



MONTHLY MEANDERS

FEBRUARY, 1981

President: Elliott Kanner, 541-9176
 Vice-Pres: Dick Ryan, 381-1775
 Treasurer: Richard Figge, 446-2945
 Safety: Howard Paul, 824-2941
 Membership: Carolyn Kropp, 685-4508
 Program: Madeline Kanner, 541-9176
 Editor: Phyllis W. Harmon

FEBRUARY

WHEELING WHEELMEN MONTHLY MEETING

Wednesday, February 4

Wheeling Community Center - Wolf Road
just north of Dundee Road. 8 P.M.



Program this month will feature our Past President Howard Paul showing slides and narrating his experiences on his bicycle trip to Holland.



SAFETY OFFICER'S CORNER

Howard Paul



This, again, is that most opportune time to clean, lube, and check our bikes for maladjustment, wear, and safety. The following suggestions are offered - do as many as you can and possibly prevent a breakdown or damage when we start those great rides that Dick Ryan and his committee are planning.

1. Disassemble bottom bracket, headset, and hubs for cleaning, inspection, and lubrication.
2. If reluctant to start the above suggestion, clean the chain and sprocket and then listen for gritty sounds while the parts are rotated. If it sounds bad, do the job or have it done.
3. Check brake pads for correct position on the rims and clean those parts while you're at it.
4. Check the headset, bottom bracket and hubs for bearing adjustment by jiggling the parts from side to side. If any more than a hint of play is discovered, readjust the bearing cones.
5. Check cables for broken strands and lubricate with graphite fluid.
6. Check all rack fasteners for tightness.
7. Check the tires for cuts and bulges.
8. Check the spokes for uniformity of tension and the wheels for wobble.
9. Clean your leather saddle with saddle soap.
10. Do the other things that I've forgotten....

MEMBERSHIP ADDITIONS AND CORRECTIONS

Welcome to new members:

Larry and Rosemary Young, 1025 Dempster, Evanston, IL 60201
 Vern Schultz, 1126 Wayne, Deerfield, IL 60015. 945-9145
 Address change: Douglas Fager, 603 N. River Rd.,
 Des Plaines, IL 60016. 299-5876

Moving to Wisconsin: Long time member Cathy Merkelz has been trying to sell her Chicago home in the slow market. Success at last and she is moving to 474 W. Scott, Apt. 207-B, Fond du Lac, Wis. 54935. She invites any members to stop in for a visit or ride - it's beautiful biking country - and also suggested a club tour up there...it's in the North Kettle area.

Phone numbers: Jim Parsons 392-7441
 John Shipley 234-3272

Add these additions and changes to your membership list.

BALLOTS ON 1981 DUES INCREASE

Ballots concerning the motion to increase 1981 dues (made at the December meeting and tentatively approved by voice vote) have been coming in gradually. If you have not done so, please send your ballot in (In January newsletter) or bring it to the February 4th meeting. Your officers have proposed an increase to \$8.00 for Individual and \$10.00 for Family membership in order to keep the Wheeling Wheelmen solvent. Expenses for supplies, postage and printing continue to go up and now we also have to pay an hourly rate for our monthly meeting room.

P. O. Box 581-D, Wheeling, Illinois 60090



Coming Events

February 14 - VALENTINE BIKE RIDE - LONG GROVE,



Saturday. 10:30 A.M. from Kildeer School, Old McHenry Road, Long Grove. Length will depend upon the weather. Valentine patch \$1.25. Leader: Dick Ryan - 381-1775

February 22 - BIKE OR SKI



Sunday, 1 P.M. from Deer Grove. Snow on the ground, we ski. All clear, we bike. From Deer Grove Forest Preserve entrance on Quentin Road. Take left fork to parking area near lake.

Leader: Dick Ryan - 381-1775.



March 15 - ST. PATRICK'S DAY INVITATIONAL RIDE



Sunday, 10:30 A.M. from Kildeer School Old McHenry Road, Long Grove, Ill. St. Patrick's Day patch \$1.25. Approximately 25 miles depending upon the weather. Dick Ryan - 381-1775.



SUNRISE FARMS

HOT MULLED WINE SPICES



We gave you Madeline Kanner's delicious quiche recipe last month but now you're all asking for her Hot Spiced Wine recipe - so here it is:

1/2 Gallon Burgundy Wine 2/3 Cup Sugar
1 Quart Sweet Vermouth 1/3 Package Sunrise Farms Hot Mulled Wine Spices

Mix all ingredients in a large saucepan. Stir to dissolve sugar. Heat to just below boiling point. Mull for at least 15 minutes. Strain if desired. Serve in large mugs.

Or - here's HOT SPICED CIDER:

1/2 Gallon Apple Juice and 1/3 Package Sunrise Farms Hot Mulled Wine Spices. Simmer juice and spices in a saucepan for 15 minutes. Strain, if desired. Serve in mugs.

Spices obtainable from: Sunrise Farms, P.O. Box 11214, Reno, Nevada 89510. A 3 oz. package contains enough for 3 recipes of wine or cider. Ingredients: Whole Cloves, Cinnamon Bark, Whole Allspice, Orange Peel, Cinnamon Oil, Pure Valencia Orange Oil.

Rides Re-ridden



NEW YEAR'S DAY RIDE/HIKE - Hoffman Estates

With snow on the ground, our New Year's Day Ride became a hike through snowy trails in a forest preserve near Hoffman Estates. We hiked about four miles but George and Marilyn Mathison's little dog easily did eight miles by running circles around us.

We all munched on Hot Spiced Cider and colorful cookies at Don and Judy Stansfield's and chatted and told colorful stories and even took time for a brief business meeting.

RIDES "COMMITTEE" (meaning the volunteers who met at the Kanner's on January 7th) has been hard at work since then under the direction of Chairman Dick Ryan. A full annual schedule is nearing completion and will be mailed to all members. Several innovative rides and tours were proposed at the meeting.

JANUARY 17 CROSS COUNTRY SKIING - Howard Paul

Seven Wheelmen and two friends turned out for skiing at the North Branch bicycle trail. The older, crusty snow under the thin, newer layer crunched under our shoes. But we slipped on our skis and glided off on a trail in the snow left by an earlier skier. The air was crisp and the sky blue. Most of us had bundled up more than necessary and soon were removing scarves and sweaters. This is a common occurrence in cross country skiing.

We improvised a route that included parts of the bike path (hardly recognizable now), the bridal path and a few skinny trails where we ducked chest high branches and stepped over logs. After 1-1/2 hours we decided that was enough for the season's first outing.

We regrouped at Hackney's on Harms where hot sandwiches really hit the spot. The consensus was that this activity - skiing and eating - helps make it more tolerable until we can get back on the saddle again.

JANUARY 25 - "WINTER" BIKE RIDE - Phyllis W. Harmon

An even dozen turned out for Dick Ryan's "winter" ride with the temperatures ranging from 42° to 51° - we all knew we were riding on "borrowed time" for a snow storm or freezing temperatures could turn up any day - so we thoroughly enjoyed the scenic ride that circled Deer Grove. John Shipley and friend, Jim, biked out from Lake Forest. Jim wore cut off jeans and a T-shirt! With overcast skies, it wasn't *that* warm!

Several of us also enjoyed biking under sunny skies and upper 50°s on Saturday - this is *January*?



For Sale THREE NORMAN FAY CUSTOM MADE FRAMES BUILT IN S. SHIELDS, ENGLAND.

CUSTOM R.R. FRAME 24" 73° PARALLEL 531 SL Tubing. Italian Style Fastback in black and chrome. Campag. derailleurs, seat pin, fork ends, pedals, lever, cables, headset, hubs. Stronglight 93 Crankset; 170 mm cranks. Regina Oro Extra Cluster 14-28.. \$550.00

FRAME #7534 23" BLUE W/CHROME TIPS. Reynolds 531 butted tubing, 72° parallel angles. Prugnat long point lugs. Full wrapover seat stays w/Allen fixing bolt. Full sloping Italian style fork crown. Boss mounted Karrimor rear pannier carrier...etc. \$500.00

FRAME #76-17 23-1/2" BLUE W/CHROME FORK TIPS. Reynolds 531 butted tubing. 72° parallel. Prugnat long point lugs. Full wrapover seat stays w/Allen fixing bolt. Full sloping Italian fork crown. Campag. fork ends, headset, seat pin, pedals. TA crankset 36-50 \$450.00
Further specifics from Larry Young weekdays 824-1188 Ext.680 or write 1025 Dempster St. Evanston, IL 60201.

BIKECENTENNIAL TRAIL COMPANION/S WANTED

Cross country Bikecentennial May through August. Contact Chris Rivette, 133 Athania Pkwy., Metairie, LA 70001. Phone 504/837-6710.