in Cary and had ice cream in East Dundee. Then the weatherman switched the wind to the east and we bucked a difficult wind all the way back to Hoffman Estates.



WANDERING TO WOODSTOCK

This ride, more than 80 miles from Hoffman Estates and 48 from Algonquin, was the most challenging of the season and the fierce headwinds didn't help a bit! We pushed into the south-west wind heading west, felt like super-heros sprinting north from Union to Woodstock, but raised clouds of air-borne dirt and grit fighting the strong winds on the 35-mile return. Don Stansfield provided sag service during the first half of the ride. He and Judy had done well over 100 miles testing the route and eliminating gravel roads. We enjoyed the victorian charm of Woodstock, beauty of verdant fields and the camaraderie of physical challenge met together. MK

ALGONQUIN THE LONG WAY - Rained out.

APPLE PIE RIDE What a perfect day for a bike ride! Blue skies, bright sun shine, 70° temperature and 28 cyclists who enjoyed the beauty of rural Lake County between Buffalo Grove and Wauconda Apple Orchards where we lunched. Madeline Kanner added some new variations to our usual route which added much scenic beauty to this perfect day.

MAY MEETING The infectious enthusiasm and how-to-do-it tips offered by George and Marilyn Mathison at their presentation to the Wheelmen last month would inspire even a non-athlete to take up tandem touring. George noted that next to his religion and marriage to Marilyn, his bicycle was the most important thing in his life. They showed how to organize a load for tandem camping and even include the family dog, if desired. They also described the teamwork useful in tandem enjoyment, duties of captain and stoker. As of May 6 George had commuted 2558.1 miles this year and has saved \$312.21 in gasoline. Every week he puts the gas savings in the bank. He has been commuting since 1973.

Bikes Plus

Bike Repair Classes: 7:30 - 9:00 \$7.00

Basic Repair July 22, 29 and Aug. 5
Advanced Repair June 10, 17 and 24.
Complete overhaul of your bicycle done by you under supervision with use of our equipment and tools.

Also, bike touring classes, rental of bicycle touring equipment.
1313 North Rand Rd., Arlington Heights, 60004. Phone 398-1650.